

AUTUMN 2023



HUTCHINSON
HEINEMANN

Cornerstone Press

#MORKY
BOOKS

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HUTCHINSON

HEINEMANN

Little Monsters

ADRIENNE BRODEUR

'Beautiful, lyrical and unvarnished.'

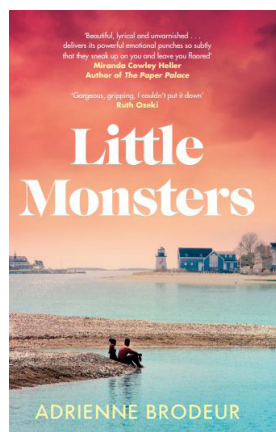
Miranda Cowley Heller

Ken and Abby Gardner were raised in a remote home on Cape Cod. As adults, their relationship is strained, but their lives are still deeply intertwined. Ken is a successful businessman, but when his wife walks in on him in an internet chatroom, she demands they go to therapy. Abby is a talented artist who depends on her brother's goodwill, in part because he owns the studio where she lives and works.

Their father, Adam, a brilliant oceanographer, raised them as a single parent. As his seventieth birthday approaches and he begins to stare down his mortality, he secretly stops taking his bipolar disorder medication in order to make one last scientific breakthrough. Meanwhile, Abby and Ken are both harbouring secrets of their own, and there is a new person on the periphery of the family – Steph, who doesn't make her connection known.

Set over one fraught summer, *Little Monsters* is an absorbing, sharply observed family story by a writer who knows Cape Cod inside out – its Edenic lushness and its snakes.

Adrienne Brodeur is the author of the memoir *Wild Game*, which was a *New York Times* bestseller and is in development as a Netflix film. She serves as executive director of Aspen Words, a literary non-profit and programme of the Aspen Institute. She splits her time between Cambridge and Cape Cod, where she lives with her husband and children.



11/07/2023
9781529153798
£14.99
Demy

**MODERN AND
CONTEMPORARY FICTION**



My Husband

MAUD VENTURA

What if – years after marriage – you're still completely obsessed with your husband? What if it goes too far?

From the outside, she has an enviable life: a successful career, stunning looks, a beautiful house in the suburbs, two healthy children and, most importantly, an ideal husband. After fifteen years together, she is still besotted with him. But she's never quite sure that her passion is reciprocated.

Determined to keep their relationship perfect, she meticulously prepares for every encounter they have, always taking care to make her actions seem effortless. She watches him attentively, charting every mistake and punishing him accordingly to help him improve. And she tests him – setting traps to make sure that he still loves her just as much as he did when they first met.

Until one day she realises she may have gone too far . . .

My Husband builds on the premise of hits like *Gone Girl*, *The Talented Mr Ripley* and *You*. It asks: how well can you really know your spouse or yourself? It is translated from French.

'Daring, provocative . . . delirious fun' **A. J. Finn**

'Irresistible and delightful' **Amélie Nothomb**

Maud Ventura lives in Paris. She led the podcast division of one of France's major radio stations and speaks fluent English. *My Husband*, her first novel, was a bestseller in France and winner of the Prix du Premier Roman.

Emma Ramadan (translator) is the recipient of the PEN Translation Prize, the Albertine Prize, an NEA Fellowship and a Fulbright Scholarship. She lives in Brooklyn.



27/07/2023
9781529153767
£14.99
Demy

MODERN AND
CONTEMPORARY FICTION



Ootlin

A Memoir

JENNI FAGAN

'A phenomenal memoir, I am in awe.' Amy Liptrot

Jenni Fagan was property of the state before birth. She drew her first breath in care and by the age of seven, she had lived in fourteen different homes and had changed name multiple times.

Twenty years after her first attempt to write this powerful memoir, Jenni is finally ready to share her account. *Ootlin* is a journey through the broken UK care system – it is one of displacement and exclusion, but also of the power of storytelling. It is about the very human act of making meaning from adversity.

'Beautiful, deep, dangerous, transfixing . . . it will burn a hole in your heart, it has in mine.'

Lemn Sissay

'An astonishing piece of work'

Niall Griffiths

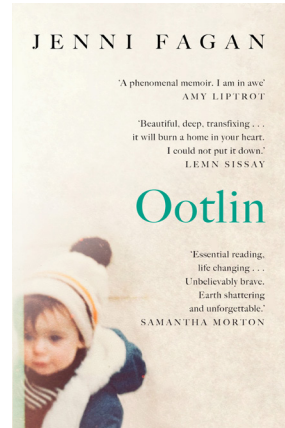
'A 21st century classic'

Adelle Stripe

'Heartbreaking, magnificent and incredibly important'

Ever Dundas

Jenni Fagan was born in Scotland. She was selected as one of *Granta's* Best Young British Novelists after the publication of her debut novel, *The Panopticon*, which was shortlisted for the Desmond Elliott Prize and the James Tait Black Prize. *The Sunlight Pilgrims*, her second novel, was shortlisted for the Royal Society of Literature Encore Award and the Saltire Fiction Book of the Year Award and saw her win Scottish Author of the Year at the Herald Culture Awards. Her third novel, *Luckenbooth*, was shortlisted for the Gordon Burn Prize 2021. Jenni Fagan is a Doctor of Philosophy. She lives in Edinburgh with her son.



24/08/2023
9781529153071
£16.99
Demy

MEMOIR



Sing As We Go

Britain Between the Wars

SIMON HEFFER

The final volume in Simon Heffer's critically acclaimed history of Britain from Victorian times to the Second World War.

Sing As We Go is an astonishingly ambitious overview of the political, social and cultural history of Britain from 1919 to 1939. It explores and explains the politics of the period, and puts such moments of national turmoil as the General Strike of 1926 and the Abdication Crisis of 1936 under the microscope. It offers pen portraits of the era's most significant figures. It traces the changing face of Britain as cars made their first mass appearance, the suburbs sprawled, and radio and cinema became the means of mass entertainment. And it probes the deep divisions that split the nation: between the haves and have-nots, between warring ideological factions, and between those who promoted accommodation with fascism in Europe and those who bitterly opposed it.



21/09/2023
9781529152647
£35.00
Royal

BRITISH HISTORY

Simon Heffer read English at Cambridge and took a PhD in modern history at that university. In a thirty-year career in Fleet Street, he has held senior editorial positions on the *Daily Telegraph* and *Spectator*, and is now a columnist for the *Daily Telegraph* and *Sunday Telegraph*. His previous books include *A Short History of Power*, *Simply English*, *High Minds: The Victorians and the Birth of Modern Britain* and *Staring at God: Britain in the Great War*.



The Seventh Son

SEBASTIAN FAULKS

A child will be born who will change everything.

When a young woman named Talissa answers an advert to carry a child, she cannot begin to imagine the consequences.

Behind the doors of the Parn Institute, a billionaire entrepreneur plans to stretch the boundaries of ethics as never before. Through a series of IVF treatments, one they hope no one ever discovers, they set in motion an experiment that is set to upend the human race as we know it.

Seth, a baby, is delivered to hopeful parents Mary and Alaric, but when his differences start to mark him out from his peers, he begins to attract unwanted attention.

The Seventh Son is a spectacular examination of what it is to be human. Sweeping between New York, London and the Scottish Highlands, this is an extraordinary novel about unrequited love and unearned power. It asks the question: just because you can do something, does it mean you should?



07/09/2023
9781529153200
£22.00
Royal

MODERN AND
CONTEMPORARY FICTION

Sebastian Faulks has written nineteen books, of which *A Week in December* and *The Fatal Englishman* were number one in the *Sunday Times* bestseller lists. He is best known for *Birdsong*, part of his French trilogy, and *Human Traces*, the first in an ongoing Austrian trilogy. Before becoming a full-time writer, he worked as a journalist on national papers. He has also written screenplays and has appeared in small roles on stage. He lives in London.

Now in Penguin

Paperback

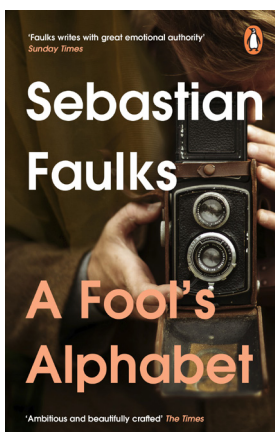
'Vivid . . . engagingly
lucid and
disarmingly funny'
Guardian

'Beautifully done . . .
witty and poignant'
The Times

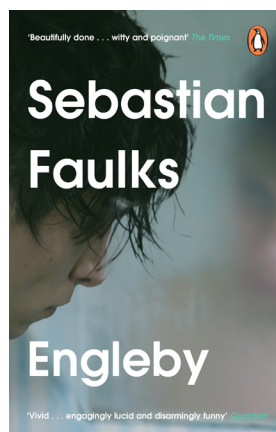
'Brilliant.'
Observer

'Faulks is a
prodigiously
talented writer'
New York Times

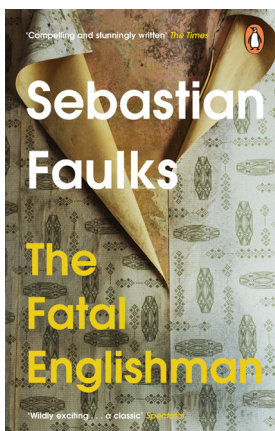
'Wildly exciting . . .
a classic'
Observer



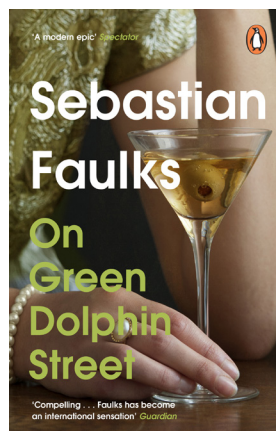
A Fool's Alphabet
07/09/2023 | 9781804944363



Engleby
07/09/2023 | 9781804944387



The Fatal Englishman
07/09/2023 | 9781804944134



On Green Dolphin Street
07/09/2023 | 9781804944233

The Vaster Wilds

LAUREN GROFF

A profound and explosive novel about a spirited girl alone in the wilderness, trying to survive.

A servant girl escapes from a settlement in the wilderness. She carries nothing with her but her wits, a few possessions, and the spark of God that burns hot within her. What she finds is beyond the limits of her imagination and will bend her belief of everything that her own civilisation has taught her.

The Vaster Wilds is a work of raw and prophetic power that tells the story of America in miniature, through one girl at a hinge point in history, to ask how – and if – we can adapt quickly enough to save ourselves.

‘Groff’s writing is muscular and precise, her themes wildly resonant’

Sunday Times

‘A writer whose turn of phrase can stop you in your tracks’

Financial Times

‘A worker of wonders’

Madeline Miller

Lauren Groff is a three-time National Book Award finalist and the *New York Times* bestselling author of four novels – *The Monsters of Templeton*, *Arcadia*, *Fates and Furies* and *Matrix* – and two short story collections: *Delicate Edible Birds* and *Florida*. She has won The Story Prize and been a finalist for the National Book Critics Circle Award. Her work regularly appears in the *New Yorker*, the *Atlantic* and elsewhere, and she was named one of *Granta*’s 2017 Best Young American Novelists.



21/09/2023

9781529152906

£20.00

Royal

HISTORICAL FICTION



Wandering Through Life

A Memoir

DONNA LEON

The internationally bestselling author of the Guido Brunetti mysteries tells her own adventurous life story as she enters her ninth decade.

From a childhood in the company of her New Jersey family, with frequent visits to her grandfather's farm and its beloved animals, and summers spent selling homegrown tomatoes by the roadside, Leon has long been open to adventure. In 1976, she made the spontaneous decision to teach English in Iran, before finding herself swept up in the early days of the 1979 revolution. After teaching stints in China and Saudi Arabia, she finally landed in Venice. Leon vividly animates her decades-long love affair with Italy, from her first magical dinner when serving as a 'chaperone' to a friend, to the hunt for the perfect cappuccino, to the warfare tactics of grandmothers doing their grocery shopping at the Rialto Market.

Having recently celebrated her eightieth birthday, Leon now confronts the dual challenges and pleasures of aging. Complete with a brief letter dissuading those hoping to meet Guido Brunetti at the Questura, and always suffused with music, food and her fierce sense of humour, *Wandering Through Life* offers Donna Leon at her most personal.

Donna Leon is author of the much-loved, bestselling series of novels featuring Commissario Brunetti and one of *The Times*' 50 Greatest Crime Writers. Widely considered one of the best detective series ever, with admirers including Ursula K. Le Guin and Antonia Fraser, the Brunetti Mysteries have won numerous awards around the world and been translated into thirty-five languages.



21/09/2023
9781529153415
£18.99
Demy

MEMOIR



The Enchanters

JAMES ELLROY

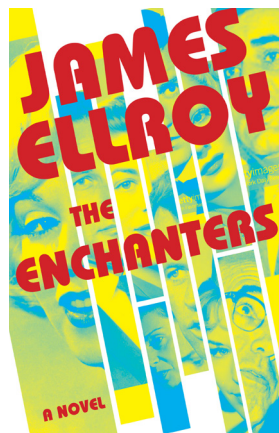
A transcendent work of American popular fiction: this is James Ellroy at his most crazed, brilliant, provocative, profanely hilarious and stop-your-heart tender – a luminous psychological drama and an unparalleled thrill ride.

Los Angeles. August 4, 1962. The city broils through a mid-summer heatwave. Marilyn Monroe ODs. A B-movie starlet is kidnapped. The overhyped LAPD overreacts. Chief Bill Parker's looking for some getback. The Monroe deal looks like a moneymaker. He calls in Freddy Otash.

The freewheeling Freddy O. Tainted ex-cop, defrocked private eye, dope fiend and freelance extortionist. Freddy gets to work. He dimly perceives Marilyn Monroe's death and the kidnapped starlet to be a poisonous riddle that only he has the guts and the brains to untangle. We are with him as he tears through all those who block his path to the truth. We are with him as he tracks Marilyn Monroe's horrific last charade through a nightmare L.A. that he served to create – and as he confronts his complicity and his own raging madness.

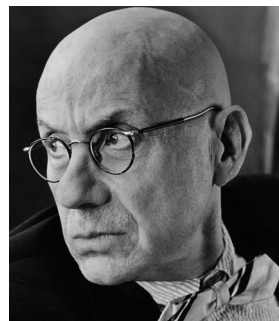
It's the Summer of '62, baby. Freddy O.'s got a hot date with history. The savage sixties are ready to pop. The Rolling Stones proclaim it best: We're just a shout away.

James Ellroy was born in Los Angeles in 1948. He is the author of the acclaimed 'L.A. Quartet': *The Black Dahlia*, *The Big Nowhere*, *L.A. Confidential* and *White Jazz*. His novel *Blood's a Rover* completes the magisterial 'Underworld USA Trilogy' – the first two volumes of which (*American Tabloid* and *The Cold Six Thousand*) were both *Sunday Times* bestsellers. His last novel, *Widespread Panic*, received wide praise, with *The Times* calling it 'extraordinary'.



21/09/2023
9781529151268
£22.00
Royal

CRIME & THRILLER



Land of Milk and Honey

C PAM ZHANG

A rapturous novel about a young chef whose discovery of pleasure alters her life and, indirectly, the world.

A smog has spread. Food crops are disappearing. A chef escapes her career in London to take a job at a decadent mountaintop colony seemingly free of the world's troubles.

There, the sky is clear again. Rare ingredients abound. Her enigmatic employer and his visionary daughter have built a lush new life for the global elite, one that reawakens the chef to the pleasures of taste, touch and her own body.

In this atmosphere of hidden wonders and seductive violence, the chef's boundaries undergo a thrilling erosion. Soon she is pushed to the centre of a startling attempt to reshape the world far beyond the plate.

Sensuous and surprising, joyous and biting sharp, told in alluring language, *Land of Milk and Honey* is a striking novel about food, sex and the intricacies of desire and longing.

'A sharp, sensual piece of art'

Raven Leilani



28/09/2023

9781529153668

£16.99

Demy

**MODERN AND
CONTEMPORARY FICTION**

Born in Beijing, **C Pam Zhang** is mostly an artefact of the United States. She is the author of *How Much of These Hills Is Gold*, longlisted for the Booker Prize, a finalist for the PEN/Hemingway Award, and one of Barack Obama's favourite books of 2021. Zhang's writing has appeared in *Best American Short Stories*, *The Cut*, *McSweeney's Quarterly*, *New Yorker* and *New York Times*. She is a National Book Foundation 5 Under 35 Honoree.

Great-Uncle Harry

A Tale of War and Empire

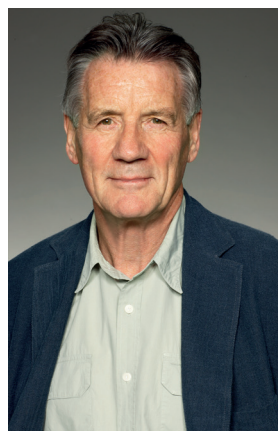
MICHAEL PALIN

Michael Palin recreates the extraordinary life and tragic death of a First World War soldier – his great-uncle Harry.

From the time, many years ago, when Michael Palin first heard that his grandfather had a brother, Harry, who died in tragic circumstances, he was determined to find out more about him.

He dug out every bit of family gossip and correspondence. He studied every available official document. He tracked down what remained of his great-uncle Harry's diaries and letters. He even travelled in his footsteps, from Harry's childhood home in Herefordshire to India and New Zealand, and from there to the slaughtering grounds of Gallipoli and the Western Front.

Now he has brought years of painstaking research together to create an utterly compelling account of an ordinary man who led an extraordinary life. A blend of biography, history, travelogue and personal memoir, this is Michael Palin at his very finest.



28/09/2023
9781529152616
£22.00
Royal

**FAMILY HISTORY/TRAVEL
WRITING**

Michael Palin has written and starred in numerous TV programmes and films, from *Monty Python* and *Ripping Yarns* to *A Fish Called Wanda* and *The Death of Stalin*. He has also made several much-acclaimed travel documentaries, his journeys taking him to the North and South Poles, the Sahara Desert, the Himalayas, Eastern Europe, Brazil and North Korea. His books include accounts of his journeys, novels (*Hemingway's Chair* and *The Truth*), several volumes of diaries and *Erebus: The Story of a Ship*. He received a BAFTA fellowship in 2013 and a knighthood in the 2019 New Year's Honours list.

Eve

How The Female Body Drove 200 Million Years of Human Evolution

CAT BOHANNON

An ambitious, eye-opening, myth-busting and groundbreaking history of the evolution of the female body, by a brilliant new scientist and writer.

How did wet nurses drive civilisation? Are women always the weaker sex? Is sexism useful for evolution? And are our bodies at war with our babies?

In *Eve*, Cat Bohannon answers questions scientists should have been addressing for decades. With boundless curiosity and sharp wit, she covers the past 200 million years to explain the specific science behind the development of the female sex. *Eve* is not only a sweeping revision of human history, it's an urgent and necessary corrective for a world that has focused primarily on the male body for far too long. Bohannon's findings, including everything from the way C-sections in the industrialised world are rearranging women's pelvic shape, and the surprising similarities between pus and breast milk, will completely change what you think you know about evolution and why *Homo sapiens* have become such a successful and dominant species, from tool-use to city-building to the development of language.

Cat Bohannon is a scientist and author with a PhD from Columbia University in the evolution of narrative and cognition. Her essays and poems have appeared in *Scientific American*, *Mind*, *Science Magazine*, *The Best American Nonrequired Reading*, the *Georgia Review*, the *Story Collider* and *Poets Against the War*. She lives with her family in Seattle.

How The
Female Body Drove
200 Million Years of
Human Evolution
Cat Bohannon



05/10/2023
9781529151237
£25.00
Royal

SCIENCE AND EVOLUTION



A Death in Malta

An assassination and a family's quest for justice

PAUL CARUANA GALIZIA

A journalist's spellbinding account of the shocking murder of his muckraking mother and the search for justice that has reverberated far beyond their tiny homeland.

When Paul Caruana Galizia was at work in London, his eldest brother called to say their mother Daphne had just been assassinated. That day, he returned to their native Malta and, with his two brothers and their father, began a quest to discover who was responsible for Daphne's murder and who stood to profit from ending the life of a journalist whose courage and determination threatened the powerful with the truth. Two years later, they did.

A Death in Malta is more than an investigation into the life and assassination of Daphne by her son Paul. It's an examination of the globalisation of corruption and what it has done to a modern European country; it's about that country's escape from colonialism to another kind of arrogant power; it's a personal history of writing when the stakes are high and the intimidation is violent. Above all, it's a universal homage to mothers and their sons.

Paul Caruana Galizia became a reporter after his mother Daphne was assassinated and since then has won a British Journalism Award, a Media Excellence Award from the Association of International Broadcasters, a silver medal at the British Podcast Awards and a bronze medal at the Radio Academy ARIAs. With his two brothers, he won a Magnitsky Human Rights Award and an Anderson-Norman-Lucas Award for campaigning to achieve justice for his mother.



A Death in Malta

An assassination
and a family's quest
for justice

PAUL CARUANA GALIZIA

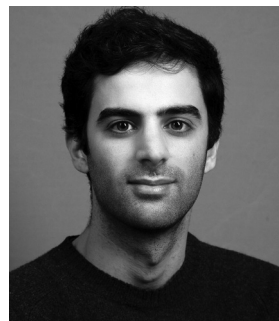
26/10/2023

9781529151558

£18.99

Demy

MEMOIR/REPORTAGE

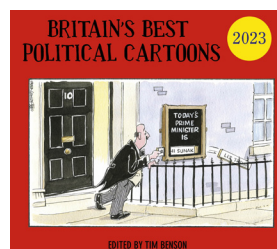


Britain's Best Political Cartoons 2023

TIM BENSON

Another essential volume of the most hilarious and incisive political cartoons of the year, featuring the work of Peter Brookes, Steve Bell, Nicola Jennings and many more.

Bringing much-needed humour to another chaotic year in politics, *Britain's Best Political Cartoons 2023* offers a tour of the most high-profile, notorious and absurd news stories of the year, as seen through the eyes of our nation's finest satirists. This collection features the work of Peter Brookes, Steve Bell, Morten Morland, Nicola Jennings, Christian Adams, Dave Brown, Brian Adcock and many more, alongside captions from Britain's leading cartoon expert. The result is a sharply observed, stunningly creative and side-splittingly funny guide to another year like no other. It is the perfect gift for friends, family, or just for yourself.



26/10/2023
9781529153873
£16.99
180 x 202 mm

POLITICS/HUMOUR

Tim Benson is Britain's leading authority on political cartoons. He runs the Political Cartoon Gallery & Café, which is located near the River Thames in Putney. He has produced numerous books on the history of cartoons, including *David Low Censored*, *Giles's War: Cartoons 1939-45*, *Churchill in Caricature*, *Low and the Dictators*, *The Cartoon Century: Modern Britain through the Eyes of Its Cartoonists*, *Drawing the Curtain: The Cold War in Cartoons*, *Over the Top: A Cartoon History of Australia at War*, *Britain's Best Ever Political Cartoons* and *How to be British: A Cartoon Celebration*.

Jolly Festive, Jeeves

12 Seasonal Stories from the World of Wodehouse

P. G. WODEHOUSE

Twelve hilarious, comforting stories from the master of comedic writing. Old favourites, new gems, this is the collection you're hoping to receive from every uncle on Christmas morning.

A joyous romp through a year of Wodehouse's most treasured stories, month by month. The ultimate gift for anyone who needs cheering throughout the year. All of his treasured characters are here – Jeeves, Psmith and, of course, the Empress of Blandings herself.



02/11/2023

9781529153569

£14.99

B Format Hardback

HUMOUR / CLASSIC
FICTION

Paperback

'Comic genius.'

Telegraph

'The most industrious, prolific and beneficent author ever to have sat down, scratched his head and banged out a sentence.'

Stephen Fry

'Blissfully escapist.'

BBC

'Wodehouse is so utterly, properly, simply funny.'

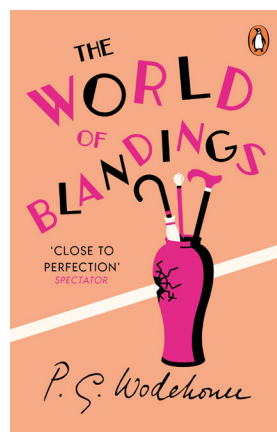
Adele Parks

'Hilarious.'

Washington Post



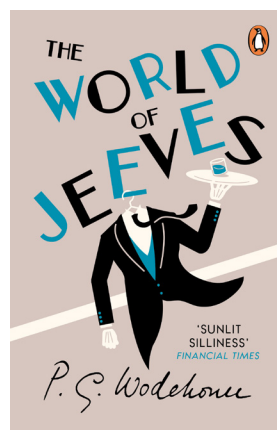
THE POTHUNTERS
02/11/2023 | 9781529160628



THE WORLD OF BLANDINGS
02/11/2023 | 9780099514244



VERY GOOD, JEEVES
02/11/2023 | 9780099513728



THE WORLD OF JEEVES
02/11/2023 | 9780099514237

When the Parents Change, Everything Changes

Seismic Shifts in Children's Behaviour

PAUL DIX

A revolutionary approach to parenting from Britain's most influential children's behaviour expert – author of the bestselling education book of the twenty-first century, *When the Adults Change, Everything Changes*.

Your own behaviour is the only behaviour over which you have absolute control. To change your children's behaviour, you first need to change your own.

In *When the Parents Change, Everything Changes*, Britain's leading behaviour expert introduces parents to a revolutionary method for changing what your children do by first changing yourself – tried and tested in over 100,000 schools. Whether using 'positive noticing' as rocket-fuel for better behaviour, or writing rules that don't get instantly binned, or learning what to say to de-escalate the wobbliest moments, his tools will turn your home into a behavioural nirvana.

Paul Dix is Britain's best-respected children's behaviour expert. His 2017 book introducing his method, *When the Adults Change, Everything Changes*, has become a word-of-mouth phenomenon among teachers and has now sold over 100,000 copies. Over the years, Paul has worked with thousands of schools around the world to put his method into action, given evidence to Parliament, and been featured on *BBC News*, *Daily Mail* and the *Guardian*.



05/09/2023
9781529900132
£18.99
Demy

PARENTING



Right Kind of Wrong

How Learning to Fail Can Teach Us to Thrive

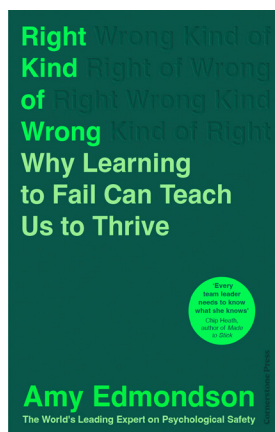
AMY EDMONDSON

The world's most influential organisational psychologist reveals how we can all learn to fail better.

We used to think of failure as a problem, to be avoided at all costs. Now, we're told that failure is desirable – that we must fail fast, fail often. The trouble is, neither approach distinguishes the good failures from the bad. As a result, we miss the opportunity to fail well.

Harvard professor Amy Edmondson has spent four decades arguing that we are getting failure wrong. As the world's leading expert on psychological safety, her research has shown that the most successful environments are those in which we can fail openly, without our mistakes being held against us. Now, Edmondson explores how we can build positive failure into our own lives. She outlines the three archetypes of failure – simple, complex and intelligent – revealing how to minimise the consequences of the bad ones (and maximise the potential of the good). Above all, she leads us to ask a simple, provocative question: What if it is only by learning to fail that we can hope to truly succeed – and maybe even thrive?

Amy Edmondson is the Novartis Professor of Leadership and Management at Harvard Business School. Renowned for her world-leading research into the concept of psychological safety, Edmondson has been named by Thinkers50 as the most influential management thinker in the world. Her work has been covered by the *Wall Street Journal*, *New York Times*, *Washington Post*, *Financial Times*, *Psychology Today* and *Harvard Business Review*, and been drawn upon by companies including Google and Microsoft.



14/09/2023
9781847943767
£22.00
Royal

POPULAR PSYCHOLOGY



My Little Black Book: A Blacktictionary

The pocket guide to the language of race

MAGGIE SEMPLE AND
JANE OREMOSU

An accessible guide for those looking to navigate conversations on race and diversity in the workplace and beyond.

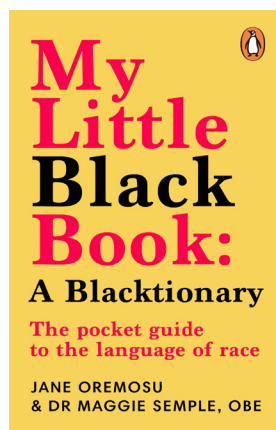
Imagine if the language of race was better understood, better articulated and uttered with confidence by everyone. *My Little Black Book: A Blacktictionary* aims to do just that.

Through their work with organisations and companies across the world, Maggie Semple and Jane Oremosu found that there was a need to help people as they cautiously discussed difference and inclusion.

This book is for all of us. It's for people who are entering the workplace and finding their identity, for managers who feel bombarded with ever-evolving definitions and neat phrases, for everyone who is afraid of saying the wrong thing and being judged. This is a contemporary dictionary, a global lexicon that reflects today's world and breaks down barriers to engaging in conversations on race.

Maggie Semple, OBE is a successful businesswoman and entrepreneur. In 2010 she set-up Semple, a bespoke women's fashion brand. Maggie is a member of the Queen's Counsel Appointments Panel and serves on a range of boards including the Southbank Arts Centre. She is also a Fellow of the City & Guilds Institute, one of 500 Fellowships awarded since 1878. She was awarded an OBE in 2000.

Jane Oremosu is the owner and founder of JK Sales Consultancy. She is an active participant in the Women in Sales Awards and a panel member at the Sales Hacker Conference UK in 2017 and at the Modern Woman Business event in 2019.



05/10/2023
9781804942307
£7.99
A Format

**SELF-HELP & PERSONAL
DEVELOPMENT**



Clear Thinking

Turning Ordinary Moments into Extraordinary Results

SHANE PARRISH

A roadmap for thinking clearly in any situation.

We all aspire to see the world clearly. And yet all too often, when the pressure is on, we give in to our most irrational impulses – and make decisions that take us ever-further from our goals.

In *Clear Thinking*, Shane Parrish – ‘the former spy who helps Wall Street mavens think smarter’ (*New York Times*) – explains how to think clearly in any situation. He shows that the path to clear thinking lies not in the most high-stakes decisions, but in the most ordinary moments – from how we start our mornings to how we conduct our daily conversations. And he uses stories, mental models and psychological insights to offer a transformative method for seeing through our biases and understanding what’s really happening.

The result is a must-have manual for optimising decision-making and living intentionally. It will clear your head and transform your life.



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POPULAR PSYCHOLOGY

Shane Parrish is the founder of Farnam Street, the world’s most-read blog on clear thinking. Described by Business Insider as ‘Wall Street’s biggest influencer’, Shane’s podcast *The Knowledge Project* has been downloaded 35 million times and his Brain Food newsletter has nearly 500,000 subscribers. Shane’s work has been featured in nearly every major global publication, including the *New York Times*, *Wall Street Journal* and *Financial Times*.

The Book You Want Everyone You Love* To Read

*(and maybe a few you don't)

PHILIPPA PERRY

A new book of wisdom and advice for having better relationships with others and yourself, from the million-copy bestselling author of *The Book You Wish Your Parents Had Read*.

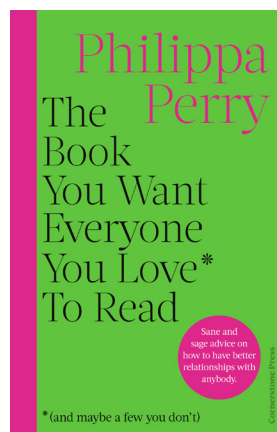
Life is all about relationships and the quality of those connections, whether that's with family, partners, friends, colleagues or most importantly yourself. If you can get those relationships on a functional and even keel, then the other tricky stuff that life throws your way becomes easier to manage.

In this warm, practical and witty book, No. 1 *Sunday Times* bestselling psychotherapist Philippa Perry shows you how to approach life's big problems.

How do you find and keep love? What can you do so that arguments don't feel torturous? How can you get unstuck and cope with change and loss? What does it mean to you to be content? Are other people just annoying or are you the problem?

With a healthy dose of sanity, Philippa Perry's compassionate advice could help you become a happier, wiser person.

Philippa Perry, artist and psychotherapist, is an agony aunt for *Observer Magazine*, a freelance writer, and a TV and radio presenter. Her No.1 *Sunday Times* bestseller *The Book You Wish Your Parents Had Read* was published in 2019 and has been translated into over forty languages. She has written two other books: *Couch Fiction* and *How to Stay Sane*. Lady Perry lives in London with her husband Sir Grayson and their cat The Honourable Kevin.



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**SELF-HELP & PERSONAL
DEVELOPMENT**



How To Change Your Life

Lessons on Transformation from the World of High Performance

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The dazzling sequel to the 100,000-copy *Sunday Times* bestseller *High Performance*.

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Jake Humphrey is one of the UK's best-respected sports presenters. **Damian Hughes** is an expert on high performance cultures and a visiting professor at Manchester Metropolitan University. In their chart-topping *High Performance* podcast, they interview the world's leading sportspeople, entrepreneurs and coaches on how they came to excel – and on how we can all follow suit.

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How to Achieve More of the Things That Matter

ALI ABDAAAL

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Ali Abdaal is the world's most widely read productivity expert. In 2017, during his final year as a medical student at Cambridge University, Ali started posting YouTube videos about health and productivity. His channel now has over 4 million subscribers – growing by tens of thousands each month – and his acclaimed online productivity courses have hundreds of thousands of paying students. In addition to his work as a productivity expert, Ali is a teacher, investor and part-time magician. He lives in London.

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MODERN AND
CONTEMPORARY FICTION

Taylor-Dior Rumble is a writer, born and raised in south-east London. She started her journalism career at BBC News at the age of eighteen and has since gone on to produce and cover stories ranging from the politics of Black hair to colourism in Hollywood. Her first novel, *The Situationship*, will be published by #Merky Books in summer 2023.



The Race to Be Myself

One woman's journey to run free

CASTER SEMENYA

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Banned from the sport she loved because she was labelled 'different', Olympic and World Champion Caster Semenya is finally ready to share the vivid and blisteringly honest story of how the world came to know her name. Thrust into the spotlight after winning the 2009 World Championships, Caster Semenya quickly became the centre of a debate which still continues today about gender in sports and the right to compete as you are.

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Throughout it all Caster has found triumph in her strong will, her community and her family. Caster's story is our story, and is a testimony to anyone forced to stop doing what they love.

Caster Semenya is a professional runner from South Africa. She's a two-time Olympic Games gold medallist and a three-time World Athletics Championships gold medallist. She lives in Pretoria, South Africa.



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AUTOBIOGRAPHY



Central Places

DELIA CAI

A young woman's past and present collide when she brings her white fiancé home to meet her Chinese immigrant parents in this vibrant debut from an exciting new voice in fiction.

Audrey Zhou left Hickory Grove, the tiny central Illinois town where she grew up, as soon as high school ended, and she never looked back. She moved to New York City and became the person she always wanted to be, complete with a high-paying, high-pressure job and a seemingly faultless fiancé. But if she and Manhattan-bred Ben are to build a life together, in the dream home his parents will surely pay for, Audrey can no longer hide him, or the person she's become, from those she left behind.

Over the course of one disastrous week, Audrey's proximity to her family and to Kyle, her unrequited crush from high school, forces her to confront the past and re-examine her fraught connection to her roots before she undoes everything she's worked towards and everything she's imagined for herself. But is that life really the one she wants?

Delia Cai was born in Madison, Wisconsin, and grew up in central Illinois. She is a graduate of the Missouri School of Journalism and her writing has appeared in BuzzFeed, *GQ*, *The Cut* and *Catapult*. Her media newsletter, *Deez Links*, has been highlighted in the *New York Times*, *New York Magazine* and *Fortune*. She is currently a senior correspondent at *Vanity Fair* and lives in Brooklyn. *Central Places* is her first novel.



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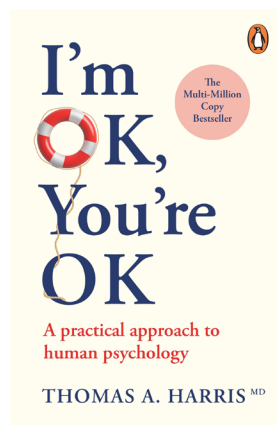
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Born in Texas, **Thomas A. Harris** took his science degree in 1938 from the University of Arkansas Medical School. In 1942 he began his psychiatry training in Washington DC at St Elizabeth Hospital. He was a Navy psychiatrist for several years, becoming chief of the Psychiatry Branch and leaving the service as a commander. This was followed by a teaching post back at the University of Arkansas, and then a period as a senior mental health bureaucrat. He died in Sacramento, California, in 1995.

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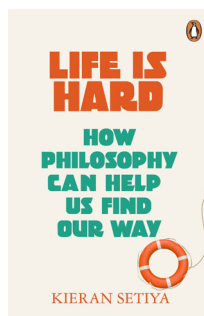
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