

# TRANSLATION RIGHTS GUIDE

LONDON BOOK FAIR 2023

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# FICTION

## ***The Paris Affair***

Fiona Schneider



***The Guernsey Literary and Potato Peel Pie Society* meets Lucinda Riley in this breath-taking story of how one woman's disappearance spurs the search of a lifetime.**

War pulled them apart. Love brought them back together.

2002 - London: Julia is one of the most gifted concert pianists in the world, but when her hands freeze on stage, she has no idea how to fix them. So, she seeks the aid of her mentor, Christoph, only to find his health declining, and his memory fading.

When she finds an old recipe book, detailing 'the recipes of us' Julia decides it's time to give her hands a new task and she begins to cook. As each new dish passes his lips, Christoph's memories of a woman called Sylvie return.

1942 - Paris: Christoph Baumann has been sent to Occupied Paris, tasked with working for Kommandant von Gross-Paris in exchange for his sister's safety. When the Kommandant recruits French chef Sylvie, Christoph is instantly entranced.

But Sylvie is not who she seems, and she can never tell Christoph the truth, no matter how much she feels drawn to him. Because Sylvie is Lisette, and she was sent from London to work as part of the resistance.

As his memories resurface, Julia soon realises that instead of Christoph saving her, she might need to save him. And the answers they seek lie in the past.

**Fiona Schneider** lives in Cambridgeshire with her German husband and three children. She graduated from Cambridge University with a degree in English, and in 2000 moved to Ireland to complete a M. Phil. in Creative Writing at Trinity College, Dublin. She is now a primary school teacher, writing novels in her spare time. *The Paris Affair* is her English language debut.

## ***Bloodstream***

Emilee Carter



**Netflix's *Drive to Survive* meets Ali Hazelwood in a sizzling new motorsport romance perfect for fans of Lauren Asher and Hannah Grace...**

For Faith Jensen, life has always happened one small miracle at a time. After a job offer from the CEO of a motorsport championship - a job which she didn't even apply for, her world is flipped upside down. Within weeks, she finds herself leaving her tiny London flat behind for an open-ended trip around the world with a multi-championship winning racing team.

As a social media influencer, Faith's job is to share her life with the internet. That's her normal. So when her new bosses ask her to do the same for their racing drivers, she figures it's going to be easy as pie. Vlogs, captions and filters are all she knows. However, Julien Moretz is the obstacle she never saw coming.

The Belgian God of racing hates social media, influencers and opening up. In that order. But for Jules, Faith is more than just an annoying coworker he's desperate to avoid at all costs. She's a cruel gift from the universe, sent to destroy everything he's spent ten years trying to protect himself from.

**Emilee Carter** grew up in a seaside town in the South West of England and has remained there into her twenties, using her media degree to pursue her journey as an author. Emilee joined the Bookstagram community as @emileesbookshelf in the midst of writing *Bloodstream*, her debut novel, and found the courage to share her fictional worlds with the real world.

## ***Fight Me!***

Austin Grossman



**A thrilling, acerbic and hilarious journey into the world of superhero has-beens.**

Alex used to be something special. A shape-shifting metahuman, he was part of mid-90s superhero team "The Newcomers" - alongside a princess, a cybernetically-enhanced female assassin and a helmet-clad genius.

Together, they destroyed aeons-old supervillain, Sinistro, shattering the thing he most desired: The Legacy.

Now though, with their crime-fighting days behind them, the mystery returns. Someone is stealing Legacy fragments. If restored it could spell the end of the world.

The Newcomers are older, but not necessarily wiser. Lawsuits, lost fortunes and bad choices have come between them. Can they put their differences aside - for the sake of humanity itself?

**Austin Grossman** is a novelist and interactive storyteller. His novels include *Soon I Will Be Invincible*, *YOU: a novel*, and *Crooked*. *Soon I Will Be Invincible* was nominated for the 2007 John Sargent Sr. First Novel Prize. His writing has also appeared in *Granta*, the *Wall Street Journal*, and the *New York Times*. His game credits include *System Shock*, *Deus Ex*, and *Dishonored*, which received the 2012 BAFTA award for Best Game. He has an M.A. in Performance Studies from N.Y.U. and is A.B.D. in English Literature at the University of California, Berkeley. He currently teaches narrative design at N.Y.U., and works as a consultant in game and XR experience design.



## ***Six Poppies***

Lisa Collins



**A sweeping and emotional love story about a war veteran and the woman he thought he'd left behind, for fans of Colleen Hoover and *Me Before You*.**

Carl meets Sarah, a nurse, at Camp Bastion, in Afghanistan. He feels an instant connection with her, and it seems she feels the same. So he's heartbroken when she gets engaged to his friend and fellow soldier, Danny.

All three survive, and eventually return to the UK to process what they've been through - now living miles apart, as opposed to in neighbouring tents. Honouring the lives of the friends he lost to war with a tattoo of six poppies,

Carl vows never to forget their stories.

But when he is thrown back together with Sarah years later, will he finally have the chance to re-write his own?

**Lisa Collins** is a journalist who has worked for *The Sun*, *The Mirror* and the *Daily Mail* where she edited the *Femail* pages for over ten years. She lives in London with her husband and three sons.

## ***The Silence In Between***

Josie Ferguson



**Imagine waking up and a wall has divided your city in two. Imagine that on the other side is your new-born baby and there is no way of getting to him...**

*The Silence in Between* is a historical novel based in Berlin in 1961 and during the Second World War.

Lisette lives in East Berlin but brings her new-born baby to a hospital in West Berlin. Under doctor's orders, she goes home to rest, leaving the baby in the care of the hospital.

But overnight the border between East and West closes, slicing the city - and the world - in two. With a city in chaos and armed guards ordered to shoot anyone who tries to cross, her situation is desperate.

Lisette's teenage daughter, Elly, has always struggled to understand the distance between herself and her mother. Both live for music but while Elly hears notes surrounding every person she meets, for her mother - once a talented pianist - the world has gone silent. Perhaps Elly can do something to bridge the gap between them. What begins as the flicker of an idea turns into a daring plan to escape East Berlin, find her baby brother, and bring him home...

Born in Sweden, **Josie Ferguson** moved to Scotland when she was two. She returned to Sweden in her twenties where she completed a MSc in Clinical Psychology. Upon graduating she moved to London and then Singapore in search of an adventure and a bit less rain. Born into a family of writers and readers, she has worked as a freelance book editor for the past ten years. She currently lives in Singapore with her husband and two young children. *The Silence In Between* is her debut novel.

## Semiramis

Costanza Casati



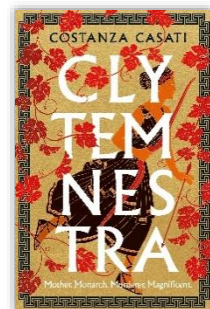
**Weaving together ancient history and myth, this captivating tale charts the controversial life and rise to power of *Semiramis*, the only female ruler of the Assyrian Empire.**

Nothing about Semiramis's upbringing could have foretold her legacy or the power she would come to wield. A woman, an orphan raised on the outskirts of an empire - certainly no one in Ancient Assyria would bend to her command willingly. This is the epic tale of a woman who knew if she wanted power, she would have to claim it. No one was coming to save her.

There are whispers of her fame in Mesopotamian myth: Semiramis was a queen, an ambitious warrior, a commander and builder whose reputation reaches the majestic proportions of Alexander the Great. Historical record, on the other hand, falls eerily quiet.

In her second novel, Costanza Casati brilliantly weaves myth and ancient history together to give Semiramis a voice, charting her captivating ascent to a throne no one promised her. The world Casati expertly builds is rich with dazzling detail and will transport her readers to the heat of the Assyrian Empire and a world long gone.

**Costanza Casati** was born in Texas in 1995, grew up in a village in Northern Italy and lived in the UK for five years. Before moving to London, she attended a classical Liceo in Italy, where she studied Ancient Greek, and Ancient Greek literature, for five years. Costanza is a graduate of the prestigious Warwick Writing MA programme where she earned a distinction, and currently works as a freelance journalist and screenwriter. Her debut novel *Clytemnestra* published to great acclaim, it was a bestseller in its first week of publication, and has sold in fourteen languages.



## ***The Figures***

Sophie Haydock



**From the author of *The Flames*, comes a passionate love story about rivalry and art, a refugee and a wife, and about what a person might do for someone they love.**

This is the story of two women – one, an orphan and refugee who finds a place in the studio of a famous French artist, the other, a wife and mother who has stood by her husband for nearly forty years.

Lydia Delectorskaya first met Henri Matisse in the South of France in the early 1930s, when she was in her twenties, and went on to become his muse. Although they were supposedly not romantically involved at the time,

Matisse's wife gave him an ultimatum - her or me.

Matisse chose his wife, and Lydia shot herself in the chest. However, the bullet bounced off her breastbone and she survived. Several years later, Matisse's wife left him anyway and Lydia reformed her connection with Matisse, which lasted until his death. When he died in 1954, she walked away immediately, taking only a suitcase she'd had packed for fifteen years.

This is a story of drama and betrayal; emotion and sex; glamour and tragedy, all set in the hotbed of the 1930s art movement in France. In art, as in life, this is a time when the rules were made to be broken...

**Sophie Haydock** is an award-winning author living in east London. *The Flames* is her debut novel and has been translated into eight languages. She is the winner of the Impress Prize for New Writers.

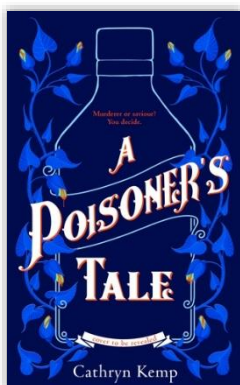
Sophie trained as a journalist at City University, London, and has worked at the *Sunday Times Magazine*, *Tatler* and BBC Three, as well as freelancing for publications including the *Financial Times*, *Guardian Weekend* magazine, and organisations such as the Arts Council, Royal Academy and Sotheby's. Passionate about short stories, Sophie also works for the *Sunday Times* Audible Short Story Award and is associate director of the Word Factory literary organisation.



16 May 2024 | Kirsty Dunseath for Bantam | 384 pp  
Rights sold: Polish (Albatros)

## ***A Poisoner's Tale***

Cathryn Kemp



**A feminist retelling of the life of Giulia Tofana - a notorious 17th-century Italian poisoner, and the first documented female serial killer in history.**

In 17th-century Rome, men are falling like flies and nobody knows why...

Hidden within the alleys and shadows of the Eternal City, lies a criminal magical underworld of witches, sorceresses and a mysterious circle of female poisoners working under the guise of a cosmetics shop.

Since her childhood in Palermo, Giulia has dedicated her life to helping the broken and abused - the wives, daughters, and mistresses of Italy. She is known to be many things - healer, midwife, abortionist and poisoner. It only takes a few drops of an undetectable lethal poison to murder each of Giulia's victims, which come to number a thousand men.

Pope Alessandro VII is determined to rid the city of witches and heretics, including this circle of murderous poisoners. But what great lengths will he go to stop these cunning women?

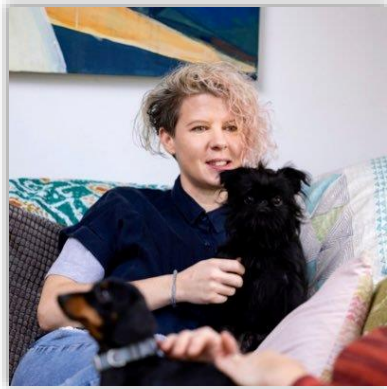
In this compelling feminist retelling, the legendary figure of Giulia is given back her voice. Through the women she helped, the men she killed and those who wanted her dead, this is a tale of secrets, intrigue, revenge, sin and ultimately, power.

**Cathryn Kemp** is a *Sunday Times* bestselling ghostwriter, author and journalist, with a prolific career writing celebrity, inspirational, true crime and nostalgia titles. Her personal memoir *Coming Clean* won the Big Red Read Prize for Non Fiction, and she is a member of the Society of Authors.

*A Poisoner's Tale* is her first foray into historical fiction.

## Goodbye Birdie Greenwing

Ericka Waller



**A story about unconditional love, grief, joy, friendship, and the power of small kindnesses.**

Birdie, Jane and Ada are all lost. Life has not turned out as they planned, and all three of them are scared to ask for help, to say yes - or to say no. To take a chance on someone else.

Birdie Greenwing has been at a loose end ever since her beloved twin sister and husband passed away eight years previously. Too proud and stubborn to admit she is lonely, Birdie's world has shrunk.

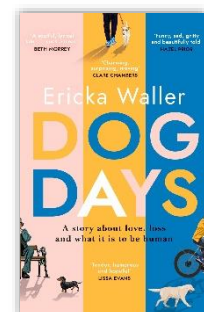
Jane Brown hoped moving to the coast would be a new start, away from her overbearing mother. While she finds it hard to stand up for herself, her daughter Frankie has no problem telling people what she does and doesn't want.

Ada Kowalski thought training to become an Oncologist in a new country would be a dream come true. In reality she is isolated, exhausted, and the professional detachment she has had to develop now threatens to take over her life.

When a series of incidents brings their lives crashing together, these three unlikely allies find that there's always more to a person than meets the eye.

*Goodbye Birdie Greenwing* celebrates female relationships in all their forms. It explores what being a mother means. It is a story about the choices we make and how we justify them. About finding out who we are, not who other people think we should be.

**Ericka Waller** lives in Brighton with her husband, three daughters and pets. Previously, she worked as a blogger and columnist. Her first novel, *Dog Days*, was widely praised by authors and reviewers alike and has been sold in eight territories. *Goodbye Birdie Greenwing* is her second novel.



25 April 2024 | Kirsty Dunseath for Doubleday | 320 pp

## ***The Curse of Sins***

Kate Dramis

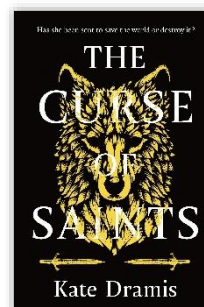


**The much anticipated sequel to Kate Dramis's TikTok fantasy phenomenon, *The Curse of Saints*, and the next instalment of Aya and Will's journey to save the realm.**

Ally or enemy? Truth or Lies? After discovering she is the Second Saint fated to save her realm, Aya's duty should be clear: Return to her home kingdom of Tala to serve her Queen, Gianna, in the coming war against the kingdom of Kakos, whose pursuit of dark magic could bring the realm to its knees.

But with Aya unsure of how her power is to defeat dark magic, and suspicious of just how far Gianna will go to stop Kakos, it isn't long until Aya's very purpose is brought into question. Can she and Will, her blood-sworn ally, find the truth before dark magic consumes her realm entirely? And with betrayal lurking around every corner, is there anyone Aya can truly trust?

**Kate Dramis** is an Atlanta-based writer whose obsession with fantasy worlds and escaping into a good love story eventually drove her to chase her dreams of being an author. Inspired by a dream about a woman calling down lightning to save a friend, *The Curse of Saints* is Kate's debut fantasy novel and the first in the trilogy. Rights in the trilogy have sold in seven languages. Kate has a growing legion of readers on TikTok and Instagram, and her website is [www.thecurseofsaints.com](http://www.thecurseofsaints.com)

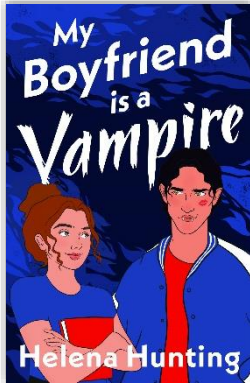


20 June 2024 | Rebecca Hilsdon for Michael Joseph | 400 pp

Rights sold: Hungarian (Anassa), Czech (Dobrovsky), French (Flammarion), Portuguese (Saida de Emergencia), Polish (Muza SA), Spanish (PRH Spain), Ukrainian (Family Leisure Club) and US (Sourcebooks)

## ***My Boyfriend Is A Vampire***

Helena Hunting



**Hazy's always fallen for the bad boys. But never a vampire... Sink your teeth into 2023's most swoony rom-com.**

Hazel "Hazy" Florence is on track to graduate top of her class but she's determined to have a little fun along the way.

As soon as she lays eyes on her mysterious and swoony new neighbour - Godric Hawthorn - Hazy knows he is just what she needs and they instantly fall for each other. But this is no quintessential college romance. Godric has a secret... he's a vampire. Dating a vampire comes with its own messy complications. And then there's Hazy's jealous ex-boyfriend who's dangerously close to the truth.

Can Hazy protect her boyfriend's blood-sucking secret? Or could there be more at stake than Hazy and Godric's hearts?

*NYT* and *USA Today* Bestselling author, **Helena Hunting** lives outside of Toronto with her amazing family and her two awesome cats, who think the best place to sleep is her keyboard. Helena has over 6.1 million views on TikTok and 82k followers across Instagram, Twitter and Facebook. She writes everything from contemporary romance with all the feels to romantic comedies that will have you laughing until you cry.



# **CRIME & THRILLER**

## Hunted

Abir Mukherjee



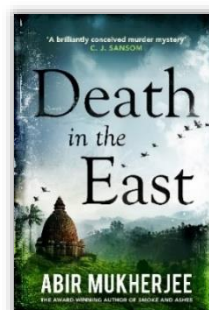
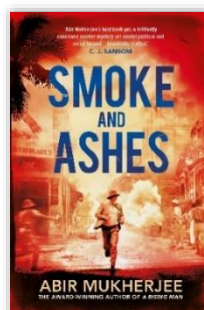
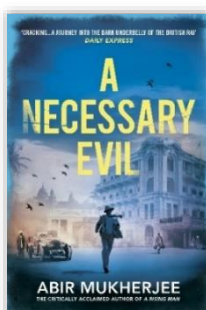
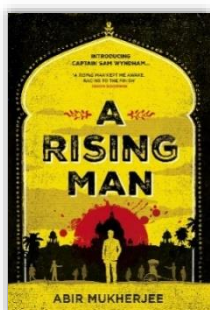
**Two parents, a white American woman and British Muslim man, are thrown together in a race against time to find their radicalised children before they carry out a terrorist attack or are killed trying.**

It's less than a month till the US presidential elections when a bomb goes off in an LA mall. It's a suicide bombing, carried out by a British Muslim girl. The FBI trace her arrival on US soil, realise she wasn't alone, and that the LA attack is only the beginning.

In Florida, a mother fears her son has been radicalised. In London, the police bring in a Muslim immigrant for questioning about his child's whereabouts. The two parents are thrown together in a race to find their kids before it's too late. Will they succeed?

Will the FBI hunt their children down? Or will both fail to stop the teenagers committing an atrocity which derails the country's future?

**Abir Mukherjee** is the bestselling author of the award-winning Wyndham & Banerjee series of crime novels set in 1920s India, which have sold in twelve territories. He is a two-time winner of the CWA Historical Dagger and has won the Wilbur Smith Award for Adventure Writing. His books have also been shortlisted for the CWA Gold Dagger and the HWA Gold Crown. His novels, *A Rising Man* and *Smoke and Ashes* were both selected as Waterstones Thriller of the Month. *Smoke and Ashes* was also chosen as one of *The Times'* Best Crime and Thriller novels since 1945. Abir grew up in Scotland and now lives in Surrey with his wife and two sons.



16 May 2024 | Katie Ellis-Brown for Harvill Secker | 354 pp  
Rights sold: US (Little, Brown)

## Since You've Been Gone

Gytha Lodge



**What if *P.S. I Love You* was a thriller? A brilliant new standalone thriller from the widely-admired and bestselling Gytha Lodge.**

It's been months since the break-up, and Arabella is over it. More or less. She certainly doesn't think about Reid all the time.

It's just unfortunate that, at this precise moment in time, she really needs his help.

Arabella is in trouble. She's been investigating the death of a promising young woman, at a decadent Cambridge Ball. She believed she was on the trail of a killer, but it turns out that she's the one being hunted...

It's been months since the break-up, but Reid isn't over it. He's still hurting over the things he said, that Arabella did. The one thing he's sure about, is that he'll never forgive her.

Then he gets an email. It's from Arabella. She says she needs him. But when he tries to get in touch, it turns out she's vanished.

As a detective, there's one thing Reid knows about missing people: if he doesn't find her soon, it might be too late.

**Gytha Lodge** is a *Sunday Times* bestselling writer and multi-award-winning playwright. Her debut novel, *She Lies in Wait*, was a Richard & Judy Book Club pick and international bestseller. Set in the New Forest and the surrounding area, Lodge's highly-acclaimed DCI Jonah Sheens series also includes *Watching From the Dark*, *Lie Beside Me*, *Little Sister* and *A Killer in the Family*.



## The Attic

Andrea Mara



**I'm not afraid of being alone in the dark. I'm afraid that I'm not alone. And now my worst fears are coming true.**

Anya is having a bath and enjoying some peace and quiet in her polished new-build in Brentwood Heights, one of Dublin's most glamorous neighbourhoods. She's sipping a glass of wine when she hears a noise, a scratching in the roof. It must be mice, she tells herself. That's her first mistake. Through the open bathroom door, the landing is in darkness. There it is again, something creaking. Her breath catches in her throat, but she doesn't move or try to reach for her phone. That's her second mistake. Then she sees the attic hatch swing open, like a pendulum, yawning in the dark. And a masked man drops to the landing, all in black. She tries to react but it's too late. Thirty seconds later, Anya is dead.

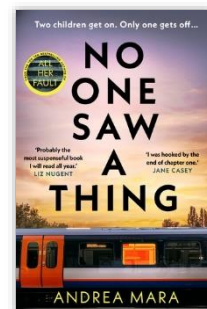
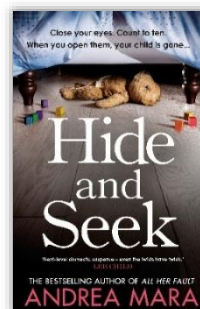
Then she sees the attic hatch swing open, like a pendulum, yawning in the dark. And a masked man drops to the landing, all in black. She tries to react but it's too late. Thirty seconds later, Anya is dead.

Across town, Anya's old school friend, Julia, watches a TikTok video of a masked man climbing out of an attic. She suddenly realises why the footage is eerily familiar: it was filmed in her house. When the second video arrives, Julia starts to panic. Is someone really hiding up there, tiptoeing the hallways while she sleeps?

It won't be long before she finds out...

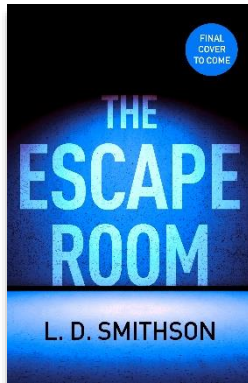
**Andrea Mara** is a *Sunday Times* and *Irish Times* top ten bestselling author, and has been shortlisted for a number of awards, including Irish Crime Novel of the Year.

*Hide and Seek*, her second thriller to be published in the UK and internationally, became an instant top ten bestseller.



## ***The Escape Room***

L. D. Smithson



**A reality TV show turns into a serial killer's twisted competition. Can you solve the puzzle before it's too late?**

Eight strangers arrive at a remote sea fort off the coast of England. They are here to take part in *The Fortress*, a mysterious reality TV show in which contestants have to solve a series of complex puzzles. But this is no game, and the consequences of failure are more deadly than anyone anticipated. The show's sinister purpose becomes clear when the first person is evicted from the competition. Instead of being sent home to their family, they are left to die inside a locked room.

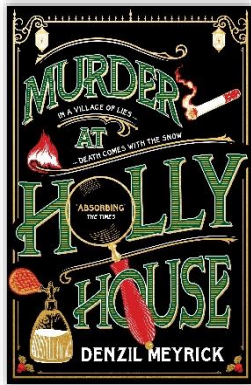
Under scrutiny from the watching public, the contestants soon turn on one another. What are they willing to do for wealth and fame? How far will they go to survive? And who is behind it all? The only thing they know for certain is that if they want to escape, they need to win...

Everything is a clue. No one leaves. The only way out is to win. Are you ready to play?

**L. D. Smithson** was born in Yorkshire and now lives in Leeds. She is an occupational psychologist and a crime writer.

## ***Murder at Holly House***

Denzil Meyrick



**In a village of lies, death comes with the snow. A dazzling winter murder mystery, from the number one bestselling author of the DCI Daley series.**

It's Christmas 1952. Blizzards come to Elderby, a remote village high on the North York Moors. Is the dead stranger found lodged up the chimney at Holly House a simple thief or something much more sinister?

Inspector Frank Grasby finds himself heading up the investigation. But who is friend or foe?

The victim of some most unfortunate misunderstandings, Grasby needs to clear his name. But as is often the way with the unlucky detective, things most certainly don't go according to plan.

As the village is cut off by snow, the local doctor's husband is found murdered. Grasby is on his own, but is everyone in Elderby lying? If he can't uncover the truth, the whole country will pay a dreadful price...

But with a detective like Frank Grasby on the case, everything will be fine – won't it?

**Denzil Meyrick** is from Campbeltown on the Kintyre Peninsula in Argyll. After studying politics, he enjoyed a varied career as a police officer, distillery manager, and director of several companies. He is the number one bestselling author of the DCI Daley series, and is now an executive producer of a major TV adaptation of his books. Denzil lives on Loch Lomondside in Scotland.

## ***Murder at Maybridge Castle***

*An Invitation to Die For*

Ada Moncrieff

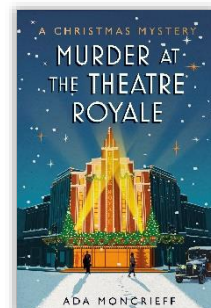


***Downtown Abbey* meets *Agatha Christie* in this unputdownable Christmas murder mystery.**

Christmas 1937. An assortment of guests has arrived at Maybridge Castle, deep in the Cumbrian countryside. Hector Hayton, once something of a fixture on the society circuit of London, has recently purchased the castle and transformed it into “England’s first and only bona fide haunted hotel.” Guests can enjoy a range of ghoulish activities, from séances with a local medium to tours of the forest bordering the castle, where newly-discovered graves suggest that it is the final resting place of countless women persecuted in the witch trials.

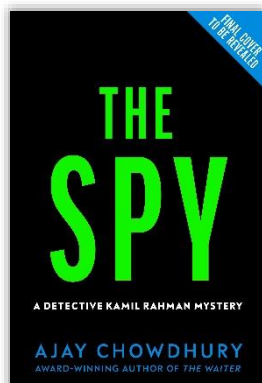
During a game of murder-in-the-dark, however, one of the guests is killed, and it becomes clear that Maybridge Castle lives up to its haunted reputation. It’s up to sleuth Detective Daphne King to solve the clues to find the murderer.

**Ada Moncrieff** is the author of *Murder Most Festive* and *Murder at the Theatre Royale*. She lives and works in London. Her books have been sold in three territories.



## The Spy

Ajay Chowdhury



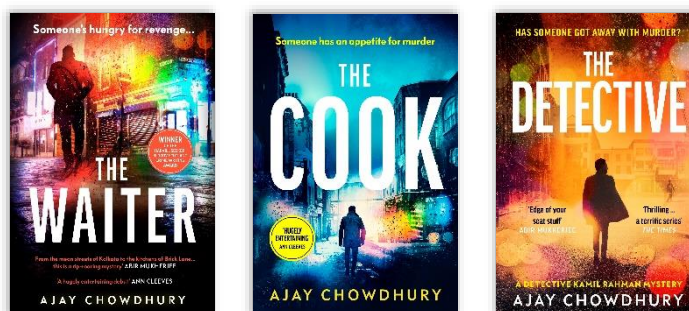
Kamil Rahman returns in *The Spy*. Where he and his amateur-sleuth restaurant manager partner Anjoli are thrown into the midst of a terrorist plot.

When MI5 receive intelligence of a plot to assassinate the Indian Prime Minister on his visit to London, it's Kamil Rahman they turn to.

Kamil infiltrates the terror cell and does all he can to foil the plot while struggling with feelings of empathy for Kashmiri people and their plight, which the terrorists use to justify their actions.

**Ajay Chowdhury** is the inaugural winner of the Harvill Secker-Bloody Scotland crime fiction award. He is a tech entrepreneur and theatre director who was born in India and now lives in London where he builds digital businesses, cooks experimental dishes for his wife and daughters and writes through the night. His children's book, *Ayesha and the Firefish*, was published in 2016 and adapted into a musical.

*The Waiter*, the first in his Kamil Rahman crime series, about an ex-policeman from Calcutta who has moved to Brick Lane in London, has been optioned by BBC Studios. His second title, *The Cook*, was published in May 2022 to critical acclaim and deals with the issue of homelessness. The third instalment, *The Detective*, will be published in April 2023.

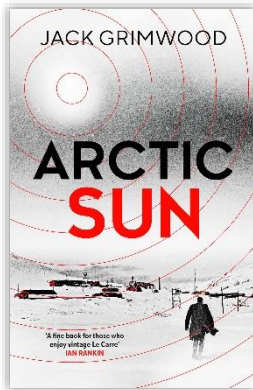


4 April 2024 | Katie Ellis-Brown for Harvill Secker | 384 pp



## Arctic Sun

Jack Grimwood



**Russia, 1987. High in the Soviet Arctic, a remote village harbours a Cold War weapon of unimaginable power.**

When field researcher Dr Amelia Blackburn stumbles into the wreckage – and victims – of an arms test gone wrong, she immediately knows the peril she and her companions are in. When she vanishes, the British Secret Service knows the danger is about to ripple closer to home.

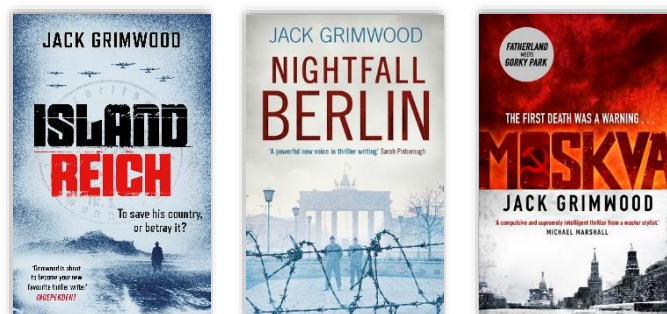
Major Tom Fox finds himself called up to investigate, first in Norway and then in the secret facilities just across the Russian border.

What happened to Amelia? What caused the explosion? And what exactly are the Soviets planning?

In retirement, and still numb from burying his wife, Fox has little interest in being anyone's hero. Faced with an ultimatum from his cabinet minister father-in-law, he must do his country's bidding once more if he wishes to see his young son again.

But with dangers circling at home and abroad, Fox and the people closest to him will be lucky to make it out alive . . .

**Jack Grimwood** was born in Malta and christened in the upturned bell of a ship. He grew up in the Far East, Britain and Scandinavia. Apart from novels, he writes for national newspapers including *The Times*, *The Telegraph*, *Independent* and *Guardian*. He is two-time winner of the BSFA Award for Best Novel, first with *Felaheen*, and then *End of the World Blues*. His literary novel, *The Last Banquet*, published under the name Jonathan Grimwood, was shortlisted for Le Prix Montesquieu 2015. His work has been translated into fifteen languages.



# LITERARY FICTION

## ***How to Be Somebody Else***

Miranda Pountney



**A person would have to be crazy to leave New York, the whole city's thinking...**

New York, 2015, a Monday in Spring. Dylan, about to turn thirty-eight, walks out of a successful career in advertising, sublets her apartment and agrees to house sit for Anna, an artist she has never met. She doesn't mention these life changes to her friends, her parents back in England or to Matt, her boyfriend living on the West Coast.

In Anna's loft Dylan has time to think, space to write and a chance to try on a new kind of life. When her neighbour Kate invites her to a party and introduces her to Gabe, Dylan tries on a new kind of romance. Gabe happens to be married to Kate but, according to Gabe, 'it's not a thing'. The more time Dylan spends with Gabe, the more she begins to believe it. As Spring turns to Summer Dylan's experiments in living test friendships, loyalties and the boundaries of herself, until an unexpected encounter between the two couples forces her to confront her future.

**Miranda Pountney** was born in North London. She read English Literature at Oxford University before embarking on a career in advertising—first in London, then in New York. In 2018 she graduated from the Bath Spa Creative Writing MA, with distinction. *How to Be Somebody Else* is her debut novel. It was pre-empted on a partial by Jonathan Cape.

## ***Clinical Intimacy***

Ewan Gass



**The story of a mysterious man, told by a dozen distinct voices, each differently mesmerized by him; in turns uncanny and alluring, the novel asks fundamental, provocative questions about sex, power, privacy, care and who has the right to those things.**

A researcher lays out her investigative parameters. Her subject? A mysterious man known only as X. Her interviewees? A dozen distinct people - his mother, his childhood best friend, his wife - each differently mesmerized by him. As we read and we wonder what makes X so magnetic, so charismatic, we also watch X unravel.

This is a novel about hyper-subjectivity: are we the story we tell about ourselves, or the stories others tell about us? Approached obliquely only via others, X is a cipher assembled bit by bit. It is also a novel that delights in juxtaposition; a novel about fatherhood and sex work, a novel about how we narrativize our lives without ever giving voice to the subject at its centre. It's a literary experiment in collectivity, a detective story, and a psychogeography of crisis.

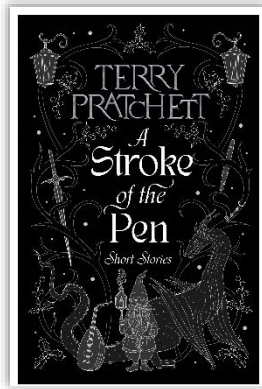
**Ewan Gass** is a writer, critic, and teacher based in Cambridge. He was shortlisted for the 2020 White Review Short Story Prize for his lover's discourse style story *Questionnaire*. *Clinical Intimacy* is his first novel.

# CLASSIC FICTION

## **A Stroke of the Pen**

*His Collected Early Fiction*

Terry Pratchett



**A beautifully packaged, exclusive collection of twenty previously unpublished short stories by award-winning and bestselling author, Sir Terry Pratchett.**

A truly unmissable set of unearthed stories from the pen of Sir Terry Pratchett: award-winning and bestselling author, and creator of the phenomenally successful Discworld series. These are rediscovered tales that Pratchett wrote under a pseudonym for newspapers during the 1970s and 1980s.

Whilst none of the stories are set in the Discworld, they hint towards the world he would go on to create in his award-winning and globally bestselling series, containing all of his trademark wit, satirical wisdom and fantastic imagination. These are tales which entertain, enlighten and, most importantly, make you laugh.

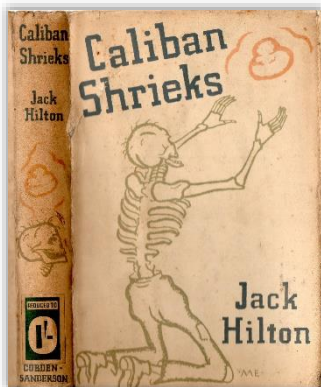
Meet Og the inventor, the first caveman to cultivate fire, as he discovers the highs and lows of progress; haunt the Council with the defiant evicted ghosts of Pilgarlic Towers; visit Blackbury, a small market town with weird weather and an otherworldly visitor; and travel millions of years back in time to The Old Red Sandstone Lion pub.

**Terry Pratchett** was the acclaimed creator of the global bestselling Discworld series, the first of which, *The Colour of Magic*, was published in 1983. In all, he was the author of over fifty bestselling books which have sold over one hundred million copies worldwide. His novels have been widely adapted for stage and screen, and he was the winner of multiple prizes, including the Carnegie Medal. He was awarded a knighthood for services to literature in 2009, although he always wryly maintained that his greatest service to literature was to avoid writing any.

5 October 2023 | Charlotte Trumble for Doubleday | 272 pp  
Rights sold: Bulgarian (Ciela Norma) and Polish (Proszynski)

## ***Caliban Shrieks***

Jack Hilton



**A lyrical tour of life as a young working-class man born into the first days of the 20th century, *Caliban Shrieks* is a lost masterpiece of 1930s British literature.**

From a childhood of poverty but deep joy and high-flying freedom, to the hard-knock reality of physical labour, and then the ideological idiocies of life of a soldier, *Caliban Shrieks* takes its readers on a lyrical tour of life as a young man born into the first days of the 20th century.

This is the story of a young man, seeing England from city to city, county to county, before returning to an uncertain cycle of working-class life in the post-war years. An autobiographical novel, it is both a brash, impassioned indictment of the conditions of the working-class, and a modernist retelling of the myth of wild men: disfigured, disenfranchised, and sold into slavery.

Lost to time, only to be rediscovered again in the Salford's Working Class Movement Library in 2022, *Caliban Shrieks* is a masterpiece of both modernist and working class literature, and continues to speak as angrily and impassioned today, as it did on its first rave publication in 1935.

**Jack Hilton** was born at the very turn of the 20th century. Growing up poor he entered work as a child, before fighting in the First World War. On his return he became a vagrant, which took him from city to city, and county to county. An active member of the National Unemployed Worker's Movement, Hilton was forced to retire from public speaking for three years after being arrested at a demonstration. He used this period of his life to pen his first novel, the autobiographical *Caliban Shrieks*. During his fifteen-year career as a writer he published a further four books and enjoyed the support of writers such as George Orwell. However, plastering was his trade, and after failing to publish beyond 1950 he continued to skim houses throughout the Lancashire area until his retirement, and death in the 1980s. His works have long-remained out of print, and despite several efforts, the rights to Hilton's book were thought lost until their discovery in 2022.

# HISTORY



## ***Murder in Florence***

Thomas Harding



**A gripping true crime investigation about the murder of the wife and two daughters of Robert Einstein, cousin of Albert Einstein, in Nazi occupied Florence.**

During a writing retreat to Florence in 2022, Thomas Harding finds himself and his wife, Debora, living only 10km away from the villa Il Focardo where the wife and children of Robert Einstein, Albert Einstein's cousin, were murdered by Nazi soldiers.

The author was inspired not only by the unsolved triple-murder and its backdrop against WWII Fascist Italy, but the proximity of the Einstein family's story to his own German-Jewish heritage. As such, Harding embarks on an investigation that he insists is as paramount today with the revival of the far-right across international politics as it was in 1944.

**Thomas Harding** is a bestselling author whose books have been translated into more than sixteen languages. He has written for the *Sunday Times*, the *Washington Post* and the *Guardian*, among other publications. He is the author of *Hanns And Rudolf*, which won the JQ-Wingate Prize for Non-Fiction; *The House By The Lake*, which was shortlisted for the Costa Biography Award; *Blood On The Page*, which won the Crime Writers' Association "Golden Dagger Award for Non-Fiction"; *Future History*, which was nominated for the German Youth Literature Award 'Best Youth Book' in 2021; *The House By The Lake* (picture book edition) which was nominated for the Kate Greenaway Medal 2022; and *White Debt* which was longlisted for the Moore Prize for Human Rights Writing.

## Homer's Women

*The Untold Story of the Real Women Behind Greece's Greatest Epics and Why They Matter*

Emily Hauser



**An eminent classicist and historian delves into Homer's *Iliad* and *Odyssey* revealing the untold stories of the real women to be found in these two great, epic poems, exposing what life was like for women of the Bronze Age Mediterranean over three thousand years ago.**

There has never been a better time to be a woman in Homer... From Madeline Miller's *Circe* and Pat Barker's *The Silence of the Girls* to Natalie Haynes' *A Thousand Ships* and Costanza Casati's *Clytemnestra* (as well as Emily Hauser's own debut novel *For the Most Beautiful*) fictional retellings and reimaginings of the 'stories' of the women whose names can be found in Homer's *Iliad* and *Odyssey* have proved to be one of the publishing phenomena of recent years.

And at the same time, modern research has been proceeding apace and historians like Emily Hauser have been making discoveries about the real world in which these women lived. Filling in the gaps in our knowledge of the pre-Classical world, not only with the world of imagination, but with the real, lived experience of these incredible Bronze Age women.

Emily Hauser's new book writes Homer's women back into the history books, examining the non-fiction reality (as far as we are able to know it) of the Homeric women that have caught the interest of so many readers in recent years. It follows in the footsteps of each of Homer's women in turn, from Helen of Troy, Briseis, Chryseis and Cassandra to Circe, Clytemnestra, Calypso and Penelope, re-reading and re-interpreting the ancient history and the original texts, drawing on recent scientific discoveries and unravelling extraordinary new archaeological evidence in search of the real women in Homer.

**Emily Hauser** studied Classics at Cambridge, where she was taught by Mary Beard. She completed a PhD at Yale University, was a Junior Fellow at Harvard University and is now Lecturer in Classics and Ancient History at Exeter University. She has previously written novels set in ancient Greece and bringing some of its forgotten stories to life: *For the Most Beautiful*, *For the Winner*, and *For the Immortal*.

## **Precious**

*The History and Mystery of Gems Across Time*

Helen Molesworth



**World-renowned gemmologist, Helen Molesworth traces the journey of gems, showing how their remarkable stories are a sparkling new way of exploring the history of humanity.**

Drawing on twenty years' unparalleled experience handling precious stones and following their journey from mine to workshop, trader to jeweller, auction room to owner, Helen Molesworth reveals the remarkable lives of the world's most legendary jewels.

From the Emerald Cheapside Hoard watch, fashioned from an exceptional stone mined in Columbia, brought to Europe by 17th century Spanish traders, and then lost for centuries until a London workman uncovered a buried treasure trove, to the Wittlesbach diamond, famously auctioned for a record-breaking \$23.4 million, she tells stories of survival that have seen some treasures preserved for centuries. And she shows how beliefs around their meaning and magic have persisted for millennia - retaining the same power today.

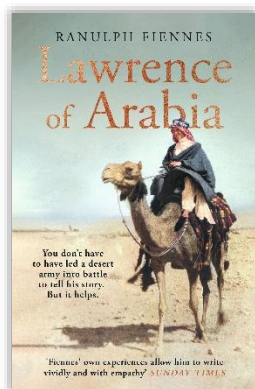
Gemstones are stitched into the fabric of human history, their own stories revealing much about commerce, nation-building, conflict and culture through time. A sweeping exploration of nature's most dazzling jewels, from their first recorded history in ancient Egypt through to the auction houses of the modern day, *Precious* illuminates their enduring value, hidden meaning and timeless attraction.

**Helen Molesworth's** career has spanned the global gem and jewellery industry, from roles with leading auction and jewellery houses to academic posts. For ten years she was a jewellery specialist for Sotheby's and Christie's in London and Geneva, where she handled sales of global importance including the private jewellery collection of HRH The Princess Margaret in 2006. She has since held roles as Professor of Jewellery at the Geneva University of Art and Design, Managing Director of the House of Gübelin, Head of Business Development at Gembridge, and most recently as the Senior Jewellery Curator at the Victoria and Albert Museum. *Precious* will be her first book for the trade.

5 October 2023 | Susanna Wadeson for Doubleday | 352 pp  
Rights sold: US (Random House, Ballantine)

## Lawrence of Arabia Biography

Ranulph Fiennes

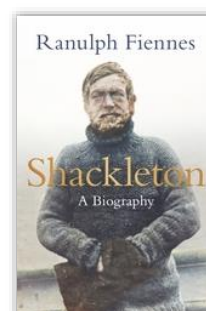


**An enthralling and illuminating biography of T. E. Lawrence - the inspiration for the iconic film *Lawrence of Arabia* - from "The World's Greatest Living Explorer" Ranulph Fiennes.**

Co-opted by the British military, archaeologist and adventurer Thomas Edward Lawrence became involved in the 1916 Arab Revolt, fighting alongside guerilla forces, and made a legendary 300-mile journey through blistering heat. He wore Arab dress, and strongly identified with the people in his adopted lands. By 1918, he had a £20,000 price on his head.

Despite people's fascination, Lawrence has long remained unknowable, one of history's most enigmatic explorers. But with in-depth knowledge of what it takes to venture into the unknown, this authoritative biography from explorer Ranulph Fiennes at last brings enthralling insight and clarity to this remarkable life.

**Ranulph Fiennes** is the only man alive ever to have travelled around the Earth's circumpolar surface (more people have been on the Moon!). His record-breaking expeditions include travel by riverboat, hovercraft, man-haul sledge, skidoo, Land Rover and skis. He is also the author of *Shackleton: A Biography*, which was sold in five territories.



26 October 2023 | Rowland White for Michael Joseph | 400 pp  
Rights sold: US (Pegasus)

# SCIENCE

## Self Defence

*The Vital New Science of Good Immune Health*

Daniel M. Davis



**The first truly authoritative and accessible scientific guide to good immune health from one of the world's leading immunologists.**

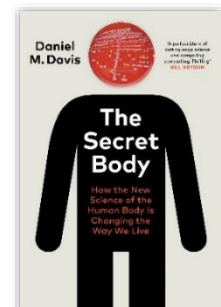
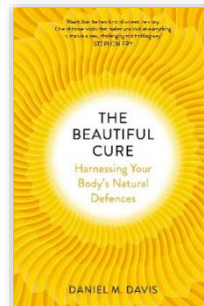
The immune system is the master key to human health, not just protecting us from disease but connecting every aspect of our body in a vast and intricate web.

Each person's immune system is both unfathomably complex and unique, making this one of the most challenging areas of science. So how do different lifestyles affect our immune system and what can we actually do to benefit our immune health?

Drawing on breakthrough research, leading immunologist Daniel M. Davis presents the first truly authoritative and accessible scientific guide to the effects of stress, age, exercise, weight, nutrition, sleep and mental health on our immune health. His book equips the reader to weigh the bold claims made for various diets and supplements and to make informed choices about everything from nutrition and exercise regimes to cancer therapies and the vaccines of the future.

Davis urges us to be wary of one-size-fits-all 'cures' and punctures some key myths and misunderstandings. We learn how exercise, for example, has all sorts of different, even opposing, short- and long-term effects on our immune health. And while our gut microbes are vitally important, it's unlikely that yoghurt drinks are the answer. Nor will orange juice prevent that cold. But much is now known and genuine opportunities do now exist to enhance our immune health. *Self Defence* is the indispensable guide to navigating these opportunities as well as some astonishing possibilities for the future.

**Daniel M. Davis** is Head of Life Sciences and Professor of Immunology at Imperial College. His previous book *The Beautiful Cure*, was shortlisted for the Royal Society Science Book Prize 2018, and *The Secret Body* was described as 'an inspiration' by Tim Spector. His work has been sold in 19 territories. His research has been listed in *Discover* magazine as one of the Top 100 breakthroughs of the year. He has published over 150 academic research papers, including articles in *Nature*, *Science* and the *New Scientist*.



1 May 2025 | Will Hammond for Bodley Head | 300 pp

Rights sold: Chinese Simplified (CITIC), Japanese (NHK) and Korean (SangSang Square)

# ENVIRONMENT

## ***The First Generation***

*The Past, Present and Future of Humanity's Relationship with the Environment*

Hannah Ritchie



**The first book from an outstandingly talented science communicator and the shot of hope we all need right now.**

It has become normal to tell kids that they're going to die from climate change. If a heatwave doesn't get them, then drought will. Or sea-level rise; famine; or a supercharged hurricane. It's not surprising that most young people today feel like their future is in grave peril.

A recent global survey asked 100,000 16- to 25-year-olds about their attitudes to climate change. More than half said 'humanity was doomed'; while three-quarters said the future was frightening. The influential founder of Extinction Rebellion has declared that humanity's annihilation is now inevitable. A group of desperate young Germans calling themselves 'the last generation' recently went on a month-long hunger strike to protest climate change, resulting in a number of hospitalisations. The result is that the majority of young people feel like they're hanging on for dear life.

Hannah Ritchie takes this pain and anxiety seriously. Still only 28, she felt this same fear for many years. But as her brilliant, urgent first book shows, this fatalism is completely wrong. Far from being humanity's last generation, today's young people are on course to become the first generation in human history to actually achieve sustainability and leave the world in a better state than they found it.

*The First Generation* draws on the latest research to present a startling new account of human development -- and delineate clearly what we should be focusing on in the future. Her empirical, empowering, deeply humane book shows that while there are big political struggles ahead, an environmentally sustainable tomorrow for humanity is clearly visible, waiting to be seized.

**Dr Hannah Ritchie** is a Senior Researcher in the Programme for Global Development at the Oxford Martin School at the University of Oxford, and is Head of Research at Our World in Data, which brings together the latest data and research on the world's largest problems and makes it accessible to a general audience. Her work appears regularly in global media including the BBC, WIRED, the *New York Times*, *New Scientist*, the *Economist*, *Financial Times*, and *Vox* and has featured in many bestselling books including Steven Pinker's *Enlightenment Now* and Bill Gates' *How to Prevent a Climate Disaster*.

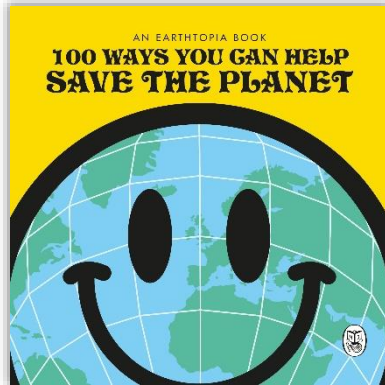
11 January 2024 | Becky Hardie for Chatto & Windus | 352 pp

Rights sold: Dutch (Uitgeverij Balans), French (Les Arenes), German (Piper Verlag), Italian (Aboca), Portuguese (Presenca), Spanish (Anagrama) and US (Little, Brown)



## ***Earthtopia***

### *100 Ways You Can Save the Planet*



**Popular climate change TikTok platform, Earthtopia, brings a book packed to the brim with tips on saving the planet in easy and accessible ways.**

Want to save the planet? Start here.

From the TikTok sensation, *Earthtopia* is here to teach you the little things you can do that make a huge difference to our planet.

Such as: Ditching fast fashion, making your school plastic-free, learning to fix your belongings, using reef safe sunscreen, getting involved in political change and... bamboo-ing your poo?!

With these and 100 other tips that make a massive impact, *Earthtopia* is here to help you live your best life - without costing the earth.

**Earthtopia** is the largest eco-community on TikTok. The group behind the account have partnered with the UN, The Earthshot prize, Youth COP and have been interviewed by NBC in the US and Fuji TV in Japan. They also won Best Use of TikTok at the Global Social Media Awards last year. They have worked on a commercial basis with many brands this year including Nike, Netflix, NatWest, YouTube, Nandos, and Ebay.

# **CULTURE & SOCIETY**

## ***Decolonising My Body***

*A Radical Exploration of Rituals and Beauty*

Afua Hirsch



**The *Sunday Times* bestselling broadcaster takes us on a global exploration of ancestral beauty practices. Discover how modern mainstream Eurocentric beauty standards have evolved and how minoritized groups can transcend them by reclaiming their cultural roots.**

How do we determine what is beautiful?

Whose standards are we trying to meet when we spend our hard-earned money on our haircare, skincare and makeup; where do they come from, and how can we learn to undo them?

Upon getting her first tattoo at forty-years old, award-winning journalist Afua Hirsch embarked on a journey to reclaim her body from the colonial ideas of purity, adornment and ageing she - and many of us - absorbed while growing up. Informed by research from around the world, Afua will look at how individual and collective notions of what is beautiful are constructed or stripped away from us.

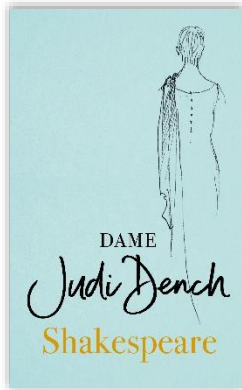
Through personal anecdotes, interviews from beauty experts, practitioners and service users, she explores the global history of skin, hair and body modification rituals. These insights and discoveries will empower readers to reconnect with their cultures of origin, better understand the link between beauty and politics, and liberate themselves from mainstream beauty standards that aren't serving them.

**Afua Hirsch** is a writer, journalist and broadcaster. She is a columnist for the *Guardian*, and appears regularly on the BBC, Sky News and CNN. *Brit(ish)* is her first book and was awarded a Royal Society of Literature Jerwood Prize for Non-Fiction.

## Shakespeare

*The Man Who Pays the Rent*

Dame Judi Dench



**Britain's greatest Shakespearean actor reveals her secrets in a series of intimate conversations.**

Taking a curtain call with a live snake in her wig; cavorting naked through the countryside painted green; acting opposite a child with a pumpkin on his head... these are just a few things Dame Judi Dench has done in the name of Shakespeare.

In *Shakespeare: The Man Who Pays the Rent*, Judi opens up about every Shakespearean role she has played throughout her 65-year career. Through a series of conversations with actor/director Brendan O'Hea, she guides us through Shakespeare's plays with incisive clarity, revealing the secrets behind her rehearsal process and vignettes of her creative partnerships, all told with her mischievous sense of humour and a peppering of hilarious anecdotes.

**Dame Judi Dench** is one of the world's most celebrated actresses. She has won numerous major awards for work on both stage and screen - including an Academy Award, ten BAFTAs and a record eight Laurence Olivier Awards. In recognition of her many achievements she received an OBE in 1970, became a DBE in 1988, and in 2005 was awarded a Companion of Honour.

26 October 2023 | Daniel Bunyard for Michael Joseph | 320 pp  
Rights sold: US & Canada (St Martin's Press)

## ***Cloistered***

A Memoir

Catherine Coldstream



**A former nun tells her story: a passionate memoir of how religion can heal and harm us.**

An astonishing memoir of twelve years as a contemplative nun in a silent monastery.

*Cloistered* takes the reader deep into the hidden world of a traditional Carmelite monastery as it approaches the third Millennium and tells the story of an intense personal journey into and out of an enclosed life of poverty, chastity and obedience.

Finding an apparently perfect world at Akenside Priory, and a haven after the loss of her father, Catherine Coldstream trusts herself to a group of twenty silent women, believing she is trusting herself to God. As the beauty and mystery of an ancient way of life enfolds her, she surrenders herself wholly to its power, only to find that all is not as it seems behind the Order's closed doors.

Cut off from the wider world for decades, the community has managed to evade accountability to any authority beyond itself. When Sister Catherine realises that a toxic cult of the personality has replaced the ancient ideal of religious obedience, she is faced with a dilemma. Will she submit even to this, or will she be forced to speak out?

An exploration of the limits of trust, *Cloistered* shows us how far grief can take us along the road of self-surrender, and of how much harm is done when institutional flaws go unacknowledged. Catherine's honest account of her time in the monastery - and her dramatic flight from it - is both a beautiful love song to a lost community and a sharp critique of the abuse of power in an ancient institution.

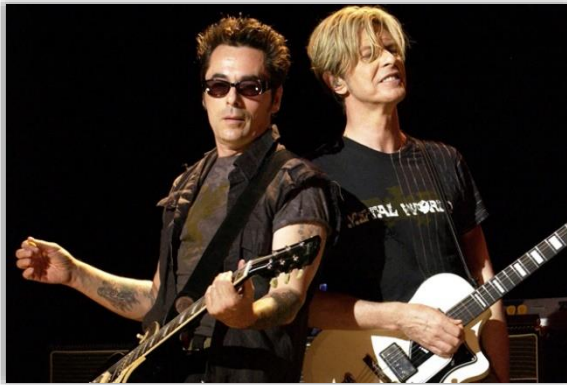
**Catherine Coldstream** converted to Catholicism after her father's death and was a Carmelite nun for twelve years (eleven at Akenside, and then a further year-and-a-half at another monastery when she felt the strong need to return). Aged 39, she left for good, and took an undergraduate degree in theology at the University of Oxford, and taught theology, philosophy and ethics for ten years. She never stopped thinking about her life as a nun and wrote about it as a way of understanding the experiences that shaped her. She holds an MA in Creative Nonfiction from UEA, Norwich. She is a viola player and choral singer and lives in Oxford.

7 March 2024 | Clara Farmer for Chatto & Windus | 320 pp  
Rights sold: US (St Martin's Press)

# MEMOIR

## ***Earl Slick Memoir***

Earl Slick



**A rock 'n' roll tell all from David Bowie's sideman Earl Slick. You might not have heard of Earl Slick, but you've heard him play guitar.**

*In 1974 I got a call from a British guy called David Bowie. I wasn't really that familiar with his work, but I thought, what the hell?*

*I'm sitting like a jerk for a couple minutes and then in walks this spooky-ass looking guy with bright red hair and no eyebrows. He was dressed the way an English rock star might think a Harlem pimp would dress. Whoa. David was definitely the strangest cat I'd ever seen, and I'd been around some off-the-wall characters. He had his guitar with him and I had a jacket with a bottle of brandy inside one pocket and my vial in the other. We drank, played for a while...and that's where it all started.*

That fateful day launched Earl Slick's career as rock and roll's gun for hire. Most famous for being Bowie's sideman, Slick has played with everyone from John Lennon to Eric Clapton, and with bands from The Cure to the New York Dolls.

A fly on the wall for the last 50 years of rock and roll history, Earl Slick is the most famous guitarist you've never heard of. And he's got the stories to prove it.

'Mean ass blues for a skinny ass white guy' - Buddy Guy

**Earl Slick** (born Frank Madeloni in Brooklyn, New York, October 1, 1952) is a guitarist best known for his collaborations with David Bowie, John Lennon, Yoko Ono and Robert Smith. He has also worked with other artists including John Waite, Tim Curry and David Coverdale, in addition to releasing several solo recordings, and two records with Phantom, Rocker & Slick, the band he formed with Slim Jim Phantom & Lee Rocker (both from Stray Cats).

## ***One Way Ticket***

*The Autobiography*

Justin Hawkins



**The highly entertaining and gloriously indiscreet memoir from glam rock royalty Justin Hawkins, the much-loved flamboyant frontman of The Darkness.**

When Justin Hawkins and his thunderbolt catsuit burst on to the music scene, The Darkness unleashed their brand of glam rock on an unsuspecting public. The band's now-legendary early shows earned them legions of fans, instantly enthralled by the flamboyance, the noise, the sheer spectacle.

Whilst their debut album, *Permission to Land*, catapulted them to global fame, The Darkness lived as extravagantly as their music. They reignited the fading hedonism of the rock'n'roll era, celebrated the pure joy of performing, and broke all the rules.

Twenty years on, with the band still selling out arenas around the world, Justin Hawkins finally tells his story. From his Lowestoft childhood, where he taught himself to play the guitar in his bedroom and began gigging with local bands from the age of twelve, to the formation of The Darkness and the cultivation of their distinct sound, to the fast living that nearly killed him.

Told with the same irreverence as his music, *One Way Ticket* is packed with brilliantly funny stories, outrageous encounters and wild tales from a lovable music icon.

**Justin Hawkins** is an English musician and singer/songwriter best known for being the founder, lead singer and lead guitarist of The Darkness.

In December 2020, he started a Youtube channel @JustinHawkinsRidesAgain which currently has 390,000 followers and nearly 50 million combined views across his videos, where he talks about "new music, very old music, the music industry and what's going in the world of rock and roll in general".

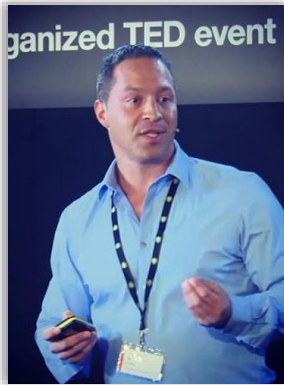


# POPULAR PSYCHOLOGY

## ***Red Flags, Green Flags***

*Modern Psychology for Everyday Drama*

Dr Ali Fenwick



**This book will give you the tools you need to identify the signs of healthy and unhealthy behaviours in all areas of your life.**

In a world which has become increasingly fast-paced, digital, diverse, and complex, making fast decisions is seen as a strength. With the multitude of options we have available today, making a quick and dirty decision doesn't seem like a bad thing. Especially when we see things we don't like in friends, family, work, or relationships, we are quick to judge and label these as red flags.

This mindset is causing us to lose our ability to deal with difficult situations and blocking us from understanding ourselves in the heat of the moment.

*Red Flags, Green Flags* will help you break the cycle of unhealthy behaviour and allow you to identify the good and the bad signs in your life. Being able to differentiate red flags from green flags requires effort and key insights about human relationships, self-reflection, and the functioning of the brain. This book will enable you to distinguish true red flags from green flags and show you what these signals say about people and, more importantly, what they say about you.

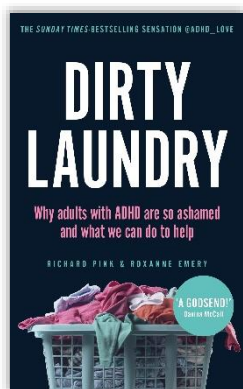
Covering 48 critical life situations, *Red Flags, Green Flags* provides you with the insights and tools to make better decisions about dating, relationships, friends, family, work, health, and success.

**Dr Ali Fenwick** is an expert in Human Behaviour and a Professor of Organisational Behaviour and Innovation at the HULT International Business School. Dr Fenwick is also the CEO of Lead TCM&L, a management consulting and training company that specializes in applying behavioural interventions to areas including business, education, government and society.

## Dirty Laundry

*Why Adults with ADHD Are So Ashamed and What We Can Do to Help*

Richard Pink & Roxanne Emery



**From the viral TikTok duo, @ADHD\_Love comes a tried-and-tested, no-guilt and no-shame guide to self-love and navigating relationships with ADHD.**

If you have ADHD – or love somebody who does – *Dirty Laundry* will change your life, and your relationships. Do you feel crippling shame because you struggle with cleaning, personal hygiene, or time-keeping? Do you always feel misunderstood by the people close to you and find that they get frustrated by your behaviour?

*Dirty Laundry* is an unfiltered look into the chaos of real life with ADHD. It will transform your self-hatred into self-acceptance, with simple tips that actually work for your brain. It will also help to educate partners, parents and friends, to help them move from frustration to patience, understanding - and love. Learn how to: stop believing you are fundamentally broken, stop judging yourself by the standards of a neurotypical world, communicate your struggles to those who love you, support someone with ADHD in ways that work for them, be compassionate rather than judgemental, and much more.

From the husband-and-wife team behind social media phenomenon @ADHD\_Love, whose viral videos have been viewed more than 200 million times, comes a fearless, often outrageously funny, account of life, learning, and growing with ADHD. They share the strategies they have used to reduce shame, improve communication, and find happiness in their neurodivergent household. Filled with heartbreak and humour in equal measure, *Dirty Laundry* is an invaluable resource both for neurodivergents and the people who love them.

**Richard Pink** is a content creator behind viral social media phenomenon @ADHD\_Love, where he has over 200 million global views raising awareness about ADHD. He co-authored his first book, *Dirty Laundry*, with his partner. He also raises awareness for victims of childhood sexual abuse via his @I\_in\_six platforms. He has worked for twenty years as a leader in one of the UK's largest banks, with extensive experience in managing a diverse team, and helping colleagues to reach their potential. **Roxanne Emery** is a platinum selling songwriter, having written 3 UK top ten hits in the last three years. She is also an artist, releasing her own music and touring under the name RØRY. Rox was diagnosed with ADHD in 2021, which has been a life changing discovery! Creating content as the neuro-diverse half of ADHD Love, she is passionate about helping others reach the same acceptance she has found.

9 March 2023 | Marianne Tatepo for Square Peg | 160 pp

Rights sold: Arabic (All Prints Distributors & Publishers), Czech (Aurora), Polish (Insignis) and Slovak (Aurora)

# LIFESTYLE

## ***Timeboxing***

*The Power of Doing One Thing at a Time*

Marc Zao-Sanders



**The modern-day time management method that can be used in both personal and professional life to enhance productivity, reduce anxiety and achieve one's goals.**

This book will reveal timeboxing as a fundamental time management practice for anyone feeling spoilt by choice every hour of every day.

Unlike other abstract productivity hacks, *Timeboxing* will confidently dive deep into the method - how to do it consistently, and do it well - and show how it can reap short-term benefits as well as life-changing, life-long change.

The result is guidance on what you can, should and will do, at any given moment of your life, and the promise of living deliberately is made real and accessible. The practice of intentional daily activity is shown to yield what almost every human being wants most: a chosen, cherished life.

**Marc Zao-Sanders** is the co-founder and the CEO of filtered.com, a learning tech company that focuses on developing business skills within the workplace and using data to identify, analyse and deliver the most important skills to organisation members. Marc Zao-Sanders began his career in strategy and now regularly writes about topics including algorithms, learning and productivity in *Harvard Business Review*, *Scientific American* and *MIT Sloan Management Review*.

11 January 2024 | Karolina Kaim for Michael Joseph | 288 pp

Rights sold: Brazilian Portuguese (Rocco), Chinese Complex (Sun Color), Chinese Simplified (Cheers), Croatian (VBZ), Dutch (Volt), German (Goldmann), French (Editions First), Hebrew (Tchelet), Japanese (Asahi Shimbun), Lithuanian (Baltos Lankos), Polish (Insignis), Portuguese (Porto Editora), Romanian (Trei) and Spanish (Urano)

## ***The Visual Detox***

*How to Consume Media Without Letting it Consume You*

Marine Tanguy



**You are what you see: learn how to curate your visual landscape to improve your focus and mental wellbeing.**

We start seeing the world from the second we open our eyes as a newborn child and - apart from when we're sleeping - we continue that process until the moment we take our last breath, but how often do we stop to think about how what we see shapes how we think?

Constantly immersed in a visual world shaped by design decisions, most of us are unaware of the impact that our visual diet has on our wellbeing. We rarely stop to consider how the messages we take in from the world around us impact our thoughts and feelings, both consciously and unconsciously. The things we see can affect our mood, shift our focus and even change our minds.

*The Visual Detox* will help you take back control of how what you see affects your mind by giving you the tools to conduct your own visual audit, helping you take stock of what messages you are internalising from your environment, break down those messages through case studies and psychological evidence for how images affect us, and perform your very own visual detox to disengage from visuals that aren't serving you with practical advice for interacting critically with your visual landscape.

**Marine Tanguy** is the CEO and Founder of MTArt Agency. An advocate for artists since a young age, Marine Tanguy managed her first gallery at 21 under Steve Lazarides, who discovered Banksy and JR. She opened her first art gallery in Los Angeles at 23, where she was mentored by Michael Ovitz. After seeing the restrictiveness of the traditional gallery model, Marine launched MTArt Agency in 2015 to build the reputations of the incredible artists and to inspire everyone with their work. Marine was awarded *Forbes* 2018 30 under 30 Europe: Art & Culture, UK entrepreneur of the year for the 2019 NatWest Awards and Woman of the Year 2021 by *WOTC* magazine. She is a writer and keynote speaker on contemporary art, art investment, and how art can be used to shape our lives. Her talks include two TEDx Talks on how to transform cities with art and how social media visuals affect our minds.

## ***Every Body Should Know This***

*Digestible Nutrition Advice for a Healthy Life*

Dr Federica Amati



**A bite-sized guide demystifying the nutritional science behind leading a healthy and happy life.**

Are you tired of conflicting advice on nutrition? Do you struggle with making healthier food choices? Then look no further.

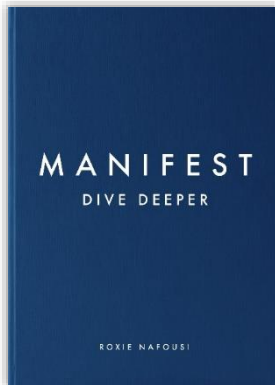
*Every Body Should Know This* combines medical science, nutrition and epidemiology in a clear format that will help you to make the best and most nourishing decisions for maintaining good health.

Broken down into the transitional stages of metabolic health, Dr Federica reminds us that food and diet are investments in ourselves. To invest in our future health, we must re-connect with food in a way that responds to our biology at different life stages. Whether you're a parent, young adult or senior, this practical guide uses the latest scientific evidence to reveal the power behind personalised and simple nutrition.

**Dr Federica Amati** is postdoctoral medical scientist and AfN accredited nutritionist with over ten years experience in scientific research and communications. Dr Federica is committed to carrying out ongoing nutrition, public health and mental health research at Imperial College London alongside the NIHR and the WHO Collaborating Centre. Dr Federica also leads scientific communications for personalised nutrition company ZOE where she works alongside Dr Tim Spector.

## ***Manifest: Dive Deeper***

Roxie Nafousi



**Enhance your manifesting process with practical guidance and exercises on the seven unique steps of manifestation.**

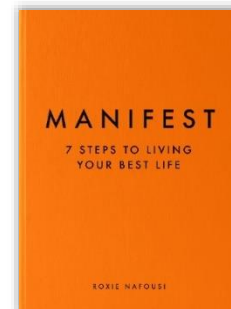
Unlock your limitless potential, create lasting, transformative change, and turn your dreams into a reality.

This book takes you deeper into your inner healing journey and expands your understanding of each of the unique seven steps to manifestation. Roxie Nafousi provides practical techniques to teach you how to harness your potential and confidently step into your power.

Each chapter is filled with exercises that are designed to cultivate self-awareness, reflection and growth, and therefore empower and enhance your manifesting process.

**Roxie Nafousi** is a Self-Development Coach, Manifesting Expert, Ambassador for the Mental Health Foundation and Instagram Agony Aunt and contributor for Kourtney Kardashian's wellness platform, *POOSH*. Roxie works with one-to-one clients as well as hosting monthly self-development workshops and webinars to over 600 people a month. She is the host of popular podcast series *The Moments That Made Me*. Her commitment to transforming the lives of people who suffer with emotional and mental-health issues and helping them to fulfil their potential has seen her become a well-known and respected figure in the wellness world.

Her first book, *Manifest*, has been sold in 28 territories and was in the *Sunday Times* bestseller chart for over 20 weeks after first publication.



5 January 2023 | Ione Walder for Michael Joseph | 240 pp

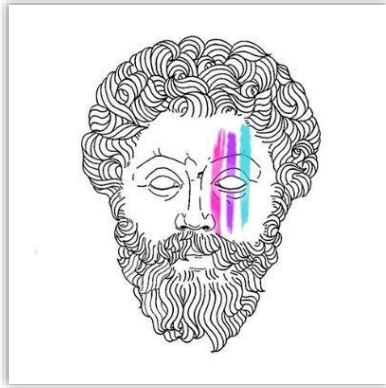
Rights sold: Arabic (Dar Altanweer), Chinese Complex (ACME), Estonian (Pegasus), French (Le Lotus et l'Elephant), Hungarian (Édesvíz), Romanian (Bookzone) and Spanish (Urano)



## ***The Everyday Stoic***

*Simple Rules for a Good Life*

William Mulligan

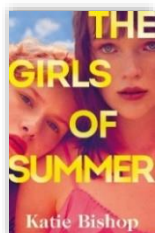


**A contemporary guide to the ancient art of Stoic philosophy, helping you to overcome adversity, cultivate resilience and find inner peace.**

*The Everyday Stoic* is a contemporary guide to Stoic philosophy showcasing simple lessons finding meaning and happiness despite the odds. Drawing on the wisdom of classical thinkers, this book explores the ancient art of living a good life, providing readers with actionable advice on how to build resilience, overcome modern challenges and cultivate a sense of inner calm.

**William Mulligan** is the founder of The Everyday Stoic, a YouTube channel dedicated to teaching Stoicism and to guiding his 400,000 followers through modern life using the ancient rules and wisdom. It is his strong belief that stoicism is for everyone, not just selected few. So far William has gained an amassed following of over 840,000 followers across his YouTube and Instagram channels, where he shares stoic teachings and principles. *The Everyday Stoic* is his first book.

**PUBLISHING  
SOON**



## ***The Girls of Summer***

Katie Bishop

Rachel has been in love with Alistair since she was 17. Even though she hasn't seen him for 16 years and she's now married to someone else. Even though he is twenty years older than her. She's found it impossible to forget their summer together on a remote, sun-trapped Greek island. Until now. When Rachel unexpectedly reconnects with a girl that she knew back then, she must re-examine her memories of that golden summer and the truth about her relationship with Alistair.

**Katie Bishop** is a writer and journalist. *The Girls of Summer* is inspired by her own experiences of backpacking, and by her interest in how our personal narratives can be reshaped and understood in light of and social changes.

25 May 2023 | Frankie Gray for Bantam | 352 pp

Rights sold: Estonian (Rahva Raamat), French (Brageionne), Romanian (Bookzone), Russian (Sindbad) and US (St Martin's Press)



## ***How to Build a Boat***

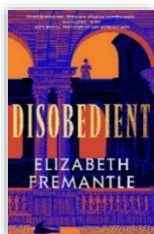
Elaine Feeney

At 13, there are two things Jamie O'Neill especially wants in life: to build a Perpetual Motion Machine, and to connect with his mother, who died when he was born. At his new school, where all else is disorientating and overwhelming, he finds two people who might just be able to help him. *How to Build a Boat* is the story of how one boy brings together a community.

**Elaine Feeney's** debut novel, *As You Were*, was shortlisted for the Rathbones Folio Prize and the Irish Novel of the Year Award, and won the Kate O'Brien Award, the McKitterick Prize, and the Dalkey Festival Emerging Writer Award.

20 April 2023 | Kate Harvey for Harvill Secker | 320 pp

Rights sold: Czech (Nakladatelstvi Paseka), Italian (Einaudi), Polish (Otwarte) and US (Biblioasis)

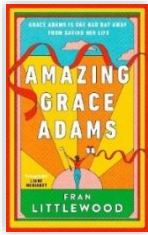


## ***Disobedient***

Elizabeth Fremantle

In Rome in 1611, Artemisia Gentileschi dreams of becoming a great artist. She knows she is more talented than her brothers, but she cannot choose her own future. When a violent act threatens Artemisia's honour, her family assume Artemisia should accept her fate. But Artemisia is a survivor. And this is her story to tell.

**Elizabeth Fremantle** is the critically acclaimed author of: *Queen's Gambit*, *Sisters of Treason*, *Watch the Lady* and *The Girl in the Glass Tower*. *Queen's Gambit* is currently being adapted for film by Killing Eve writers Jessica and Henrietta Ashworth, under the new title *Firebrand*.



## **Amazing Grace Adams**

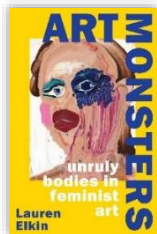
Fran Littlewood

Grace Adams has lost everything, and she's losing it. Estranged from her husband and child, and newly-fired from her job, she sets off on foot across London to her daughter's birthday party at her soon-to-be-ex-husband's house to right the one thing she hopefully hasn't ruined beyond repair. Is her life too broken to fix?

**Fran Littlewood** is a former journalist with an MA in Creative Writing.

19 January 2023 | Jessica Leeke for Michael Joseph | 368 pp

Rights sold: Czech (Host Vydavatelství), Danish (Lindhardt & Ringhof), French (Bragelonne), German (Ullstein), Greek (Psychogios), Hebrew (Tchelet), Lithuanian (Baltos Lankos), Polish (Burda), Romanian (Trei), Russian (Eksmo), Spanish (PRH Spain, Suma de Letras), Ukrainian (Family Leisure Club) and US (Macmillan, Henry Holt)



## **Art Monsters: Unruly Bodies in Feminist Art**

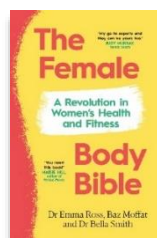
Lauren Elkin

For decades, feminist artists have confronted the problem of how to tell the truth about their experiences as bodies. Exploring the ways in which feminist artists have taken up this challenge, *Art Monsters* is a landmark intervention in how we think about art and the body, calling attention to a radical heritage of feminist work that not only reacts against patriarchy but redefines its own aesthetic aims.

**Lauren Elkin** is the author of *Flâneuse*: which was Radio 4 Book of the Week, a *New York Times* Notable Book of 2017, and a finalist for the PEN/Diamonstein-Spielvogel award for the art of the essay.

20 July 2023 | Kaiya Shang for Chatto & Windus | 336 pp

Rights sold: Chinese Complex (Locus Publishing), Chinese Simplified (Thinkingdom Media), German (Random House), Korean (Science Books Publishing), Slovak (Inaque), US (Macmillan, FSG)



## **The Female Body Bible**

Dr Emma Ross, Baz Moffat & Dr Bella Smith

Merging the expertise of sports research scientist Dr Emma Ross, athletic coach Baz Moffat and NHS doctor Bella Smith, *The Female Body Bible* champions the non-negotiables when it comes to understanding female health and wellbeing, giving women of all ages the knowledge to understand their bodies throughout their lives.

**Dr Emma Ross** is a research scientist and former Head of Physiology at the English Institute of Sport. **Baz Moffat** was previously a Team GB rower, trainer and coach. **Dr Bella Smith** is an NHS GP with over 20 years' experience, a women's health advocate and an ambassador for The Eve Appeal.

11 May 2023 | Stephanie Duncan for Bantam | 384 pp

Rights sold: German (Heyne) and Spanish (Planeta)

# **RECENT HIGHLIGHTS**



## ***Mrs Quinn's Rise to Fame***

Olivia Ford

A secret application has won Jenny a spot as a contestant on TV show Britain Bakes. Aged 77 and whisked into an unfamiliar world of cameras and timed challenges, Jenny reckons with a newfound independence. With the past infiltrating the present, and her star rising, she struggles to keep a lid a long-concealed secret that threatens to shatter the very foundations of her marriage. In defying societal expectations as an older woman, has Jenny created a recipe for disaster?

**Olivia Ford** has spent the last ten years in entertainment and is a graduate of the Faber Academy. *Mrs Quinn's Rise to Fame* was longlisted for the 2021 Women's Prize Trust's Discoveries Prize.

18 January 2024 | Rebecca Hilsdon for Michael Joseph | 400 pp

Rights sold: Croatian (Znanje), Czech (Dobrovsky), German (DTV), Hebrew (Tchelet), Hungarian (Agave Könyvek), Italian (Mauri Spagnol), Spain (PRH Spain, Ediciones B) and US & Canada (Pam Dorman Books)



## ***The Half Burnt House***

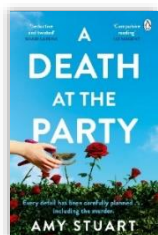
Alex North

Katie always prided herself on being a responsible big sister - until she left her brother Chris alone for one selfish afternoon, and everything fell apart. Now adults, they haven't spoken in years. When a body is found in a sprawling mansion, Chris is the prime suspect. Katie knows this might be her last chance to save her brother. But she doesn't realise that this isn't the first murder...

**Alex North** is the author of the internally bestselling *The Whisper Man* and *The Shadow Friend*. His work has been sold into more than 30 languages.

16 March 2023 | Joel Richardson for Michael Joseph | 384 pp

Rights sold: Bengali (Chirkut Prokashoni), Bulgarian (Ciela Norma), Estonian (Pegasus), Greek (Harlenic Hellas), Hebrew (Yedioth), Lithuanian (Leidykla Sofoklis), Romanian (Lebada Neagra), Serbian (Laguna), US (Macmillan, Celadon)



## ***A Death At The Party***

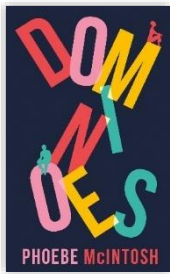
Amy Stuart

Nadine Walsh is determined to make her summer garden party the event of the year. But it's Nadine's own secrets that threaten to destroy her perfect party. By the end of the night, she will be standing over a dead body in the basement. How did it come to this? And how far will she go to keep her secrets buried?

**Amy Stuart** is the bestselling author of *Still Mine*, *Still Water*, and *Still Here*. She won the 2011 Writers' Union of Canada Short Fiction Competition and was shortlisted for the Arthur Ellis Best First Novel Award.

3 August 2023 | Grace Long for Michael Joseph | 400 pp

Rights sold: Polish (Harde)



## **Dominoes**

Phoebe McIntosh

When Layla and Andy meet, they can't believe they share the same surname. It feels like fate, almost too romantic to be true. And then, a few weeks before their wedding, Layla discovers that the reason behind their shared surname might not be so romantic after all. What seemed like a fairy-tale romance is rapidly derailed as Layla begins to uncover parts of her history and identity that she never could have imagined..

**Phoebe McIntosh** is an actress and playwright. Her most recent play, *The Soon Life*, was shortlisted for the Tony Craze Award and longlisted for the Alfred Fagon award. *Dominoes* was longlisted for the Bath Novel Award 2021.

7 March 2024 | Becky Hardie for Chatto & Windus | 288 pp  
Rights sold: US (Random House)



## **Beach Rivals**

Georgie Tilney

When Clare sees a job advert for a three-month bookseller position in Bali, she jumps at the chance to escape to a far-off location. But when she arrives, she discovers she's sharing the bookshop - and a flat - with a handsome but infuriating American man. Jack is Clare's opposite in almost every way, and it's not long before they're driving each other crazy. But fighting with Jack is also the most fun Clare's had in years, and it's only a matter of time before their relationship turns less than professional...

**Georgie Tilney** trained as an actress and also studied English, history and linguistics. She lives in London but grew up in New Zealand, where it's common to live and work on the beach.

20 July 2023 | Alice Rodgers for Bantam | 400 pp  
Rights sold: German (Goldmann), Greek (Metaixmio) Italian (Sperling) and Portuguese (Porto Editura)



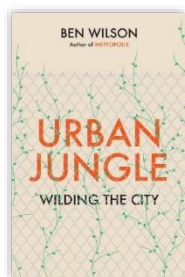
## **The Queen of Dirt Island**

Donal Ryan

The Aylward women are mad about each other, but you wouldn't always think it. You'd have to know them to know - in spite of what the neighbours might say about raised voices and dramatic scenes - that their house is a place filled with love, a refuge from the sadness and cruelty of the world. This is an uplifting celebration of fierce, loyal love and the powerful stories that last generations.

**Donal Ryan** is an award-winning author whose work has been published in over 20 languages. His novel, *From a Low and Quiet Sea*, was longlisted for the Man Booker Prize, shortlisted for the Costa Novel Award 2018, and won the Jean Monnet Prize for European Literature.

18 August 2022 | Kirsty Dunseath for Doubleday | 256 pp  
Rights sold: Bulgarian (Labirynth), Chinese Simplified (Shanghai Literature and Art Publishers), Danish (Jensen & Dalgaard), German (Diogenes), Hebrew (Mirabelle), Spanish (Sajalín) and US (Penguin, Viking)



## **Urban Jungle: Wilding the City**

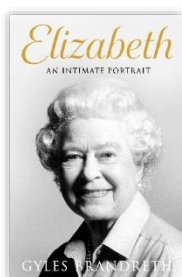
Ben Wilson

An eye-opening and urgent re-examination of nature in our cities. For much of history, wild patches in cities were essential for city-dwellers. Even our post-industrial cities are much wilder than we imagine and on today's urbanised planet, natural forces look set to determine the future. Cities that once built walls and towers to defend against attack now have to become greener to protect themselves from external threats.

**Ben Wilson** is the author of *Metropolis* which has been translated into 32 languages. He has worked in television, broadcast on the radio in several countries, and writes for publications such as *The Times*, *Daily Telegraph* and *Prospect*.

2 March 2023 | Bea Hemming for Jonathan Cape | 304 pp

Rights sold: Brazilian Portuguese (Companhia Das Letras), Chinese Simplified (CITIC), Dutch (Unieboek Het Spectrum), Greek (Dioptra Publishing), Italian (Il Saggiatore), Japanese (Seidosha), Korean (Maekyung Publishing), Slovak (Barecz & Conrad Media) and US (Random House, Doubleday)



## **Elizabeth: An Intimate Portrait**

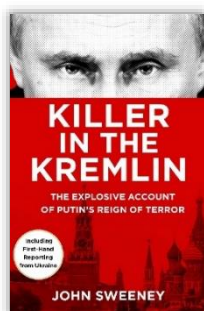
Gyles Brandreth

Told with a refreshing dose of humour and moving honesty from a totally unique viewpoint, *Elizabeth* is a personal account of the life and character of Britain's longest-reigning monarch, from a writer who knew her and her family for over 50 years.

**Gyles Brandreth** is a writer, broadcaster and former MP. His books include the best-selling poetry anthology, *Dancing by the Light of the Moon*, and the international best-seller, *Have You Eaten Grandma?*

8 December 2022 | Daniel Bunyard for Michael Joseph | 576 pp

Rights sold: Estonian (Varrak) and French (Michel Lafon)



## **Killer in the Kremlin**

John Sweeney

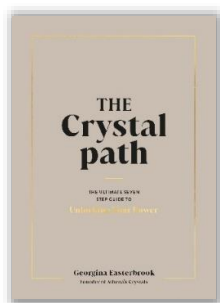
*Killer in the Kremlin*, takes readers from the heart of Putin's Russia to the killing fields of Chechnya, to the embattled cities of an invaded Ukraine. In this disturbing exposé of Putin's ambitions, Sweeney draws on thirty years of his own reporting - from the Moscow apartment bombings to the annexation of Crimea and a confrontation with Putin over the shooting down of flight MH17 - to understand the true extent of Putin's long war.

**John Sweeney** is an award-winning journalist who has covered wars and upheaval in more than 80 countries. *Killer in the Kremlin* is a *Sunday Times* and *Der Spiegel* bestseller.

21 July 2022 | Henry Vines for Bantam | 304 pp

Rights sold: Dutch (Prometheus), Estonian (Tanapaev), German (Heyne), Japanese (Asahi Shimbun),





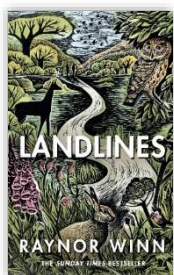
## ***The Crystal Path***

Georgina Easterbrook

Everyone has the power to create the life of their dreams. The 7 key steps in this book will guide you through using crystals to improve all aspects of your life, including love & romance, careers, physical & emotional healing, confidence & self-love. Whether you are dreaming of achieving your career goals or hoping to supercharge your love life, there is a crystal to help you reach all of your goals.

Following struggles with her mental health, **Georgina Easterbrook** dedicated herself to learning about the power of crystals. She's built a TikTok account of over 945k followers, who she inspires to learn about spirituality and self-confidence.

16 March 2023 | Karolina Kaim for Michael Joseph | 288 pp  
Rights sold: Croatian (VBZ)



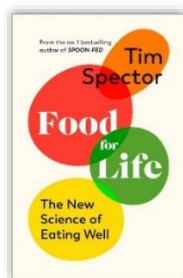
## ***Landlines***

Raynor Winn

Raynor Winn knows her husband's health is getting worse by the day. She knows of only one cure. Being one with nature saved them in their darkest hour before and their hope is that it can work its magic again. With trademark luminous prose, Raynor recalls the strangers, wilderness and wildlife they encounter on the way; it's a journey that begins in fear but can only end in hope.

**Raynor Winn** is the bestselling author of *The Salt Path* and *The Wild Silence*. She is a regular long-distance walker and writes about nature, homelessness and our relationship to the land. Her work has been translated into over 20 languages and has sold more than 1 million copies worldwide.

15 September 2022 | Fenella Bates for Michael Joseph | 320 pp  
Rights sold: Dutch (Balans), German (Dumont), Slovene (Aktivni Mediji) and US (Pegasus)



## ***Food for Life: The New Science of Eating Well***

Tim Spector

Food is our greatest ally for good health, but the question of what to eat has never seemed so complicated. With a science-based approach to nutrition, encouraging us to forget misleading notions of calorie counts, *Food for Life* draws on over a decade of cutting-edge research to deliver a new and comprehensive guide to what we should all know about food.

**Tim Spector** is a professor of genetic epidemiology at King's College. He is a multi-award-winning expert in the gut microbiome and the author of 5 bestselling books including *Spoon-Fed*. He appears regularly on TV and radio and is one of the top 100 most cited scientists in the world.

27 October 2022 | Bea Hemming for Jonathan Cape | 528 pp  
Rights sold: Albanian (Botart), Arabic (Jarir Bookstore), Chinese Simplified (CITIC), German (Dumont), Latvian (Zvaigzne ABC Publishers), Thai (Bookscape) and Turkish (Kitap)

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