
PENGUIN GENERAL



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COMMUNICATIONS ENQUIRIES

Julia Murday, Associate Publisher
JMurday@penguinrandomhouse.co.uk

Anna Ridley, Associate Publisher
ARidley@penguinrandomhouse.co.uk

Poppy North, Associate Communications Director
PNorth@penguinrandomhouse.co.uk

Chloe Davies, Head of Campaigns
CDavies1@penguinrandomhouse.co.uk

Jane Gentle, Head of Campaigns
JGentle@penguinrandomhouse.co.uk

Corinna Bolino, Senior Campaigns Manager
CBolino@penguinrandomhouse.co.uk

Olivia Mead, Senior Campaigns Manager
OMead@penguinrandomhouse.co.uk

Elise Harvey, Campaigns Officer,
EHarvey@penguinrandomhouse.co.uk

Rosie Safaty, Campaigns Officer
RSafaty@penguinrandomhouse.co.uk

FOR INFORMATION ON RIGHTS AND SERIAL

Please contact Catherine Turner, Rights Manager
CTurner1@penguinrandomhouse.co.uk

COMMUNICATIONS ENQUIRIES FOR IRELAND

Please contact Cliona Lewis, Publicity Director
CLewis@penguinrandomhouse.ie

Louise Farrell, Publicity Manager
LFarrell@penguinrandomhouse.ie

Laura Dermody, Campaigns Officer
LDermody@penguinrandomhouse.ie

JULY

2023



The Collected Regrets of Clover

Mikki Brammer

An uplifting story about living a full, beautiful life

July 2023

ISBN: 9780241588420
Demy Octavo
£14.99
Hardback
352 Pages

PENGUIN
VIKING

A big-hearted story about figuring out what we really want from life – and finding the courage to go after it.

Clover Brooks has forgotten how to live.

It might be because she spends her time caring for people in their final days, working as a death doula in New York City.

Or it might be because she has a regret of her own – one she can't bring herself to let go of.

But then she meets Claudia: a feisty old woman who has one last wish . . .

As Clover begins a new adventure, will she remember how to live her own big, beautiful life?

Mikki Brammer is an Australian journalist currently based in New York. She spent her childhood in Tasmania surrounded by a flock of quirky great-aunts and-uncles who instilled her with a passion for adventure, curiosity and storytelling. She has spent the past nine years writing about design, architecture and art for publications including *Architectural Digest*, *Dwell* and *Lonely Planet*. *The Collected Regrets of Clover* is her first novel.

Praise for *The Collected Regrets of Clover*:

'A beautiful, uplifting novel about unexpected friendship, a decades-old love story, and finding the courage to live your best life'

– **Lucy Diamond**, author of *The Beach Cafe*

'I fell in love with Clover and cheered when she finally realised that comfort zones are designed to be stepped out of' – **Jill Mansell**, author of *Should I Tell You*



The Beach Party

Nikki Smith

Escape to Mallorca with the hottest, twistiest thriller of 2023

July 2023

ISBN: 9780241997222
B Format
£8.99
Paperback
416 Pages



Six friends.

The holiday of their dreams.

One night that changed it all . . .

1989: The tunes are loud and the clothes are louder when a group of friends arrives in Mallorca for a post-graduation holiday of decadence and debauchery at a luxury villa.

A beach party marks the pinnacle of their fun, until it isn't fun any longer. Because amidst the wild partying, sand flying from dancing feet and revellers leaping from yachts, an accident happens. Suddenly, the night of a lifetime becomes a living nightmare.

Now: The truth about that summer has been collectively buried. But someone knows what happened that night.

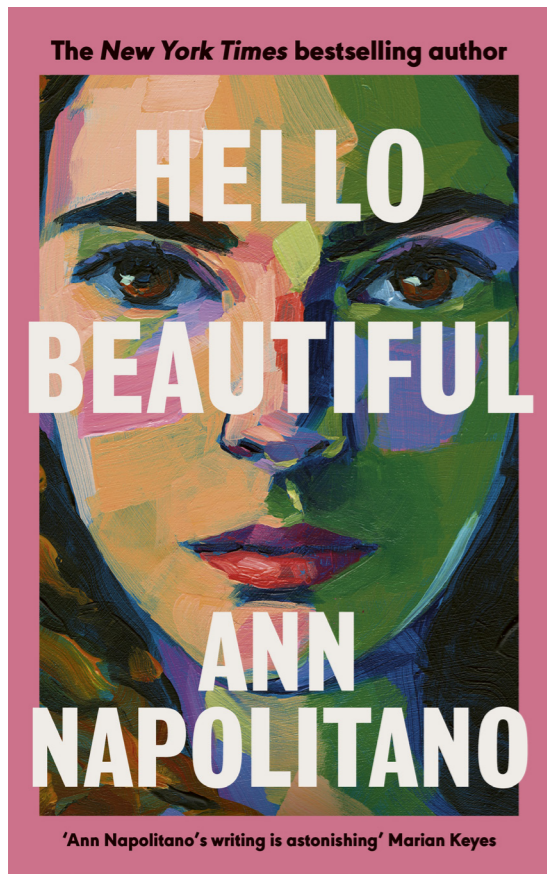
And they want the friends to pay for what they did.

Nikki Smith studied English Literature at Birmingham University before pursuing a career in finance. Following a 'now or never' moment, she applied for a Curtis Brown Creative writing course where she started writing her first novel. She lives near Guildford with her husband, two teenage daughters and a cat who thinks she's a dog. Nikki is the author of *All In Her Head* and *Look What You Made Me Do*, both of which have been optioned for TV. *The Beach Party* is her third novel.

Praise for Nikki Smith:

'Nikki's really good at keeping the reader on the edge of her seat' – **Ellery Lloyd**

'Prepare to be utterly seduced by this gloriously immersive summer read. Secrets, revelations and twists aplenty!' – **Lesley Kara**



From *New York Times* bestselling author Ann Napolitano comes a rich, life-affirming and heartbreaking novel about sisterhood, family, love and growing up.

Best friends and sisters, the four Padavano girls are seen as inseparable by everyone in their close-knit Italian-American neighbourhood. Julia, the eldest, is the 'rocket' of the family – she always has a destination in mind and clear plans for how to get there. Sylvie, the dreamer, is happiest with her nose in a book, dreaming of the kind of love you only read about in literature. Cecelia and Emmeline, the twins, are the artist and the caregiver. From childhood, the four sisters complete each other.

When Julia falls in love with William Waters, a history student and college sports star, she's delighted by the way her plans for adulthood are coming to fruition: a husband, a house, a family of her own. But when darkness from William's past begins to block the light of his future, it is Sylvie, not Julia, who becomes his closest confidante – and the ensuing betrayal tears the sisters apart.

Ann Napolitano is the author of the novels *A Good Hard Look* and *Within Arm's Reach*. She is also the Assistant Editor of *One Story* literary magazine. She received an MFA from New York University; she has taught fiction writing for Brooklyn College's MFA program, New York University's School of Continuing and Professional Studies and for Gotham Writers' Workshop. She lives in Brooklyn with her husband and two children.

Praise for *Hello Beautiful*:

'Radiant and brilliantly crafted' – *New York Times*

'Beautiful, perceptive, wistful. I loved it'

– Miranda Cowley Heller, author of *The Paper Palace*

Hello Beautiful

Ann Napolitano

The Instant *New York Times* Bestseller

July 2023

ISBN: 9780241628263

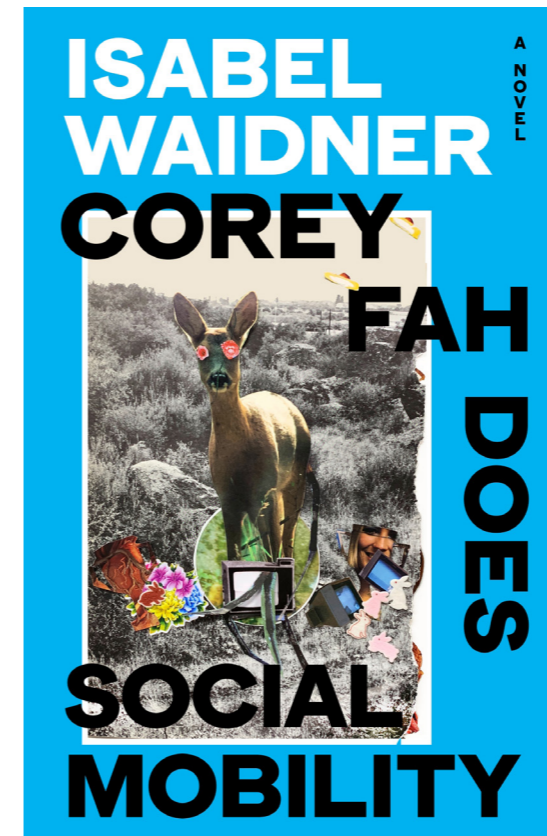
Demy Octavo

£16.99

Hardback

432 Pages

PENGUIN
VIKING



Corey Fah Does Social Mobility

Isabel Waidner

July 2023

ISBN: 9780241632536

B Format

£12.99

Hardback

160 Pages



HAMISH HAMILTON

The radical, joyful follow-up to the Goldsmiths Prize-winning *Sterling Karat Gold*.

This is the story of Corey Fah, a writer on the cusp of a windfall, courtesy of the Social Evils prize committee, for whom the actual gong – and with it the prize money – remains tantalizingly out of reach.

Neon beige, with UFO-like qualities, the elusive trophy leads Corey, with partner Drew and surprise eight-legged companion Bambi Pavok, on a spectacular detour through their childhood in the Forest – via an unlikely stint on reality TV. Navigating those twin horrors, through wormholes and time loops, Corey learns – the hard way – the difference between a prize and a gift.

Both radiant and revolutionary, Isabel Waidner's fiction gleefully takes a hammer to false binaries, boundaries and borders, turning walls into bridges and words into wings. Fierce, fluid and funny, they free us to imagine another way of being.

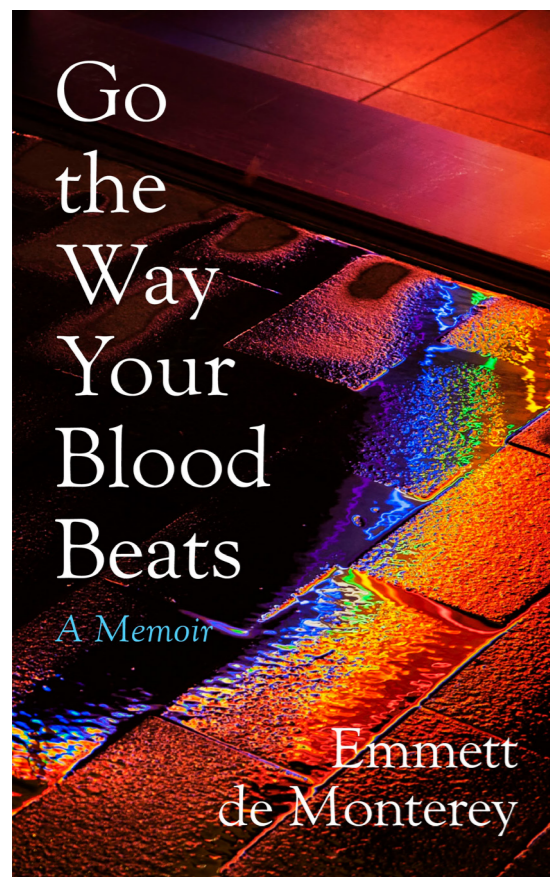
This is a novel about coming into one's own, the labour of love, the tendency of history to repeat itself and the pitfalls of social mobility. It's about watching TV with your lover.

Isabel Waidner is a writer based in London. They are the author of *Sterling Karat Gold*, *We Are Made of Diamond Stuff* and *Gaudy Bauble*. They are the winner of the Goldsmiths Prize 2021 and were shortlisted for the Goldsmiths Prize in 2019, the Orwell Prize for Political Fiction in 2022 and the Republic of Consciousness Prize in 2018, 2020 and 2022. They are a co-founder of the event series *Queers Read This* at the Institute of Contemporary Arts and they are an academic in the School of English and Drama at Queen Mary University of London.

Praise for Isabel Waidner:

'[The] writer everyone is talking about . . . and deservedly so . . . Their explosive sensibility and style are as far removed from mediocre prose and middle-class manners as you can imagine' – Bernardine Evaristo

'Reading Waidner is like plugging into an electric socket of language and ideas' – *Guardian*



A beautiful and powerful memoir about growing up gay and disabled in London in the 1980s.

When Emmett de Monterey is eighteen months old, a doctor diagnoses him with cerebral palsy. Words too heavy for his 25-year-old artist parents and their happy, smiling baby.

Growing up in South East London in the 1980s, Emmett is spat at on the street and prayed over at church. At his mainstream school, teachers refuse to schedule his classes on the ground floor, and he loses a stone from the effort of getting up the stairs. At his Sixth Form College for disabled students, he's told he will be expelled if the rumours are true, if he's gay.

And then Emmett is chosen for a first-of-its-kind surgery in America which he hopes will 'cure' him, enable him to walk unaided. He hopes for a miracle: to walk, to dance, to be able to leave the house when it rains. To have a body that's everyday beautiful, to hold hands in the street. But the 'miracle' doesn't occur, and Emmett must reckon with a world which views disabled people as invisible, unworthy of desire. He must fight to be seen.

Emmett de Monterey is a trained psychotherapist. He lives in London with his husband and their dog. *Go the Way Your Blood Beats* is his first book.

Praise for Emmett de Monterey:

'The magic of Emmett De Monterey's book is its disarming accessibility. Compulsive reading, unique, this beautifully crafted work is suffused with depth, affection, and remarkable observations. De Monterey is a profoundly gifted writer.'

- **Charlotte Fox Weber**, author of *What we Want*

Go the Way Your Blood Beats

Emmett de Monterey

July 2023

ISBN: 9780241570531

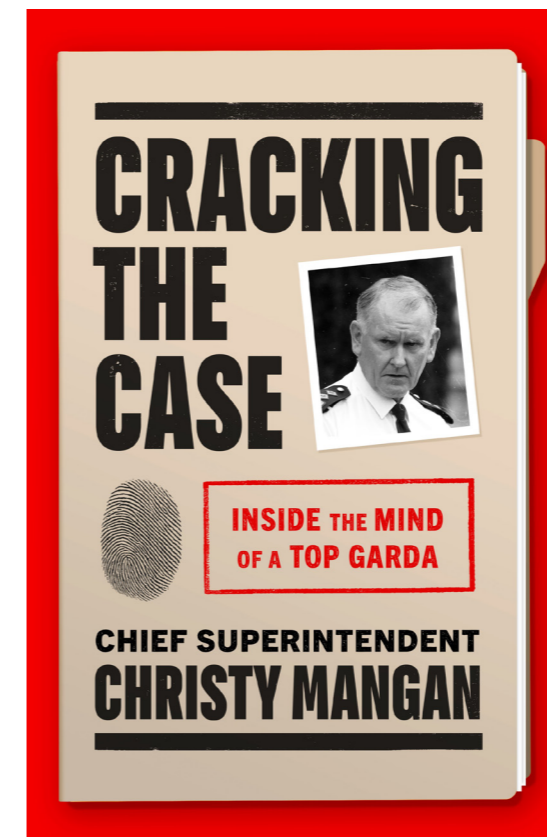
Demy Octavo

£18.99

Hardback

320 Pages

PENGUIN
VIKING



Cracking the Case

Christy Mangan

Inside the mind of
a top garda

July 2023

ISBN: 9781844886098

Royal Octavo

£14.99

Trade Paperback

320 Pages



PENGUIN
SANDYCOVE

A senior garda's sensational behind-the-scenes account of Ireland's most notorious murders.

Christy Mangan knows how hard it is to solve a murder.

In his 40-year career, Mangan participated in or led over 100 murder investigations. And he set up the Garda cold case unit to examine some of the state's most troubling unsolved killings. Now, in *Cracking the Case*, he takes a deep dive into how investigations are run. It includes the extraordinary story of Charlotte and Linda Mulhall - dubbed 'the Scissors Sisters' - who killed and dismembered their mother's abusive boyfriend, and how Mangan elicited a full confession from Linda. A gripping account of murder in high society - the 1985 death of Fr Niall Molloy - has a striking analysis of why mishandling of the case led to so many conspiracy theories. And Mangan's description of gang warfare in Drogheda, and the 2020 killing of teenager Keane Mulready-Woods, is as tense as a thriller. It is also a chilling warning of what happens when criminals get their hooks into a community. In his accounts of these and other fascinating cases, Mangan's focus is always on giving the victim's family answers. He also shows a deep understanding of the complex reasons people are drawn into crime or commit unthinkable acts. *Cracking the Case* is a remarkable insight into the mind of a gifted garda working at the highest level.

Chief Superintendent **Christy Mangan** is a retired Garda from Co. Meath. He joined An Garda Síochána upon leaving school in 1980 and over the course of his 40-year career, he was involved in more than 200 murder investigations. He twice received the Scott Medal for valour in the performance of duty. Mangan established the Serious Crime Review Team in 2007, investigating historic cold cases. *Cracking the Case* is his first non-fiction book.

AUGUST
2023



A searing, sunlit debut about the powerful bonds that make and break an Iranian-American family.

Three young brothers leave Los Angeles in the dead of night for Iran, taken by their father from their mother to a country and an ancestral home they barely recognize. They return to the Valley months later, spat back into American life and changed in inexorable ways. Under the dazzling light of the California sun, our protagonist, the youngest brother, begins to piece together a childhood shattered by his father's violence, a queer adolescence marked by a shy, secret love affair with a boy he meets on the basketball court, and his ever-changing status as a Muslim in America at the turn of the new millennium.

Lyrical and open-hearted, *I Will Greet The Sun Again* is an unforgettable portrait of a family being torn apart, and a boy emerging from its ashes.

Khashayar J. Khabushani was born in Van Nuys, Los Angeles in 1992. During his childhood he spent time in Iran, and was later raised in the United States. He graduated from the MFA Creative Writing program at Columbia University and currently lives in LA. *I Will Greet The Sun Again* is his first novel.

Praise for *I Will Greet the Sun Again* :

'*I Will Greet The Sun Again* is exquisite, heart-breaking, incredibly beautiful. The whole narrative thrums with a bright, warm longing. You can feel the sunshine of LA and Iran, the rhythm of Khashayar J Khabushani's voice. This is a novel to return to again and again'

- **Caleb Azumah Nelson**, award-winning, bestselling author of *OPEN WATER*

'A marvel. Reading it, I felt the thrill and joy of encountering a major writer at the beginning of his career'

- **Megha Majumdar**, author of *A Burning*

I Will Greet The Sun Again

Khashayar J. Khabushani

August 2023

ISBN: 9780241514733

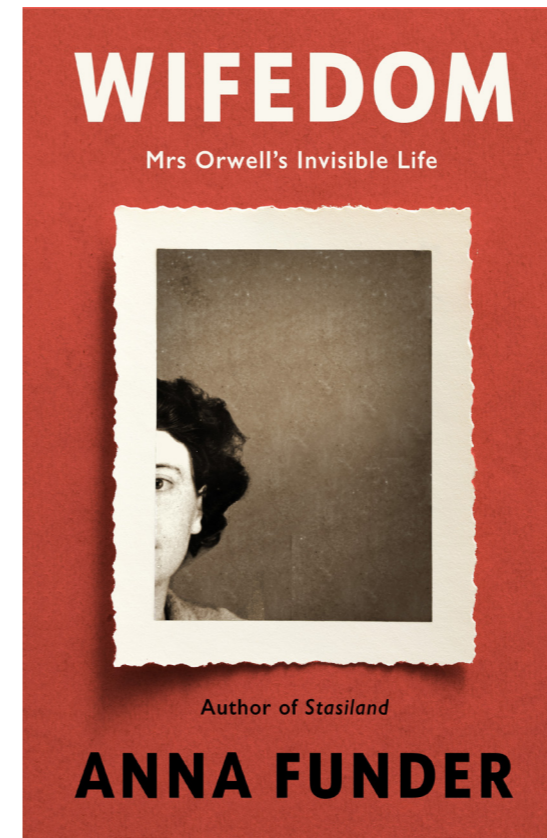
B Format

£14.99

Hardback

212 Pages

PENGUIN
VIKING



A blazing feminist text uncovering the life of Eileen Orwell, a woman forgotten by history, and the hidden creative genius of women everywhere.

Anna Funder slips into the pages of her hero George Orwell. As she watches him create his writing self, she tries to remember her own, and when she uncovers his forgotten wife, it's a revelation. Eileen O'Shaughnessy's literary brilliance shaped Orwell's work and her practical nous saved his life. But why - and how - was she written out of the story?

Using newly discovered letters from Eileen to her best friend, Funder recreates the Orwells' marriage, through the Spanish Civil War and WW II in London. As she rolls up the screen concealing Orwell's private life she is led to question what it takes to be a writer - and what it is to be a wife.

Compelling and utterly original, *Wifedom* speaks to the unsung work of women everywhere today, while offering a breathtakingly intimate view of one of the most important literary marriages of the 20th century. It is a book that speaks to our present moment as much as it illuminates the past.

Anna Funder is the author of *Stasiland* and *All That I Am*, and the novella *The Girl With the Dogs*. *Stasiland* won the 2004 Samuel Johnson Prize and was a finalist for many other awards. *All That I Am* won Australia's most prestigious literary award, the Miles Franklin Prize, and was a finalist for the International IMPAC Dublin Award and the Commonwealth Writers Prize. It spent over a year on the bestseller lists, was BBC Book of the Week and *The Times* Book of the Month. Both books are international bestsellers, published in over twenty-four countries. Originally trained as an international human rights lawyer, Anna is a former DAAD Fellow in Berlin, Australia Council Fellow, and Rockefeller Foundation Fellow. She lives in Sydney.

Wifedom

Anna Funder

Mrs Orwell's Invisible Life

August 2023

ISBN: 9780241482728

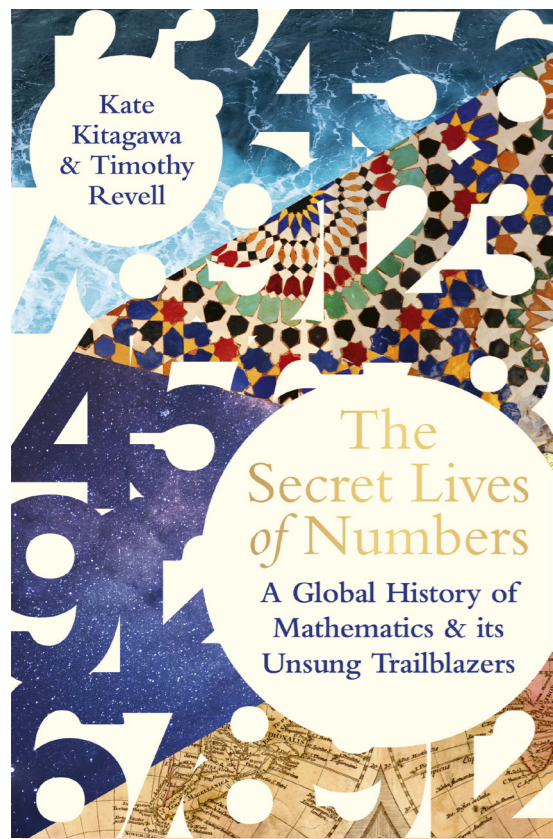
Royal Octavo

£20.00

Hardback

256 Pages

PENGUIN
VIKING



The Secret Lives of Numbers

Kate Kitagawa & Timothy Revell

A History of Mathematics & its Unsung Trailblazers

August 2023

ISBN: 9780241544112

Royal Octavo

£20.00

Hardback

320 Pages

PENGUIN
VIKING

A completely accessible and radically inclusive history of maths.

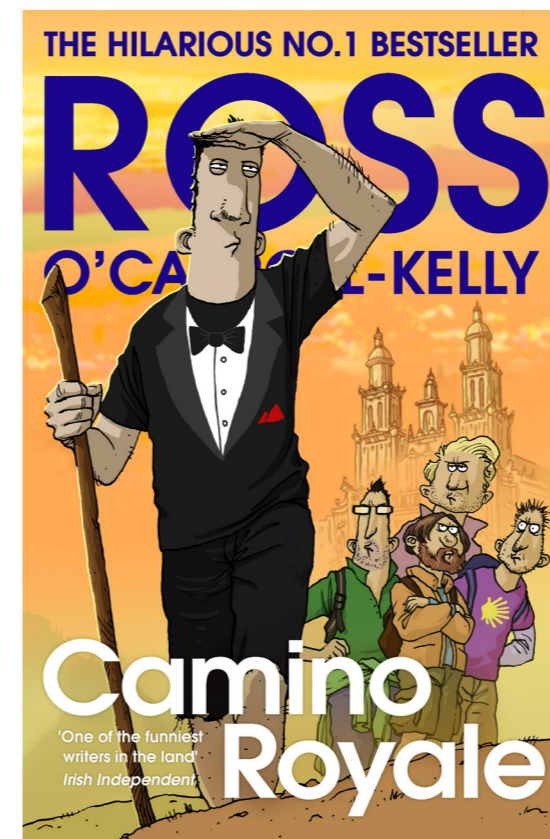
Mathematics shapes almost everything we do. But despite its reputation as the study of fundamental truths, the stories we have been told about it are wrong. In *The Secret Lives of Numbers*, historian Kate Kitagawa and journalist Timothy Revell introduce readers to the mathematical boundary-smashers who have been erased by history because of their race, gender or nationality.

From the brilliant Arabic scholars of the ninth-century House of Wisdom, and the pioneering African-American mathematicians of the 20th century, to the 'lady computers' around the world who revolutionized our knowledge of the night sky, we meet these fascinating trailblazers and see how they contributed to our global knowledge today.

Along the way, the mathematics itself is explained extremely clearly, for example, calculus is described using the authors' home baking, as they pose the question: how much cake is in our cake? This revisionist, completely accessible and radically inclusive history of mathematics is as entertaining as it is important.

Dr **Kate Kitagawa** is one of the world's leading experts on the history of mathematics. She graduated from Princeton University, taught history at Harvard University, and held research positions at UC Berkeley, University of Cambridge, the Max Planck Institute, the University of Pretoria and the University of Oxford. Her first book was a national bestseller in Japan, and she has been named one of the 100 most influential people in Japan by *Nikkei Business*. She is currently Director of the Space Education Office at the Japan Aerospace Exploration Agency (JAXA), and works as an occasional broadcaster, with appearances on Netflix, CNN, the History Channel and the BBC.

Dr **Timothy Revell** is a journalist and lapsed mathematician. He is currently the Deputy US Editor for *New Scientist* and is based in New York. As a reporter and editor, he specializes in technology and mathematics, covering everything from artificial intelligence to the Abel Prize. He appears regularly on WNYC's *Science Friday* and on other podcasts and radio to talk about the latest developments in science. He has a master's degree in mathematics and a PhD in computer science. His first book was *Man vs. Maths*.



Camino Royale

Ross O'Carroll-Kelly

August 2023

ISBN: 9781844886272

Royal Octavo

£14.99

Trade Paperback

320 Pages



After a massive falling-out, Ross catches up with the goys on the trail of the Camino. The 26th instalment of the bestselling satirical series!

'The name's O'Carroll-Kelly. Ross O'Carroll-Kelly.'

As the great James Bond said, 'History isn't kind to men who play God.' How right the dude ended up being.

My secret double-life was finally catching up with me. Sorcha wanted a divorce. I was facing jail time for taking my orse out in a pub in Cork. And there was a very good chance that my sister-in-law's surrogate baby was actually *mine*. One by one, all of the goys turned their backs on me. Then came an unexpected plot twist. From beyond the grave, Fr Fehily – the M and the Q to our Leinster Schools Senior Cup-winning team – sent us all on one final mission . . . To walk the Camino – or die trying!

It's, like, double oh fock!

Paul Howard's Ross books have sold over one million copies, are annually nominated for the Popular Fiction prize at the Irish Book Awards – where they have won the prize an unprecedented three times – and are also critically acclaimed as satirical masterpieces. One of the series, *The Oh My God Delusion*, was chosen as Ireland's favourite book in Eason's 125th-birthday poll.

Raising a Happier Child Mother

How to find balance, feel
good and see your children
flourish as a result

Anna Mathur

Raising a Happier Mother

Anna Mathur

How to Find Balance, Feel
Good and See Your Children
Flourish as a Result

August 2023

ISBN: 9780241559833

Demy Octavo

£16.99

Hardback

256 Pages



**A reassuring, empowering guide to
understanding feelings of failure in motherhood,
and learning how to overturn them.**

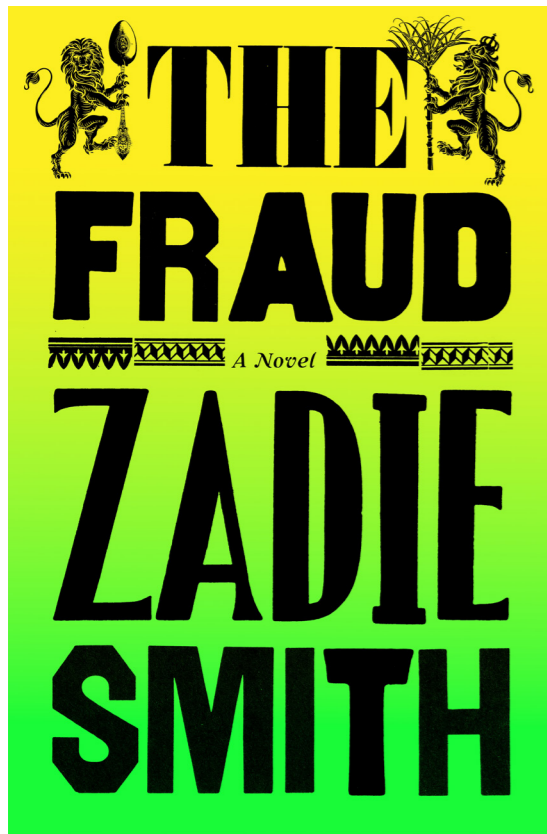
Raising A Happier Mother unpicks the myth of perfect motherhood and reframes what 'a good mother' looks like. Using her own experience as a mum, combined with therapy expertise, psychotherapist Anna Mathur provides a toolkit for becoming a calmer, more patient and more resilient mum.

Dismantling how mums come to set impossible expectations of themselves, the book offers evidence-based therapy guidance and tackles taboo subjects such as maternal rage and intrusive thoughts in depth and detail. Anna will compassionately but firmly empower mums with practical ways to learn to trust their gut, see how well they are doing, set realistic standards – and to define which standards are actually important – and therefore see what a great mum they already are.

Each chapter provides strategies for reframing 'competency' in motherhood, to take the pressure off and focus on the issues that truly matter. Containing case studies, journalling prompts and tools that are simple to implement even when sleep-deprived, this book will help mums understand that they are the best mum they can be, they just need to see it.

Anna Mathur is a psychotherapist and bestselling author. She's passionate about taking therapy out of the therapy room and sharing her personal and professional experiences to support mums through motherhood. She shares supportive insights on Instagram (@annamathur), via online courses and through her incredibly popular podcast *The Therapy Edit*, which has now released almost 150 episodes and received over 2 million downloads, with guests including Fearne Cotton, Sophie Ellis-Bextor, Anna Whitehouse, Holly Tucker, Giovanna Fletcher, Liz Earle, Jo Tutchener Sharp, Anna Williamson, Ashley James, Louise Pentland, Sarra Hoy and more. Anna has appeared on *Woman's Hour*, *Good Morning Britain*, *Sky News*, *Steph's Packed Lunch* and *Katie Piper's Breakfast Show*, as well as coveted podcasts including *Happy Mum Happy Baby*, *Dirty Mother Pukka*, *The Scummy Mummies Podcast*, *The Midult* and *Deliciously Ella*. Anna regularly features in titles including *The Telegraph*, *The Independent*, *Grazia*, *Marie Claire*, *The Sun*, *Closer*, *Stylist* and *Mother & Baby*.

SEPTEMBER 2023



The Fraud

Zadie Smith

September 2023

ISBN: 9780241336991
Royal Octavo
£20.00
Hardback
400 Pages



HAMISH HAMILTON

The chronicler of contemporary London, acclaimed and bestselling author Zadie Smith returns with her first historical novel.

Kilburn, 1873. The 'Tichborne Trial' has captivated the widowed Scottish housekeeper Mrs Eliza Touchet and all of England. Readers are at odds over whether the defendant is who he claims to be – or an imposter.

Mrs Touchet is a woman of many interests: literature, justice, abolitionism, class, her novelist cousin and his wives, this life and the next. But she is also sceptical. She suspects England of being a land of façades, in which nothing is quite what it seems.

Andrew Bogle meanwhile finds himself the star witness, his future depending on telling the right story. Growing up enslaved on the Hope Plantation, Jamaica, he knows every lump of sugar comes at a human cost. That the rich deceive the poor. And that people are more easily manipulated than they realize.

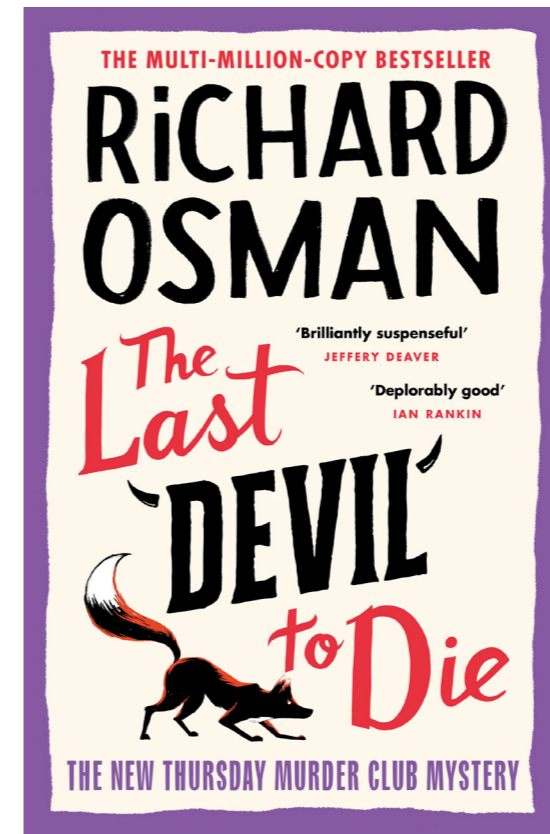
Based on real historical events, *The Fraud* is a dazzling novel about how, in a world of hypocrisy and self-deception, deciding what's true can prove a complicated task.

Zadie Smith is the author of the novels *White Teeth*, *The Autograph Man*, *On Beauty*, *NW* and *Swing Time*; as well as a novella, *The Embassy of Cambodia*; three collections of essays, *Changing My Mind*, *Feel Free* and *Intimations*; a collection of short stories, *Grand Union*; and the play, *The Wife of Willesden*, adapted from Chaucer. She is also the editor of *The Book of Other People*. Zadie was born in north-west London, where she still lives. *The Fraud* is her first historical novel.

Praise for Zadie Smith:

'A tremendous talent . . . Smith is simply wonderful'
– Boyd Tonkin, *Independent*

'[Smith] packs more intelligence, humour and sheer energy into any given scene than anyone else of her generation' – *Sunday Telegraph*



The Last Devil To Die

Richard Osman

The Thursday Murder Club 4

September 2023

ISBN: 9780241512449
Royal Octavo
£22.00
Hardback
400 Pages

PENGUIN
VIKING

You'd think you would be allowed to relax over Christmas, but not in the world of the Thursday Murder Club.

On Boxing Day, a dangerous package is smuggled across the English coast. When it goes missing, chaos is unleashed. The body count starts to rise - including someone close to the Thursday Murder Club - as our gang face an impossible search and their most deadly opponents yet.

With the clock ticking down and a killer heading to Cooper's Chase, has their luck finally run out? And who will be 'The Last Devil To Die'?

Richard Osman is an author, producer and television presenter. His first three novels, *The Thursday Murder Club*, *The Man Who Died Twice* and *The Bullet That Missed* were multi-million-copy record-breaking bestsellers around the world. *The Last Devil to Die* is his fourth book. He lives in London with his wife, Ingrid, and their cat Liesl.

Praise for the Thursday Murder Club series:

'Opening the new Osman is like sitting down to dinner with treasured friends you know are going to kill you - deliciously!' – Peter James

'Full of humour and heart, Osman delivers another must-read. I loved it' – Harlan Coben



Dat's Love

Leonora Brito

A title in the Black Britain: Writing Back Series; rediscovered classic texts depicting black Britain across the last century

September 2023

ISBN: 9780241999516

B Format

£8.99

Paperback

200 Pages



A brilliant collection of short stories from Leonora Brito exploring race, identity and love.

Leonora Brito was a writer of exceptional stories. In *Dat's Love*, she soaks up the sights, sounds and colours of Cardiff to boldly explore race and history.

With each electric story, Brito introduces a unique cast of characters, vibrantly elevating their everyday lives. From 59-year-old Dorothy taking up nude modelling, to black aristocrat Dido Elizabeth Belle, from the assassination of JFK to what's going down at the Blue Bayou, Brito blends the surreal and the mundane to redress history and immerse the reader in a vibrantly painted world.

Containing an unusual exactness and sense of place, Brito's stories are unique in Welsh fiction in presenting an insider's perspective on a black Welsh history only alluded to by other writers. Full of wry humour and startling originality, this collection features some of Brito's most acclaimed work.

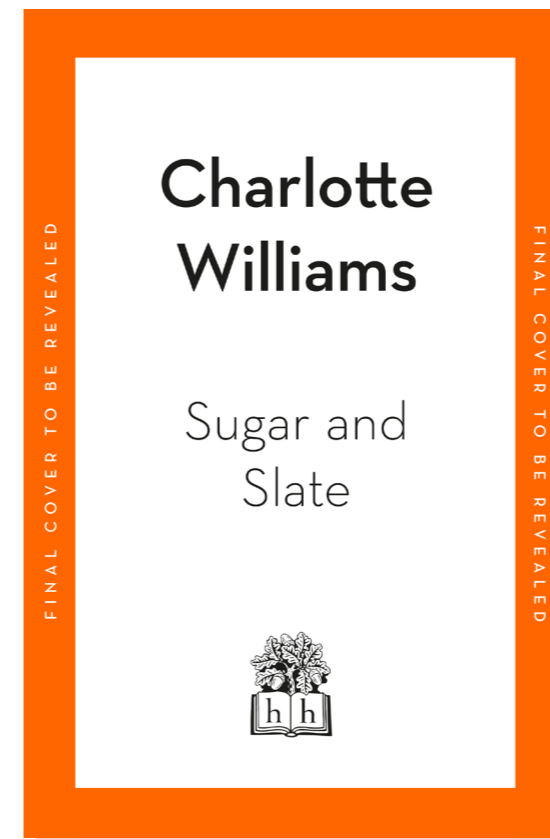
Leonora Brito was born in 1954. Her mother was from Cardiff's docklands and her father was a seaman from the Cape Verde Islands. Brito left school at 16, and it wasn't until she was in her 20s that she attended college, taking a foundation art course followed by a degree in Law and History at Cardiff University. In 1991, she won the Rhys Davies Short Story Prize and her debut short story collection, *Dat's Love*, was published in 1995. She was working on a second collection at the time of her death in 2007. Her stories were published in the Library of Wales in 2017 and dramatized by the National Theatre of Wales in 2022.

Praise for Leonora Brito:

'The themes of race, community, a sense of place, history and identity (and specifically a Welsh identity) explored in Brito's writing are timeless and relevant as ever, making *Dat's Love* a must-read for everyone' – *Wales Arts Review*

'A collection that is sometimes funny and always highly original. Brito's narrators and characters are freetalkers and freethinkers with strikingly singular perspectives'

– *Publishers Weekly*



Sugar and Slate

Charlotte Williams

A title in the Black Britain: Writing Back Series; rediscovered classic texts depicting black Britain across the last century

September 2023

ISBN: 9780241999530

B Format

£8.99

Paperback

200 Pages



A powerful, intimate memoir from writer and academic Charlotte Williams exploring the intertwined history of Wales, Africa and the Caribbean.

As the daughter of a white Welsh-speaking mother and black father from Guyana, Charlotte Williams's childhood world was one of mixed messages dominated by the feeling that 'somehow to be half-Welsh and half Afro-Caribbean was to be half of something but never quite anything whole at all.'

Sugar and Slate tells the fascinating story of her journey of self-discovery, from the small north Wales town of her birth to Africa, the Caribbean and back to Wales. This is both a personal memoir and a story that speaks to the wider experience of mixed-race Britons. It is a story of Welshness and a story of Wales and above all a story for those of us who look over our shoulder across the sea to some other place.

Charlotte Williams, OBE, is a Welsh-Guyanese award-winning author, academic and cultural critic. Her writings span academic publications, memoir, short fiction, reviews, essays and commentaries. She is Emerita Professor at Bangor University and a member of the Learned Society of Wales. Her writings have taken her on travels worldwide but her heart and her home are always in Wales.

Praise for Charlotte Williams:

'An engaging and perceptive voice describing an engrossing and particular personal story'

– Gary Younge, *Guardian*

Warmly recommended to any curious minds, at 20 years old *Sugar and Slate* still speaks to us in these modern times, helping to ensure marginal voices remain heard'

– *buzzmag*



Inside the rise of the political party, once subordinate to the IRA, that is on the brink of taking power in Ireland.

Sinn Féin is the most popular political party in both Northern Ireland and the Republic. A party once synonymous with a paramilitary campaign is on the brink of taking real power through purely democratic means. But if Sinn Féin has mastered the art of electoral politics, it remains strangely opaque. Who really runs the party? How is it funded? And what can we expect of it as a party of government?

Aoife Moore, Irish Journalist of the Year 2021, explores these and other burning questions in *The Long Game*. Drawing on exclusive interviews with current and former members of Sinn Féin, she builds up a picture of a party undergoing a profound, and still incomplete, transformation. She looks at the key individuals and moments that put the party on its present course, and she explores tensions within the party and the wider republican movement.

Packed with revelatory details, *The Long Game* is a groundbreaking telling of contemporary Ireland's biggest and most elusive political story.

A native of Derry, **Aoife Moore** was awarded Irish Journalist of the Year 2021 for breaking the Golfgate scandal. *The Long Game* is her first book.

The Long Game

Aoife Moore

Inside Sinn Féin

September 2023

ISBN: 9781844885794

Royal Octavo

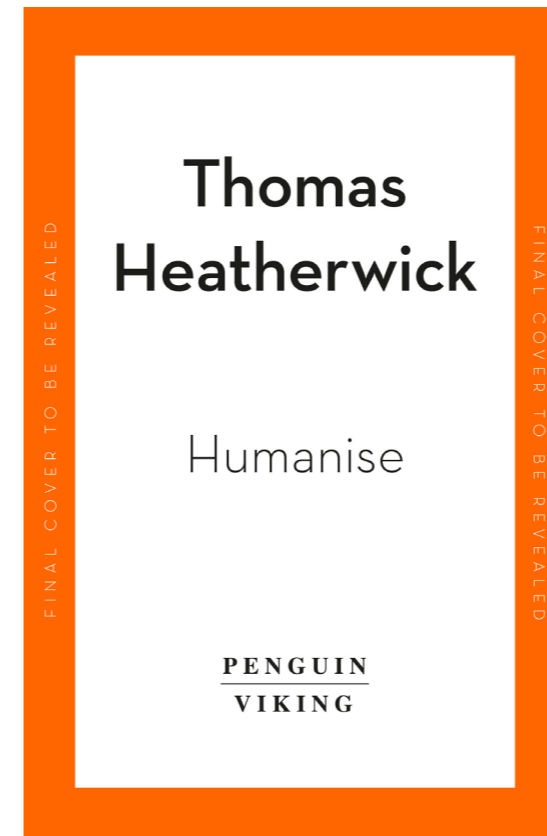
£20.00

Hardback

400 Pages



PENGUIN
SANDYCOVE



Humanise

Thomas Heatherwick

A Maker's Guide to Building Our World

September 2023

ISBN: 9780241389799

B Format

£12.99

Paperback

320 Pages

PENGUIN
VIKING

In this manifesto for change, one of the world's preeminent designers explores how buildings and cities around the world lost their soul – and what we can do about it .

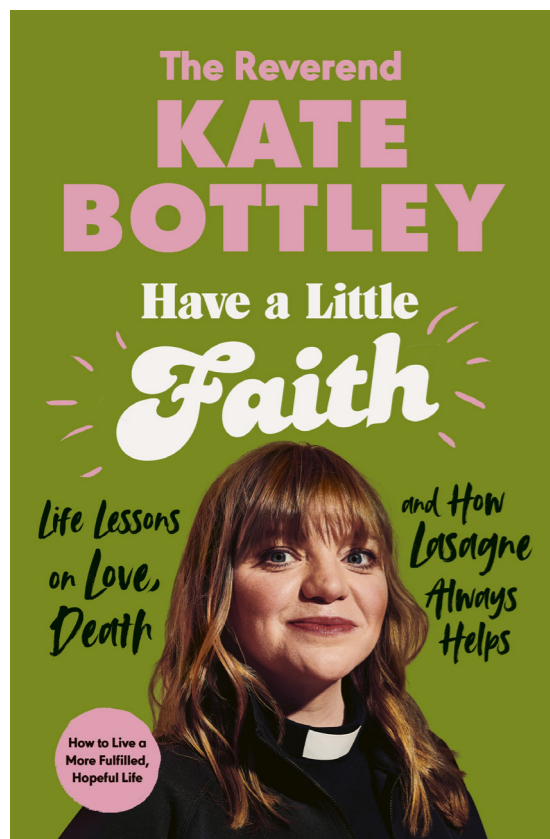
Thomas Heatherwick shows how design has a profound effect on our mental and physical health and the climate, as well as the peace and cohesion of societies. He shows how a flawed idea of utility and 'efficiency' has engulfed our towns and cities and hardened into a form of bland minimalism. But it doesn't have to be this way: there are other ways to build – with the power to lift our spirits, engage and connect us.

Heatherwick draws on his own work, the ideas of other experts in the field, and recent advances in neuroscience and cognitive psychology to offer both a case against the inhumanity of modernist design and a rallying cry to everyone to imagine the world anew. Looking through his eyes, we take in places around the world, old and new, famous and obscure, that can sap the life out of us – or nourish our senses and our psyche.

Humanise is a tautly argued provocation and an urgent call-to-arms to make the world around us a far better place for everyone to live.

Thomas Heatherwick is one of the world's most prolific designers, whose varied work over two decades is characterized by its originality, inventiveness and humanity. He founded his studio in 1994 to bring together architecture, urban planning, product design and interiors into a single creative workspace. Led by human experience rather than any fixed dogma, the studio creates emotionally compelling places and objects with the smallest possible carbon footprint.

From their base in London, Heatherwick's team is currently working on over 30 projects in 10 countries, including Toranomon-Azabudai, a 6-hectare mixed-use development in the centre of Tokyo, the new headquarters for Google in London and Airo, an electric car that cleans the air as it drives. The studio has also recently completed Bay View, Google's first ground-up campus, and Little Island, a park and performance space on the Hudson River in New York, as well as the Zeitz Museum of Contemporary Art Africa in Cape Town, and Coal Drops Yard, a major new retail district in King's Cross, London.



Have A Little Faith

The Reverend Kate Bottley

September 2023

ISBN: 9780241605660

Demy Octavo

£18.99

Hardback

256 Pages



An uplifting part-memoir, part-guide from the UK's most popular vicar on how her modern view of faith can help us live a more fulfilled life.

In her first book, the nation's favourite vicar Kate Bottley reveals the surprising truth about what faith means to her and how, ultimately, it is the key to happiness. As a vicar she is often greeted with the phrase 'I'm not religious, but . . . I love that hymn', or ' . . . I want a church wedding', but the truth is having faith isn't an all-or-nothing situation and we all deserve to enjoy the parts that bring us comfort.

Kate is not your average vicar; in fact, she says herself that believing in the resurrection is 'a bit bonkers' so, whether you believe in God, the universe's plan or simply the goodness of humanity, Kate argues that having belief equals having hope, and we all deserve to feel hopeful.

With chapters about what she's learned about life's challenges, including Love, Death, Loneliness and Conflict, along with simple tips for us all to find more joy in our everyday lives, this insightful, warm and joyous book shows that believing in something is what makes us human.

The Reverend Kate Bottley is a vicar, journalist, radio presenter and TV personality who is passionate about sharing stories of her faith to the widest possible audience. Since rising with fame on Channel 4's award-winning show *Gogglebox*, Kate now hosts *Good Morning Sunday* on BBC Radio 2 alongside Jason Mohammed and is a regular presenter on TV shows such as Channel 4's *Steph's Packed Lunch* and BBC's *Songs of Praise*.



Spice Box

Sunil Ghai

Easy, Everyday Indian Food

September 2023

ISBN: 9781844885831

240 x 170 mm

£22.00

Hardback

288 Pages

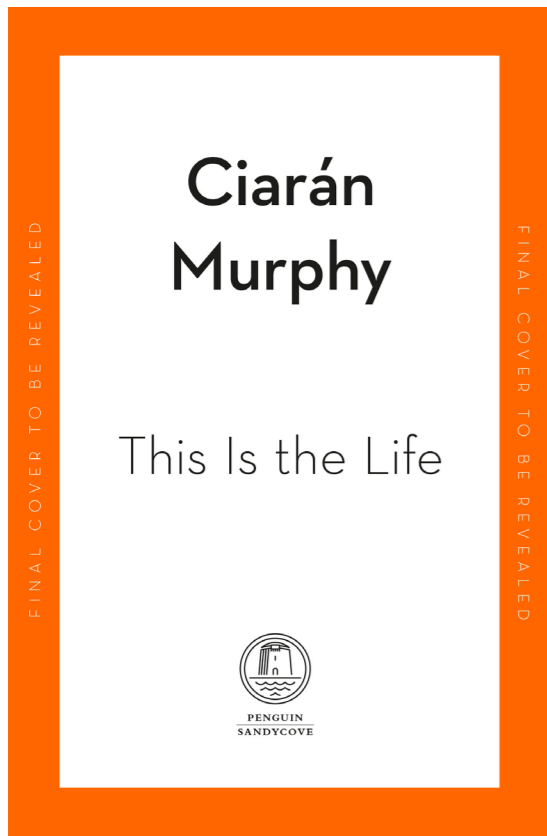


The debut cookery book from Ireland's leading Indian chef: over 100 easy, fresh recipes to make every day.

Great Indian food is about making food come alive from a handful of spices you can buy anywhere.

Ireland's favourite Indian chef Sunil Ghai takes the mystery out of creating authentic Indian dishes at home. *Spice Box* includes over 100 recipes that you will find amazingly easy to make, including **comforting favourites** such as Easy Butter Chicken; **fabulous fish** such as Spicy Prawn Curry; **veggie flavour bombs** such as Aubergine and Potato Curry; and **sweet treats** such as spectacular Indian Rice Pudding. There is also a dazzling array of naan, rice dishes, sides, raitas and chutneys, and much more – all simple to make at home from ingredients that are widely available. **Cook the *Spice Box* way and fall in love with mouth-watering, effortless Indian food.**

With his beloved restaurants Pickle, Tiffin and Street, award-winning chef Sunil Ghai has revolutionized Indian cooking in Ireland. Sunil grew up in Gwalior in northern India and fell in love with cooking while helping his mother, an exceptional home cook. He completed his training as a chef at the prestigious 5-star Oberoi hotel group in India before moving to Dublin in 2000. He opened his own restaurant, Pickle, in central Dublin in 2016. Pickle was an immediate sensation for its authentic home-style northern Indian food. In his first cookbook, *Spice Box*, Sunil shares his approach to making delicious Indian food at home with readily available ingredients. Sunil lives with his family in Greystones, Co. Wicklow.



A provocative look at how grassroots GAA interacts with life in Ireland, from the wittiest Gaelic games pundit at work today.

The GAA is Ireland's largest civil society organization, woven into the fabric of families and communities – and yet most books about Gaelic games focus on the greatest players and inter-county teams. *This is the Life* is a book about the 99 per cent: a witty and provocative look at grassroots GAA from the most intelligent and interesting Gaelic games pundit at work today.

Ciarán Murphy – of *Second Captains* and the *Irish Times* – has an unmatched feel for the timeless elements of this world and a finger on the pulse of change. He looks at the plight of rural clubs that are losing their players to the cities – and he does so not only as a journalist but as a footballer who made the same move himself (and who once, flying home to play a club match, found himself alone on the plane with Jedward). He writes about working as an assistant in the clothing shop owned by the family of Jarlath Fallon, who was both Ciarán's all-time sporting hero and the local postman. And he looks at things we usually prefer not to talk about, like the role of social class in the GAA.

This is the Life is a book about the places the GAA comes from, the places it can take a person, and the things that make a local club worth fighting for.

Ciarán Murphy is an acclaimed podcaster (with *Second Captains*), a trusted columnist (with the *Irish Times*) and an ageing Gaelic footballer (originally with Milltown in Co. Galway, latterly with Templeogue Synge Street in Dublin). *This is the Life* is his first book.

OCTOBER

2023

This is the Life

Ciarán Murphy

September 2023

ISBN: 9781844886326

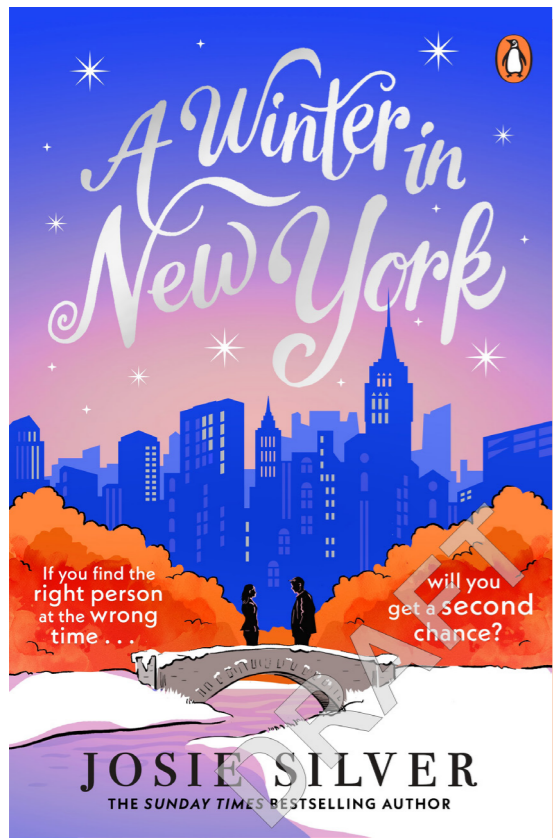
Royal Octavo

£14.99

Trade Paperback

256 Pages





A Winter in New York

Josie Silver

October 2023

ISBN: 9780241995938

B Format

£8.99

Paperback

432 Pages



If the right person finds you at the wrong time, will you get a second chance?

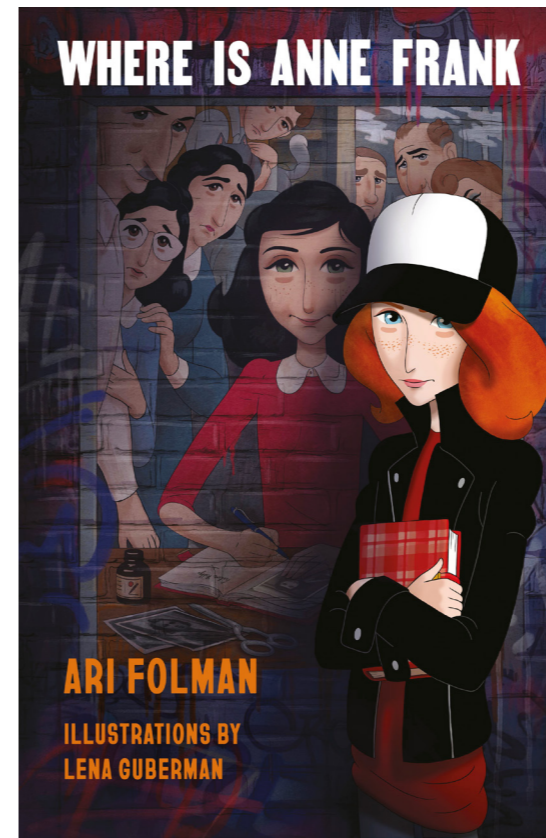
A sumptuously cosy seasonal love story set in sparkling New York, from the queen of the 'what if?' romance, Josie Silver.

Isla's vibrant childhood was filled with bands, noise and travel, thanks to her mum Vivien being an 80s music icon. Vivien might not have been much of a cook, but her treasured homemade vanilla ice cream established a Friday-night tradition that outlasted jobs, boyfriends and rental houses. Even, sadly, Vivien herself.

Now Isla is escaping her various heartbreaks to the one place that has always felt like home: New York. She finds a job, a flat, a friend. And then Isla tastes her mother's ice cream at a gelateria in Little Italy. She seeks out the owner and finds Gio, a man who, like Isla, is surrounded by people and yet feels entirely alone. But the most surprising thing? They've met before . . .

So can the two of them untangle their pasts and find love in the present?

Josie Silver is the *Sunday Times* and *New York Times* bestselling author of *One Day in December* and the 'what if?' love stories *The Two Lives of Lydia Bird* and *One Night on the Island*. She has been published in 34 languages (and counting) and has previously been featured in Reese Witherspoon's Hello Sunshine Book Club. Josie is an unashamed romantic and lives with her husband, their two teenage sons, and an ever-growing cast of animals in a little town in the Midlands.



Where is Anne Frank?

Ari Folman, David Polonsky and Lena Guberman

October 2023

ISBN: 9780241482759

Other

£18.99

Trade Paperback

160 Pages

PENGUIN
VIKING

The same creative team that produced the international bestselling and award-winning *Anne Frank's Diary: The Graphic Adaptation*, now follows up with a new story bringing to life Kitty, Anne Frank's imaginary friend to whom she addressed her diary.

In Amsterdam, a year from today, a terrible thunderstorm rages over the city. It is the middle of the night at the Anne Frank House, a magnificent thunderbolt hits the house and shatters the protective glass in which the most famous diary in human history is displayed. Magically, Kitty, Anne's imaginary friend, comes to life.

At first, Kitty does not know that 75 years have passed – after all, the house looks just the same. She has no clue why Anne is not in the house or what has become of the seven inhabitants of the secret annex. When Kitty learns that Anne and her beloved sister Margot have died in the war, she decides to run away from the house, and follow the path of the sisters all the way to where they met their fatal end. Kitty, who soon realizes that she cannot exist without Anne, decides to steal the diary from the museum and starts her journey.

Kitty tells the complete story of Anne Frank's life, family and diary from her own unique perspective. In the present day, Kitty's adventures involve her in the refugee crisis in Europe, in which she discovers the true meaning of Anne Frank's legacy.

Ari Folman is an Israeli director, screenwriter, and film score composer. He has written for several successful Israeli TV series, including the award-winning *In Therapy (Be Tipul)*, which was the basis for the HBO series *In Treatment*. He is the director of the Golden Globe-winning and Oscar-nominated *Waltz with Bashir*, as well as *The Congress*, and the animated film of *Where Is Anne Frank*. He also wrote the adaptation for *Anne Frank's Diary: The Graphic Edition*.

Lena Guberman graduated in 2002 in visual communications from Betzalel Academy in Jerusalem. She has illustrated eight children's books, three of which have won the Israel Museum award for picture book illustration. In 2011 she worked on *The Congress* as a background, character designer, and concept artist.

A THERAPEUTIC JOURNEY

LESSONS FROM THE SCHOOL OF LIFE

ALAIN DE BOTTON

The *Sunday Times* bestselling author of *The School of Life*

The essential guide to mental health from the bestselling author of *The School of Life*.

This is a book about getting unwell. About losing direction and hope. About imagining that we have let ourselves and everyone down.

But it is also a book about getting better. About regaining the thread, rediscovering meaning and finding a way back to connection and joy.

Here, Alain de Botton follows the arc of a mental health journey, from crisis to recuperation; the moments we realize we cannot cope; the acts of self-care or therapy in which we find respite; and the days we finally reclaim a sense of stability. Written with understanding and kindness, it is both a source of companionship in our loneliest moments – whether it's a relationship breakdown, a career setback or anxiety around the everyday – and a practical guide that will help us find reasons for hope.

We are all on our own journey towards recovery. This book is for anyone ready to understand theirs.

Alain de Botton is the bestselling author of fifteen books, including *The School of Life: An Emotional Education*, *How Proust Can Change Your Life*, *The Consolations of Philosophy*, *The Art of Travel* and *The Course of Love*. He is the founder of The School of Life (theschooloflife.com).

Praise for Alain de Botton:

'Alain de Botton is a brave and highly intelligent writer' – *Observer*

'One of our most consistently illuminating writers on contemporary culture' – John Gray, *New Statesman*

A Therapeutic Journey

Alain de Botton

Lessons from the School of Life

October 2023

ISBN: 9780241642559

Demy Octavo

£18.99

Hardback

320 Pages



HAMISH HAMILTON



To Boldly Go Where No Book Has Gone Before

Luke O'Neill

A Joyous Journey into Science

October 2023

ISBN: 9780241542422

Royal Octavo

£22.00

Hardback

352 Pages

PENGUIN
VIKING

A spellbinding and often hilarious history of (almost) the entirety of science from world-renowned immunologist Luke O'Neill.

How did life begin?

What does the warping of spacetime in a black hole actually *look* like?

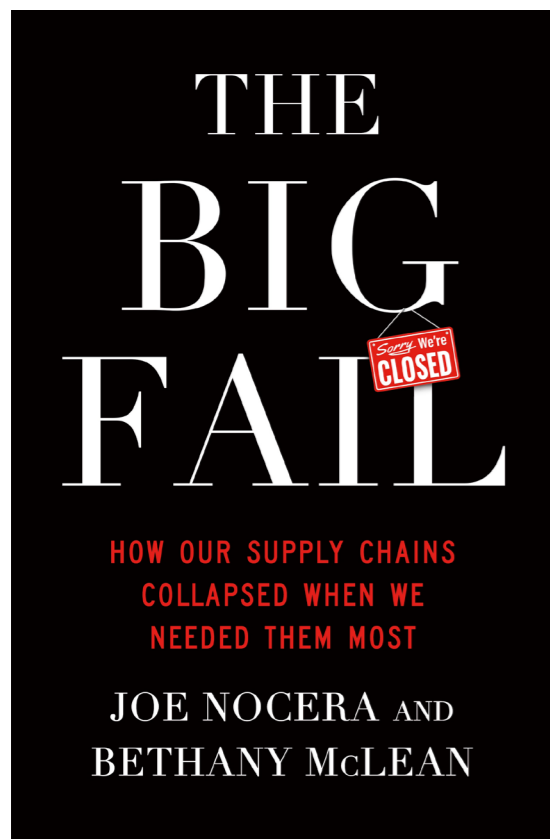
And what's happening on the 4,800 exoplanets beyond our solar system?

In our muddled era of conspiracy theories, fake news and groupthink, science's only goal is truth. Like all human pursuits it can go wrong, but it has the great strength of being self-correcting. At its best, what lasts – after much deliberation, rigour and sweat – is the truth. The story of science is how we get there.

Standing on the shoulders of giants, world-renowned immunologist Luke O'Neill (aka the People's Immunologist) tells the zigzag story of how we got to this moment in human history, and what the future might hold: from figuring out how the mind really works, to space travel (for the sheer fun of it) and the discovery of extra-terrestrial life.

With incredible wit and a talent for cutting through the noise, Luke O'Neill tackles some of the great questions of our age, from Artificial Intelligence to the climate catastrophe, with a keen eye on what science might discover next. The result is an awe-inspiring history and map for the future.

Luke O'Neill is an immunologist and Professor of Biochemistry at Trinity College Dublin. He has been a member of the Royal Irish Academy since 2004 and was elected fellow of the Royal Society in 2016. O'Neill writes for the *Sunday Independent* and has a weekly science slot on the Irish national radio station Newstalk.



The Big Fail

Bethany McLean & Joe Nocera

How Our Supply Chains Collapsed When We Needed Them Most

October 2023

ISBN: 9780241647363

Royal Octavo

£16.99

Trade Paperback

432 Pages



A damning indictment of American capitalism, as exposed through the failures of the government, private sector and overall economic resilience throughout the COVID pandemic.

From the author of the modern business classic *The Smartest Guys in the Room* comes a damning indictment of late-stage capitalism-and the leaders that were brutally unprepared for a global pandemic.

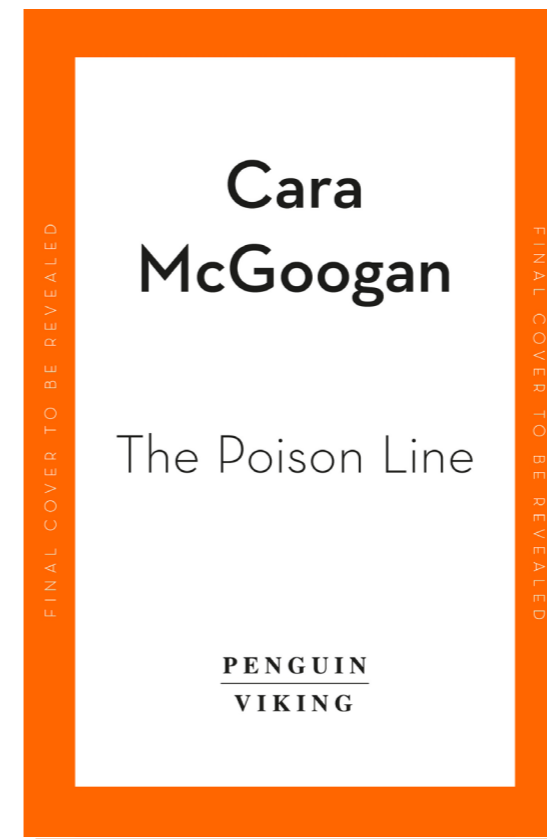
In 2020, the coronavirus pandemic made it painfully clear that governments across the world could not adequately protect their citizens. Millions of people suffered and died in just two years, while administrations around the globe blundered; prize-winning economists overlooked devastating trade-offs from the collapse of trade; and elites escaped to isolated retreats, unaffected by - and worse, even profiting from - the worst healthcare crisis to hit humanity in decades.

In this page-turning economic, political and financial history, veteran journalists Bethany McClean and Joseph Nocera analyse the American response to the pandemic as a case study, to offer fresh and provocative answers. With laser-sharp reporting and deep sourcing, they investigate what really happened when governments ran out of PPE due to snarled supply chains; and the shock to the financial system when the world's biggest economies stumbled. They zero in on the effectiveness of wildly polarised approaches across states, and they trace why thousands died in hollowed-out hospital systems and nursing homes run by private equity firms, all in the name of "maximising shareholder value".

The Big Fail is an expansive, gripping narrative account on what the pandemic did to one economy, and how it forced us to question the fundamental principles of our society

Bethany McLean is a journalist and contributing editor for *Vanity Fair*. She has co-authored multiple bestselling books, including *The Smartest Guys in the Room* and *All the Devils Are Here*.

Joe Nocera is a journalist and column writer for Dealbook. From 2019-2021, he wrote and hosted the podcast *The Shrink Next Door*, and he is co-author of *All the Devils Are Here*, as well as the author of *A Piece of the Action* and *Indentured*.



The Poison Line

Cara McGoogan

The True Story of the Infected Blood Scandal

October 2024

ISBN: 9780241627501

Royal Octavo

£20.00

Hardback

288 Pages

PENGUIN
VIKING

The shocking true story of how a miracle cure became a deadly poison, and the lengths that big pharma and government went to cover it up

It has been called the worst treatment disaster in the NHS's history. But when it was first used Factor VIII was pitched as a medical miracle: a drug made from human plasma that enabled haemophiliacs to lead lives free of fear that a minor injury would prove fatal. But in the 1980s, tens of thousands of haemophiliacs began to test positive with HIV and AIDS. Their life-saving treatment Factor VIII was infected.

Award-winning journalist and host of the Bed of Lies podcast Cara McGoogan traces the line of infection, corruption and corporate greed back to four pharmaceutical companies who sourced plasma from American prisons, nightclubs and on Skid Row in LA, turned it into Factor VIII, and then sold it around the world. Plasma is a multi-billion-dollar business: even when HIV contamination was discovered in the blood supply, Factor VIII continued to be used. In the UK alone, some 1,500 people would die from HIV and hepatitis C infections. There was a scramble to cover-up any wrongdoing on the part of various institutions, pharmaceutical companies, politicians and doctors.

Defying the odds after a decade of illness, death and unanswered questions, patients started to survive - and they wanted to fight. Survivors had no choice but to become campaigners. A Public Inquiry was launched. The Poison Line asks some of the most searching questions facing us today: Who can we trust? Whose lives are expendable? And how does wrongdoing get covered up? In a masterly work of narrative and storytelling, this book brings the full truth out into the light for the very first time.

Cara McGoogan is the *Telegraph's* first Narrative Audio Journalist. She is the award-winning writer and host of the documentary podcast *Bed of Lies*, which investigates major scandals people should know more about. In 2022, Cara was awarded the Stern-Bryan Fellowship at the *Washington Post*. *The Poison Line* is her first book.

Praise for Cara McGoogan :

'Essential reading' - Jonathan Freedland, author of *The Escape Artist*

'Cara McGoogan is an indefatigable detective and a born storyteller' - Steve Coll, author of *Ghost Wars*



A fun, fact-filled and, let's be honest, much-needed alternative to the outdated UK citizenship test, from the beloved No Context Brits Twitter account.

How does one become a fully-fledged, tea-drinking, Union Jack-waving Brit?

According to the Life in the UK Test, more commonly known as the British citizenship test, in order to call the UK your permanent home you should know highly relevant facts such as which king lost the Battle of Boyne and what Sir Frank Whittle invented in the 1930s. Not exactly riveting dinner party conversation. If only there was a more interesting and altogether more relevant version of the test that quizzed you on the sort of things today's Brits actually care about and didn't charge you 50 quid for the indignity of having to take it?

How to Really be Brit is the unofficial citizenship test from the beloved viral Twitter phenomenon No Context Brits. With 500 questions taking in every aspect of British (and Northern Irish) life - even the ones the government might not be so keen to put forward to new arrivals - from Bake Off to Brexit, Wrexham to Windrush, scotch eggs to the Spice Girls, this is the perfect gift for the least traditional person in your life or an affectionate nod to the most.

@NoContextBrits has a huge following of more than 1.7 million devoted fans, showcasing a wide range of relatable memes about British culture with no context provided.

How to Really be a Brit

NoContextBrits

The Unofficial Citizenship Test

October 2023

ISBN: 9780241667125

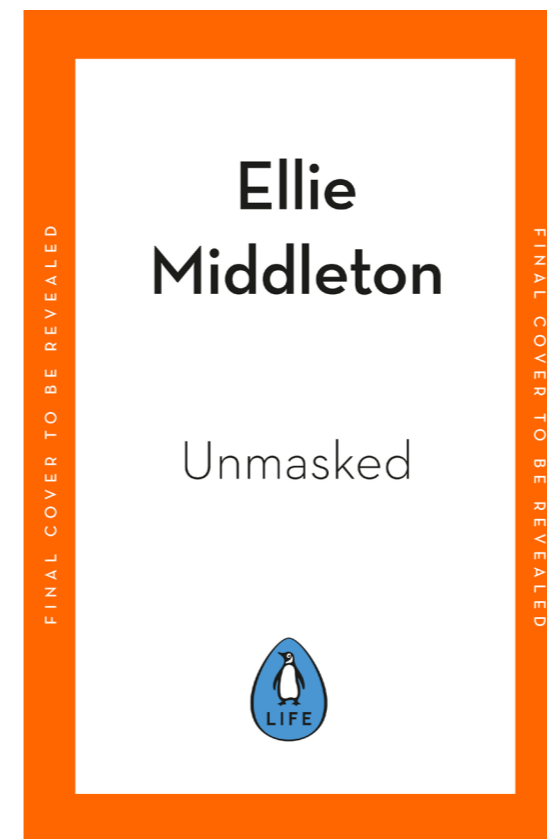
B Format

£12.99

Hardback

240 Pages

PENGUIN
VIKING



The go-to book on neurodivergence for anyone looking for a diagnosis, trying to make sense of one, or trying to be a better ally

In 2021 Ellie was diagnosed with autism and ADHD and although it felt like the light had finally been switched on and she wasn't just 'broken', the room before her was messy from a lifetime of being misunderstood. She quickly found that she wasn't the only one, in fact 80% of autistic females remain undiagnosed at age 18 and only 8% of adults affected by ADHD have a formal diagnosis. Even with a diagnosis, most are left asking, what now?

Ellie's mission is to change that. To challenge the common misconceptions about neurodivergent conditions that are preventing marginalised people get the diagnosis they need, and to provide simple, actionable resources so that they can live without the fear and shame that she did.

Unmasked is Ellie's kind and supportive guide that sheds light on everything from masking to the diagnostic process and from sensory overload to navigating the workplace, so that every reader can better understand themselves and others, and ultimately, make society more inclusive.

Ellie Middleton is an activist, speaker and writer committed to breaking taboos and empowering neurodivergent people to thrive in and outside of the workplace. She is the founder of (Un)masked, a community for those with neurodivergent conditions and regularly runs workshops at global corporations including Google, Budweiser and Volvo. *Unmasked* is her first book.

Unmasked

Ellie Middleton

Everything they never told you about ADHD, Autism & Neurodivergence

June 2024

ISBN: 9780241651988

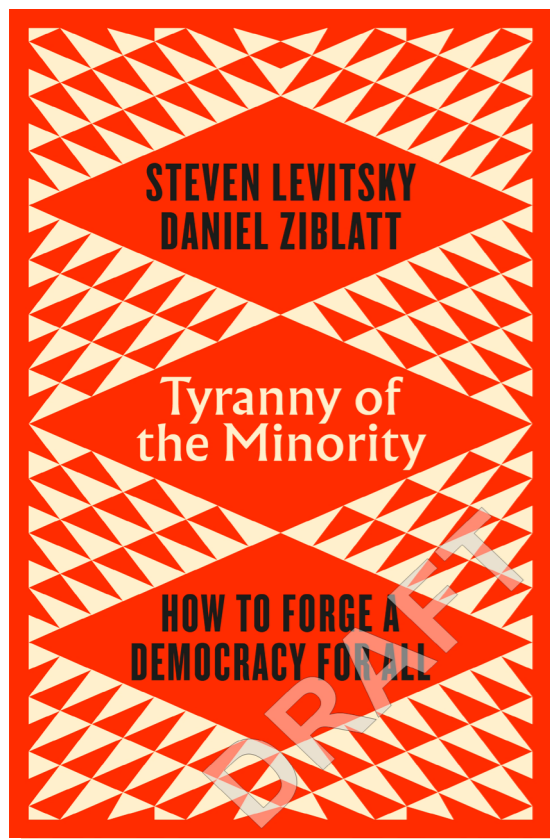
Demy Octavo

£16.99

Hardback

240 Pages





An urgent follow-up to international bestseller *How Democracies Die*, by two world-leading experts on democracy.

In this razor-sharp analysis of one of the most important issues facing us today, leading Harvard professors Steven Levitsky and Daniel Ziblatt draw on their combined expertise of over 40 years to offer a dire warning about right-wing efforts to undermine multiracial democracy.

Exploring the 2024 American election and the Capitol riots, as well as global examples from history including post-1945 Germany and Brazil and Chile during the 60s and 70s, the authors show how ossified political conventions can be pernicious enablers of minority rule, creating a situation in which partisan minorities can consistently thwart and even rule over popular majorities.

With its urgent call for a radical reform of our antiquated institutions for the benefit of the majority, and a citizens' movement to put enough pressure on lawmakers to act before it's too late, *Tyranny of the Minority* is a must-read for every participant in the emerging democratic reform movement.

Steven Levitsky and Daniel Ziblatt are Professors of Government at Harvard University, and co-authors of international bestseller *How Democracies Die*. Levitsky's research focuses on Latin America and the developing world. He is the author of *Competitive Authoritarianism* and is the recipient of numerous teaching awards. Ziblatt studies Europe from the nineteenth century to the present. He is the author, most recently, of *Conservative Parties and the Birth of Democracy*. Both Levitsky and Ziblatt have written for *Vox* and the *New York Times*, among other publications.

Praise for Steven Levitsky and Daniel Ziblatt:

'A lucid and essential guide . . . Levitsky and Ziblatt assiduously dismantle the myth of American exceptionalism' – *New York Times on How Democracies Die*

'A useful primer on the importance of norms, institutional restraints and civic participation in maintaining a democracy – and how quickly those things can erode when we're not paying attention'

– Barack Obama on *How Democracies Die*

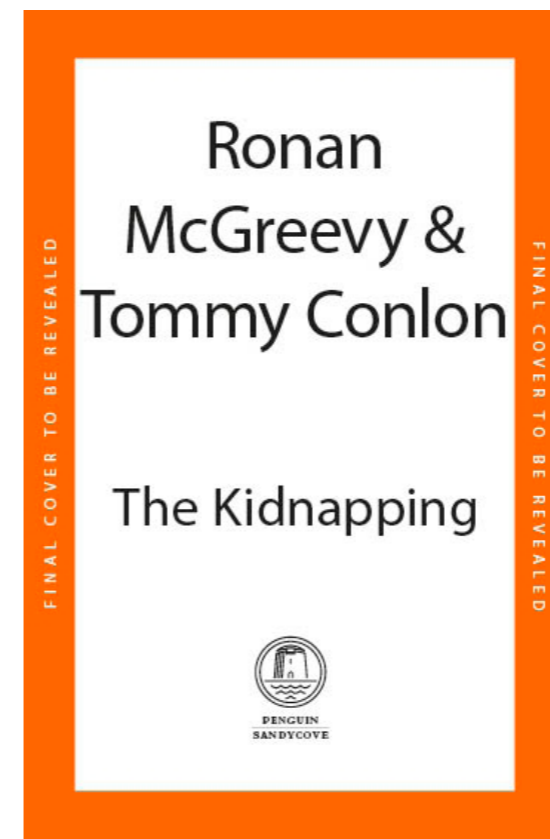
Tyranny of the Minority

Steven Levitsky and Daniel Ziblatt

How to Reverse an Authoritarian Turn, and Forge a Democracy for All

October 2023
ISBN: 9780241586204
Demy Octavo
£20.00
Hardback
320 Pages

PENGUIN
VIKING



The Kidnapping

Ronan McGreevy & Tommy Conlon

An abduction, a bloody rescue and a manhunt that shocked Ireland

October 2023
ISBN: 9781844886630
Royal Octavo
£16.99
Trade Paperback
320 Pages

PENGUIN
SANDYCOVE

On a suburban Dublin road in late November 1983 an IRA gang kidnapped Don Tidey, chief executive of the supermarket chain Quinnsworth. For 23 days, until Tidey was rescued, not only was his life at stake but so was the reputation of the Irish State in dealing with its greatest national security threat, the Provisional IRA. *The Kidnapping* is the extraordinary story of the Tidey kidnapping and its fall-out – the febrile context for his abduction; the fatal shoot-out in Leitrim woodlands between gardaí, soldiers and the IRA men that led to his release; the escape of the kidnapers and bungled attempts to locate and capture them over several counties. Nobody has ever been prosecuted for the kidnapping, nor the tragic deaths of two men in Derrada Woods. Yet, the veteran IRA man believed to have been pulling the strings is still honoured in nearby Ballinamore. Distinguished authors, journalists and Leitrim men, Tommy Conlon and Ronan McGreevy, have written a gripping and startling account of the kidnapping that also explores the personal, political and social impact of these events, right down to the present day as Sinn Féin is poised to take power north and south in Ireland.

Tommy Conlon is a sportswriter with the *Sunday Independent*. He has co-authored books with some of Ireland's most successful sportsmen, including Ronnie Whelan, John 'Bull' Hayes, and Keith Earls, whose autobiography won the Sports Book of the Year at the 2021 An Post Irish Book Awards. He co-wrote Willie McGee's *Tales from the Fraud Squad*. He is a native of Ballinamore, Co. Leitrim and was in the town when Don Tidey was freed in December 1983.

Ronan McGreevy is an *Irish Times* journalist and videographer. He is the author of *Wherever the Firing Line Extends: Ireland and the Western Front* and editor of *Centenary: Ireland Remembers 1916*. His latest book *Great Hatred: The Assassination of Field Marshal Sir Henry Wilson MP* was the *Sunday Business Post* history book of the year. He is a native of Co. Leitrim.

NOVEMBER

2023



The eagerly anticipated new novel from the bestselling and beloved author of *Ghosts* and *Everything I Know About Love*.

Andy's story wasn't meant to turn out this way. Living out of a suitcase in his best friends' spare room, waiting for his career as a stand-up comedian to finally take off, he struggles to process the life-ruining end of his relationship with the only woman he's ever truly loved.

As he tries to solve the seemingly unsolvable mystery of his broken relationship, he contends with career catastrophe, social media paranoia, a rapidly dwindling friendship group and the growing suspicion that, at 35, he really should have figured this all out by now.

Andy has a lot to learn, not least his ex-girlfriend's side of the story.

Warm, wise, funny and achingly relatable, Dolly Alderton's highly anticipated second novel is about the mystery of what draws us together – and what pulls us apart – the pain of really growing up, and the stories we tell about our lives.

Dolly Alderton is an award-winning author, screenwriter and journalist based in London. She is a columnist for *The Sunday Times Style* and has also written for *GQ*, *Red*, *Marie Claire* and *Grazia*. She is the former co-host and co-creator of the podcast *The High Low*. Her first book *Everything I Know About Love* became a top five *Sunday Times* bestseller in its first week of publication, won a National Book Award (UK) for Autobiography of the Year and was made into a BBC One TV Series. *Ghosts*, her first novel was published by Fig Tree in 2020. *Dear Dolly*, a collection of her agony aunt columns from the *Sunday Times Style* magazine, was published in 2022 and was also a *Sunday Times* bestseller.

Praise for Dolly Alderton:

'Alderton feels like your very favourite friend'
– Taylor Jenkins-Reid, praise for *Ghosts*

'Dolly is such an insightful commentator on love, longing, friendship and emotional landscapes'
– Marian Keyes, praise for *Ghosts*

Good Material

Dolly Alderton

November 2023

ISBN: 9780241523667
Demy Octavo
£18.99
Hardback
352 Pages

PENGUIN
VIKING



There is nothing wrong with getting older. It can be fantastically liberating. But you can still dislike your ageing neck and wonder if there's anything you can do about it.

Every week, thousands of women turn to India Knight's beloved column in the *Sunday Times Style Magazine* for beauty advice. Her readers are neither make-up obsessives nor product-averse purists: they simply want to be pointed to things that really work, by someone they can trust - and someone who understands how much this stuff matters.

With practical advice for every part of the face and beyond, this is a book about how to be old(er) with a modicum of grace and style - and without looking desperate. From thinning hair to thinning lips, jowls and wrinkles to spots and marks, India Knight is an expert in which products to choose, and how to use them. And it's not just skin-deep: building on her columns, Knight dissects the big ideas around vanity, aging, the male gaze and our sense of self - and the many other sticky issues that emerge when we put beauty writing under the microscope.

This is a book for women who don't want to use 35 products on their face every morning, or watch how-to videos on TikTok, or copy their daughters. It's for women who simply want to look better, with minimum fuss. Because the world is heavy, but beauty is (or should be) light. And these things will make you look, and therefore feel, a whole lot better.

India Knight is the author of four novels: *Darling*, *Mutton*, *Comfort and Joy*, *Don't You Want Me?* and *My Life on a Plate*. She is a columnist for the *Sunday Times* and lives in Suffolk with her partner and three children.

India Knight's Beauty Edit

India Knight

What Works When You're Older

November 2023

ISBN: 9780241672556
Demy
£20.00
Hardback
224 Pages

PENGUIN
FIG TREE



How Migration Really Works

A Factful Guide to the Most Divisive Issue in Politics

Hein de Haas

An authoritative and myth-busting analysis that tells us why we're wrong about migration.

Global migration is *not* at an all-time high. The climate emergency will *not* lead to mass migration. Border restrictions have actually produced *more* migration.

These statements might sound like they completely contravene common intuition about migration – but the facts behind the headlines reveal a different story to the ones we're often told. In this ground-breaking book, based on over three decades of research, migration expert Professor Hein de Haas destroys the myths that politicians, interest groups and media regularly spread about immigration.

Comparing trends and perspectives from Western 'destination countries' (UK, US and Europe) as well as 'origin countries' in Asia and Africa, de Haas shows migration not as a problem to be solved, nor as a solution to a problem, but as it *really* is. *How Migration Really Works* will offer an essential new vision of migration based on facts rather than fears, and a paradigm-altering understanding of this perennially important subject.

Hein de Haas is a sociologist and geographer who has conducted extensive research on migration issues for over three decades. He is co-director of the International Migration Institute (IMI) at the University of Oxford, and currently Professor of Sociology at the University of Amsterdam (UvA) and Professor of Migration and Development at the University of Maastricht. He is lead author of *The Age of Migration*, a seminal textbook in the field of migration studies. *How Migration Really Works* is his first trade book.

How Migration Really Works

Hein de Haas

A Factful Guide to the Most Divisive Issue in Politics

September 2023

ISBN: 9780241632208

Royal Octavo

£25.00

Hardback

352 Pages

PENGUIN
VIKING

Will Hermes

Lou:
A New York Life

PENGUIN
VIKING

The most complete and penetrating biography of the rock master Lou Reed.

Since his death 10 years ago, Lou Reed's stature and living presence have only grown. The great rock-poet presided over the marriage of Brill Building pop and the European avant-garde, and left American culture transfigured.

In *Lou: A New York Life*, the critic Will Hermes offers the definitive narrative of Reed's life and legacy, dramatizing his long, brilliant and contentious dialogue with fellow artists from David Bowie to Andy Warhol. Will explores his craft as a singer and songwriter with the Velvet Underground as well as the gift for self-sabotage he took from his mentor Delmore Schwartz. This is a portrait of a committed artist who pursued beauty and noise with equal fervour, and a man who left a lasting emotional imprint the world over.

Will Hermes was born in Queens, in the city of which he writes. He is a senior critic for *Rolling Stone*, and also writes for the *New York Times* and *Pitchfork*. He was co-editor of *SPIN: 20 Years of Alternative Music*.

Lou

Will Hermes

A New York Life

November 2023

ISBN: 9780241296509

Royal Octavo

£25.00

Hardback

400 Pages

PENGUIN
VIKING



A critical look at how Bill Gates uses his wealth and power through the Gates Foundation to advance his own agenda and erode democratic institutions in the process.

How much money should one man be allowed to amass? Would your answer change if you knew he was a saint?

From greedy to generous, from cold- to kind-hearted, from rogue to hero, Bill Gates is an extraordinarily complex public figure. Yet over the last decade, we've reduced him to a flat caricature – a sweater-wearing, avuncular, well-meaning billionaire, who is adamantly giving away all of his money through the Gates Foundation in order to improve the lives of others.

This simplistic portrait perilously ignores the political influence that Gates has acquired through his charitable work, and the controversial ways through which he utilizes it. We might like to think of the Foundation as an innocent charity giving away money, collaborating with stakeholders and listening to the desires of the populations it hopes to help, but that's simply not how it works in practice.

Combining rich storytelling and ground-breaking reporting, *The Good Billionaire* offers readers a provocative and timely counter-narrative about one of the world's most widely recognized individuals – a true global celebrity with a truly global audience. But more than that, this book speaks to a vital political question around economic inequality and the erosion of democratic institutions – why should the super-rich be able to transform their wealth into political power, and just how far can they go?

Tim Schwab is a freelance journalist based in Washington, DC. His 2019 investigation into the Gates Foundation won multiple awards, including an Izzy from the Park Center for Independent Media, and a Deadline Club Award from the Society of Professional Journalists, and was nominated for a Pulitzer prize. His reporting on Gates has appeared in *The Nation*, the *Columbia Journalism Review* and the *British Medical Journal*, and represents some of the only investigative journalism ever published on Gates. Tim has also worked as a journalist for two daily newspapers and as a researcher for the watchdog group Food & Water Watch.

The Bill Gates Problem

Tim Schwab

Reckoning with the Myth of the Good Billionaire

November 2023

ISBN: 9780241609507

Royal Octavo

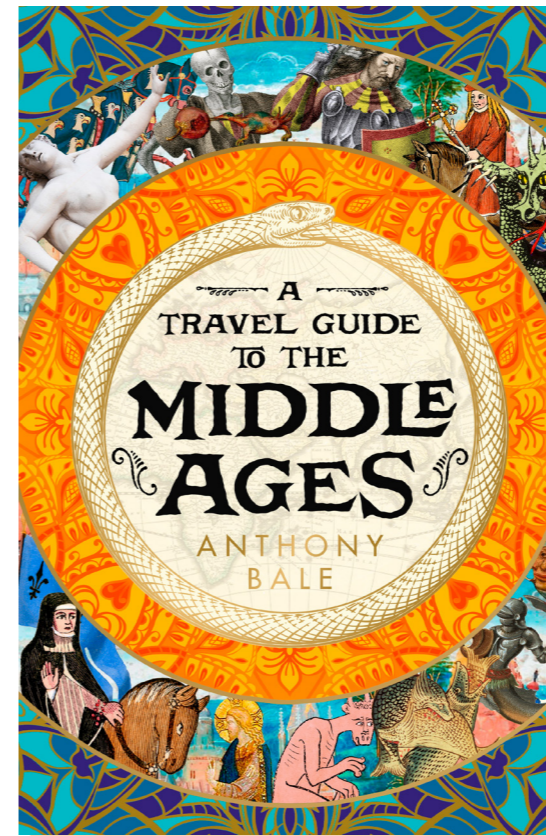
£20.00

Hardback

240 Pages



HAMISH HAMILTON



A delightfully captivating journey across the medieval world, from Europe to the Antipodes, seen through the eyes of those who travelled across it.

From the medieval bazaars of Tabriz, to the mysterious island of Caldihe, where sheep were said to grow on trees, Anthony Bale brings history alive in *A Travel Guide to the Middle Ages*, inviting the reader to travel across a medieval world punctuated with miraculous wonders and long-lost landmarks. Journeying alongside scholars, spies and saints, from western Europe to the Far East, the Antipodes and the ends of the world, this is no ordinary travel guide, containing everything from profane pilgrim badges, Venetian laxatives and flying coffins to encounters with bandits and trysts with witches.

Using previously untranslated contemporary accounts from as far and wide as Turkey, Iceland, Armenia, north Africa and Russia, *A Travel Guide to the Middle Ages* is a living atlas that blurs the distinction between real and imagined places, offering the reader a vivid and unforgettable insight into how medieval people understood their world.

Anthony Bale is Professor of Medieval Studies at Birkbeck, University of London. He has edited and translated several medieval texts, and new translations and editions of *The Book of Marvels & Travels* by John Mandeville, *The Book of Margery Kempe* and *Medieval English Travel*, a sourcebook, all with Oxford University Press. In 2022 he was awarded a Leverhulme Major Research Fellowship. He has also authored *Margery Kempe: A Mixed Life* (Reaktion). He is currently President of the New Chaucer Society.

A Travel Guide to the Middle Ages

Anthony Bale

November 2023

ISBN: 9780241530849

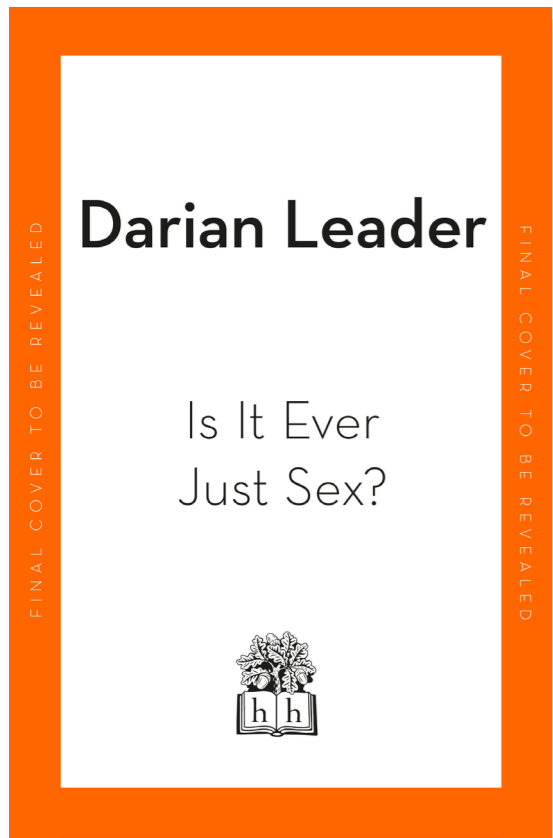
Demy Octavo

£18.99

Hardback

336 Pages

PENGUIN
VIKING



A delightfully thought-provoking study of why we have sex, from brilliant psychoanalyst Darian Leader.

'It was just sex.'

It's a familiar claim. But is it really possible?

The old idea that sexuality is a smouldering, animalistic force within us, desperate for release yet restrained by social forces, has little to support it. Bodies aren't just sticks that make fire when you rub them together, and the pain, heartache and regret that can accompany the highs of sexual excitement show us that much more is at stake.

So, what are we really thinking about when we think about sex? And what are we really doing when we do it?

As acclaimed psychoanalyst Darian Leader argues, with his trademark clarity, energy and wit, there is no such thing as 'just sex'. It is always about so much more than that – about phantasy, anxiety, guilt, revenge, violence, love – and Leader draws on his analytic experience, historical research and case studies to explore their importance to every aspect of our sexual lives.

Darian Leader is a psychoanalyst and the author of many books, including *The New Black* and *What Is Madness?*. He practises psychoanalysis in London, and he is a founding member of the Centre for Freudian Analysis and Research and a member of the College of Psychoanalysts UK.

Praise for Darian Leader:

'One of our most important contemporary thinkers'
– *Guardian*

'Leader writes beautifully, with majestic clarity and an easy flow between argument and case-study'
– *Telegraph*

Is It Ever Just Sex?

Darian Leader

November 2023

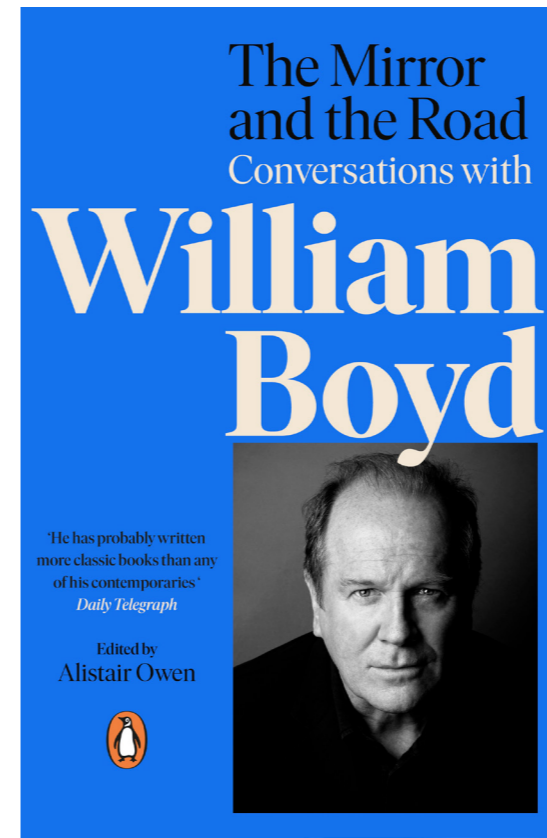
ISBN: 9780241624012

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£18.99

Hardback

160 Pages



Acclaimed author Alistair Owen interviews one of the best-loved writers of modern times about his life and work.

In this probing series of exclusive interviews, Alistair Owen talks to William Boyd about his works and the life that has inspired them.

The conversations which emerge are a deep-dive into film, art, theatre, literature and the life of a writer. This is one of Britain's most beloved authors on what it is to write in a variety of forms.

Alistair Owen is author of the acclaimed *Smoking in Bed: Conversations with Bruce Robinson* (*Guardian Book of the Year*), *Story and Character: Interviews with British Screenwriters* and *Hampton on Hampton* (*Observer Books of the Year*).

William Boyd was born in 1952 in Accra, Ghana, and grew up there and in Nigeria. He is the author of 16 highly acclaimed, bestselling novels and five collections of stories. He is married and divides his time between London and south-west France. His most recent novel, *Trio*, was a *Sunday Times* bestseller.

The Mirror and the Road

Alistair Owen and William Boyd

Conversations with William Boyd

November 2023

ISBN: 9780241987339

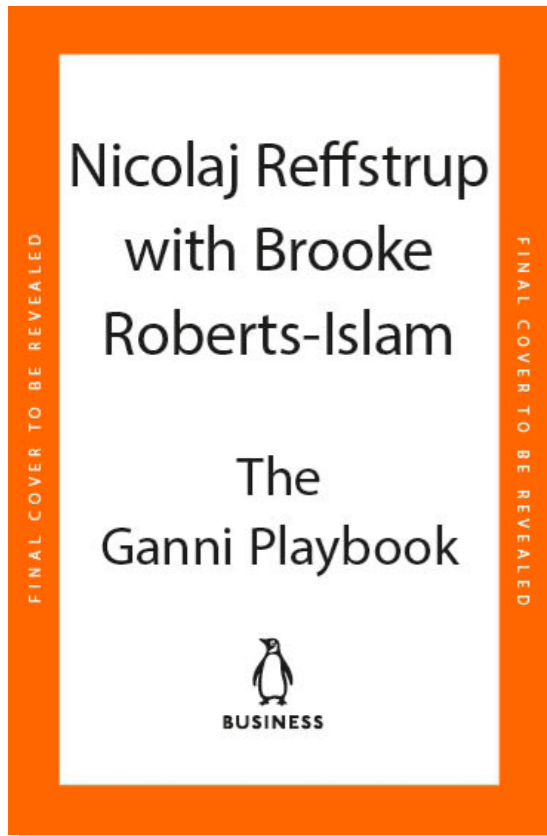
B Format

£10.99

Paperback

352 Pages





GANNI founder Nicolaj Reffstrup offers a responsible business playbook for a new generation

WE ARE ALL HYPOCRITES/WE ARE ALL FROGS IN A BOILING POT | ARE YOU VULNERABLE ENOUGH? | YES! IS MORE | BE HYPER VIGILANT, OR ELSE | FIGHT THE FEAR

These are some of the riotous mantras that have guided GANNI to global stardom. A fashion B-Corp adored by supermodels, #GANNIGirls and global leaders, GANNI are sustainability trailblazers on a mission to change business forever.

Founder Nicolaj Reffstrup reveals the philosophy that has guided GANNI and shows what it takes to take culturally, financially and creatively to build a future-ready, responsible brand - and how you can too.

Nicolaj Reffstrup is Founder of Danish fashion brand GANNI and was CEO for 10 years, alongside his wife and Creative Director, Ditte Reffstrup. In 2019 Nicolaj and Ditte Reffstrup were welcomed to the BOF500 definitive list of people shaping the global fashion industry. Alongside his work at GANNI, Nicolaj is a trusted industry expert and has sat on the board of Danish Fashion Institute, Copenhagen Fashion Week and Global Fashion Agenda. Most recently Nicolaj has also joined Giant Ventures, a venture capital firm focused on green and responsible projects, as a guiding Venture Partner. Nicolaj has a Master's in Information Technology from the IT University of Copenhagen and a Bachelor in Economics and Philosophy from Copenhagen Business School.

The GANNI Playbook

Nicolaj Reffstrup with Brooke Roberts-Islam

Forget the Hype, Running a Responsible Business is Easy

November 2023

ISBN: 9780241656556

Demy Octavo

£20.00

Hardback

256 Pages



Madhouse

PJ Gallagher

November 2023

ISBN: 9781844885978

Trade Paperback

£17.99

Trade Paperback

320 Pages



Nothing about PJ Gallagher's life has followed the usual script. Born in a mother-and-baby home, he arrived in Dublin at six months old and spent much of his childhood knocking back Lucozade with the local alcoholics in his parents' northside pub. But the chaos that reigned for his first ten years was as nothing compared to what happened when - having lost the pub - his mother took in psychiatric patients from the local hospital to give them 'care in the community'. Now it was a household of ten - PJ, his sister, his parents and six lost souls. Worst. Idea. Ever.

Madhouse is the riotous story of PJ's early life. The fantasies that come with being adopted. Being a kid when the adults around you are having a non-stop party, when not obsessing about God (the stay in Camp Jesus when he thought they were going to Trabolgan - he's still recovering from that). His utter disinterest in school. Discovering his talent for comedy and creating iconic characters like Jake Stevens, the Dirty Aul One and Jumper Man on *Naked Camera*.

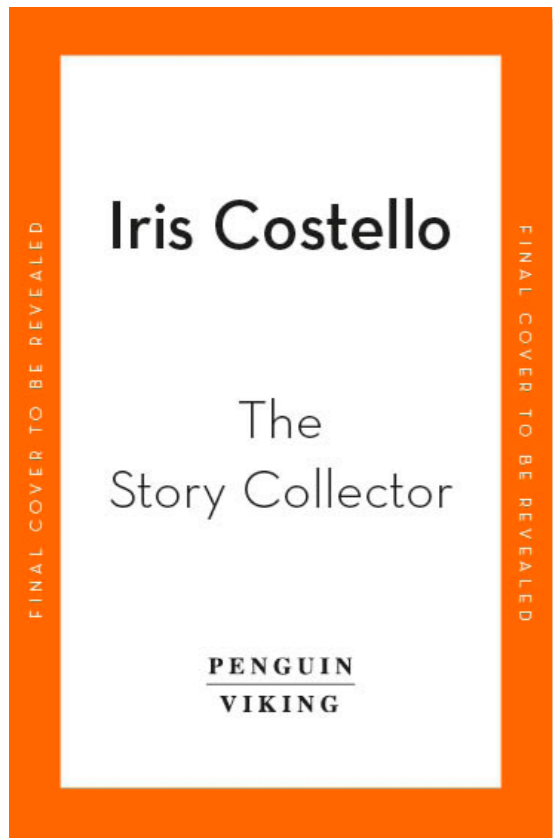
PJ also writes powerfully about mental breakdown and what he learned from his spell in a psychiatric hospital. Most surprising - to PJ more than anyone - is the prospect of becoming a dad in his late forties, when he always thought 'family' was a dirty word and avoided commitment.

Madhouse is the quirky, funny and moving story of someone just trying to keep his head above water - and how he is finally making sense of it all!

PJ Gallagher is a comedian from Dublin. He starred in RTÉ's *Naked Camera* from 2005 to 2007. He is a graduate of the Gaiety School of Acting and performed in the 2016 Dublin Theatre Festival in *Alien Documentary*, directed by Una McKeivitt. They worked together again on *Madhouse*, which premiered at the Dublin Fringe Festival in 2018. He also appeared in the IFTA-winning 2016 film *The Young Offenders* and in the three subsequent RTÉ/BBC TV series inspired by the film.

DECEMBER

2023



Three women. A long-buried secret. The story that could free them all . . .

London, 1915: Tarot reader Katerina is trying to hold her life together amid the wartime chaos. When she opens a bakery that offers divination alongside sweet treats, she is hailed as a beacon of hope. But Kitty is hiding a dark truth that could cost her everything.

Germany, 1918: A mute British soldier is taken to a prisoner of war camp where he meets Miriam, a researcher. She is drawn to his gentle manner and secretly vows to help him. But soon she will have to make an impossible choice: will she save the one she loves, or herself?

Cornwall, present day: Recently widowed Edie is astonished to discover a mysterious box hidden in the wall of her newly renovated cottage. As Edie starts to investigate, she uncovers a secret that has lain hidden for over a century . . .

***The Story Collector* tells the story of three people, divided by time and circumstance yet bound by a long-held secret.**

Iris Costello is the pseudonym of Nuala Ellwood, who was born in 1979. She has a BA Hons degree in Sociology from Durham University and a Master's in Creative Writing from York St John University where she is a visiting lecturer in Creative Writing. The author of six highly acclaimed novels, Nuala has a teenage son, Luke, and is based in York and South London.

The Story Collector

Iris Costello

December 2023

ISBN: 9780241999110

B Format

£9.99

Paperback

336 Pages



Have you ever had a break-up so bad you wish the whole relationship had never happened?

Well, Gemma's wish has come true. After one too many margaritas lead to her mystical aunt reading out a drunken spell, she wakes up in a parallel world where she didn't give years of her life to the wrong man.

But you know what they say – be careful what you wish for . . . Because not only is her boring ex out of the picture, her extremely attractive male best friend also has no idea who she is.

And in this world, Gemma and Dax don't have years of friendship history keeping them from becoming something more . . .

Kate Robb dated a lot of duds (and a few gems) in her twenties, all providing excellent fodder for weird and wonderful romantic comedies. She lives just outside of Toronto, Canada, where she spends her free time pretending she's not a hockey mom while whispering 'hustle' under her breath from the bleachers, a pinot grigio concealed in her YETI mug. She hates owls, the word 'whilst' and wearing shorts, and aspires to one day be able to wear four-inch heels again. *This Spells Love* is her debut novel.

This Spells Love

Kate Robb

December 2023

ISBN: 9781405959100

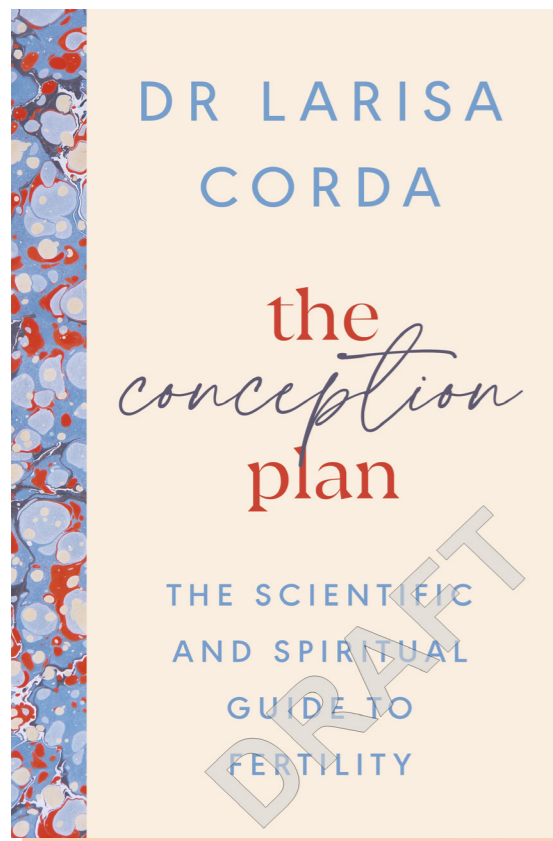
B Format

£8.99

Paperback

384 Pages





The expert guide to boosting your fertility and whole-body health.

The struggle to conceive is real and much bigger than most of us have been led to believe. 1 in 6 couples face difficulty with this during their lives and up to 25% of women will have trouble getting pregnant. The agonizing chronic and silent burden of infertility is a global epidemic.

Blending holistic concepts from both Western and Eastern medicine, *The Conception Plan* will explore how the pillars of diet, exercise, stress management, toxin-free living, sleep optimization, sex and relationships can influence both fertility and whole-body health.

NHS OB-GYN, Dr Larisa Corda, will equip readers with techniques and expert advice on how to take care of the sperm and eggs you have, the womb environment that will dictate so much of your baby's health, and how you can extend your own lifespan and boost your wellbeing at the same time as maximizing fertility.

We're entering an age where people are more desperate than ever to take control of their bodies and create a new blueprint for health that reconditions our fertility and epigenetically shifts future generations towards better physical and emotional wellbeing. Dr Corda's plan will put us on the right track to successfully achieving this.

Dr Larisa Corda is an Obstetrician and Gynaecologist and one of the UK's leading fertility experts. She qualified from Imperial College London and has trained in both the UK and Australia. She believes in a holistic approach to treating a patient that addresses many lifestyle factors, as well as a combination of Eastern and Western medical approaches.

She is a passionate women's rights ambassador with roles on a number of international charities such as UN Women and The Circle. She is ITV *This Morning's* and Channel Mum's resident Fertility Expert. She is a brand ambassador for KicksCount and Wellness Sisters, and has her own website where she offers support and guidance to those wanting a natural approach to fertility. Her uniquely devised programme for fertility and pregnancy, *The Conception Plan*, was aired on *This Morning*.

The Conception Plan

Dr Larisa Corda

The scientific and spiritual guide to fertility

December 2023

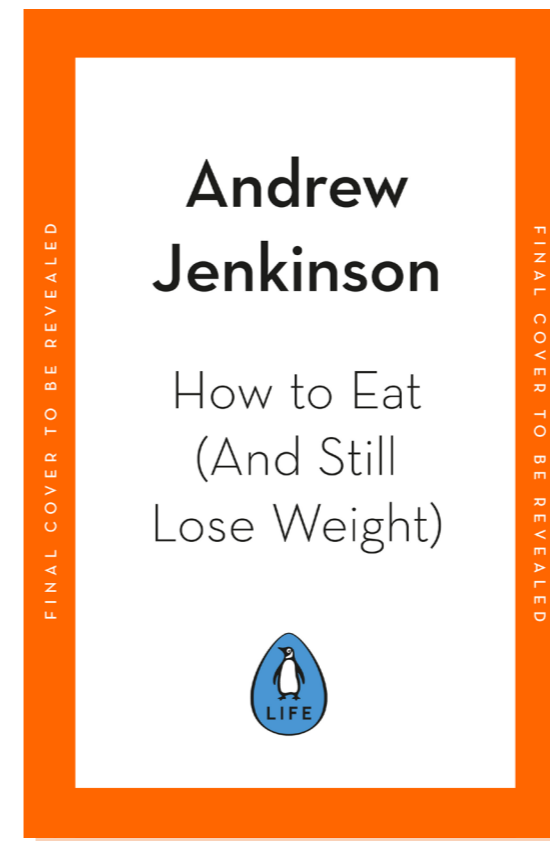
ISBN: 9780241524466

Royal Octavo

£16.99

Trade Paperback

256 Pages



An expert's guide to how to eat well and lose weight over the long term

In his bestselling book *Why We Eat (Too Much)*, consultant surgeon Dr Andrew Jenkinson introduced us to the science of appetite, setting out his unique theory of the 'weight set point' and showing that there is so much more to the science of metabolism than 'calories in, calories out' or losing weight through exercise.

Now, in *How to Eat (And Still Lose Weight)*, Jenkinson shows you how, with an understanding of the science of the brain and body, you can enjoy food, avoid crash dieting and lose weight - for good.

Using a combination of cutting-edge metabolic science, together with strategies like aversion, habit creation and mental reprogramming, *How to Eat* will show you how your body and brain work when it comes to diet and nutrition, and how to arm yourself against the malicious presence of food marketing, junk food and the harmful effects of the Western diet.

Filled with science-backed tips and techniques, this book will help you implement lasting changes, eat well and feel good.

Dr Andrew Jenkinson is a consultant surgeon with a special interest in advanced laparoscopic, or keyhole surgery. He is part of an expert team developing advances in gastrointestinal (stomach and bowel) surgery at University College Hospital in Bloomsbury, central London.

How to Eat (And Still Lose Weight)

Andrew Jenkinson

December 2023

ISBN: 9780241627983

Demy Octavo

£18.99

Hardback

224 Pages



PAPERBACKS

AUGUST

The Whalebone Theatre

Joanna Quinn

JULY

Red Devils

Mark Urban

Guest at the Feast

Colm Tóibín

SEPTEMBER

Bournville

Jonathan Coe

How to Write About Africa

Binyavanga Wainaina

OCTOBER

Lucy by the Sea

Elizabeth Strout

NOVEMBER

Fighting for Life

Isabel Hardman

Dirty Laundry

Disha Bose



FIG TREE

**HAMISH
HAMILTON**

PENGUIN BUSINESS

PENGUIN LIFE

SANDYCOVE

VIKING

