

Stolen History

by Sathnam Sanghera

Activity 1: Nutmeg

- What is nutmeg? _____

In the box, try to draw a nutmeg. What do you think it looks like?



Your teacher will now show you some nutmeg.

Describe the nutmeg using the 5 senses. Think about:

- What does it look like?
- What does it feel like?
- If you squeezed it, what would it sound like?
- What does it smell like?
- Finally, what does it taste like?

Share your description with the person sitting next to you.

- Where do you think nutmeg comes from?
- Watch the video. Were you correct?

Challenge: How is nutmeg linked to New York city? _____



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Activity 2: Tea

- Do you drink tea? _____
- Does anyone else in your family drink tea? _____
- What time of day do you like drinking tea the most? _____
- If people didn't drink tea, what do you think they would drink instead? _____
- Where do you think tea comes from? _____
- What is the East India Company? _____

Challenge: Who was Robert Fortune?

Challenge: How did tea reach India?

Challenge: Why did tea reach India?

Talk to your partner. Can you make a list of all the different types of tea that you can get now?

If you had to invent a new flavour of tea, what would it be? Why have you chosen to invent this tea? In the box, write a description of what your new tea tastes like.



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Activity 3: Diamonds

Write down 5 connotations of the word 'diamond'. For example, precious or valuable.

- _____
- _____
- _____
- _____
- _____

One of the most famous diamonds in the world is the Koh-i-noor diamond. This is found in the crown jewels. Koh-i-noor means 'mountain of light'. **Challenge:** Why do you think this is this?

The diamond was taken from a ten-year-old Sikh boy called Duleep Singh by the British in 1849 and given to Queen Victoria. Now the Sikhs want it back.

- Do you think that the diamond should be given back to the Sikhs?

Write a letter to your teacher expressing your point of view on this issue. Try to write using formal language and aim to write in paragraphs. When you have finished writing your letter share it with your partner.

Dear X,

I am writing to you today about the Koh-i-noor diamond. I think that the Koh-i-noor diamond....

The reason I think this is because...

Thank you for taking the time to read my letter.

Yours Sincerely,

X



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Activity 4: Worcestershire Sauce

- What is Worcestershire Sauce? _____

- Where do you think it comes from? _____

- What ingredients do you think are in the sauce? _____

- What is your favourite sauce? _____
- Why do you like it so much? _____

Your task now is to invent your own sauce!

- Is your sauce going to be sweet or savoury?
- What ingredients are you going to put in your sauce?

Challenge: What are you going to eat your sauce with?

Write down the recipe for your sauce, and then share it with the rest of the class.

Name of My Sauce: _____

Ingredients: _____

Recipe: _____



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Activity 5: Coca Cola

- Have you ever tasted Coca Cola? _____
- What do you think it tastes like? _____

- What do you think gives it that taste? _____

- How different would your food taste if you did not have any sugar in it? _____
- Where does sugar come from? _____

- Have we ever grown sugar in the UK? _____
- Why did the UK start getting sugar from abroad? _____

Challenge: How did the British make money when they started importing sugar? Do you think this was fair?

Activity: Write a description of your day if you did not eat any sugar at all. Would your day be happier or sadder? Why?

