



# 3am Thoughts

Nicola Bulman

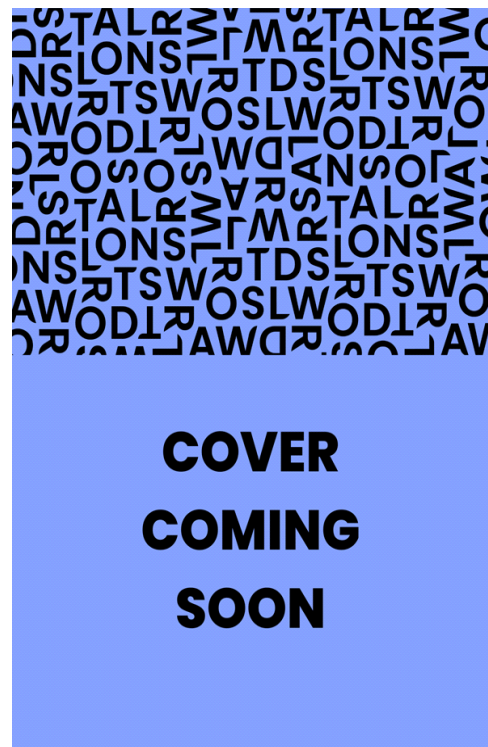
From the Tik Tok creator who brought you the popular #LetsTalk journal comes the latest instalment - a powerful, texting-themed journal for the loneliest times.

**Where do your feelings go when everyone around you feels unavailable, even in person?**

In this interconnected world, various apps and social media feeds give the impression of increased companionship. With the tap of a button we can breach the distance and fold loneliness away. But what do you do when you find yourself staring at a phone with no one to talk to? When you have dozens of contacts and no replies? No vulnerable connections and the anxiety that what you have to say is too much or comes up too late in the day?

This journal is the written notification you ping to yourself. It is the reply from within, where you can say how you *really* are. A friend without a sleeping schedule, who isn't too busy for you. An ear without judgement. A place to lay what weighs the mind before bed.

Nicola Bulman is a UK based author. She wrote and self-published her own guided journal in February 2021 called *Let's Talk*, which achieved #1 best seller in the Psychology and Mental Health category on Amazon. The book is filled with prompts to respond to based on emotions felt at the time. The layout of Nicola's journals resembles text messages to provide the feeling of talking to someone for the people who may feel isolated and alone. Due to the amazing response from her first book, she plans to make a series of journals and promote them as widely as possible. She knows the true importance of raising awareness around mental health and her goal is to help as many people as possible.



July 2023  
9781804992333  
B Format (TW)  
£9.99 : Paperback  
224 pages

## Putin's Prisoner

My Time as a Prisoner of War in Ukraine

Aiden Aslin and John Sweeney

**The first account from a prisoner of war in the Russia-Ukraine conflict. A shocking, hugely powerful memoir by British-born Ukrainian marine Aiden Aslin, who spent six months in Russian captivity.**

Aiden Aslin joined the Ukrainian marines in 2018, compelled to defend his adopted homeland from the growing threat of Russian invasion. In February 2022, as Russia mounted a full-scale offensive, Aiden and his unit were stationed at the frontline at Mariupol.

Pinned down at a Mariupol steelworks, after a month-long siege and running out of supplies, Aiden was part of the mass surrender of over a thousand Ukrainian troops, in April 2022. Then his real ordeal began.

Singled out for his British passport, Aiden was interrogated, tortured, stabbed, turned into a propaganda zombie, tried by a kangaroo court and then sentenced to death. A victim of a catalogue of abuses of international law, Aiden struggled to cling on to any hope of survival. Certain that he was going to be executed, he was eventually freed in a prisoner exchange and permitted to return home.

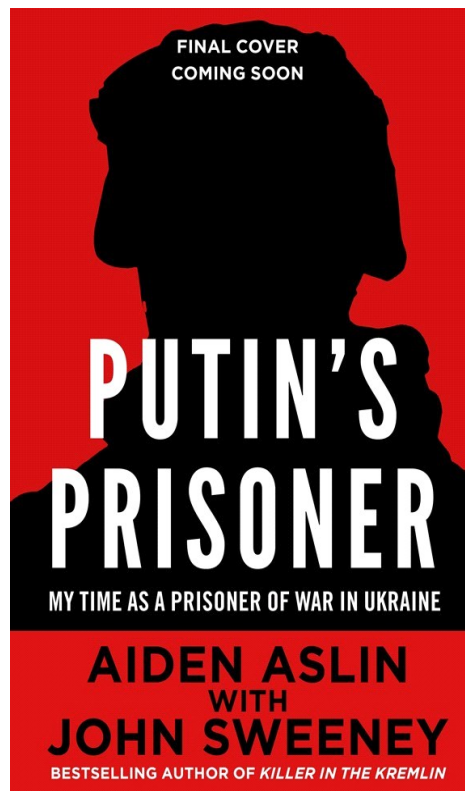
In *Putin's Prisoner*, Aiden will tell the full, harrowing story of his time fighting in Putin's war, of his six months in Russian captivity, and of his hardened resolve to defend the freedoms of the people of Ukraine.

### Aiden Aslin (Author)

**Aiden Aslin** is a British-born resident of Ukraine. Living in Mykolaiv with his fiancé, he joined the Ukrainian marines in 2018 and was called to the frontline ahead of the Russian invasion in February 2022. He was one of over a thousand soldiers who surrendered after the month-long siege at the Mariupol steelworks, whereupon he was singled out for his British passport. His surrender, captivity, treatment and subsequent release received global media attention.

### John Sweeney (Author)

**John Sweeney** is a writer and journalist who, while working for the BBC, has challenged dictators, despots, cult leaders, con artists and crooked businessmen for many years. Sweeney has covered wars and chaos in one hundred countries and been undercover to a number of tyrannies, including Chechnya, North Korea and Zimbabwe. The author of fourteen books including the Sunday Times bestseller, *Killer in the Kremlin*, he reports on the war in Ukraine.



July 2023

9780857505293

£20.00

Royal Octavo : Hardback

288 pages

## That Peckham Boy

### Growing Up, Getting Out and Giving Back Kenny Imafidon

**Kenny Imafidon found himself in prison aged eighteen. This is his manifesto about creating positive change for people on the fringes of society.**

**For fans of *Poverty Safari* and *Skint Estate*, *That Peckham Boy* is a real-life manifesto calling for positive change for those on the fringes of society.**

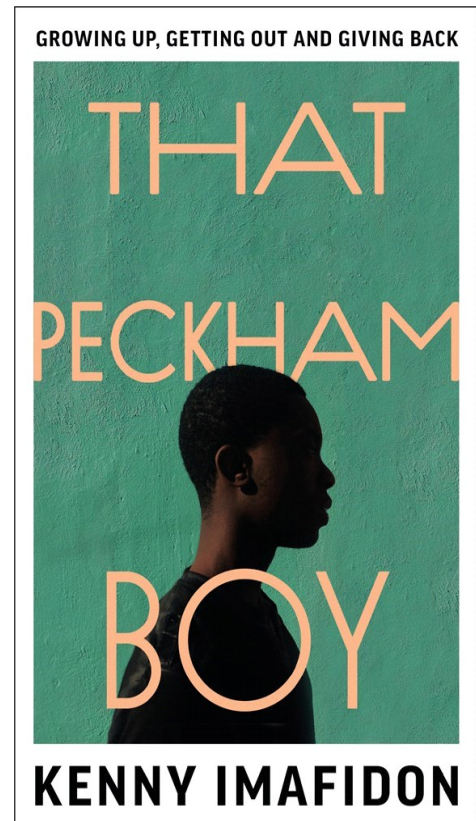
**'When you're writing the story of your life, make sure you're holding the pen. In this life you can be whoever you want to be.'**

Two days after his eighteenth birthday, Kenny Imafidon was charged with the murder of a seventeen-year-old boy in south-east London. The middle child of a single mother with ambitions for her children, Kenny grew up near an estate in Peckham where deprivation and hopelessness were rife, and gang culture flourished in his community. Kenny faced a minimum of thirty years behind bars - longer than the life he had lived.

When the case against Kenny collapsed, he quickly realised that his name was still inextricably linked with a horrific crime he hadn't committed. He decided to rewrite his story. It began with The Kenny Report, which he delivered to the House of Commons and which detailed the experiences of marginalised young people who drift into gangs, and has led to extensive work with charities, communities and policy-makers that is helping to change the narratives of other young people just like Kenny.

A candid and unfiltered take on some of the most challenging topics that define our times, *That Peckham Boy* is a personal manifesto exploring what it means to be young, Black and poor in the city. It is shaped by Kenny's difficult childhood, his transformative time in prison, and the people and conversations that took him from being on trial for murder into the company of some of the most successful people in the world.

Kenny Imafidon is a social entrepreneur, political commentator and activist. He is the co-founder and managing director of ClearView Research, which specialises in research and engagement projects focused on diverse and underrepresented communities. Kenny has written influential and award-winning publications and has led innovative partnerships with global brands such as Uber, Tinder and Deliveroo on campaigns to get young people registered to vote and to turn out in elections. Kenny is a trustee of several charities, including *BBC Children in Need*. In 2022 he was featured in Forbes' annual 30 under 30 list for Social Impact.



**July 2023**

9781911709190

£16.99

Demy Octavo : Hardback

304 pages

## No Offence, But...

How to have difficult conversations for meaningful change

Gina Martin

From 'Not all men,' to 'You can't say anything these days...', *No Offence, But...* is an empowering roadmap for tackling those problematic, harmful conversation-stoppers

*'In my work as a gender equality activist, the question I most get asked is, "how do you respond to...?", followed by one of those phrases that leave us feeling frustrated or tongue-tied. In this book, you'll find an empowering roadmap for changing the conversation on social justice issues.'*

In our increasingly polarised society, having productive discussions about social justice issues has never been more challenging, or more crucial. From the persistent ('not all men,' 'I don't see colour') to the insidious ('to play devil's advocate...', 'climate change is coming'), too often, antagonistic or problematic responses threaten to distract and derail our most urgent conversations.

Tackling twenty of the most enduring conversation-stoppers, *No Offence, But...* equips readers with the knowledge, tools and context to respond with confidence. Alongside other trailblazing writers, educators and advocates, acclaimed campaigner Gina Martin helps us to unpick these phrases, understand why they are harmful and feel empowered to change the conversation.

**Featuring chapters from Aja Barber, Ben Hurst, Cathy Reay, Charlie Craggs, Daze Aghaji, Ione Gamble, Koa Beck, Mariam Kemple Hardy and Azadeh Hosseini, Nova Reid and Salma El-Wardany.**

**Gina Martin** is a gender equality activist, speaker and writer whose work focuses on gender, misogyny and sexual violence. She is a proud ambassador for UNWomen UK and Beyond Equality.

Gina hosts workshops for teachers on sexual violence and misogyny, speaks in schools across the UK, and is currently training in facilitation.

She is a monthly columnist for Glamour UK, and has written for Vogue, GQ, Stylist, Grazia, the Telegraph, the World Economic Forum and others.

In 2019, Gina spearheaded the campaign which changed English and Welsh law and introduced the Voyeurism Act making upskirting a specific sexual offence. Two countries have followed suit. In 2020, she worked as a campaign lead for Nyome Nicholas-Williams changing Instagram's global breast-squeezing policy.



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9781787636361

£16.99

Demy Octavo : Hardback

336 pages



# A Purposeful Life

What I've Learned About Breaking Barriers and Inspiring Change

**Dawn Butler**

**One of Britain's first Black MPs shares the values, people and beliefs that have forged her trailblazing path to power and gives others the conviction to improve the world around them.**

Dawn Butler is the trailblazing Labour MP for Brent Central, best known for speaking truth to power. In 2021, she was famously ejected from the House of Commons for calling Boris Johnson a liar. Her tireless campaigning to eradicate injustice, from the Met Police to the NHS, has changed lives, but until now, she's never talked openly about what has inspired and motivated her to persevere in the face of oppression.

Drawing on lessons from her own life, Dawn shows how traditional routes to success and power are outdated and reveals that it's easier than we think to disrupt a broken system. She shares the values, people, places and beliefs that have helped her to forge her own authentic path to power. Through celebrating the strength of diverse communities, looking at an issue from all angles, and embracing intersectionality, she shows how we can drive real change. As the third Black woman ever to be elected as an MP, Dawn is a true pioneer, and now she is on a mission to give others the courage and conviction to dream big and improve the world around them.

**Ultimately, *A Purposeful Life* is uplifting and hopeful, showing how anybody can make positive change, even when our systems and structures feel irrevocably broken.**

Dawn Butler is the Labour MP for Brent Central, representing groups and people in society that are often underrepresented. Dawn was named the "most promising feminist under 35" by *New Statesman* magazine and was honoured as MP of the year at the 2009 Women in Public Life Awards. In 2020 she was named one of the 25 most influential women in the UK by *Vogue*.



August 2023  
9781911709329  
Royal Octavo  
£16.99 : Hardback  
320 pages

# Abroad in Japan

Chris Broad

**From YouTube sensation Chris Broad, the hilarious and insightful memoir of a Brit trying assimilate into life in Japan as he unravels the wonders and eccentricities of one of the world's most mysterious cultures.**

**\*FINAL COVER TO BE REVEALED\***

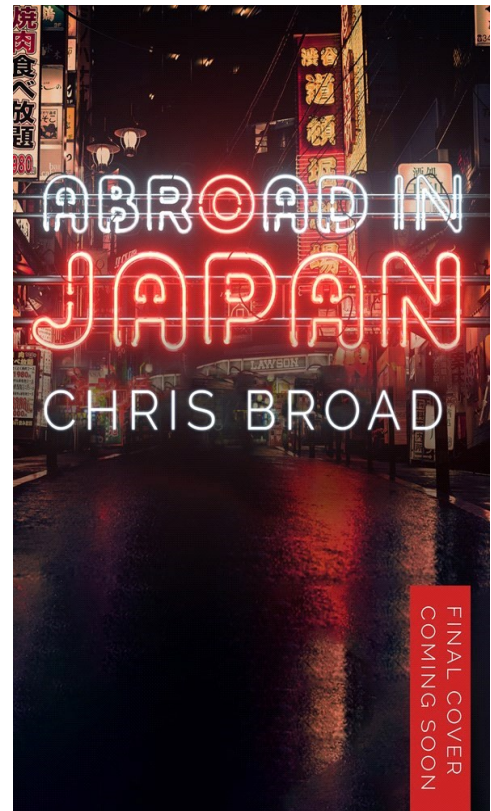
When Englishman Chris Broad landed in a rural village in northern Japan he wondered if he'd made a huge mistake. With no knowledge of the language and zero teaching experience, was he about to be the most quickly fired English teacher in Japan's history?

*Abroad in Japan* charts a decade of living in a foreign land and the chaos and culture clash that came with it. Packed with hilarious and fascinating stories, this book seeks out to unravel one the world's most complex cultures.

Spanning ten years and all forty-seven prefectures, Chris takes us from the lush rice fields of the countryside to the frenetic neon-lit streets of Tokyo. With blockbuster moments such as a terrifying North Korean missile incident, a mortifying experience at a love hotel and a week spent with Japan's biggest movie star, *Abroad in Japan* is an extraordinary and informative journey through the Land of the Rising Sun.

**Chris Broad** is a British filmmaker and founder of the Abroad in Japan Youtube channel, one of the largest foreign Youtube channels in Japan with over 2.5 million subscribers and 400 million views.

Over 10 years and 200 videos, Chris has visited all of Japan's 47 prefectures, focussing *Abroad in Japan* on travel, culture, food and covered contemporary issues through documentaries on the Fukushima nuclear disaster and the Tohoku earthquake and tsunami. His experiences have made him a sought after voice on life inside Japan, featured on the BBC, Tedx, NHK and the Japan Times.



August 2023  
9781787637078  
Demy Octavo  
£16.99 : Hardback  
320 pages

## Nowhere to Run

The ridiculous life of a semi-professional football club chairman

### Jonathan Sayer

**A hilarious account of life at the helm of a non-league football club, offering a candid insight into the on-field misfortunes and off-field disasters in the lower tiers of the football pyramid.**

On the second oldest football pitch in the world, Jonathan Sayer stands atop a beer crate to address the assembled fans of Ashton United FC. As his initial optimism begins to slip through his fingers, the new co-chairman and co-owner (alongside his dad) starts to realise the scale of the challenge ahead.

Battling to keep the club afloat, a record number of games without a win sees hope turn to despair as Jonathan contends with a mutiny from a group of octogenarian supporters, constant battles with the local council and a star striker who arrives on crutches despite somehow passing his medical.

As the on-pitch form continues to deteriorate and rifts appear between him and his father, Jonathan begins to make some increasingly desperate decisions: dressing as a seven-foot robin in the local market in an effort to drum up larger crowds, sinking his savings into an ever spiralling wage bill and even contemplating bringing in a local priest to lift the 'Boxing Day Curse' by performing a late-night exorcism on the pitch.

Chronicling the euphoric highs and bitter disappointments of the less glamorous side of the beautiful game, *Nowhere to Run* is the hilarious, heart-warming tale of life in the hot seat of a non-league football club.

**Jonathan Sayer** is an award-winning comedy playwright and screenwriter; he is the co-author of *The Play That Goes Wrong* (*Henry Lewis, Henry Shields*), *Peter Pan Goes Wrong*, *The Comedy About A Bank Robbery*, *Groan Ups*, *Magic Goes Wrong* (Penn & Teller), *The Mind Mangler* *Member of The Tragic Circle* and *The Goes Wrong Show* (BBC One- series 1&2). He is a writer, performer and Creative Director of Mischief Comedy. His work has been performed internationally in forty-six territories including The West End and Broadway.

As a footballer Jonathan played his only competitive game for *AFC Stanley Tigers* U13's in the late nineties. He was brought on as a half time substitute and substituted again shortly after gifting the opposition three goals in five minutes. After his debut *Accrington Stanley* ended its official ties to the team and Jonathan took the decision hang up his brand new boots for good.



**August 2023**

9781787636897

£16.99

Royal Octavo : Hardback

288 pages



## Word Monkey Christopher Fowler

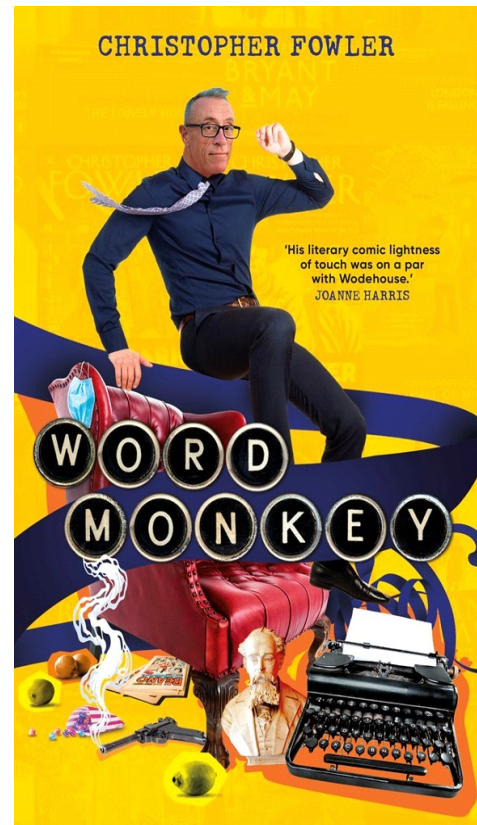
**The acclaimed author of the Bryant & May series and the award-winning *Paperboy* writes about how he became a writer and what it's meant to him while weaving into this a candid, moving (and often surprisingly funny) account of having to confront his own mortality in what he knows - and we know - will be the final chapter in his personal story.**

This is the memoir Christopher Fowler always wanted to write about 'writing'.

It's the story of how a young bookworm growing up in a house where there was nothing to read but knitting pamphlets and motorcycle manuals became a writer - a 'word monkey' - and pursued a sort of career in popular fiction. It's a book full of brilliant insights and sharp observations about the highs and lows and pitfalls and pleasures of his profession and about his favourite (and not-so-favourite) novelists. For would-be writers, *Word Monkey* is a treasure trove of sage advice on what to watch out for, to approach with caution or, indeed, to avoid at all costs.

But woven into this hugely entertaining, inspiring and politely opinionated account of a writer's life is an altogether darker thread. Because in Spring 2020, as the world went into lockdown, Chris was diagnosed with terminal cancer and his world was turned upside down. And yet *Word Monkey* is anything but a misery memoir. In prose as light as air, he recounts with candour, grace and typically self-deprecating humour what he came to realise would be the final chapter in his story. The result is a deeply moving, often very funny and surprisingly uplifting account of someone suddenly having to confront and come to terms with their own mortality.

**Christopher Fowler** was the multiple award-winning author of almost fifty novels and short story collections, including the celebrated Bryant & May mysteries. His other novels include *Roofworld*, *Spanky*, *The Sand Men* and *Hot Water*. He has also written two acclaimed memoirs, *Paperboy* (winner of the Green Carnation Prize) and *Film Freak*, plus *The Book of Forgotten Authors* and *Peculiar London*, Bryant and May's singular and eccentric guide to the city. In 2015 Chris was awarded the Crime Writers Association's coveted 'Dagger in the Library' for his body of work. He lived in London and Barcelona. Diagnosed with cancer just as the UK went into lockdown in 2020, Chris died on 2nd March 2023.



**August 2023**

9780857529626

£18.99

Demy Octavo : Hardback

360 pages

# Walking the Bones of Britain

A 3 Billion Year Journey from the Outer Hebrides to the Thames Estuary

**Christopher Somerville**

**Blows the dust off geology to tell the incredibly dramatic story of all the upheavals, volcanic explosions, sea inundations and violent quakes that have shaped our landscape, human history and our everyday lives.**

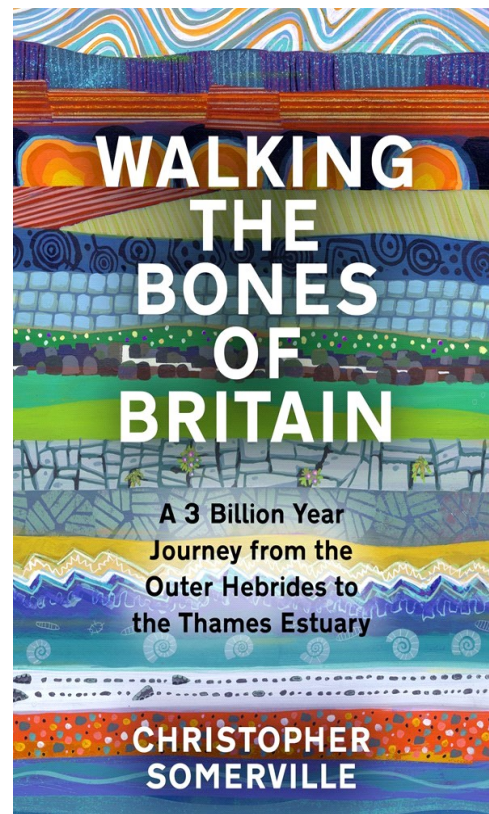
Travelling a thousand miles and across three billion years, Christopher Somerville (walking correspondent of *The Times* and author of *Coast*, *The January Man* and *Ships of Heaven*) sets out to interrogate the land beneath our feet, and how it has affected every aspect of human history from farming to house construction, the Industrial Revolution to the current climate crisis.

In his thousand-mile journey, Somerville follows the story of Britain's unique geology, travelling from the three billion year old rocks of the Isle of Lewis, formed when the world was still molten, down the map south eastwards across bogs, over peaks and past quarry pits to the furthest corner of Essex where new land is being formed by nature and man.

Demystifying the sometimes daunting technicalities of geology with humour and a characteristic lightness of touch, Somerville's book tells a story of humanity's reckless exploitation and a lemming-like surge towards self-annihilation but also shows seeds of hope as we learn how we might work with geology to avert a climate catastrophe.

It cannot fail to change the way you see the world beyond your door.

Christopher Somerville is the walking correspondent of *The Times*. He is one of Britain's most respected and prolific travel writers, with forty-two books, hundreds of newspaper articles and many TV and radio appearances to his name. He lives in Bristol.



August 2023  
9780857527110  
Royal Octavo  
£25.00 : Hardback  
432 pages  
maps and a time chart + 16pp of colour

## Big Meg

The Story of the Largest, Fiercest and Most Mysterious Shark

**Tim Flannery and Emma Flannery**

**The extinct apex predator - three times the size of the largest great white shark - is brought vividly to life by the celebrated palaeontologist and environmentalist.**

**Imagine a ferocious marine hunter up to 20 metres long, weighing twice as much as a humpback whale and ten times more than *Tyrannosaurus rex*.** With jaws that open three metres wide, crammed with 276 serrated fangs, it can bite down with the greatest force of any animal that has ever lived.

This is the Megalodon, and it once existed 3 million years ago. Next to the dinosaurs, wiped out 66 million years ago, it is but a stone's throw into our murky past when monsters reigned. Its name means 'giant tooth' but everything about it is gigantic: its exceptional lifespan, each stalking the ocean deep for more than a century, and its pups, born at more than two metres long, having likely eaten their siblings in the womb.

Marking a milestone in paleontology, in *Big Meg* acclaimed conservationist, palaeontologist and explorer Tim Flannery and his scientist daughter Emma tell the story of this enthralling great shark for the first time - what we know about where and how it lived, bred, hunted and died. He also shows how it continues to fascinate us. Despite its extinction, the big meg continues to kill a few humans each year: its victims those who dive in murky and dangerous waters in search of its glorious, magnetically beautiful relics.

From the stories we tell about it, to the quest to uncover more of the mystery surrounding it, this is the biography of the ultimate apex predator and a compelling exploration of its awesome grip on the human imagination today.

### **Tim Flannery (Author)**

Professor Tim Flannery is a palaeontologist, conservationist, and leading writer on climate change, whose previous books include *The Weather Makers*. Currently he is Distinguished Visiting Fellow in Climate Change at the Australian Museum, Sydney.

### **Emma Flannery (Author)**

Emma Flannery is a scientist and writer. She has explored caves, forests and oceans across most of the globe's continents in search of the elusive fossils, animals and plants. Her research and writing on geology, chemistry and palaeontology has been published in scientific journals, children's books and a number of museum-based adult education tours.



**September 2023**

9780857529534

£18.99

Royal Octavo : Hardback

208 pages

8pp colour

# The Savage Storm

The Battle for Italy 1943

James Holland

**This is World War 2 in microcosm told through the brutal story of the most pivotal campaign the Allies were to fight by one of the UK's most acclaimed and bestselling historians**

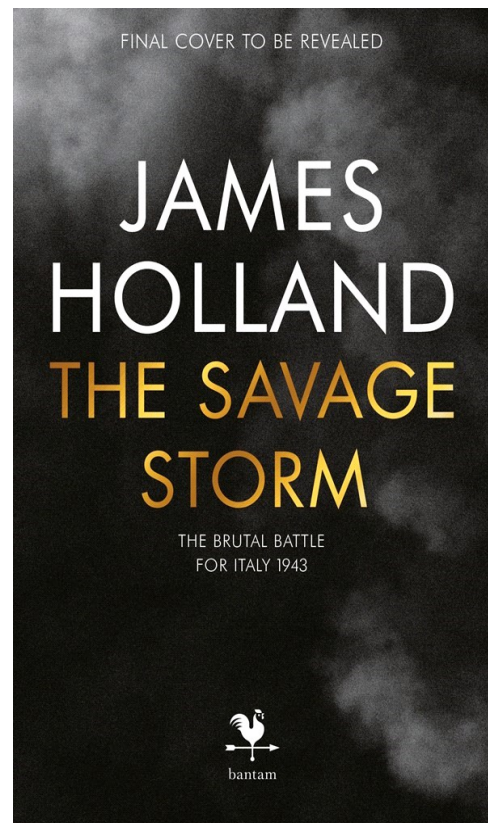
With the invasion of France the following year taking shape, and hot on the heels of victory in Sicily, the Allies crossed into Southern Italy in September 1943. They expected to drive the Axis forces north and be in Rome by Christmas. And although Italy surrendered, the German forces resisted fiercely and the swift hoped-for victory descended into one of the most brutal battles of the war.

Even though shipping and materiel were already being safeguarded for the D-Day landings, there were still huge expectations on the progress of the invading armies, but those shortages were to slow the advance with tragic consequences. As the weather closed in, the critical months leading up to Monte Cassino would inflict a heavy price for every bloody, hard fought mile the Allied troops covered.

Chronicling those dark, dramatic months in unflinching and insightful detail, *The Savage Storm* is unlike any campaign history yet written. James Holland has always recounted the Second World War at ground level, but this version telling brings the story vividly to life like never before. Weaving together a wealth of letters, diaries, and other incredible documents, Holland traces the battles as they were fought - across plains, over mountains, through shattered villages and cities, in intense heat and, towards the end, frigid cold and relentless rain - putting readers at the heart of the action to create an entirely fresh and revealing telling of this most pivotal phase of the war.

James Holland is a historian, writer and broadcaster. The author of a number of bestselling histories, including *Battle of Britain*, *Dam Busters*, *Normandy '44* and, most recently, *Brothers In Arms*, he has also written nine works of historical fiction, including the Jack Tanner novels.

He has presented - and written - a large number of television programmes and series for the BBC, Channel 4, National Geographic, and the History and Discovery channels.



September 2023  
9781787636682  
Royal Octavo  
£25.00 : Hardback  
640 pages  
3 x 8pp black & white illustrations,  
20+ pages of maps and diagrams



## Level Up

Get Focused, Be More Productive, and Actually Improve 1% Every Day

**Rob Dial**

***Level Up* is a revolutionary 6-step programme from the founder of the Mindset Mentor podcast, to harness your willpower to make small actions every day to build momentum to achieve life-changing success.**

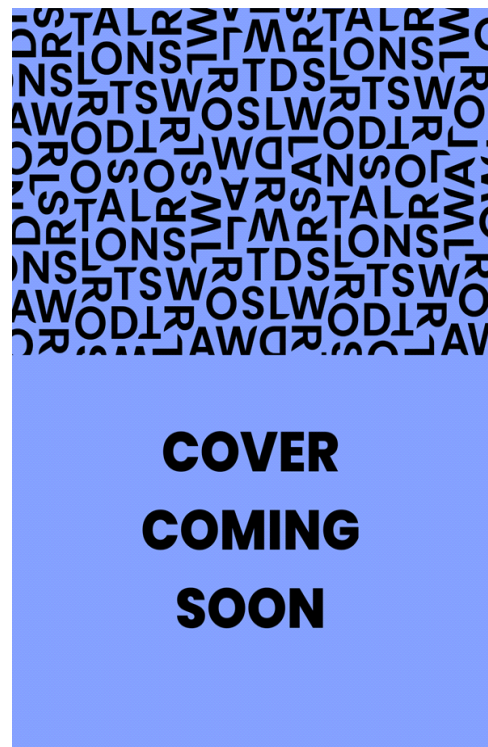
Why is it so hard to actually achieve our goals?

The answer, Rob Dial tells us, is our mindset. We focus on the finished goal, we focus on the outcome, we focus on the many steps between here and there, and in doing so, we get stuck. In his years spent studying human behavior and coaching numerous clients, Dial has found that what people most struggle with is not identifying goals, or even having the motivation to reach them, but creating and sustaining momentum to long-term success. The secret: all we have to do is get just 1% better each day to make huge strides and achieve our goals. When you master your mindset, you master your life.

In this positive, pragmatic book, Rob Dial draws on his own personal story as well as his achievements helping thousands of clients, to create a 6 step programme - Focus, Work, Persist, Rest, Reward, Repeat - that will allow you create and commit to meaningful change in any aspect of your life. Packed with proven strategies for productivity and neuro-hacks, we can literally rewire our brains to take the necessary action that leads to change. Combining research-backed science, insightful journal prompts, invaluable examples from real clients, and actionable tools, *Level Up* empowers readers to create their own roadmap to success.

**Rob Dial** is a podcaster, speaker, coach and viral content creator. He has amassed a passionate following of over 2 million social media followers with his expertise and passion for helping motivate people to become the best version of themselves.

Rob challenges people to live a life of love and purpose. He has been featured in Forbes and Inc for his ability to connect with his listeners. Over the past 15 years, he has studied with some of the greatest thought leaders of our time like Tony Robbins, Ram Dass, Dr. Joe Dispenza, and many more.



October 2023  
9781911709008  
Royal Octavo  
£15.99 : Trade Paperback  
304 pages

# Precious

The History and Mystery of Gems Across Time

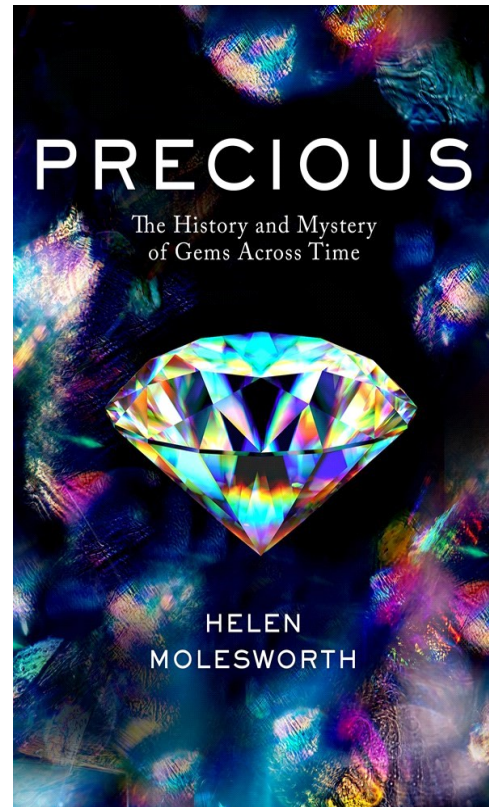
**Helen Molesworth**

**World-renowned gemmologist, Helen Molesworth traces the journey of gems, showing how their remarkable stories are a sparkling new way of exploring the history of humanity.**

When Helen Molesworth joined the gem and jewellery industry she began her own love affair with one of humanity's oldest and richest fascinations. For as long as people have known about gemstones they have treasured them. Born of violent geological events and the chance meetings of minerals, their stories are an extraordinary journey through time, and are significant to the human narrative in as many ways as they boast sparkling facets.

Selecting ten of nature's most dazzling jewels, Helen Molesworth makes journeys across the world to trace stones from their discovery to the moment a glimmering cut and polished masterpiece is traded, and then fought over, adorns oligarchs and kings, falls out of favour, and then raises eye-watering sums in another age. Touching on history and politics, archaeology and engineering, geography and geology, chemistry and physics, psychology and romance, fine art and high finance, her book is rich with great stories and has something for everyone.

Helen's career has spanned the global gem and jewellery industry, from roles with leading auction and jewellery houses to academic posts. For ten years she was a jewellery specialist for Sotheby's and Christie's in London and Geneva, where she handled sales of global importance including the private jewellery collection of HRH The Princess Margaret in 2006. She has since held roles as Professor of Jewellery at the Geneva University of Art and Design, Managing Director of the House of Gübelin, Head of Business Development at Gembridge, and most recently as the Senior Jewellery Curator at the Victoria and Albert Museum. Precious will be her first book for the trade.



October 2023  
9780857529091  
Royal Octavo  
£25.00 : Hardback  
352 pages  
16pp colour photos + colour map  
endpapers

## Mosquito

The RAF's Legendary Wooden Wonder and its Most Extraordinary Mission

Rowland White

The incredible story of one of WW2's most iconic aircraft told through one impossible mission by the master of the aviation thriller

'White writes narrative history like a novelist' *Navy News*  
'A story of skill, courage and imagination' *The Spectator*  
'Rowland White has crafted yet another brilliant account of aerial warfare' John Nicol

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Built of lightweight wood, powered by two growling Rolls-Royce Merlin engines, impossibly aerodynamic, headspinningly fast and armed to the teeth, the de Havilland Mosquito was the war-winning wonder that should never have existed: the aircraft the RAF didn't think it wanted then couldn't do without.

Flying on operations barely eighteen months after a single prototype was ordered off the drawing board, it was the answer to its pilots' prayers: a stunningly versatile warplane capable of leaving the Luftwaffe in its wake to attack when and where the enemy was least expecting it.

Excelling as a spyplane, night-fighter and pathfinder for Bomber Command's heavies the Mossie's reputation was cemented by a series of daredevil bombing raids across occupied Europe, including on Berlin itself, where only surprise, speed and precision could ensure success.

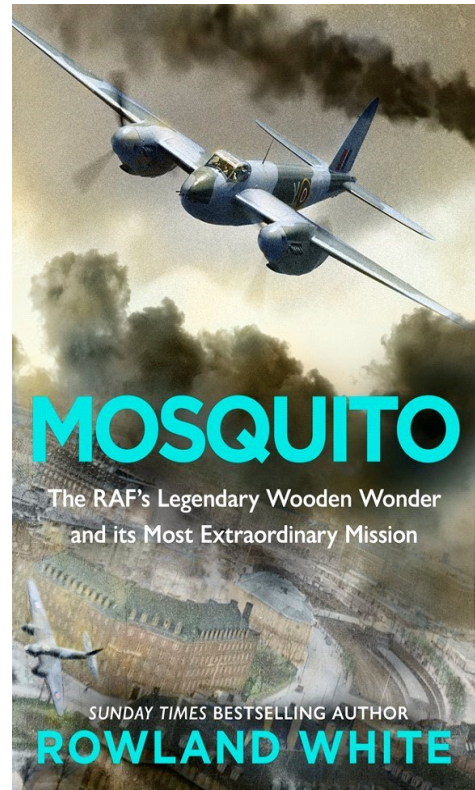
So when Churchill's top secret Special Operations Executive needed to destroy the Gestapo HQ in the centre of downtown Copenhagen to prevent a devastating Nazi last stand that might prolong the war for many months, there was only one machine for the job - the Mosquito.

**This is the story of that legendary aircraft told through that one impossible mission.**

Like Rowland White's previous books, *Mosquito* is an unputdownable mix of utterly compelling storytelling, incredible human stories and fascinating technological detail, which sheds never-before-told light on a pivotal mission that helped bring the war to its bloody and brutal close.

Rowland White is the author of five critically acclaimed works of aviation history: *Vulcan 607*, *Phoenix Squadron*, *Storm Front*, *Into the Black*, and most recently *Harrier 809*, as well as a compendium of aviation, *The Big Book of Flight*. Born and brought up in Cambridge, he studied Modern History at Liverpool University. In 2014 he launched Project Cancelled to produce apparel inspired by the best in aviation, space and other cool stuff. Find it at [projectcancelled.com](http://projectcancelled.com)

For more information on Rowland White and his books visit his website at [rowlandwhite.com](http://rowlandwhite.com) or find him on Twitter at @rowlandwhite



**October 2023**

9781787634534

£20.00

Royal Octavo : Hardback

480 pages

2 x 8pp black & white photographs



# Hauntings

A History of Ghosts and Where to Find Them

Neil Oliver

**Oliver travels the British Isles to explore the history of its most haunted places and unpick why these houses, landmarks and other eerie places are so unsettling.**

**'Neil Oliver writes beautifully - letting us see ourselves in a new light.' - Professor Alice Roberts**

**'Oliver is an evocative storyteller, vividly bringing his tales to life' *BBC History Magazine***

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For longer than recorded history there have been tales of spirits and of places where our hackles rise and our skin turns cold.

Bestselling historian Neil Oliver travels the British Isles on a deliciously spine-chilling tour that spans several centuries and explores more than 20 sites - castles, vicarages and towers, lonely shorelines and forgotten battlefields - to unpick their stories..

Oliver invokes his family's history alongside that of kings and queens past as he probes why our emotions and senses are heightened in certain locations where the separation between dimensions seems gossamer thin. Our landscape is riven with these places, creaking from the weight of the secrets they hold, the echoes of tragedy and dark deeds . From Inverness to Devon, Co Dublin to Norfolk, *Hauntings* casts an enjoyably eerie glow with stories that, told generation after generation, are inextricable from place - and considers why they matter.

Neil Oliver was born in Renfrew in Scotland. He studied archaeology at the University of Glasgow and worked as an archaeologist before training as a journalist. Since 2002 he has presented various TV series including *Coast* (in the UK and in the antipodes) *A History of Ancient Britain*, *Vikings* and *Sacred Wonders of Britain*. He is the author of several non-fiction books including the bestsellers *The Story of Britain in 100 Places*, *The Story of the World in 100 Moments* and *Wisdom of the Ancients*, and one novel. He lives in Stirling with his wife, three children and two Irish wolfhounds.



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# Broken Code

Inside Facebook and the fight to expose its toxic secrets

**Jeff Horwitz**

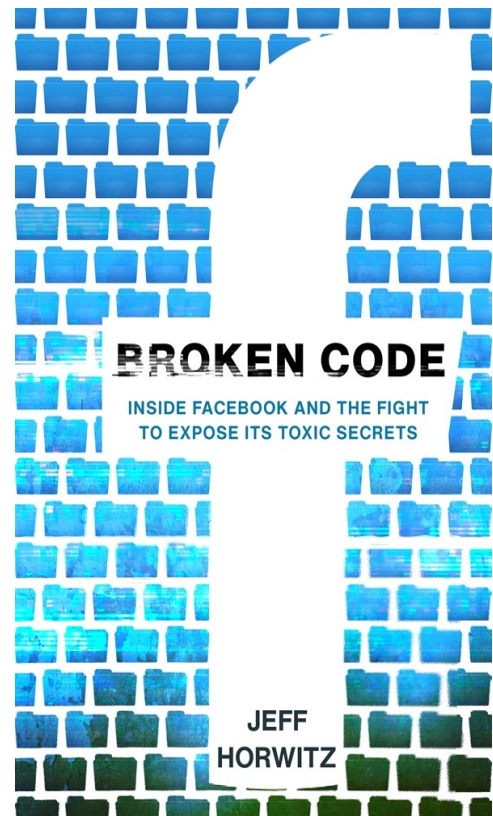
**The inside story of a band of hackers who were brought in to fix Facebook but instead uncovered disturbing problems that made them question whether it was beyond saving.**

Facebook knew it had a problem. The company had been humiliated by headlines, painted as complicit in the manipulation of democratic voting and an assault on the global social fabric. Their stated mission was to connect people, but they couldn't afford to destroy society in the process. And so they hired a small team to make sure they didn't repeat the same mistakes.

From the Wall Street Journal reporter whose explosive stories have rocked Facebook and its leadership, this is the story of the Civic Integrity Team: a select band of engineers, coders, economists, and experts hired to peer inside the company's secretive algorithms for the first time and find out what exactly was going wrong.

They were successful. Too successful. The Integrity unit discovered proof that Facebook distorted and amplified the basest of human impulses. The company was not merely providing a platform for bad actors but amplifying their power for profit. Enduring personal trauma and professional resistance in their often lonely and dark investigations, the Integrity team nevertheless isolated many of Facebook's worst problems, complete with tentative and hopeful steps to solve them - only to discover that they were set up to fail, and would have to take matters into their own hands.

Jeff Horwitz is a journalist at the *Wall Street Journal*, where he has broken a number of global news stories, collectively known as the Facebook Files. He lives in California.



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# Craft Your Year with Sara Davies

The Crafting Bible

Sara Davies

**Guide to seasonal crafting from Sara Davies including over 70 easy, intermediate, advanced craft ideas with how-to photos and instructions.**

The queen of crafting Sara Davies has produced a step-by-step guide to over 70 crafts for you and your family to make throughout the year, including crafts for beginner, intermediate and advanced crafters.

Packed full of ideas, tips and tricks to help you grow in confidence and creativity, as well as useful lists of tools, must-have items and a glossary explaining the key crafting terms and phrases you'll hear time and again as you craft.

This practical book includes photographs and instructions to help you make everything need throughout the year, from a Valentine's Day gift in spring to a macrame flower hanger in summer, from Halloween treat bags in autumn to a Christmas wreath in winter and everything in-between.

Sara Davies MBE is the youngest ever female investor to appear on BBC 1's Dragon's Den and is well-known as the founder and creative director of the global craft business, Crafter's Companion. Launched while she was still at university, Crafter's Companion is now a global business selling papercraft, art, needlecraft and stationary items across 40 countries with head offices in the US and UK. Sara lives with her husband and sons in Teeside.



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