



My Family, Your Family

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MY FAMILY YOUR FAMILY

Let's talk about relatives,
love and belonging



Illustrated by GIOVANA MEDEIROS

Resources

My Family, Your Family is a powerful non-fiction book that focuses on what makes a family, explores how different families come together and celebrates the idea that every family is unique.

The resources include three activities:

Activity One - Let's talk family
Understanding what we mean by family and who is in our family

Activity Two - Let's talk where we live
Discuss where we live, and that we all live in different places

Activity Three - Let's talk celebrations
Reflect on how we celebrate and come together as a family

Let's talk family

We all have a family.

But what is a family? The word **family** means a group of people who are connected.

Every family is **unique**.

Sometimes, this means grown-ups who have a child or children.

It could mean people who share the same surname...

or people who live together in the same home.

Your family can live with you or near you, in the same country or in a different country.

Family members can feel like friends, and they can make us happy, sad or angry.

Our families can even include our pets.

Think about who you live with.

What does "family" mean to you?

How many people live with you?

Is it noisy or quiet where you live?

Do all your family members live with you?

Use the questions on this page to discuss and share further.

You are unique.

Every family is unique.

Let's talk where we live

The place a family lives is called a home. Homes come in all different shapes and sizes. They can be found in lots of different places, such as busy cities, quiet towns, canals or the middle of the countryside.



Where do you live?

Do you live in a city, a town or the countryside?

What does your community look like?

What things do you do in your home?

What is your home like?

We all live in a different place, which is called our home.

Think about the homes in your community? Are they the same or different?

Use the questions on this page to explore homes further.

Let's talk celebrations

Some families only come together at special times called **celebrations**. They might support and celebrate each other, and they may do this . . .



on a birthday.



as part of a religious or non-religious festival or celebration, such as Balsakhi, Hanukkah, Diwali, Christmas, Eid al-Fitr, Pride, Lunar New Year or Emperor Selassie's birthday.



at a special community event, such as a carnival, horse fair, street party or barbecue.



to celebrate special events like adoption anniversaries or naming days.



to remember a family member who has died.



to support a family member who is doing something special, like singing in a choir, playing in a cricket match or performing in a school play.

Do you celebrate with your family?

Do your celebrations include any special music, food, clothing or decorations?

Are there any traditions that you and your family do together?

Do you have a favourite holiday or celebration?

What did you last celebrate with your family?

Some families have times where they come together for celebrations.

Every family has different celebrations and coming together times.

What are yours?

My Family is special to me

Draw, write or use a symbol on why your family is special to you?

Every family is different.

No two are the same.

Families come in different sizes – some are small, and some are big with lots of relatives.



No matter what a family looks like,
it's the love within it that counts.



Thank you!

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