



# 2024 Catalogue

## January – June

PENGUIN

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JOSEPH**

Est. 1935

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# JANUARY

# So Vegan: EASY

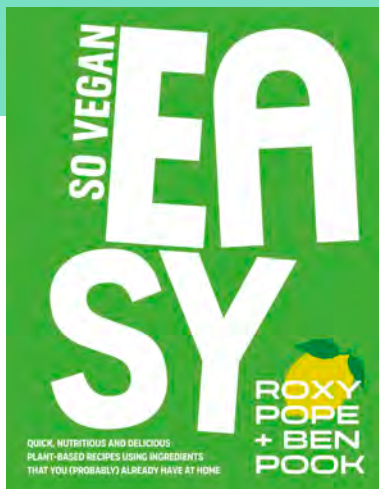
SO VEGAN, Roxy Pope and Ben Pook

**The brilliant creators of *One Pot Vegan* are back with 100 fuss-free, fast and delicious vegan recipes that make it easy to get plants on plates**

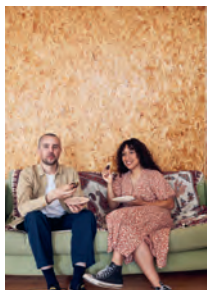
The essential vegan cookbook that proves plant-based food can be both accessible and ready in a flash. The recipes are perfect for simple mid-week meals that are healthy and cost conscious and are designed to be made with the minimum number of ingredients.

This book will showcase the most delicious recipes yet from Ben and Roxy, the plant-based powerhouses behind SO VEGAN, the platform that makes eating more plants easy and accessible.

So Vegan includes dedicated chapters on fresh and vibrant 15- and 30-minute meals, such as Spicy Pasta e Fagioli, Crispy Chilli Tofu Salad and Strawberry Dump Cake.



December 2023  
9780241617564  
Crown Quarto  
£22.00 : Hardback



**Roxy** and **Ben** are the creators of SO VEGAN, one of the world's leading vegan food platforms with a growing community of over 1.5 million followers. Their mission is to make it easier for everyone to eat more plants, so that people and the planet can thrive. Their first cookbook *So Vegan in 5* published in December 2018. Their second book *One Pot Vegan* has sold more than 25k copies. *Easy Vegan* is their third book; specifically tailored to the need for easy, healthy and sustainable food in the hectic lifestyle we lead.

# The Good Bite's High Protein Meal Prep Manual

Niall Kirkland and The Good Bite

**Delicious, easy, low-calorie recipes with full nutritional breakdowns & food tracking barcodes from Niall Kirkland, founder of The Good Bite with over 850k followers**

Niall Kirkland, founder of the viral, high protein social media account The Good Bite, is on a mission to bridge the gap between healthy and delicious.

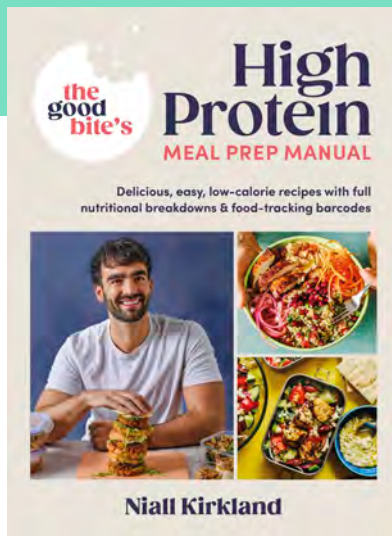
In his first book you'll find 80 mouth-watering, calorie-counted, meal-prep, air-fryer and slow-cooker recipes: PB & J Protein French Toast, Hot Honey Halloumi Pittas with Harissa-Lime Mayo, Chicken Tenders 3 Ways, Slow-cooker Chipotle Beef, Teriyaki Noodles, Biscoff Protein Truffles and so many more.

Equipping you with essential advice on calculating your ideal protein intake, full nutritional breakdowns and barcodes that feed directly into your food-tracking app, this is the ultimate resource for anyone looking to harness the power of protein.



**Niall Kirkland** has made it his mission to find a more joyful, easy way to eat healthy, high protein meals. Niall set up The Good Bite – the viral Instagram, TikTok and YouTube sensation – so that he could share easy ways to eat what you love while getting all of the nutrition you need to lead a healthy, active lifestyle. Niall truly believes that a healthy way of living goes hand in hand with great flavour and that you don't have to live without the food you love.

This is Niall Kirkland's first cookbook and inside you'll find 80 easy, delicious calorie-counted meal prep, air fryer and slow cooker recipes to fill your fridge so that anyone can harness the power of protein.



December 2023  
9780241675618  
Crown Quarto  
£22.00 : Hardback

# The Actor

Chris MacDonald

**The glamour of Hollywood and the dark secrets that lie behind it: a brilliantly written and irresistibly suspenseful novel, from an author who knows all about the world he's writing about**

At long last, Adam Sealey has an Oscar within reach. Working with his controversial former mentor, Jonathan, he's given the performance of a lifetime, and he almost believes it might be worth the cost.

Because Adam subscribes to 'the method'. It's the secret that the world's greatest actors swear by - digging into their darkest, most personal traumas to bring a role to life. And Adam's greatest trauma is worse than most. Back in drama school, he had to choose between a girl he loved and the success he craved. What he did that night is his darkest secret.

And then he gets a message: someone knows. And if they tell, everything Adam's worked for will come crashing down.



**Chris MacDonald** is a novelist, screenwriter, playwright and actor, who attended a top UK Drama School whose alumnae include Tom Hardy and Michael Fassbender. His debut play *Eye of a Needle* played at the Southwark Playhouse and as an actor he's worked for the BBC, the RSC and Amazon Studios among others. His screenwriting includes social horror *This Merrie Land for Agile* and his band Playground Champions have soundtracked the ITV show *Buffering*.



January 2024  
9780241658222  
Royal Octavo  
£16.99 : Hardback

# Miss Austen Investigates

Jessica Bull

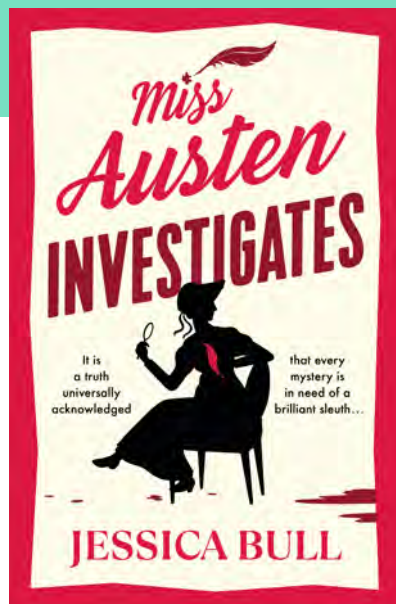
**It is a truth universally acknowledged that every good mystery is in need of a brilliant sleuth . . . A Jane Austen-inspired murder mystery for fans of Richard Osman and Janice Hallett**

Jane Austen is just starting out in society. She's learning to navigate its key players – both friend and foe. The perils of being a woman in this environment fill the pages of her writing. Yet little does she know just how dangerous things truly are . . .

When the body of a milliner is discovered during a ball, it's an upsetting tragedy. But when the death is pronounced a murder, the county is in uproar. For Jane, however, it is much more personal. Firstly, she is acquainted with the victim. Secondly, her beloved brother Georgy is accused of the murder.

To clear her brother's name, she must find the real killer.

Her writing is full of tales of questioning motives, and unmasking secrets. Might her powers of observation help her solve this mystery, and save her brother from the hangman's noose?



January 2024  
9780241642085  
Demy Octavo  
£16.99 : Hardback



**Jessica Bull** grew up in South East London, where she still lives with her husband, two daughters, and far too many pets. She's addicted to stories and studied English Literature at Bristol University, and Information Science at City University, London. She began work as a librarian (under the false impression she could sit and read all day), before becoming a communications consultant. *Miss Austen Investigates* is her debut novel.

# Our Enemies Will Vanish

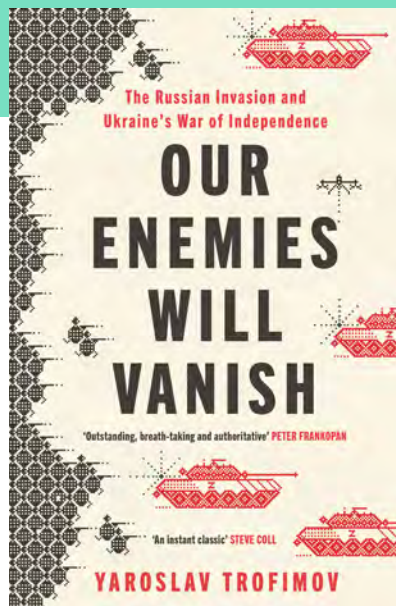
Yaroslav Trofimov

**The compelling account from the front lines of the war in Ukraine . . .**

Since Russia invaded Ukraine in February 2022, Yaroslav Trofimov has spent months on end at the heart of the conflict, very often on its front lines.

In this authoritative account, he traces the war's decisive moments - from the battle for Kyiv to more recently the gruelling and bloody arm wrestle involving the Wagner group over Bakhmut - to show how Ukraine and its allies have turned the tide against Russia in a modern-day battle of David and Goliath.

Putin had intended to conquer Ukraine with a vicious blitzkrieg, in a few short weeks. But in the face of this existential threat, the Ukrainian people fought back, turning what looked like certain defeat into a great moral victory, even as the territorial battle continues to seesaw to this day. This is the story of their epic bravery in the face of almost unthinkable aggression.



January 2024  
9780241655443  
Royal Octavo  
£25.00 : Hardback



**Yaroslav Trofimov** is the chief foreign-affairs correspondent of *The Wall Street Journal* and was a finalist for the Pulitzer Prize in international reporting for two consecutive years, in 2022 and 2023. Before covering the Russian war on Ukraine, he reported on most major conflicts of the past two decades, serving as the *Journal's* bureau chief in Afghanistan and Pakistan and as a correspondent in Iraq. He holds an MA from New York University and is the author of two critically acclaimed books, *Faith at War* and *The Siege of Mecca*.



# Cardiff.Mum's Thrifty Feasts

Ashleigh Mogford and Cardiff.Mum

**Discover how to cook joyful, flavour-packed food that won't break the bank!**

Join Ashleigh Mogford, AKA Cardiff.Mum, as she shares her signature hacks for savvy shopping and careful cooking to create vibrant, simple meals that the whole family will love.

Packed with quick and delicious recipes, the chapters cover £5 family meals, speedy air-fryer feasts, set-and-forget slow-cooker classics, one-pot wonders and Friday-night fakeaways. Throughout the book, feature spreads share Ashleigh's signature hacks, including how to spread the costs of ingredients across multiple meals and how a big batch of food can be spun out in multiple directions, so that every mealtime feels fresh and new. Varied, fun and flavourful, these are recipes that will banish the bland and show you how thrifty food can be just as kind on your tastebuds as it is on your wallet.



January 2024  
9780241663523  
Crown Quarto  
£22.00 : Hardback



**Ashleigh Mogford**, mum of two and the woman behind the hit Instagram account Cardiff.Mum, has amassed 383k Instagram followers with her indulgent, delicious, budget-friendly meals and hacks for saving money.

A Geography teacher turned hugely successful family influencer, Ashleigh's recipes are quick, easy to follow, utterly delicious and teach you how to be savvy with your money while pleasing the entire family.

Ashleigh is an ambassador for Aldi and she writes recipes that feature on their website. Her meal plans are helping families across the UK. Ashleigh lives with her family in Cardiff, Wales.

# Nothing Serious

Emma Medrano

**A blistering and gripping novel about two women who meet online through a catfish, and end up forming a very unlikely connection . . .**

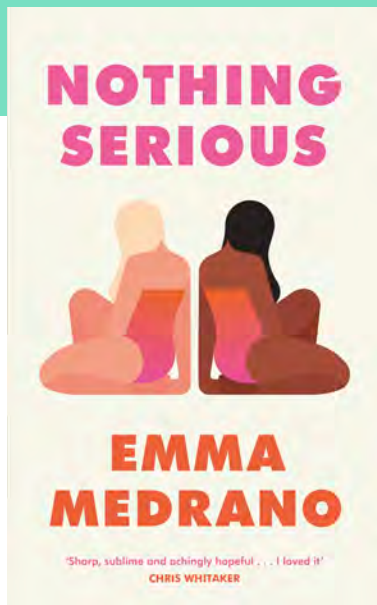
Nicki - 30ish, care worker, living in Brighton - is scrolling for her next hook up. A difficult home life, a job that's going nowhere, she seeks solace in random encounters.

Amber - 17, college student, lost - desperately needs someone to notice her. She creates 'Kevin', a fake dating profile for a man in his thirties.

Neither Nicki nor 'Kevin' has any idea what they're about to get into.

They quickly match, and an unlikely friendship develops, giving each other the validation they both sorely need.

But can you ever truly connect when one of you is a liar?



January 2024  
9780241599693  
Demy Octavo  
£16.99 : Hardback



**Emma Medrano** was born and raised in Sweden. She studied philosophy at the University of Glasgow and currently lives in Edinburgh. She has previously had short stories published in journals and was selected for Penguin Random House's WriteNow scheme, giving her the chance to develop her debut novel *Nothing Serious*.



# Voyage of the Damned

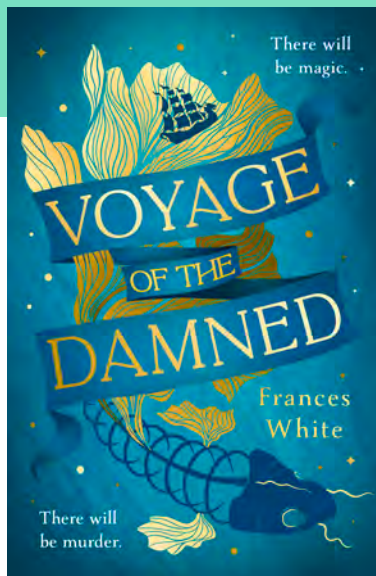
Frances White

**A mind-blowing murder mystery on a ship full of magical passengers. If Agatha Christie wrote fantasy, this would be it!**

To mark the thousandth year of peace in the Empire of Concordia, the emperor's ship embarks upon a twelve-day voyage. Aboard are the heirs of the twelve provinces of Concordia, each graced with a unique magical ability known as a Blessing.

Except one: Ganymedes Piscero.

When a beloved heir is murdered, everyone is a suspect. Stuck at sea and surrounded by powerful people, odds of survival are slim. But as the bodies pile higher, Ganymedes must become the hero he was not born to be and unmask the killer before he ends up the next victim of their bloody crusade.



January 2024  
9780241640074  
Royal Octavo  
£18.99 : Hardback



**Frances White**, a Nottingham resident, is a creative writing graduate from Royal Holloway University of London. She has a soft spot for writing unlikely, flawed, messy heroes and loves mixing humour and heartbreak. Frances is also passionate about bringing more LGBTQIA+ representation and fat positivity into fantasy. When not writing, she can be found sewing nerdy costumes for comic conventions or researching obscure historical facts.

# Timeboxing

Marc Zao-Sanders

**Do less and achieve more with a simple time management practice guaranteed to transform all aspects of your life**

Do you feel like you're always busy, but never truly productive?

Do you crave a simpler, more intentional life?

Look no further than timeboxing: the gloriously simple practice of choosing one thing to do, when to do it, and getting it done.

In concise, easy to digest chapters, this book will dive deep into the discipline of timeboxing, explore the benefits of incorporating this time management practice into your daily life and, most importantly, show you the tried and tested ways to make it a habit that sticks.

Say goodbye to feeling overwhelmed and hello to a more intentional, fulfilling life with timeboxing.



January 2024  
9780241657966  
Royal Octavo  
£16.99 : Paperback



**Marc Zao-Sanders** is the co-founder and the CEO of *filtered.com*, a learning tech company that focuses on developing business skills within the workplace and using data to identify, analyse and deliver the most important skills to organisation members. Marc Zao-Sanders began his career in strategy and now regularly writes about topics including algorithms, learning and productivity in *Harvard Business Review*, *Scientific American* and *MIT Sloan Management Review*. His viral piece on timeboxing is now being featured in HBR Emotional Intelligence Series publication, *Developing Good Habits*, alongside James Clear and other leading experts on forming lasting habits and increasing productivity.

# JANUARY PAPERBACKS

**A KILLER IN THE FAMILY**

GYTHA LODGE  
9781405947053  
£8.99 : PAPERBACK

**BLOODSTREAM**

EMILEE CARTER  
9781405958059  
£8.99 : PAPERBACK

**FIREBRAND**

ELIZABETH FREMANTLE  
9781405965842  
£8.99 : PAPERBACK

**THE ENERGY FIX**

KARINA ANTRAM  
9781405954709  
£9.99 : PAPERBACK

**CLYTEMNESTRA**

COSTANZA CASATI  
9781405951722  
£8.99 : PAPERBACK

**WINKLE**

PAUL BEAVER  
9781405930338  
£10.99 : PAPERBACK

**THE SPARE ROOM**

ANDREA BARTZ  
9781405958912  
£8.99 : PAPERBACK

# FEBRUARY

# The Fury

Alex Michaelides

**An exhilarating, gripping new psychological thriller from the author behind the record-breaking, multimillion-copy bestseller, *The Silent Patient***

This is a tale of murder.

Or maybe that's not quite true. At its heart, it's a love story, isn't it?

One spring morning, reclusive ex-movie star Lana Farrar invites a small group of her closest friends for a weekend away, on her small private island, just off the coast of Mykonos.

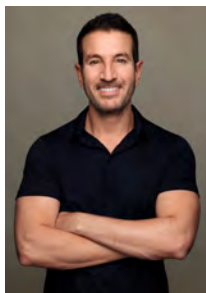
Beneath the surface, old friendships conceal violent passions and resentments. And in forty-eight hours, one of them will be dead.

But that was just the beginning . . .

You may think you know this story. Think again.



February 2024  
9780241575536  
Royal Octavo  
£18.99 : Hardback



**Alex Michaelides** was born in Cyprus to an English mother and a Greek-Cypriot father. He has an MA in English from Trinity College, Cambridge University, and an MA in Screenwriting from the American Film Institute in Los Angeles.

*The Silent Patient*, his first novel, was a *Sunday Times* bestseller, and debuted at No. 1 on the *New York Times* bestseller list, and has sold more than 6.5 million copies worldwide. The rights have been sold in a record-breaking 50 countries and it has been optioned for film by Plan B. His second novel, *The Maidens*, was an instant *Sunday Times* and *New York Times* bestseller and has been optioned for television by Miramax Television and Stone Village.

# High On Life

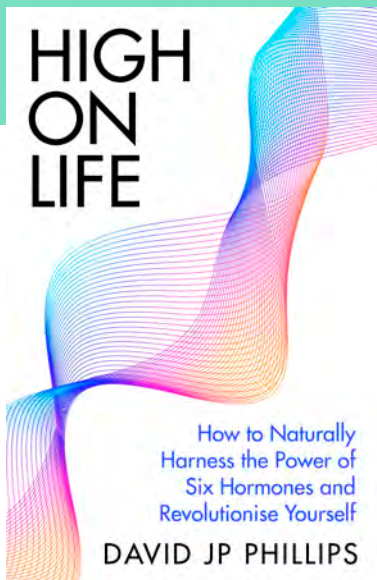
David JP Phillips

**Optimize your brain and activate your best self by understanding six key substances and the way they influence our mood and performance**

Neurochemicals affect just about everything in our bodies, including how we think and feel. Learn to optimise your body's chemical factory and achieve lasting effects in your life.

This simple account can help everybody understand how our chemistry can affect us, and how we can affect it in turn. Through understanding six key substances - Dopamine, Oxytocin, Serotonin, Cortisol, Endorphin, Testosterone - we can learn to harness our mind's full potential and become our best selves.

This book is about how to lead yourself towards the future you desire, for everyone who longs to feel high on life for real.



February 2024  
9780241657416  
Royal Octavo  
£18.99 : Hardback



**David JP Phillips** is an internationally acclaimed Swedish public speaker, author and coach, who is passionate about helping people around the world develop how they communicate with each other.

He has delivered multiple TEDx talks on topics including effective communication skills and the power of storytelling, which have over 10 million views combined. His best-known talk, 'How To Avoid Death By PowerPoint', also formed the basis of his first book of the same name, which was published in more than 30 countries.

# Truth Be Told: Tales from a Baggy Mouth

Linda Robson

**Linda Robson's nickname is Baggy Mouth for good reason.**

She may be one of the nation's favourite TV personalities – whether playing Tracey Stubbs in *Birds of a Feather* or being a regular on *Loose Women* – but she can't help oversharing. Luckily, this is an ideal trait for her first-ever memoir. . .

With a wicked glint in her eye, Linda shares tales of backstage antics, on-set stories and demanding co-stars from across her varied and celebrated career.

However, it's not all been laughter, and she candidly talks about the struggles and battles she's faced in her personal life. Yet her determination to pull herself back from the brink shows us that tough times really do make us stronger.



February 2024  
9780241625507  
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£22.00 : Hardback



**Linda Robson** is a British actress and television presenter. She began her acting career over five decades ago and established her place as a force in the entertainment industry in 1989, playing the beloved Tracey Stubbs in *Birds of a Feather*. The sitcom was originally on air for over a decade, and Linda reprised her role when the show was revived in 2014.

As herself, Linda is known as a panellist on the ITV series *Loose Women*. She made her debut as a guest panellist on the show in 2003, and today she is a much-loved regular.



# Lone Wolf

Gregg Hurwitz

**The World Needs A New Hero: One of the world's best-loved heroes Evan Smoak returns in an all-new adventure**

**AN ASSASSIN IN FREEFALL:** Following a career in which he was always the most dangerous man in the room, ex-government assassin Evan Smoak is the last person his friends should ever have to worry about. But when Evan, formerly codenamed Orphan X, drops out of sight they're concerned. They are right to be. A personal crisis has left him on his knees.

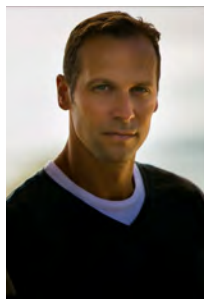
**A RECLUSIVE BILLIONAIRE:** If anyone remembers his first name they never care to use it. But Allman's lack of empathy hasn't proven any barrier to building a tech empire whose tentacles reach into every aspect of people's lives. And in the rush to praise his genius, no one's asking what it could mean for humanity. Nor what Allman's got coming next.

**A KILLER AT LARGE:** Someone is leaving a trail of dead in their wake. Apparently chosen at random, their deaths dressed up as accidents or suicides. The woman responsible is known only as the Wolf and looks to be every bit Evan's equal. She now has him in her sights.

How does it all connect? What is at stake? And will Evan rediscover the instinct and skill he needs to prevail? Or die trying . . .



February 2024  
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**Gregg Hurwitz** is the No. 1 *Sunday Times* bestselling author of the Evan Smoak thrillers *Orphan X*, *The Nowhere Man*, *Hellbent*, *Out of the Dark*, *Into the Fire*, *Prodigal Son*, *Dark Horse* and *The Last Orphan*. He is also the author of *You're Next*, *The Survivor*, *Tell No Lies* and *Don't Look Back*. He lives with his family in LA, where he also writes for the screen, TV and comics.



# The Long and Winding Road

Lesley Pearse

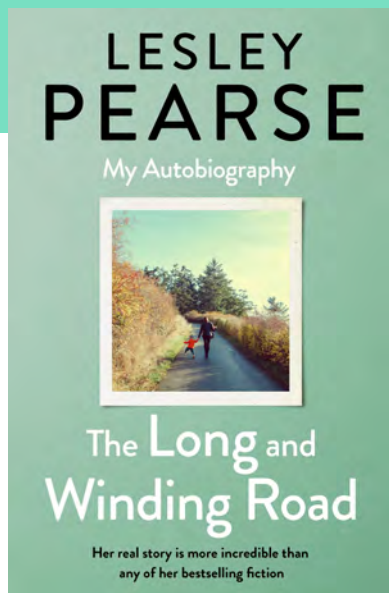
**One of the world's bestselling storytellers, Lesley Pearse appears to have everything. But heartbreak has scarred her life . . .**

Born during the Second World War, Lesley's innocence came to an abrupt end when a neighbour found her, aged three, coatless in the snow. The mother she'd been unable to wake had been dead for days. Sent to an orphanage, Lesley soon learned adults couldn't always be trusted.

As a teenager in the swinging sixties, she took herself to London. Here, the second great tragedy of her life occurred. Falling pregnant, she was sent to a mother and baby home, and watched helplessly as her newborn was taken from her.

But like so many of her generation, Lesley had to carry on. Marriage and children followed – and all the while she nurtured a dream: to be a writer. Yet it wasn't until the age of forty-eight that her stories – of women struggling in a difficult world – found a publisher, and the bestseller lists beckoned.

As heartbreaking as it is heartwarming, Lesley's story really is *A Long and Winding Road* with surprises and a little hope around every corner . . .



February 2024  
9780241453209  
Royal Octavo  
£22.00 : Hardback



International bestselling author **Lesley Pearse** has lived a life as rich with incidents, setbacks and joys as any found in her novels.

Resourceful, determined and willing to have a go at almost anything, Lesley left home at sixteen. By the mid sixties she was living in London, sharing flats, partying hard and married to a trumpet player. She has also worked as a nanny, a Playboy bunny, and designed and made clothes for boutiques.

It was only after having three daughters that Lesley began to write. The hardships, traumas, close friends and lovers from those early years were inspiration for her beloved novels. She published her first book at forty-eight and has not looked back since.

# Everyone On This Train Is A Suspect

Benjamin Stevenson

***Murder on the Orient Express* meets *The Thursday Murder Club* in this compulsive, clever and wickedly funny contemporary locked room (train) murder mystery**

When the Mystery Writers' Society invited me to their crime-writing festival aboard the Ghan, the famous train between Darwin and Adelaide, I was hoping for some inspiration for my second book.

Fiction, this time: I needed a break from real people killing each other. Unfortunately, that didn't pan out.

The programme is a who's who of crime writing royalty: the forensic science writer, the blockbuster writer, the legal thriller writer, the literary writer, the psychological suspense writer, and the debut writer (me!).

But when one of us is murdered, six authors quickly turn into five detectives. Together, we should know how to solve a crime.

Or commit one . . . but how can you find a killer, when all the suspects know how to get away with murder?



**Benjamin Stevenson** is an award-winning stand-up comedian and author. He has sold out shows from the Melbourne International Comedy Festival all the way to the Edinburgh Fringe Festival.

He is the author of several books, including the international bestseller *Everyone In My Family Has Killed Someone* which has sold in 24 territories around the world, been named as one of the *Sunday Times's* best crime novels of 2022, and will soon be adapted into a major HBO TV series.



February 2024  
9780241611296  
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# FEBRUARY PAPERBACKS

**SNOW FALL**

JØRN LIER HORST  
9781405950213  
£9.99 : PAPERBACK

**OVER SHARING**

JANE FALLON  
9781405951135  
£8.99 : PAPERBACK

**THE HALF BURNT HOUSE**

ALEX NORTH  
9781405945271  
£8.99 : PAPERBACK

**THE INTERPRETER'S DAUGHTER**

TERESA LIM  
9781405951326  
£10.99 : PAPERBACK

**WE SHOULD NOT BE FRIENDS**

WILL SCHWALBE  
9781405953269  
£10.99 : PAPERBACK

**JUST ANOTHER MISSING PERSON**

GILLIAN MCALLISTER  
9781405949866  
£8.99 : PAPERBACK

**LONELY FOR YOU ONLY**

MONICA MURPHY  
9781405966061  
£8.99 : PAPERBACK

**HARTWOOD HALL**

KATIE LUMSDEN  
9781405951883  
£8.99 : PAPERBACK

**BETRAYAL**

LESLEY PEARSE  
9781405951364  
£8.99 : PAPERBACK

**EMPIRE**

CONN IGGULDEN  
9781405949675  
£8.99 : PAPERBACK

**NIGHT WILL FIND YOU**

JULIA HEABERLIN  
9781405940818  
£8.99 : PAPERBACK

# MARCH

# The Wrong Sister

Claire Douglas

**A burglary gone wrong, a mistaken identity . . . or something far worse? The paperback sensation moves into hardback**

Tasha has always felt in the shadow of her older sister, Alice. Alice is married to wealthy entrepreneur Kyle and has a high-flying career, Tasha is married to her childhood sweetheart and lives in a Bristol suburb with their three-year-old twins.

When Alice realises that Tasha is struggling she suggests she come to look after the twins for a week, so Tasha and her husband can enjoy a week away.

But a few days in, it all goes terribly wrong. Tasha receives a phone call to say Alice is in hospital and Kyle is dead after an intruder broke into their house. A burglary gone wrong, surely. Until a note arrives saying **It was supposed to be you . . .**



March 2024  
9781405957595  
Royal Octavo  
£14.99 : Hardback



**Claire Douglas** has worked as a journalist for fifteen years, writing features for women's magazines and national newspapers, but she's dreamed of being a novelist since the age of seven. She finally got her wish after winning the *Marie Claire* Debut Novel Award, with her first novel, *The Sisters*, which was followed by *Local Girl Missing*, *Last Seen Alive*, *Do Not Disturb*, *Then She Vanishes*, *Just Like the Other Girls*, *The Couple at No.9* and *The Girls Who Disappeared*.

Claire's latest novel, *The Woman Who Lied*, spent eleven weeks in the *Sunday Times* top ten. She has sold nearly 1.5 million copies of her books in the UK. She lives in Bath with her husband and two children.

# Mrs Quinn's Rise To Fame

Olivia Ford

**Meet Jenny Quinn, the unlikely star of 2024's most delicious debut and Britain's favourite baking show, but could her newfound stardom cause her biggest secret to unravel?**

In their sixty years together, Jennifer Quinn has only kept two secrets from her husband. One is that her love of baking has just won her a spot as a contestant on primetime TV show *Britain Bakes*. The other she hopes will stay hidden forever . . .

Whisked into an unfamiliar world of cameras, timed challenges and celebrity judges, Jenny finds herself in with a chance of being crowned the best baker in Britain.

But as her star begins to rise, the past collides with the present, and Jenny struggles to conceal that long-held secret which could shatter the very foundations of her decades-long marriage . . .



March 2024  
9780241638514  
Royal Octavo  
£14.99 : Hardback



**Olivia Ford** has spent the last ten years in entertainment TV, most recently as a story producer. Olivia is a graduate of the Faber Academy where she wrote the beginnings of *Mrs Quinn's Rise to Fame*, which was longlisted for the 2021 Women's Prize Trust's Discoveries Prize. Raised in Lincolnshire, Olivia now lives in London.

# The Half Bird

Susan Smillie

**One woman's solo sailing odyssey - from Land's End to the shores of Greece - explores the unexpected joy of solitude**

When Susan set sail from the south-west coast of England on her beloved sailboat, Isean, she was unaware this spontaneous departure would lead to a journey spanning several years and countries across the continent.

Enduring both physical and navigational challenges, the other side of her story reveals a more important change - her inner journey - that took place. This wasn't a challenge or a mid-life adventure; it was much gentler than that, but much greater too. She was seeking nothing less than an entirely different life, having left the land far behind to call the wild, unbiddable sea home.



March 2024  
9780241553169  
Demy Octavo  
£16.99 : Hardback



**Susan Smillie** is a former food editor for G2 and Guardian.com, and wrote mainly on travel, food and the arts. She's the author of one previous book, *The Last Sea Nomads*, published by Guardian Shorts. She is based between Scotland, with her family, and Greece, where her boat, Isean, is currently moored.



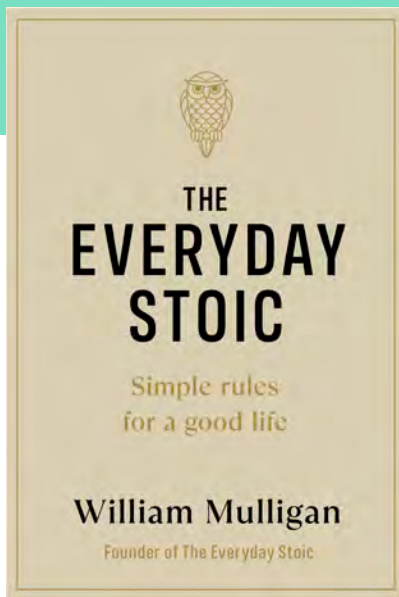
# The Everyday Stoic

William Mulligan

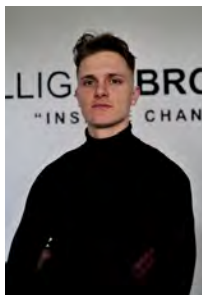
**Contemporary lessons derived from ancient Stoic philosophy for overcoming adversity, cultivating resilience and finding inner peace**

From Marcus Aurelius to Seneca, the Stoics have a long and rich history. Today, William Mulligan, founder of The Everyday Stoic, transforms these principles into a contemporary guide for overcoming the challenges of modern life and cultivating an unshakeable sense of inner calm, so that you too can live like a stoic.

Drawing on the wisdom of classical thinkers, this book explores the ancient art of living a good life. *The Everyday Stoic* is a simple and accessible handbook, providing actionable advice on how to build resilience and find meaning and happiness in the modern world.



March 2024  
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**William Mulligan** is the founder of The Everyday Stoic. It is his strong belief that stoicism is for everyone, not just a select few, and is on a mission to guide people through modern life with ancient rules and wisdom. So far William gained an amassed following of over 840 thousand followers across his YouTube and Instagram channels, where he shares stoic teachings. *The Everyday Stoic* is his first book.



# The Murder Road

Simone St James

**Ingeniously plotted and heartstoppingly terrifying, are you ready to uncover the secret of Murder Road?**

April and Eddie have taken a wrong turn.

They're on a long dark road, late at night, and they see a woman up ahead, clearly in trouble.

They stop and pick her up. It's only once she's in the car that they see the blood.

And then they see the headlights - far in the distance, but coming up fast. And at last, terror in her eyes, the woman speaks. 'I'm sorry, he's coming.'



March 2024  
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**Simone St. James** is the *New York Times* and *USA Today* bestselling author of *The Sun Down Motel* and *The Broken Girls*. Her debut novel, *The Haunting of Maddy Clare*, won two RITA Awards from Romance Writers of America and an Arthur Ellis Award from Crime Writers of Canada.

Simone spent twenty years behind the scenes in the television business before leaving to write full-time. She lives just outside of Toronto, Canada, with her husband and a spoiled rescue cat.

# The Haven

Fiona Neill

**Sixteen-year-old Cass Sawyer wakes up in the woods with a head injury.**

**She has no recollection of what happened.**

But she recognises where she is. The Haven. The idyllic, off-grid retreat her parents claimed would heal their broken family.

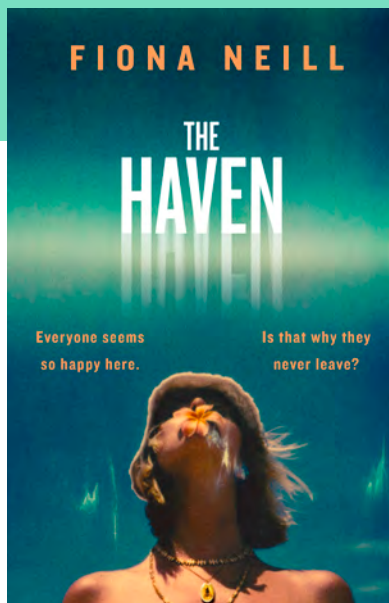
As Cass searches the now deserted buildings, memories begin to trickle through.

Her father's erratic behaviour. Her mother's pleas that they go back to town. The Haven's charismatic, free-spirited leader. The strange girls that hang on his every word.

And a nagging feeling: that Cass has done something terribly wrong.

**What happened at The Haven? Where is Cass's family?**

**And will they ever escape?**



March 2024  
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£16.99 : Hardback



**Fiona Neill** is an author and journalist who has written five *Sunday Times* bestsellers. Her last novel, *The Betrayals*, sold over 130,000 copies and was a Richard & Judy Book Club selection. Fiona worked as a foreign correspondent in Central America for six years and returned to the UK as assistant editor on *Marie Claire* before joining *The Times Magazine* as assistant editor. She has written features for many publications including *The Times*, *Sunday Times Style*, and the *Telegraph Magazine* as well as having written a screenplay of her first novel for the BFI. Fiona grew up in rural North Norfolk and lives in London with her husband and three children.

# Red Flags, Green Flags

Dr Ali Fenwick

**The only toolkit you need to identify the signs of healthy and unhealthy behaviours in all areas of your life and put an end to unnecessary drama.**

Is your life full of unnecessary drama? Do you act quickly when you see things you don't like? *Red Flags, Green Flags* is an essential guide to help you identify healthy and toxic behaviours in your everyday life and how best to handle them.

From the workplace, to family, friends and dating this book is your modern psychology toolkit for unpacking human behaviour and equipping you with the knowledge to navigate the trickiest of life scenarios. Learn to distinguish the good and bad behaviours both you and the people around you exhibit, ultimately leading to a fuss- and drama-free life.



March 2024  
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**Dr Ali Fenwick** is an expert in Human Behaviour and a Professor of Organisational Behaviour and Innovation at the Hult International Business School. Dr Fenwick is also the CEO of Lead TCM&L, a management consulting and training company that specialises in applying behavioural interventions to areas including business, education, government and society.

# MARCH PAPERBACKS

**DID I EVER TELL YOU THIS?**

SAM NEILL

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LEAH KONEN

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RACHEL MARKS

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**PRIZE WOMEN**

CAROLINE LEA

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**OH, SISTER**

JODIE CHAPMAN

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**DISOBEDIENT**

ELIZABETH FREMANTLE

9781405952811

£9.99 : PAPERBACK

# APRIL

# Sweetness In The Skin

Ishi Robinson

**A coming-of-age celebration of food, family and finding your voice, for fans of *The Girl with the Louding Voice***

For Pumkin Patterson, family is complicated. There's her mother Paulette, who only sees Pumkin as a nuisance. There's her beloved Auntie Sophie, who has always talked of she and Pumkin travelling to new horizons. And there's her grandmother, who has always favoured Sophie over Paulette.

When Sophie moves to France for work, she promises to send for her niece in one year's time. All Pumkin must do is pass her French entrance exam. But when Pumkin's mother finds out, she's determined that her sister won't get her own way this time.

Now forced to raise the money for her exam in secret, Pumkin turns to her loyal friends to help her secure her way out. But while Pumkin dreams of her escape, could happiness be closer to home than she thinks?



April 2024  
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£16.99 : Hardback



**Ishi Robinson** is a Jamaican writer living in Berlin. Her first ever publication was a short story in the national newspaper when she was eleven years old. Since then, she's written opinion pieces and short stories of fiction for various publications in Kingston, Toronto, Rome and Berlin. *Sweetness in the Skin* is her first novel.

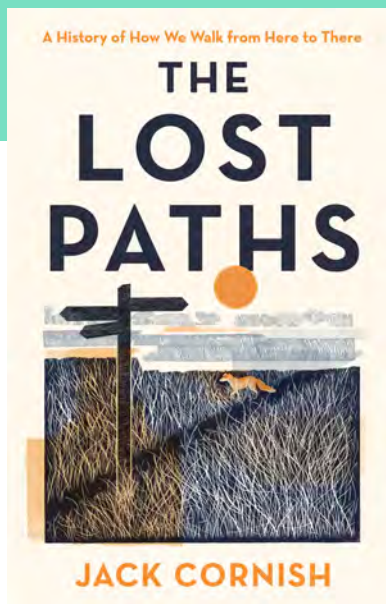
# The Lost Paths

Jack Cornish

**A journey across Britain's millennia-old network of pathways, revealing key moments throughout our history**

Hundreds of thousands of miles of paths reach into, and connect, communities across England and Wales. More than just a practical way for us to walk, ride and cycle, they are an inheritance from our past, revealing how our ancestors interacted with and shaped their surroundings. From Iron Age footsteps to Railway Age tracks, through to Anglo-Saxon mercenaries and Home Army defences, our land reveals a hidden history of us.

But thousands of miles are still missing from our maps, and will be lost forever unless they are urgently reclaimed. Still fighting for these paths' survival through his work with the Ramblers Association, *The Lost Paths* is Jack Cornish's personal exploration of those paths which have been lost, those that have been saved and those which remain hidden in plain sight.



April 2024  
9781405951289  
Demy Octavo  
£20.00 : Hardback



**Jack Cornish** is head of paths at the Ramblers, Britain's largest walking charity, with over 100,000 members.

In 2017, he walked across the country from Land's End to John O'Groats, and is ten years into a (probably futile) attempt to walk every street in London.

He lives in South East London.



# Every Body Should Know This

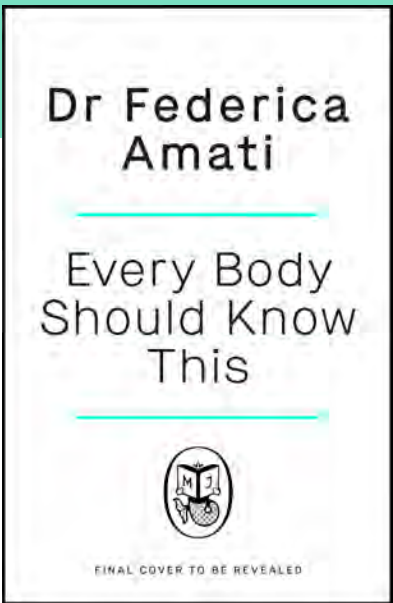
Dr Federica Amati

**Discover the science of eating for a lifetime of health**

Are you overwhelmed by conflicting nutritional advice? Do you struggle with making healthier food choices? *Every Body Should Know This* uncovers the science behind maintaining good health at every stage of life.

This first-of-a-kind book combines nutrition, medical science, and public health advice into a simple, evidence-based guide unpacking what we should all know about the food we love and how it affects us.

This book delivers clear and targeted recommendations for each life stage so that everybody can have a better insight into what works for them personally and reclaim both the power and pleasure of food.



April 2024  
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**Dr Federica Amati** is a postdoctoral medical scientist and AfN accredited nutritionist with over ten years' experience in scientific research and communications. Dr Federica is committed to carrying out ongoing nutrition, public health and mental health research at Imperial College London alongside the NIHR and the WHO Collaborating Centre. Dr Federica also leads scientific communications for personalised nutrition company ZOE where she works alongside Dr Tim Spector.



# The Gathering

C. J. Tudor

**The chilling new thriller from the *Sunday Times* bestselling author**

A small Alaskan town.

A brutal murder.

Echoes of a killing twenty-five years ago.

An out-of-state detective brought in to assist the sheriff who investigated the original case.

But as the snow thickens and the nights grow longer . . . are they hunting a twisted psychopath or something even more terrifying?



April 2024  
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**C. J. Tudor's** love of writing, and the dark and macabre, started young. When her peers were reading Judy Blume, she was devouring Stephen King. Over the years she has had a variety of jobs, including trainee reporter, radio scriptwriter, dog walker, voiceover artist, television presenter, copywriter and, now, author.

Tudor's first novel, *The Chalk Man*, was a *Sunday Times* bestseller and sold in over 40 countries. Her second novel, *The Taking of Annie Thorne*, was also a *Sunday Times* bestseller as was her third novel, *The Other People*. All three books are in development for TV. Her fourth novel, *The Burning Girls*, was a Richard and Judy Book Club selection and has been adapted for television by award-winning screenwriter Hans Rosenfeldt (creator of *The Bridge* and *Marcella*). It will debut on Paramount Plus in 2023. *The Drift* is her fifth novel and has also been optioned for the screen. C. J. Tudor is also the author of *A Sliver of Darkness*, a collection of short stories. She lives in Sussex with her family.

# The Wide Wide Sea

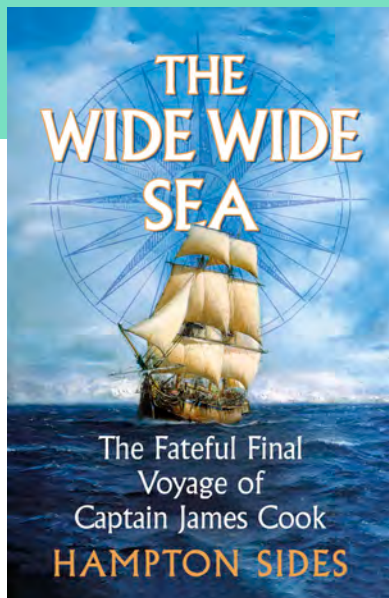
Hampton Sides

From *New York Times* bestselling author Hampton Sides comes an epic account of the most momentous voyage of the Age of Exploration - the fateful final journey of Captain James Cook

On July 12th, 1776, Captain James Cook, already lionised as the greatest explorer in British history, set off on his third voyage in HMS Resolution. Two-and-a-half years later, on a beach in Hawaii, Cook was killed – beaten and stabbed in a conflict with the indigenous population.

What brought Cook to these final moments, so at odds with his reputation? Cook was renowned for his humane leadership, dedication to science and the curiosity and respect, not judgement, with which he greeted societies that were new to him.

Cook's new voyage carried secret orders to venture north, to discover the fabled Northwest Passage and chart and claim lands before Britain's imperial rivals. And Cook himself was different on this final, fatal voyage. The great navigator became mercurial, leading his ships into danger time and again, and meting out savage punishments against native peoples. Whatever was driving Cook, his mission revealed the sharp edge of a colonial sword bringing catastrophe to those in its path. And, after returning from the Arctic to the shores of Hawaii, Cook's expedition finally tore itself apart . . .



April 2024  
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£25.00 : Hardback



**Hampton Sides** is an editor-at-large for *Outside* magazine and teaches literary journalism and narrative history at Colorado College. The bestselling author of *Kingdom of Ice*, *Ghost Soldiers*, *Blood and Thunder*, and *Hellhound On His Trail*, he lives in Santa Fe with his wife Anne.

# APRIL PAPERBACKS

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MARY BETH KEANE

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LIANE MORIARTY

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SYLVIA DAY

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RAGNAR JÓNASSON AND

KATRÍN JAKOBSDOTTÍR

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MAY

# My Favourite Mistake

Marian Keyes

**Anna just lost her taste for the Big Apple . . .**

At forty-eight, Anna has a life to envy.  
An apartment in New York.  
A well-meaning (too well-meaning?) boyfriend.  
And a high-flying job in beauty PR.  
Who wouldn't want all that?

Anna – it turns out.

So she bins the lot and heads home to Ireland, turning a minor mid-life crisis into a major life event. Despite what her unsupportive family think, it's definitely not a big mistake.

But starting over after twenty years away isn't easy. The only job Anna finds is helping some friends. They're building a coastal retreat and need help persuading the locals to like it. Newsflash: the locals hate it. So much so, there have been threats – and violence.

Ana, however, worked in the beauty industry. There's no ugliness she hasn't seen. No wrinkle she can't smooth over.

There's just one fly in the ointment – Joey Armstrong. He's going to be her wingman. Never mind they have a chequered history together. Never mind what might have been . . .

**But don't we all make mistakes? And isn't the real question: what do we do about them?**



**Marian Keyes** is a phenomenon. The multimillion copy, internationally bestselling author of some of the most widely loved, genre-defying novels of the past thirty years - including *Rachel's Holiday*, *Anybody Out There* and *Grown Ups* - has millions of devoted readers around the world.

In addition to her fifteen novels, Marian has also written two collections of journalism, upon which the recent hit BBC Radio 4 show *Between Ourselves* is based.

Marian lives in Dún Laoghaire, Dublin.



May 2024  
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# Rewire

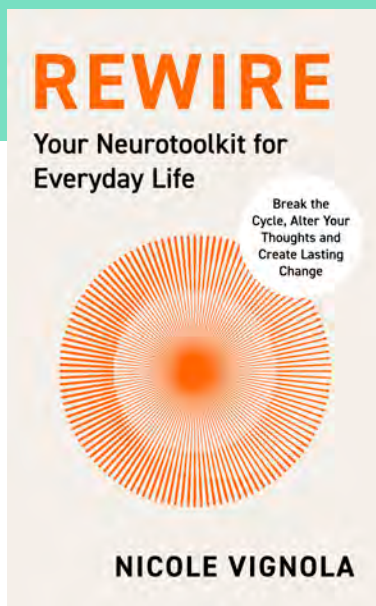
Nicole Vignola

**Your very own neurotoolkit for a good life.  
Change your mind to change your life**

Do you fixate on a particular narrative about yourself that you wish you could change?

Think of your brain as your hardware and your mental health as your software. We must ensure our hardware works well before we can upgrade our software. Once we learn the fundamentals of rewiring our brains, we can design new habits, shift our mindset and undo unwanted behaviours so that we can create the best version of ourselves.

*Rewire* is your personal guide to unpacking the neuroscience behind why we are subconsciously programmed to repeat certain habits and how we can do, or undo, any type of behaviour to achieve peak mental wellbeing.



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**Nicole Vignola** is a neuroscientist and brain performance coach who specialises in making neuroscience tangible for the masses. She has an established platform which reaches millions, providing them with practical tools and science-backed methods to improve mental health, optimise reflexes and reach peak mental performance to enhance their daily lives.

With twelve years of coaching experience, Nicole has a BSc in Neuroscience from the University of Bristol and is soon to complete an MSc in Organisational Psychology with the University of the West of England. *Rewire* is her first book.

# Nero

Conn Iggulden

**Set at the heart of a Roman dynasty drenched in danger, intrigue and Machiavellian power struggles, the first book in Conn Iggulden's brand-new series follows empress Agrippina's battle to secure her son Nero's succession**

Ancient Rome, AD 37

True Roman justice begins and ends with one man's hand around another's throat . . .

The fate of a dynasty hangs in the balance.

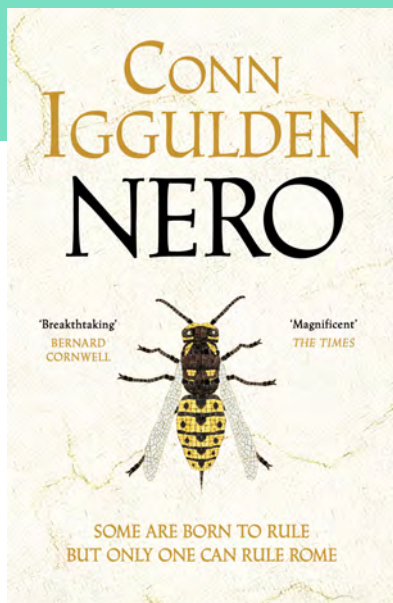
Into this fevered forum, Agrippina, granddaughter of Emperor Augustus, gives birth to a son: Nero. Imperial blood courses through their veins but will offer no protection. If they are to survive amongst tyrants, they must learn to walk a razor's edge.

Agrippina knows all too well that darkness and power plays of Machiavellian proportions lie at the empire's shadowy heart. She faces soldiers, senators, rivals, silver-tongued pretenders, each vying for position. One mistake risks exile, incarceration, execution. Or, worst of all, the loss of her infant son.

But even in her darkest moments, Agrippina sees the glint of opportunity. Her son is everything. She is a kingmaker. She will shape this boy into Rome itself - the one all must kneel before.



**Conn Iggulden** is one of the most successful authors of historical fiction writing today, with bestselling series on Julius Caesar, Genghis Khan and the Wars of the Roses, as well as two stand-alone novels: *Dunstan*, set in the red-blooded world of tenth-century England, and *The Falcon of Sparta*, in which Iggulden returns to the Ancient World. Both instalments of his Athenian series, *The Gates of Athens* and *Protector*, and his recent Golden Age series, *Lion* and *Empire*, are *Sunday Times* bestsellers.



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# The Scandal Of The Century

Lisa Hilton

**Playwright, poet, spy, a scarlet woman condemned for loose morals . . . meet Aphra Behn, history's most fascinating female**

There are few labels not attached to Aphra Behn. And yet, for all her notoriety Aphra Behn is an enigma.

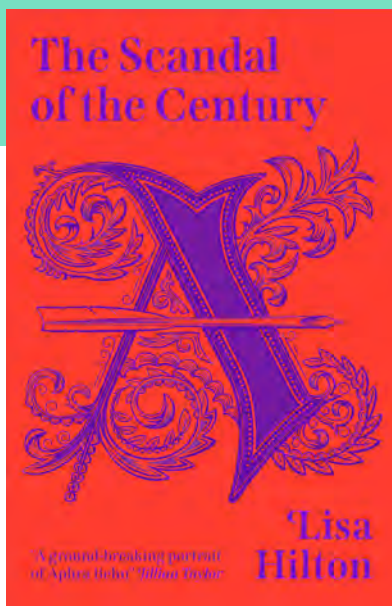
Born around 1640, her early life isn't well recorded and facts about her are disputed. Her birth name may have been Eaffrey Johnson and she was possibly the daughter of a Canterbury barber, although neither are certain. And just after the Restoration, she likely lived in the English colony of Surinam in South America, where she was perhaps embroiled in political espionage. Whatever the truth, Behn was in London by 1664 and six years on was writing for the stage.

For a decade, Behn's work dominated the London stage. Then, in 1682, she was charged with libel. Her plays couldn't be produced and by the time of the trial of the century, Behn was broke. She decided that writing would be her escape and began to write a novel based on the most notorious adultress of a notoriously adulterous age – Lady Henrietta Berkley.



**Lisa Hilton** is a best-selling author, historian, presenter and historical consultant. Taking inspiration from the lives of women who shaped the world, she has written six historical biographies including *Athenais: The Real Queen of France* (shortlisted for the Somerset Maugham Prize) and the critically-acclaimed *Elizabeth, Renaissance Prince*.

She has presented numerous historical series, including 'Charles I: Downfall' (BBC4, 2019) and 'Charles I: Killing a King' (BBC4, 2020). Lisa grew up in the north of England and read English at New College, Oxford, after which she studied History of Art in Florence and Paris. Since then, Lisa has lived in New York, Paris, Milan and London.



**Cover not final**

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# The Midnight Hour

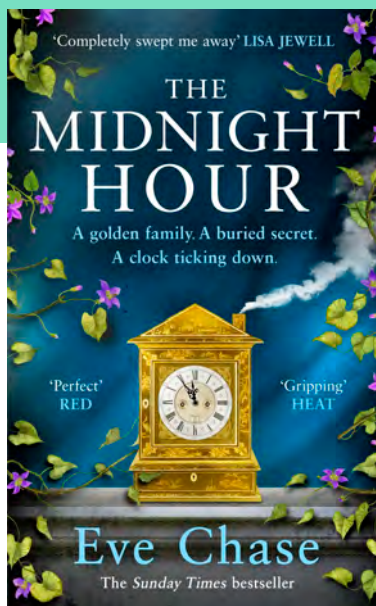
Eve Chase

**The evocative and page-turning new novel from the author of *Sunday Times* bestseller and Richard and Judy pick *The Glass House***

Notting Hill, London. Seventeen-year-old Maggie Parker's mother walks out of their pink front door and doesn't return . . .

Forced to look after her little brother while desperate to find their mother, Maggie ventures out among the antique shops and larger-than-life hawkers. There she meets a boy who will change everything. But will he help solve the mystery of her mother's disappearance?

Twenty-one years later, the new owner of the old Parker residence in Notting Hill is excavating the basement, unaware of what lies beneath. While in a Parisian apartment, a phone rings, and for one woman the clock is suddenly turned back decades . . .



**Cover not final**

May 2024

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**Eve Chase** writes rich, page-turning mysteries set in beautiful places, thick with secrets. *The Glass House* was a *Sunday Times* bestseller and Richard and Judy Book Club pick. Longlisted for the HWA Gold Crown award, *The Vanishing of Audrey Wilde* went on to become an Amazon bestseller. *Black Rabbit Hall* won the Saint-Maur en Poche prize in Paris for Best Foreign Fiction and also went on to be an Amazon bestseller. Before writing novels, Eve worked as a journalist in magazines and newspapers. Married with three children, she lives in Oxford, alongside a very hairy golden retriever called Harry.

# Fight Me!

Austin Grossman

**A thrilling, acerbic and hilarious journey into the world of superhero has-beens**

Dr Rick Tower is a mild-mannered English professor easing into middle age at a New England college. Even his vices are unremarkable. But it wasn't always like this. Not until they changed his name, altered his looks and told him: 'Pretend you were never different.'

Because, decades earlier after a very bad day at high school, he was committed to a secret government facility with three other kids, Cat, Jack and Stephanie, each special in their own way. Tested, tutored and trained, this extraordinary quartet were then told to save the world. It was the best thing that ever happened to them. Until it became the worst.

Now, twenty years later, a mysterious disappearance means Tower must reunite with his former comrades. But while great power might come with great responsibility, there's little of that on display from any of them.

Combining compelling storytelling and fierce imagination with a rich cast of characters, *Fight Me* is a page-turning and distinctive thriller, a unique tale of good, evil and one man trying to do the right thing. Against impossible odds . . .



May 2024  
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**Austin Grossman** is a novelist and interactive storyteller. His novels include *Soon I Will Be Invincible*, *YOU: a novel*, and *Crooked*. *Soon I Will Be Invincible* was nominated for the 2007 John Sargent Sr. First Novel Prize. His writing has also appeared in *Granta*, the *Wall Street Journal*, and the *New York Times*. His game credits include *System Shock*, *Deus Ex*, and *Dishonored*, which received the 2012 BAFTA award for Best Game. He has an MA in Performance Studies from NYU and is ABD in English Literature at the University of California, Berkeley. He currently teaches narrative design at NYU, and works as a consultant in game and XR experience design.

# Guitar

## Earl Slick

### Life and Music with David Bowie, John Lennon and Rock and Roll's Greatest Heroes

Earl Slick was just twenty-one years old when, in 1974, he was hired to replace Mick Ronson as lead guitarist for David Bowie's landmark Diamond Dogs tour. Forty years later he was on stage with Bowie when the singer suffered the heart attack that terminated his career as a live performer.

In between, Slick played on landmark albums like *David Live*, *Young Americans* and *Station to Station*, and iconic live shows like the Serious Moonlight tour and Bowie's legendary Glastonbury set. But Slick was also a key member of John Lennon's band at the time of the former Beatle's death and an MTV star in his own right as a member of Phantom, Rocker and Slick. His CV is a roll call of rock n roll's greatest including Mick Jagger, Keith Richards, Eric Clapton, George Harrison, Ringo Starr, Ian Hunter, Joe Cocker, The Cure, David Coverdale, Buddy Guy and the New York Dolls.

*Guitar* is an insider's account of a life led in rock n roll's fast lane; a rollercoaster ride full of big names, good times, bad behaviour, great stories and timeless music.

'A legendary guitar star and a musician of great feeling. His playing is earthy, timeless and never less than stellar' **DAVID BOWIE**



**Earl Slick** was born Frank Madeloni in Brooklyn, New York in 1952. He's enjoyed a career as one of rock's most in-demand sidemen. After winning a battle with drink and drugs, he gave up music in the nineties to sell timeshares in Lake Tahoe for four years until invited to rejoin David Bowie's touring band in 1999. In 2017 he narrated and starred in the critically acclaimed BBC documentary *Rock 'n' Roll Guns for Hire*. He has a son and a daughter and lives in New York State. *Guitar* is his first book.

**GUITAR**EARLSLICK



May 2024  
9780241371701  
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£25.00 : Hardback

# This Summer Will Be Different

Carley Fortune

Emily Henry's *Happy Place* meets Taylor Jenkins Reid and *Virgin River* in a story of missed chances, love and friendship

They can't be together, but they can't stay apart.

The first time Lucy and Felix meet, she is a tourist vacationing at a beach house on Prince Edward Island. He is the local who shows her a very good night. She has no clue that he is her best friend's younger brother. Their chemistry is off the charts, but the list of reasons they can't be together is much longer.

Every summer, Lucy visits the island with Bridget for a big breath of fresh air, to gorge on oysters and vinho verde, and to soak up sunny days on red sand beaches. And each year, she promises herself she won't end up in Felix's arms.

It's easier said than done. With every furtive glance and electrifying touch, she becomes more entranced by this man who wears his heart on his sleeve even as he remains off-limits to her. What started as a one-time thing becomes six years of secrets and lies. That's why, last summer, she broke things off for good.

When Bridget faces the biggest crisis of her life, Lucy knows she needs to take her back home. One last trip to the island. One last chance with Felix. But has she ruined everything before it can really begin?



May 2024  
9781405965453  
B Format  
£8.99 : Paperback



**Carley Fortune** is the No. 1 *New York Times* and No. 1 *Globe and Mail* bestselling author of *Every Summer After* and *Meet Me At The Lake*. Her third book, *This Summer Will Be Different*, comes out May 7, 2024. Carley is an award-winning journalist and worked as an editor at some of Canada's top publications, including *The Globe and Mail*, *Chatelaine*, *Toronto Life*, and *The Grid*. She was most recently the Executive Editor of *Refinery29* Canada. She lives in Toronto with her husband and two sons.



# Hercules

Scott Bateman

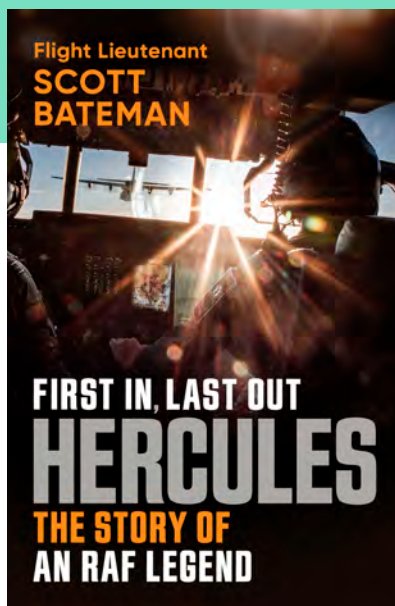
**Anything, Anytime, Anywhere. The Hercules can do it all. Whether it's war, natural disaster, or humanitarian emergency, for over fifty years the RAF's Hercules force was first in and last out of crises around the globe**

First conceived in the 1950s, the US-built Lockheed C-130 Hercules earned its spurs flying difficult and dangerous missions in the Vietnam War. Originally designed as an airlifter, the Hercules has been pressed into service as an aerial tanker, a gunship, spyplane, air-sea rescuer and bomber. It's even been flown from an aircraft carrier. In RAF colours it's seen action on every continent including Antarctica, flying life and death missions in the Falklands, Lebanon, Iraq, Libya, Afghanistan, Sudan and all points in between.

Former RAF Hercules Captain Scott Bateman takes you onto the flight deck to give an action-packed insider's account of what it's like to fly this legendary flying machine in peace and war, at home and abroad, paying tribute to the remarkable men and women who operate it, and to those comrades in arms who, in doing so, made the ultimate sacrifice.



**Scott Bateman** has been a professional aviator all his adult life. He began working as an air loadmaster on C-130 Hercules in the RAF in 1990, then was selected to train as a pilot in 1997, serving in the RAF for eighteen years. Following his military career he worked as a pilot and fleet manager for a large airline. He now blends his aviation career with a successful career as a television producer through his company, 9-Line Media. Born and raised in a small village in Scotland, Scott now lives in the West Country with his wife and three adult children.



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# JUNE

# Scripted

Fearne Cotton

## Jade Shaw has lost control of her life

Pushed around by her warring family, and taken for granted by a boyfriend who's more interested in his 'brand' than their relationship, she knows that somewhere along the path to being an adult she's lost her way. And she can't seem to find it again.

The last place she expects to discover answers is on the floor outside her flat. But there it is: a script. Containing her name, and her boyfriend Adam's - and depicting another huge argument in which Jade fails to stand up for herself. The weird thing is: this argument hasn't happened yet.

The row becomes reality. Jade tries and fails to find her voice. Then more scripts appear, predicting infuriating scenarios in which Jade's boss, mum, and bridezilla sister walk all over her. Whoever is leaving these scripts knows Jade inside-out. But who is writing them? How are they able to predict her future so accurately?

## And what can Jade do to re-write the script?



**Fearne Cotton** is one of the best-known broadcasters in the UK and Founder of the wellbeing brand, Happy Place - created from her first book released in 2017, *Happy*, which was a *Sunday Times* bestseller and a silver Nielsen bestseller. This was the first in a series talking about her own, and some of the not so positive, experiences with happiness. This evolved into a 2018 podcast, *Happy Place*, featuring an array of guest such as Hilary Rodham Clinton, Jada Pinkett Smith, Gary Barlow, Alicia Keys, and Elizabeth Gilbert. To date, the podcast has over 31 million downloads and continues to top the charts. 2019 saw a further extension of the brand into the live space, with over 10,000 people attending two Happy Place Festivals. Her third cook book, *Happy Vegan*, was published in Autumn last year.

Fearne is a mother of two, and step-mother of two, and closely supports a range of charities - most notably mental health charity Mind, The Prince's Trust and Coppafeel!, the latter of which she curates the charity's music festival, Festifeel.



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9780241676325  
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# A Universal History of Us

Professor Tim Coulson

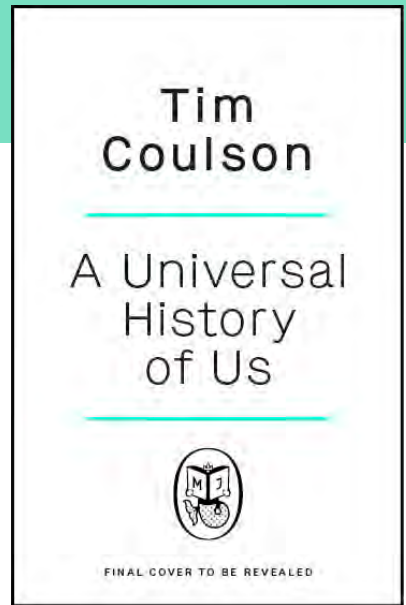
**How did we come to be? A complete, uncomplicated guide to the science of life, the universe and everything**

How did everything start?

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In this one book Oxford Professor Tim Coulson seeks to simply explain what science tells us about the history of the universe from the Big Bang to the existence of humanity, and whether our existence was always inevitable or if we are just incredibly lucky.

Telling the scientific story of our origins in language that won't put off non-scientists, Coulson provides the most accessible and clear guide yet to what thousands of years of study have told us about who we are, where we came from and what comes next.



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**Professor Tim Coulson** is Professor of Zoology at the University of Oxford. He has worked as an academic researcher and taught biology for over three decades and has published over 200 papers in scientific journals. *A Universal History of Us* is his first book.

# Babylonia

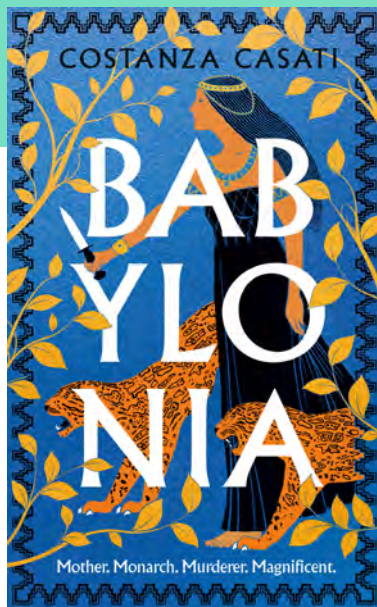
Costanza Casati

**Weaving together ancient history and myth, this captivating tale charts the controversial life and rise to power of Semiramis, the only female ruler of the Assyrian Empire.**

Nothing about Semiramis's upbringing could have foretold her legacy or the power she would come to wield. A female ruler, once an orphan raised on the outskirts of an empire - certainly no one in Ancient Assyria would bend to her command willingly. This is the epic tale of a woman who knew if she wanted power, she would have to claim it. No one was coming to save her.

There are whispers of her fame in Mesopotamian myth: Semiramis was a queen, an ambitious warrior, a commander and builder whose reputation reaches the majestic proportions of Alexander the Great. Historical record, on the other hand, falls eerily quiet.

In her second novel, Costanza Casati brilliantly weaves myth and ancient history together to give Semiramis a voice, charting her captivating ascent to a throne no one promised her. The world Casati expertly builds is rich with dazzling detail and will transport her readers to the heat of the Assyrian Empire and a world long gone.



June 2024  
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**Costanza Casati** was born in Texas in 1995 and grew up in a village in Northern Italy, where she studied Ancient Greek, and Ancient Greek literature, under one of the country's most rigorous academic programmes. She is a graduate of the prestigious Warwick Writing MA in the UK, and worked as a screenwriter and journalist. *Clytemnestra* is her debut novel. It has sold into 18 territories worldwide, is a *Saturday Times* bestseller, and was shortlisted for the HWA Debut Crown Award.

# Easy Air Fryer Bakes

Lucy Parissi

**Discover the modern way to bake with  
*Easy Air Fryer Bakes!***

Proven to be quicker, more energy efficient and cheaper to run than traditional ovens, air fryers are here to stay. In this book, food blogger and baking expert Lucy Parissi will demonstrate that they are not just for savoury food, with over 80 delicious and impressive delights that can all be made in the air fryer.

Including everything from simple bakes, such as Chocolate Chip Cookies and Cinnamon Apple Muffins; celebration cakes including a Chocolate Berry Gateaux; classic holiday treats such as Mince Pies or Pumpkin Pie; decadent desserts including Chocolate Lava Cakes and Sticky Toffee Pudding; and even savoury bakes and breads such as Spanakopita Triangles and Herby Potato bread, there really is something here for every occasion.



June 2024  
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**Lucy Parissi** is the writer, recipe developer, stylist and photographer behind the blog [supergoldenbakes.com](http://supergoldenbakes.com). She grew up in Athens, Greece, where food and cooking are fundamental to a happy life. Helping her mum in the kitchen delighted her as a child. Lucy wanted to become a great baker like her!

Lucy moved to London aged seventeen, and quickly expanded her culinary horizon. She has previously worked as a designer and Art Editor at Dorling Kindersley, Quarto Publishing and Wine Magazine. She launched her blog in December 2012 to share her passion for cooking and baking with the world, and has been working on it full time since 2016.

She is a believer in unfussy food packed with flavour, and often takes inspiration from cuisines around the world as well as traditional Greek recipes she grew up with. To this day, nothing makes her happier than preparing and sharing food with family and friends.

# The Asian Pantry

Dominique Woolf

Easy and delicious, umami-packed Asian-inspired recipes all created using an accessible, affordable collection of essential pantry ingredients from the No. 1 *Sunday Times* bestselling author of *Dominique's Kitchen*

Your pantry, whether it is a shelf, cupboard, drawer or just a collection of bottles and jars on your kitchen surface, is your greatest utensil. By using a simple collection of supermarket store cupboard essentials – most of which you probably already have at home – you can create umami-packed, cost-effective, Asian-inspired dishes to die for all week long.

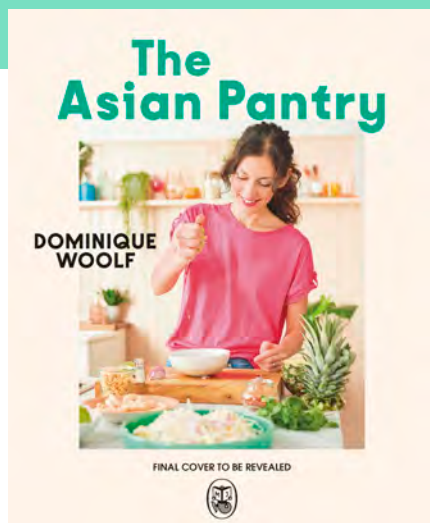
- Vietnamese Cauliflower, Carrot & Potato Curry
- Prawn & Chorizo Sweet Soy Noodles
- Korean-style Chocolate & Coconut Stuffed Pancakes

With over 80 recipes based around accessible ingredients that have big flavour at their very heart, *The Asian Pantry* is the ultimate tool for creating truly simple and delicious Asian dishes from scratch at home.



**Dominique Woolf**, winner of Jamie Oliver's Channel 4 *The Great Cookbook Challenge*, 2022, and creator of the award-winning and flavour-packed The Woolf's Kitchen chilli oils, sauces and pastes, has written her second book *The Asian Pantry*. The book is centred on using an affordable collection of supermarket pantry ingredients to create easy and delicious Asian meals at home.

Dominique trained at Leith's School of Food and Wine and is a food writer, entrepreneur and home cook to her family. She is inspired by her Thai roots and her love of big, bold flavours. Her first book, *Dominique's Kitchen* topped the charts as a No. 1 *Sunday Times* bestseller. And, *The Asian Pantry* is Dominique Woolf's much anticipated second book.



June 2024  
9781405957922  
£22.00 : Hardback



# The Curse of Sins

Kate Dramis

The much anticipated sequel to Kate Dramis' TikTok fantasy phenomenon, *The Curse of Saints*. As Aya's powers grow, danger rises . . .

Aya has returned home at last.

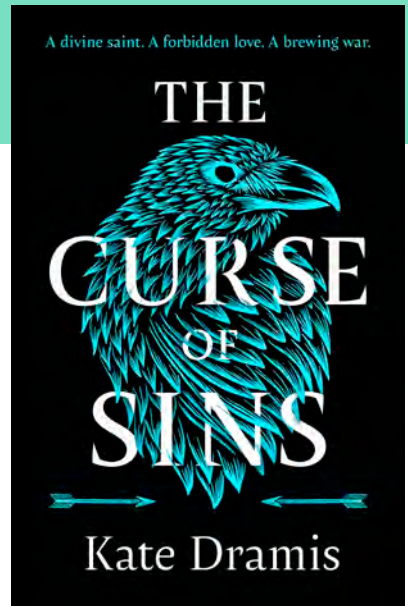
But she is not the same person who left Tala all those months ago.

And Tala isn't the same either.

The threat of war that could destroy the realm continues to grow and Aya is the only one who can save it.

Because she is the Second Saint. The bringer of hope. The light in the darkness. Blessed with powers not seen in centuries.

But there are those who stand to use her power for their own gain and Aya learns that danger is closer to home than she ever could have imagined.



June 2024  
9780241630921  
Royal Octavo  
£18.99 : Hardback



**Kate Dramis** is an Atlanta-based writer whose obsession with fantasy worlds and escaping into a good love story eventually drove her to chase her dreams of being an author.

Inspired by a dream about a woman calling down lightning to save a friend, *The Curse of Saints* was Kate's debut fantasy novel and the first in the trilogy.

When she's not busy writing banter that makes her laugh in an embarrassingly loud fashion, you can find her impulse booking her latest travel adventure, snuggling with her three dogs and cat, or tormenting her growing legion of readers on TikTok and Instagram with vague book teasers.



# The Guest

Hilary Boyd

**Will the secrets of the past resurface as old friends reunite over a long hot summer . . .**

Kitty Cox is adjusting to a new life alone. She's spent several years caring for her ailing husband but now she's having to adjust to a life without him.

When Kitty's old friend Vee reappears in the village in desperate need of a place to stay, Kitty quickly sees an obvious solution to both their dilemmas. She invites Vee, her new partner Raf and young son Bear to move in with her for the summer.

Kitty relishes the company, but there are ripples beneath the surface of her old friend. As a long, hot summer unfolds, tensions build and secrets simmer. Has Vee told Kitty the whole truth? And will her generous offer of help turn out to be the biggest mistake she has ever made?



**Hilary Boyd** was a nurse, marriage counsellor and ran a small cancer charity before becoming an author. She has written eight books, including *Thursdays in the Park*, her debut novel which sold over half a million copies and was an international bestseller. The film rights for *Thursdays In The Park* have been acquired by Charles Dance, who will be directing and starring.



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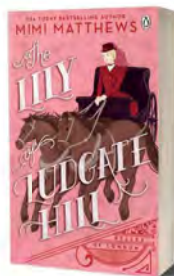
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**Tillie Cole**

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