

TRANSWORLD

NON-FICTION CATALOGUE

July – December 2024

Rough Justice

Do we have the law we deserve?

Her Honour Wendy Joseph KC

Brilliant and provocative story-telling from the iconic murder judge, author of *Sunday Times* bestseller, *Unlawful Killings*

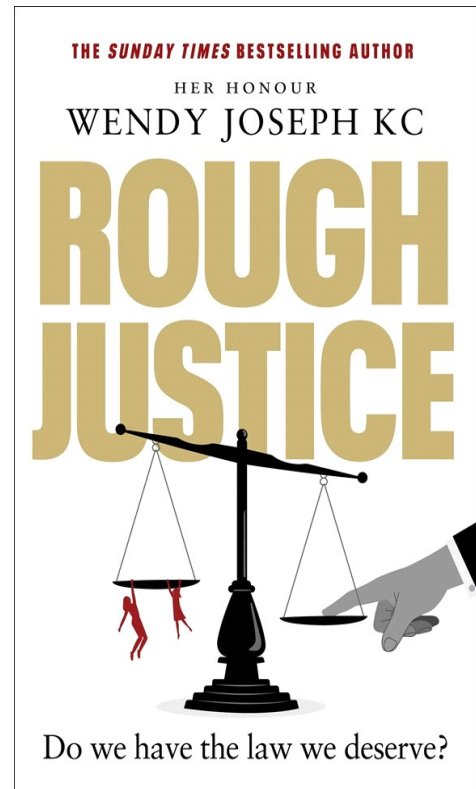
What *is* justice? Do our legal courts dispense it? Has our judicial process improved, for the victims, the accused and for society? What more must be done to ensure genuine justice is carried out in future?

Following on the heels of her bestseller *Unlawful Killings*, Old Bailey judge Wendy Joseph KC skilfully reconstructs courtroom dramas affecting society's most vulnerable - so often women and children, drawing on her many years' experience as a murder trial judge, and asking the key questions of the institutions tasked to deliver what is right and fair.

From the trial of a child charged with disposing of dismembered body parts, to the woman accused of killing her own husband, Joseph is utterly compelling as she sets out how our justice system works. But, as she compares these modern courtroom tales with eerily similar cases and miscarriages of justice from years ago, might the most chilling story of all be that the lessons of the past have yet to be learned?

Incisive, masterfully crafted, *Rough Justice* illuminates the struggles of any one of us caught up in our legal system - but particularly the marginalized and the easily exploited - and grapples with the concept of 'justice for all' so that we might demand better.

Until March 2022 Her Honour Wendy Joseph KC was a judge at the Old Bailey, sitting on criminal cases, trying mainly allegations of murder and other homicide. She read English and Law at Cambridge, was called to the Bar by Gray's Inn in 1975, became a QC in 1998 and sat as a full-time judge from 2007 to 2022. When she moved to the Old Bailey in 2012 she was the only woman amongst sixteen judges, and only the third woman ever to hold a permanent position there. She was also a Diversity and Community Relations Judge, working to promote understanding between the judiciary and many different sectors of our community, particularly those from less privileged and minority groups. She mentors young people, from a variety of backgrounds, who hope for a career in law and has a special interest in helping women. Her first book, *Unlawful Killings*, won the Crime Writer's Association 'Gold Dagger' for Non-fiction and was a *Sunday Times* bestseller.



July 2024

9780857529671

£22.00

Royal Octavo : Hardback

368 pages

Iconic

My Life in Fashion in 50 Objects

Zandra Rhodes

Insightful, gossip-filled memoir from legendary British fashion designer renowned for colourful, intricate designs who dressed everyone from rockstars to royalty.

Dame Zandra Rhodes has spent her life rallying against what was expected of her, both as a designer and a woman. Often perceived as too bold for the mainstream, she fought for creativity and individuality, and continues to achieve both in everything she does.

In this insightful memoir, Zandra shares her life story for the first time. Told through a variety of mementos collected over the years, it is a vibrant account filled with rockstars and royalty, of life-changing friendships and poignant reflections on her personal triumphs and tragedies, as well as the fears, sacrifices and pressures that come with being an era-defining designer.

From a road trip to Rome with Ossie Clark and Celia Birtwell, to opening her first London store thanks to a kind loan from Vanessa Redgrave while Joe Cocker sang *With a Little Help From My Friends*; from judging Andrew Logan's Alternative Miss World with David Hockney and Angie Bowie which was so packed that even David Bowie couldn't get in, to hanging out with Andy Warhol and Halston in New York's Studio 54; from friendships with legends such as Karl Lagerfeld and Diana Vreeland to designing for everyone from Freddie Mercury to Diana Ross, from Princess Diana to Barbra Streisand. *Iconic* gives the reader a sense of being right alongside Zandra through all the highs and lows of her extraordinary life.

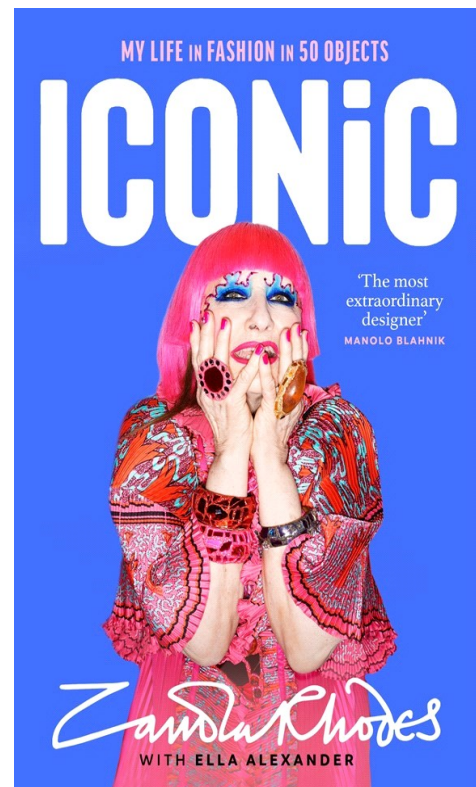
Capturing the rich and unexpected life of a British icon, this memoir explores what it is to defy the norm.

Zandra Rhodes (Author)

Dame Zandra Rhodes has been a leading figure of the fashion industry for over five decades, celebrating her 50th year in fashion in September 2019 with a retrospective exhibition at the Fashion and Textile Museum in London, which she founded. Her skill as a print designer combined with an affinity for fine fabrics and colour has resulted in a signature aesthetic that is undeniably unique and continues to stand the test of time. She has dressed some of the world's most stylish men and women from Freddie Mercury, Elizabeth Taylor and Diana Ross to Bianca Jagger, Debbie Harry and Princess Diana. She has also created costumes, winning an Emmy Award in the process. She has appeared in multiple television shows, from the cult series *Absolutely Fabulous* to *The Great British Bake Off* and *The Real Marigold Hotel*. In 2015, she was made a Dame in recognition of her contribution to fashion and textiles.

Ella Alexander (Author)

Ella Alexander is a journalist and *Harper's Bazaar* Contributing Editor. She has written about style, design and contemporary culture for leading titles including *Vogue*, the *Independent*, *Glamour* and *Condé Nast Traveller*.



July 2024

9780857505217

£25.00

Royal Octavo : Hardback

320 pages

Manboobs

A queer memoir

Komail Aijazuddin

The hilarious and piercing memoir about growing up gay in a not-so-gay world

Even as a young child in Lahore, Komail was made to feel different. Boys don't pirouette off of the dining table. Boys don't burst into songs from *The Little Mermaid* unprovoked. Boys don't play together like *that*. It's dangerous.

Starved of a crucial part of himself, he ate. And ate. Before long, his own body became another burden to carry everywhere and to hide. As a promising young artist, he dreamed that through his work he might one day find fulfillment in the outstretched (ideally muscular) arms of America. Instead, arriving in the self-proclaimed land of tolerance, Komail finds himself at turns denied or fetishized for the color of his skin and scrutinized due to the color of his passport. And as if that weren't enough, his art is seen through a cultural lens that only evaluates that which is not white in relation to that which is.

Searching for his place somewhere between these two worlds means navigating a minefield of expectations, assumptions and self-doubt. Komail discovers, sometimes painfully, there are people (and even parts of himself) he'll need to let go of to move forward, because it's sometimes the people closest to you in life who trip you up. But then there are also those who get you through.

Komail Aijazuddin is a visual artist and writer with degrees from New York University and the Pratt Institute, who lives and works in New York City and Lahore.



August 2024
9781529929386
Demy Octavo
£20.00 : Hardback
320 pages

Ingrained

The making of a craftsman

Callum Robinson

An evocative literary memoir of life as a carpenter, splinters and all; this is a book for anyone who has ever whittled something out of wood or dreamt about doing so.

Ingrained is a love letter to trees, timber and craftsmanship – and to finding your own voice.

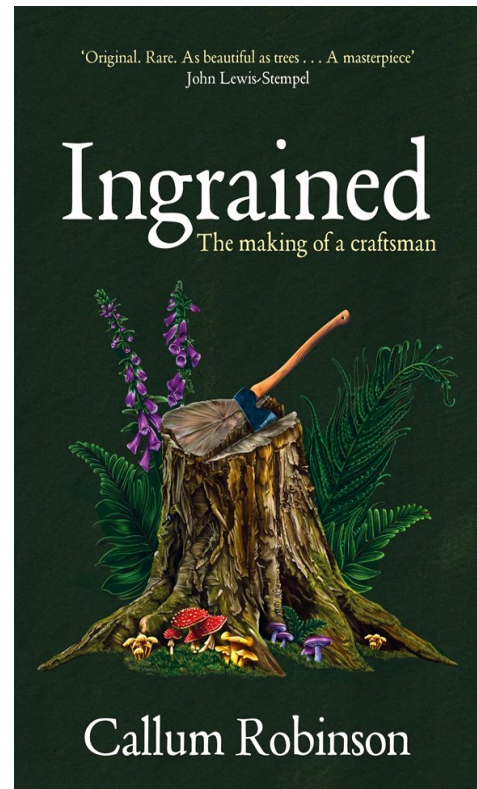
The eldest son of a Master Woodworker, Callum Robinson spent his childhood surrounded by wood and trees, absorbing craft lessons in his father's workshop, playing amongst the sycamore, oak and Scots pine that bordered his home. In time he became his father's apprentice, helping to create exquisite bespoke objects. But eventually the need to find his own path led him to establish his own workshop; to chase ever bigger and more commercial projects, to business meetings, bright lights and bureaucracy, to lose touch with his roots. Until the devastating loss of one major job threatened to bring it all crashing down. Faced with the end of his business, his team and everything he had worked so hard to build, he was forced to question what mattered most.

In beautifully wrought prose, Callum tells the story of returning to the workshop, and to the wood; to handcrafting furniture for people who will love it, and then pass it on to the next generation – antidotes to a culture where everything seems so easily disposable. As he does so, he brings us closer to nature, and to the physical act of creation. Close enough to smell the sawdust, to see the wood's grain and character and to feel the magic of furniture coming to life. At the same time, we begin to understand how he has been shaped, as both a craftsman and a son.

Blending memoir and nature writing at its finest, *Ingrained* is an uplifting meditation on the challenges of working with your hands in our modern age, on community, consumerism, and the beauty of the natural world – one that asks us to see our local trees, and our own wooden objects, in a new and revelatory light.

Callum Robinson makes all manner of things from all manner of woods for some of the most influential brands in the world. He is creative director at Method Studio, the company he established with his wife, designer and lecturer Marisa Giannasi, almost fifteen years ago.

Taught by his father – now one of the UK's foremost 'Master Woodcarvers' – his work has been exhibited widely. He works and writes from a studio and workshop in a forest, beside a loch, nestled in the Scottish hills.



August 2024

9780857529756

£22.00

Royal Octavo : Hardback

336 pages

Prequel

America's first fight against fascism

Rachel Maddow

Journalist Rachel Maddow's runaway #1 bestseller, with over 400,000 copies sold, now available in the UK ahead of the 2024 US election. This is the startling story of the fascist plot to overthrow America in WWII - and how the good guys won (eventually...)

As Hitler's ascendancy began to make a Second World War inevitable, a clandestine network flooded the United States with disinformation aimed at sapping the strength of its war effort and persuading Americans that their natural alliance was with the Axis.

It was a sophisticated and shockingly well-funded campaign to undermine democratic institutions, promote antisemitism, and destroy citizens' confidence in their elected leaders, with the ultimate goal of overthrowing the US government and installing authoritarian rule. Some of the country's most influential elected officials, including senators and members of Congress, worked to disseminate Nazi talking points, while fascist paramilitaries stockpiled bombs and weapons in preparation for violent insurrection.

Prequel unearths the forgotten story of these insurrectionists, as well as the heroic efforts of the journalists, prosecutors, and regular citizens who sought to expose their plot and bring them to justice. Deeply researched, the story of how the crisis was averted is also a deeply relevant tale for our own disquieting times.

Rachel Maddow is host of the Emmy Award-winning Rachel Maddow Show on MSNBC, as well as the #1 *New York Times* bestselling author of *Drift* and *Blowout*, and the *New York Times* bestselling co-author of *Bag Man*. Maddow received a bachelor's degree in public policy from Stanford University and earned her doctorate in political science at Oxford University. She lives in New York City and Massachusetts with her partner, artist Susan Mikula.



August 2024
9781911709763
Royal Octavo
£25.00 : Hardback
416 pages

PopMaster

The Nation's Favourite Pop Music Quiz

Phil Swern, Neil Myners, Ken Bruce

1,500 new questions on pop music from the 1950s to today from Ken Bruce's iconic radio and TV quiz show

DO YOU STOP FOR POPMASTER?

Test your pop music knowledge with the official *PopMaster* quiz book based on Ken Bruce's legendary radio and TV quiz show covering songs and artists in the UK music chart from the 1950s through to the present day.

Includes questions from all your favourite bits:

- general knowledge
- anagrams of song titles
- missing words
- what's the connection
- same title but different song
- who am I?

With questions for pop music lovers of all ages and tastes, this is the ultimate pop music quiz covering artists ranging from Abba to ZZ Top and everything in between.

Are you a PopMaster Champion or will you be 'One year out'?

Phil Swern (Author)

Best regarded for building one of the biggest private record collections in the world, Phil "The Collector" Swern has, in his own right, achieved over a dozen entries into *The Guinness Book Of Hit Singles* as a record producer with acts such as The Pearls, R & J Stone and The Seashells. In the mid-eighties, Phil collaborated as a writer and performer on Capital's *You Ain't Heard Nothing Yet* and later helped set up the Capital Gold Network. He produced *Pick of the Pops* for Radio 1 in the late 1980s and early 1990s, and has produced the show for Radio 2 since 1997. Phil also co-writes Ken Bruce's daily pop quiz PopMaster, for which he has compiled several successful bestselling books.

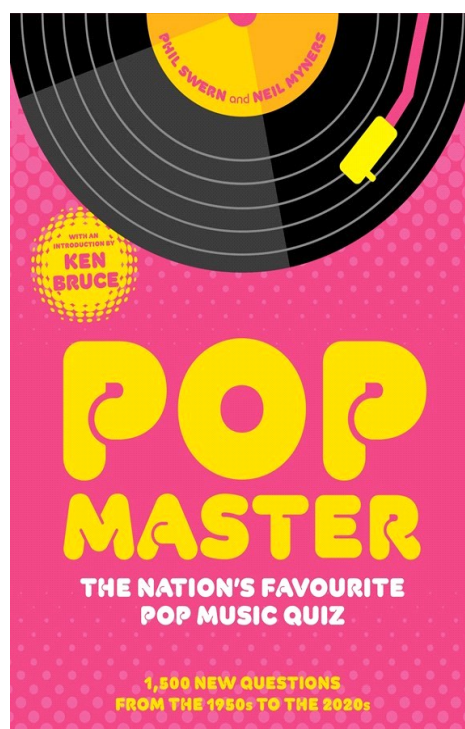
Neil Myners (Author)

Neil Myners, having studied music to degree and post-grad levels, has, since 1995, produced BBC Radio 2's coverage of Paul McCartney's return to the Cavern, The Brit Awards and the Ivor Novello Awards. He was both music programmer and producer on Richard Allinson's Sony-award winning late night show for the network and has been recognised for his work with Bob Harris and WBBC on the documentaries *The Sandy Denny Story* and *The Day John Met Paul*.

Ken Bruce (Author)

Ken Bruce was born and raised in Glasgow where he trained and worked as a chartered accountant before he began his broadcasting career in the mid 70's in hospital radio in Scotland. By 1977, he began working for the BBC as a staff announcer for Radio 4 Scotland, then became one of the original presenters of 'Nightbeat'.

In 1985, Bruce left Radio Scotland to replace Terry Wogan on Radio 2's Breakfast Show, followed by a variety of slots on Radio 2 including the mid-morning slot from 1992 until 2023. It was on this show in 1996 that the daily PopMaster quiz was first introduced with an expected run of just a few months, but its immense popularity has made it an iconic feature of British radio, now still going strong on Ken's mid-morning show on Greatest Hits Radio.



August 2024

9780857505767

£16.99

216x153 : Trade Paperback

368 pages

Hope I Get Old Before I Die

How rock's greatest generation kept going to the end

David Hepworth

Showcasing the third act of the gods of rock, David Hepworth looks at how enduring icons like Bob Dylan, Bruce Springsteen and Pink Floyd remain on top in the ever-changing music game.

When Paul McCartney closed Live Aid in July 1985 we thought he was rock's Grand Old Man. He was forty-three years old.

As the forty years since have shown he - and many others of his generation - were just getting started.

This was the time when live performance took over from records. The big names of the 60s and 70s exploited the age of spectacle that Live Aid had ushered in to enjoy the longest lap of honour in the history of humanity, continuing to go strong long after everyone else had retired.

Hence this is a story without precedent, a story in which Elton John plays a royal funeral, Mick Jagger gets a knighthood, Bob Dylan picks up the Nobel Prize, the Beatles become, if anything, bigger than the Beatles and it's beginning to look as though all of the above will, thanks to the march of technology, be playing Las Vegas for ever.

David Hepworth has been writing, broadcasting and speaking about music and media since the seventies. He was involved in the launch and editing of magazines such as *Smash Hits*, *Q*, *Mojo* and *The Word*, among many others.

He was one of the presenters of the BBC rock music programme *The Old Grey Whistle Test* and one of the anchors of the corporation's coverage of Live Aid in 1985. He has won the Editor of the Year and Writer of the Year awards from the Professional Publishers Association and the Mark Boxer award from the British Society of Magazine Editors.

He lives in London, dividing his time between writing for a variety of newspaper and magazines, speaking at events, broadcasting work, podcasting at www.wordpodcast.co.uk and blogging at www.whatsheonabouthnow.blogspot.co.uk.

He says Chuck Berry's 'You Never Can Tell' is the best record ever made. 'This is not an opinion,' he says. 'It's a matter of fact.'



**HOPE I GET
OLD
BEFORE I DIE**
**HOW ROCK'S GREATEST GENERATION
KEPT GOING TO THE END**
DAVID HEPWORTH

September 2024

9781787632783

£22.00

Royal Octavo : Hardback

336 pages

Why am I like this?

Gemma Styles

An insightful, reassuring roadmap for navigating the unique pressures and anxieties of life today, from the award-winning podcaster and MQ Mental Health ambassador, Gemma Styles.

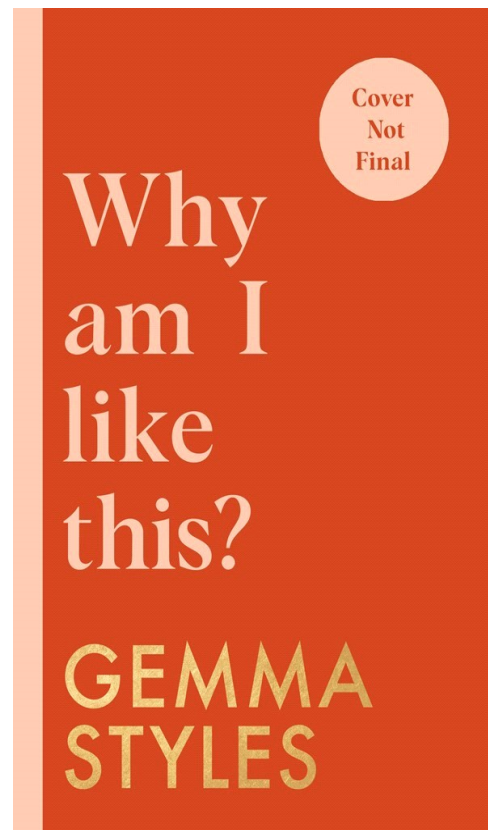
Why do I feel so overwhelmed? Is everyone else achieving more than me? Why did I say that embarrassing thing? What can I do to actually make a difference? Am I the only one who feels this way?

In the face of an uncertain future, technological co-dependence and increasing social disconnection, we are battling unprecedented levels of stress, loneliness, burnout and insecurity.

Drawing on her own experience of mental illness and neurodivergence, in her debut book, Gemma gets curious about how we tick in order to better understand and navigate the unique pressures of life today. Featuring the insight of experts and the latest research, Gemma shows that by harnessing the transformative power of curiosity and compassion, we can start to feel more hopeful, connected and at peace with ourselves.

Thought-provoking and heartening, this book is for anyone who feels overwhelmed, less than or that they don't belong.

Gemma Styles is a relatable, authentic and trusted voice online who uses her 10 million Instagram followers to raise awareness about our most pressing issues. On her award-winning podcast, *Good Influence*, she invites discussion on topics that we should care about, such as mental health, sustainability and feminism. She is also a writer and MQMentalHealth Ambassador.



September 2024
9780857505095
Demy Octavo
£20.00 : Hardback
256 pages

Arnhem: Black Tuesday

The Classic Battle Told As Never Before Al Murray

From bestselling author Al Murray comes the story of the most catastrophic 24-hours the British military faced in World War II, leading to disastrous consequences for the Allies forces.

The Battle of Arnhem is one of the best-known stories in British military history: a daring but thwarted attempt to secure a vital bridgehead across the Rhine in order to end the war before Christmas. It is always written about, with the benefit of unerring 20/20 hindsight, as being doomed to fail, but the men who fought there, men of military legend, didn't know that that was to be their fate.

By focusing on the events of one day as they happened through the eyes of the British participants and without bringing any knowledge of what would happen tomorrow to bear, Al Murray offers a very different perspective to a familiar narrative. Some things went right and a great many more went wrong, but recounting them in this way allows the reader to understand for the first time how certain decisions were taken in the moment and how opportunities were squandered.

Tuesday 19 September 1944 was that terrible day which became known as Black Tuesday. From just after 12:00 hours while plans were being made to seize the initiative and optimism reigned, to the following midnight, when Arnhem was burning and the Allied fortunes looked very different, a mere twenty-four hours changed the course of the war.

Al Murray has always been obsessed with Arnhem, and in *Arnhem: Black Tuesday*, brings all of his knowledge, interpretation and enthusiasm to bear to tell the story of one of history's great heroic failures differently for the first time.

Al Murray's alter ego, The Pub Landlord, is one of the most recognizable and successful comic creations of the past twenty years, and Murray, who has won numerous awards and accolades, continues to fill arenas and theatres around the world.

He is also the author of many successful books including *Watching War Films with My Dad* and *Command*, a sharply entertaining analysis of the key allied military leaders in the Second World War. He is well known for co-hosting the hugely popular Second World War history podcast, *We Have Ways of Making You Talk* with fellow bestselling military author James Holland.

Arnhem: Black Tuesday is his first history book about a single campaign.



September 2024

9780857506566

£25.00

Royal Octavo : Hardback

336 pages

Cassino '44

The Bloodiest Battle of the Italian Campaign

James Holland

The astonishing story of one of the most brutal and hard-fought battles of the Second World War in Italy, told by one of most reader acclaimed and insightful historians in the UK

There are no such thing as an easy victory in war but after triumph in Tunisia, the sweeping success of the Sicilian invasion, and with the Italian surrender, the Allies were confident that they would be in Rome before Christmas 1943.

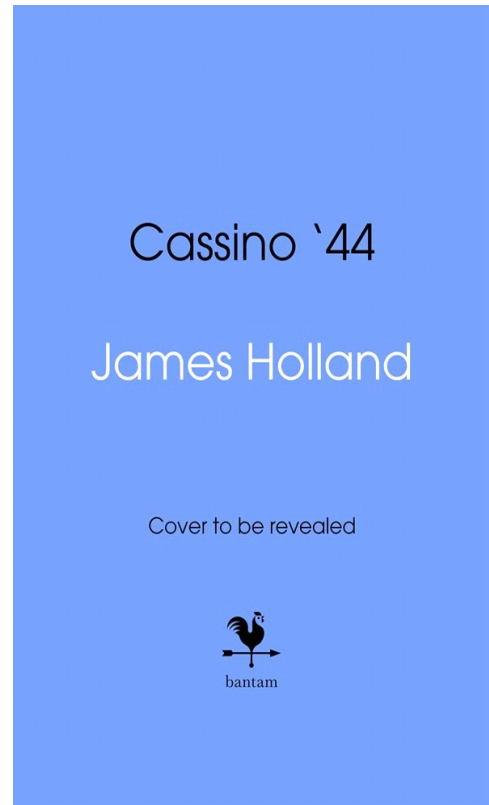
And yet it didn't happen. Hitler ordered his forces to dig in and fight for every yard, thus setting the stage for one of the grimmest and most attritional campaigns of the Second World War.

By the start of 1944, the Allies found themselves coming up against the Gustav Line: a formidable barrier of wire, minefields, bunkers and booby traps, woven into a giant chain of mountains and river valleys that stretched the width of Italy where at its strongest point perched the Abbey of Monte Cassino.

It would take five long bitter winter months and the onset of summer before the Allies could finally bludgeon their way north and capture Rome. By then, more than 75,000 troops and civilians had been killed and the historic abbey and entire towns and villages had been laid waste.

Following a rich cast of characters from both sides - from frontline infantry to aircrew, from clerks to battlefield commanders, and from politicians and civilians caught up in the middle of the maelstrom - James Holland has drawn widely on diaries, letters and contemporary sources to write the definitive account of this brutal battle. The result is a compelling and often heart-breaking narrative, told in the moment, as the events played out, and from the perspective of those who lived, fought and died there.

James Holland is an internationally acclaimed and award-winning historian, writer, and broadcaster. The author of a number of best-selling histories including most recently *Brothers In Arms* and *Normandy '44*, he is also the author of nine works of fiction and a dozen Ladybird Experts.



September 2024
9780857505538
Royal Octavo
£25.00 : Hardback
640 pages

England

A Natural History

John Lewis-Stempel

England's finest nature writer' (*The Times*) delivers his most important work: an exploration of all the distinctive habitats that define the English landscape.

England's landscape is iconic – a tapestry of distinctive habitats that together make up a country unique for its rich diversity of flora and fauna. Concentrating on each habitat in turn, John Lewis-Stempel leads us from estuary to park, chalk downland to woodland, river to field, village to moor, lake to heath, fen to coastal cliffs, in a book that is unquestionably his magnum opus.

He chooses twelve quintessential places and immerses himself in their world: their singular atmosphere, the play of the seasons; the feel of the wind in midwinter; the sounds of daybreak; how twilight settles. Here is the bird that, reappearing each time he visits, becomes a familiar, the creeping insects that are visible only when prostrate, the fish that flash through dark water, dancing dragonflies, rutting deer.

Referencing beloved great writers in whose footsteps he treads – Gilbert White, John Clare, W. H. Hudson, Richard Jefferies, Edward Thomas – and combining breathtakingly beautiful prose with detailed wildlife observation, botanical fact and ancient folklore, Lewis-Stempel explores all the hidden workings of England's natural world. Each habitat – whether managed park or wild moor, plunging cliff or man-made Broads – has also shaped human life, forming our idea of ourselves and our sense of what 'England' means.

England: A Natural History is the definitive volume on the English landscape, and the capstone of John Lewis-Stempel's nature writing.

John Lewis-Stempel is a farmer and 'Britain's finest living nature writer' (*The Times*). His books include the *Sunday Times* bestsellers *Woodston*, *The Running Hare* and *The Wood*. He is the only person to have won the Wainwright Prize for Nature Writing twice, with *Meadowland* and *Where Poppies Blow*. In 2016 he was named Magazine Columnist of the Year for his column in *Country Life*. He farms cattle, sheep, pigs and poultry. Traditionally.



October 2024
9780857526472
Royal Octavo
£25.00 : Hardback
464 pages
b/w line illustrations and map

A History of Britain in Ten Enemies

The perfect gift for grown-ups by the Horrible Histories author

Terry Deary

From the multimillion-copy bestselling author of the *Horrible Histories*, this is a witty, whistlestop tour through the history of Britain (for grown ups).

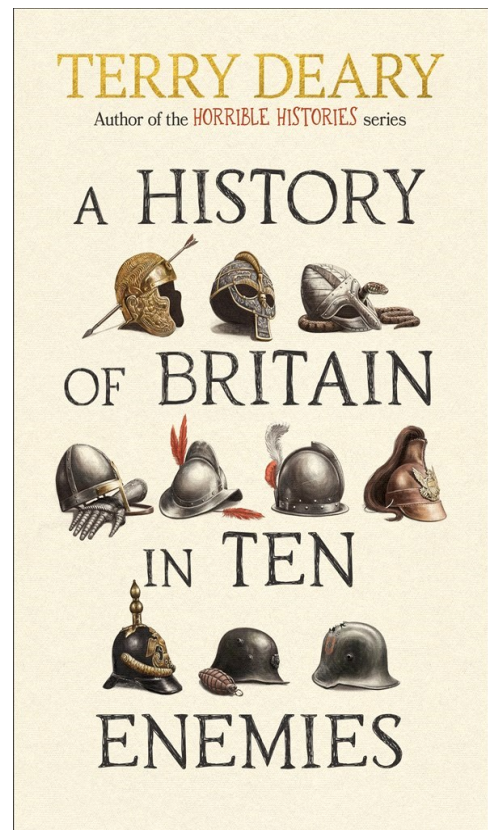
Horrible Histories author Terry Deary argues that nations and their leaders are defined by the enemies they make.

The surprisingly sadistic Boudica would be forgotten if it weren't for the Ninth Legion, Elizabeth I a minor royal without the Spanish Armada, and Churchill an opposition windbag without the Nazis. Britain loves its heroes so much we have been known to pickle them in brandy to keep them fresh. And after all, every nation sometimes needs a bit of unifying Blitz spirit (although in an ideal world, we wouldn't have accidentally let Corporal Hitler go in the first place).

Britain and the British have a proud history of choosing their enemies, from the Romans to the Germans. You might even say they made Britain what it is today...

Terry Deary is the author of 340 published books including the acclaimed Horrible Histories series, selling over 38 million books in 45 languages. The series has been adapted for theatre, museum exhibitions and a major CBBC television series, which has gone on to win several Children's BAFTA awards and a British Comedy Award for best sketch show – the first children's show ever to win.

Terry was conferred with an honorary Doctorate of Education by Sunderland University in 2000. He currently lives in County Durham with his wife Jenny and is an avid road runner in his spare time.



October 2024
9780857506351
Royal Octavo
£20.00 : Hardback
256 pages

We All Shine On

John, Yoko, and Me
Elliot Mintz

The first memoir to tell the story of John Lennon and Yoko's life from the Beatles split to John's untimely death in 1980 - from the inside. Honest, insightful, humane, revealing, it will bring the lives of two cultural icons to life like never before.

'This is the 27th pair of John's glasses I've examined on this snowy night in February 1981. It's been about two months since he was gunned down in New York City outside the Dakota... and I've been tasked with the responsibility of inventorying his personal effects. I did not ask for this task... But Yoko asked me to do it, and I have rarely been able to say no to Yoko, let alone John.'

From the moment he interviewed Yoko Ono on his late night radio show in September 1971, Elliot Mintz's life would never be the same again. That phone call would lead him to an intense and revealing friendship with Yoko and her husband, John Lennon, until John's untimely death in 1980, and beyond, to the present day.

In 1971, then the talk host on American airwaves, Elliot Mintz was talking to all of the major figures in the burgeoning West Coast music scene when he was asked whether he would interview Yoko about her new album. Their talk quickly led to other private calls and then to John Lennon, with whom he quickly formed a firm bond. Those conversations became hours-long epics, to the extent that Elliot had another phone line put in, for which only two people had the number - John and Yoko.

The aftermath of The Beatles' breakup ushered in a tumultuous decade. Elliot witnessed it, or heard all about it, at close hand including the unbearable cost of such fame when John and Yoko separated for what became known as his 'lost weekend'. There was joy when their son Sean was born and the creative rebirth that was the multi-platinum selling triumph, Double Fantasy. But then there was unimaginable tragedy too when John was brutally murdered in December 1980.

We All Shine On is the personal, intimate and, at times, heart-breaking memoir of an extraordinary friendship, which gives a first hand view of what it was like to be close to one of the most famous couples of all time.

Elliot Mintz is a professional media consultant who has worked with the likes of John Lennon, Yoko Ono, Bob Dylan, Paris Hilton, Diana Ross, and many more. Prior to being a consultant, Mintz worked as a radio DJ and television host and served as the entertainment correspondent for Eyewitness News on KABC.

WE ALL SHINE ON



JOHN, YOKO, & ME
ELLIOT MINTZ

October 2024

9780857506078

£25.00

Royal Octavo : Hardback
400 pages

Designing Terry Pratchett's Discworld

Paul Kidby

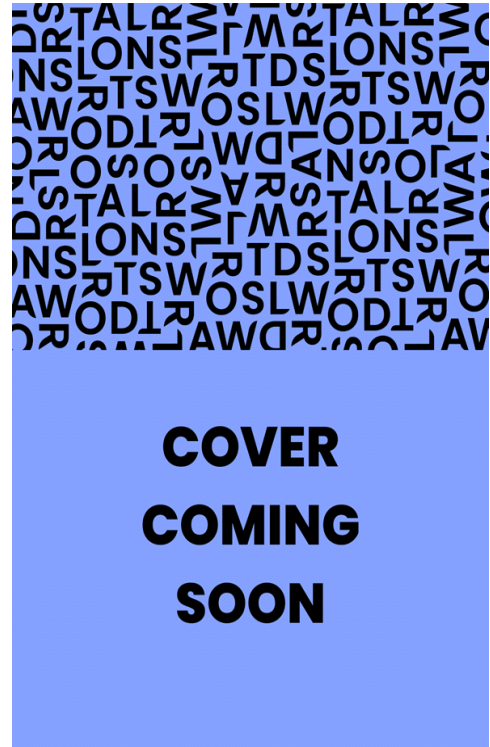
A beautifully illustrated, full colour book giving insight into the inspirations behind Terry Pratchett's Discworld and the creative collaboration between the author and the artist Paul Kidby.

Designing Terry Pratchett's Discworld explores the artistic influences behind the creative genesis of the Discworld and its art.

Paul Kidby shines a light on the influences and inspirations behind some of the Discworld's most iconic imagery, the collaboration between author and artist, and shows how real-world art, music, and culture fed into and became part of the world of this beloved, internationally bestselling series.

Paul Kidby (Author, Illustrator)

Paul Kidby is best known for being the 'artist of choice' for Sir Terry Pratchett. Paul started working with Terry in 1993 and has designed the Discworld book jackets since 2002 following the death of artist Josh Kirby. He has illustrated many Discworld publications including *The Art of Discworld*, best-selling *The Last Hero* and the *Terry Pratchett's Discworld Imaginarium*. In 2019 he illustrated *Good Omens* written by Terry Pratchett and Neil Gaiman.



November 2024
9780857529480
Crown Quarto
£30.00 : Hardback
256 pages

The 1% Club

The Official Quiz Book : The compulsive quiz for all the family as seen on TV

None

The first book from the hit TV quiz The 1% Club, a general knowledge quiz for all the family.

Are you a quick thinker, good at general knowledge questions?

The 1% Club Official Quiz Book, brought to you by the team behind the hit TV show, is a quiz book for all the family, where an 8 year old has as much chance of winning as an 80 year old, where intelligence is not based on how many exams you passed, it's all about how your brain works.

To win, you need to be able to correctly answer a set of fifteen questions that get progressively harder with each round, starting with a question that 90% of the country can get right down to a question that only 1% of the country can answer.

Suitable for contestants of all ages because, unlike most quizzes, no swotting up is required to do well. Logic and common sense are the key to success.

Can you be part of the 1% Club?



November 2024
9780857506412
216x153
£14.99 : Trade Paperback
320 pages

The Power of Belonging

Harnessing Compassion for a Happier Life in an Uncertain World

Lobsang Tenzin Negi

A Tibetan monk-turned-professor reveals how to use the ancient art of compassion to fuel happiness, manage anxiety and depression, and help us cope in the face of suffering.

In recent years we've been told how meditation and mindfulness can help us cope with individual suffering, but how do we manage our anxiety and overwhelm amid global uncertainty, as pandemic, war and climate change fracture our polarised world?

Lobsang Tenzin Negi is a Tibetan monk turned Emory University professor, whose method of Cognitively-Based Compassion Training (CBCT) has been proven to be more effective than mindfulness in reducing anxiety and depression (and just so happens to be the key to a kinder, more collaborative society too).

Guiding the reader through 7 basic steps, he reveals that compassion is a natural instinct, and shows how CBCT can shift our internal wiring to unlock this simple superpower. Each chapter blends traditional Buddhist stories, contemporary anecdotes from across the world, scientific evidence, practical advice, guided meditation and a three-step exercise, to give readers a comprehensive and memorable method for improving their lives.

Satya Dev Negi (Author)

Lobsang Tenzin Negi is the co-founder and Executive Director of the Center for Contemplative Science and Compassion-Based Ethics at Emory University, formerly the Emory-Tibet Partnership. Prof. Negi was born in Kinnaur, a remote Himalayan region adjoining Tibet. A former monk of 27 years, he now focuses on traditional Buddhist and contemporary Western approaches to emotions and their impact on wellness.

In 2004, Prof. Negi developed CBCT (Cognitively-Based Compassion Training), a program based on Tibetan Buddhist mind training practices that deliberately and systematically works to cultivate compassion. He also oversees SEE Learning (Social, Emotional and Ethical Learning), a program that develops and implements curricula for the education of heart and mind. At the invitation of His Holiness the Dalai Lama, he also developed the Emory-Tibet Science Initiative program, to implement a modern science curriculum specifically for Tibetan monastics.



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