

Bedtime Routine



This bedtime reward chart belongs to _____



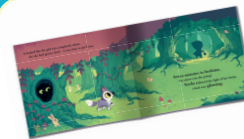
Bathtime



Put on my pyjamas



Brush my teeth



Read a story



Stay in bed

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

