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2025**

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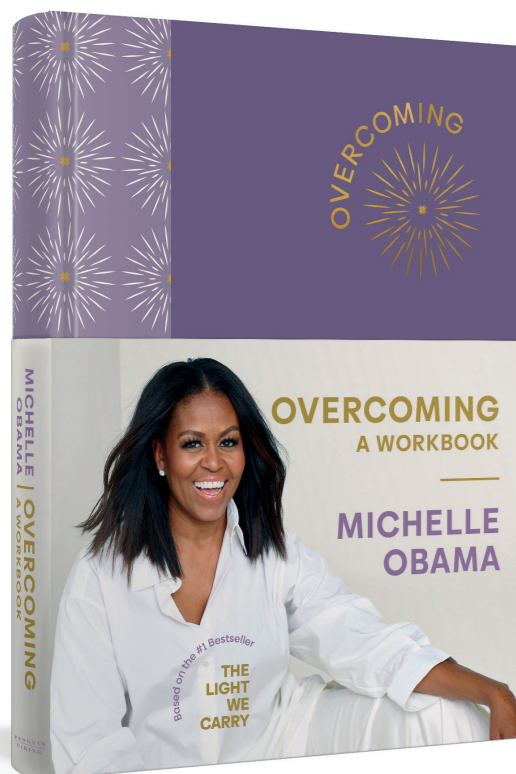
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DECEMBER 2024



The inspirational, interactive companion to the number-one *Sunday Times* bestseller, *The Light We Carry*

Based on Michelle Obama's bestselling and critically acclaimed book *The Light We Carry*, *Overcoming: A Workbook* offers readers a practical toolkit for navigating life's challenges, as well as imaginative prompts and activities designed to guide readers in reflective and active practices for fortifying oneself in the face of uncertainty, obstacles and self-doubt.

Bringing former First Lady Michelle Obama's timeless advice to readers in a fresh, interactive and instructional new format, *Overcoming: A Workbook* presents creative activities, reflective writing prompts, habit-tracking tools and more to provide the ultimate guide to unlocking your small power, sharing your whole self, showing up in relationships, and of course, 'going high.' With her signature candour and warmth, Michelle Obama draws on her experiences to offer readers the tools and principles she has leaned on to overcome difficulties in all areas of life.

This beautiful and interactive workbook is Obama's call to 'pay attention to how you're feeling. Notice what's being signalled by both your body and your mind', as well as her reminder to us all that 'it's okay to pace yourself, get a little rest, and speak of your struggles out loud. It's okay to prioritise your wellness, to make a habit of rest and repair'

Michelle Obama served as First Lady of the United States from 2009 to 2017. A graduate of Princeton University and Harvard Law School, Mrs Obama started her career as an attorney at the Chicago law firm Sidley & Austin, where she met her future husband, Barack Obama. She later worked in the Chicago mayor's office, at the University of Chicago and at the University of Chicago Medical Center. Mrs Obama also founded the Chicago chapter of Public Allies, an organization that prepares young people for careers in public service. She is the author of the number-one global bestseller *Becoming* and the number-one national bestseller *American Grown*. The Obamas currently live in Washington DC, and have two daughters, Malia and Sasha.

Praise for *Overcoming: A Workbook*:

'Honest, funny, wise and perceptive' *The Times*

'Obama's gift for brilliant, evocative and honest writing is undeniable' *i*

**Overcoming:
A Workbook**

Michelle Obama

December 2024

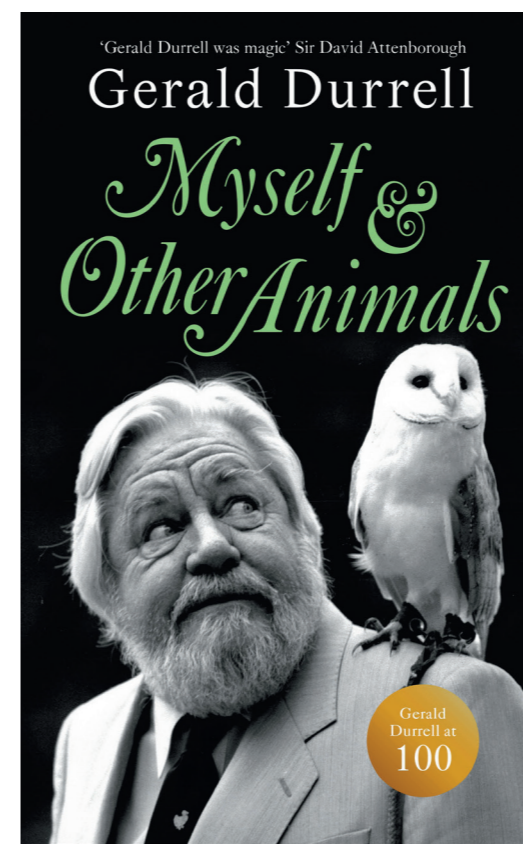
ISBN: 9780241741566

Other

£18.99

Hardback

208 pages



A final posthumous work from the beloved conservationist and naturalist Gerald Durrell, to celebrate the centenary of his birth, with a new foreword by HRH Princess Anne

Myself and Other Animals is a new book mosaicked from unpublished autobiographies, uncollected pieces and previously published extracts from Durrell's work and archives. The result is an extraordinary journey through Durrell's life in his own words, edited and introduced by his widow Lee Durrell.

Drawing on a memoir that Durrell started writing before he became too ill to continue it, and an unfinished book from a trip to Australia in 1969 to the Great Barrier Reef, Northern Territory and Queensland, here is the unvarnished story of Durrell's life, from touching family tributes to golden bats and pink pigeons.

Moving from India to England and then to the always sun-lit Corfu, told with dry wit and insight into our fellow animals, here is the vivid finale of one of Britain's most beloved conservationists and prose stylists.

Gerald Durrell was born in Jamshedpur, India, in 1925. He returned to England in 1928 before settling on the island of Corfu with his family. In 1945 he joined the staff of Whipsnade Park as a student keeper, and in 1947 he led his first animal-collecting expedition to the Cameroons. He later undertook numerous further expeditions, visiting Paraguay, Argentina, Sierra Leone, Mexico, Mauritius, Assam and Madagascar. His first television programme, *Two in the Bush*, which documented his travels to New Zealand, Australia and Malaya, was made in 1962; he went on to make seventy programmes about his trips around the world. In 1959 he founded the Jersey Zoological Park, and in 1964 he founded the Jersey Wildlife Preservation Trust. He was awarded the OBE in 1982.

Praise for Gerald Durrell:

'Gerald Durrell was magic' *Sir David Attenborough*

'One of the finest and most lyrical nature writers in English' *Observer*

**Myself and
Other Animals**

Gerald Durrell

December 2024

ISBN: 9780241738139

Demy Octavo

£18.99

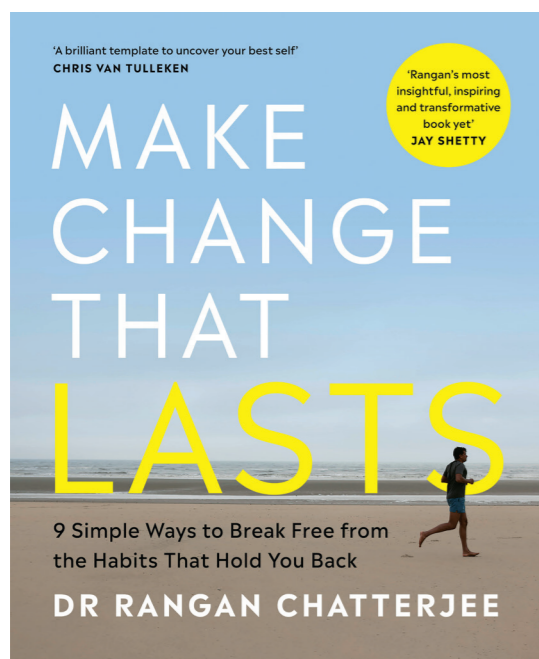
Hardback

352 pages



JANUARY

2025



Make Change That Lasts

Dr Rangan Chatterjee

9 Simple Ways to Break Free from the Habits that Hold You Back

January 2025

ISBN: 9780241588093
230 x 189mm
£18.99
Trade Paperback
272 pages



In his latest book, bestselling author Dr Rangan Chatterjee reveals the secrets to lifelong health: to know ourselves, wake up to what is tying us down and, ultimately, take control of our health

We all have things we rely on going our way to help us feel calm and happy. Your partner waking up in a good mood. No traffic on the way to work. No queues at the supermarket. And no rain on your day off.

But what happens when things *don't* work out that way? We fall back on soothing habits. A trip to the cupboard for snacks. Scrolling on social media. A few beers or a couple of glasses of wine after a stressful day.

Make Change That Lasts will show you the nine causes of these responses and show you how to respond to them more consciously. Blending ancient philosophy with twenty years of experience as a GP, Dr Rangan Chatterjee reveals that the key to long-lasting health and happiness is to find what truly works for you. With so many contrasting expert voices, it is time to become the expert in you, so you can make change that lasts.

Dr Rangan Chatterjee is one of the most influential doctors in the UK, with over two decades of experience as a GP. He now hosts Europe's biggest health podcast, *Feel Better, Live More*, he is the author of five *Sunday Times* bestsellers, he regularly appears on BBC television and national radio, and his TED talk, *How To Make Disease Disappear*, has almost 6 million views.

Praise for *Make Change That Lasts*:

'Rangan's most insightful, inspiring and transformative book yet' Jay Shetty

'A brilliant template to uncover your best self' Chris van Tulleken



Flirting With Disaster

Naina Kumar

January 2025

ISBN: 9781405974622
B Format
£9.99
Paperback
320 pages



Long-simmering chemistry is released when a hurricane forces two exes to weather the storm in a house they used to share

Hot shot DC lawyer Meena is engaged –well, sort of. Her fiancé-to-be thinks they are. The only hitch? Meena is already married.

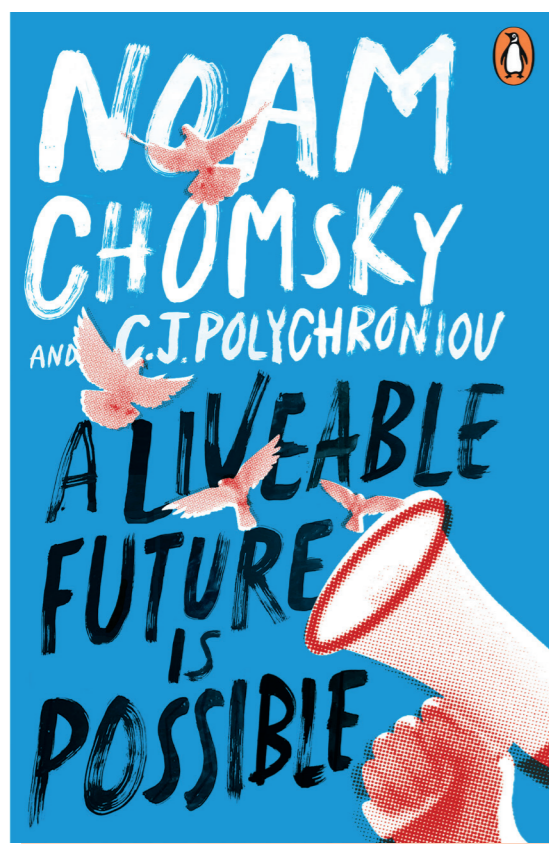
Which is how she ends up Houston- bound to convince her childhood-sweetheart-slash-husband (courtesy of one *slightly* too-wild night in Vegas nearly a decade ago) to finally agree to get UN-hitched.

But life loves to throw curve balls, or in this case, a good old natural disaster.

She touches down just in time to find out a hurricane is coming – all flights are cancelled and the only place she can take refuge? Her soon-to-be-ex-husband's home.

Will the storm force them to face what happened all those years ago? And might this be the best worst thing that has ever happened to them?

Naina Kumar is a lawyer by day and a writer of fun, swoony desi rom-coms by night. Her debut novel *Say You'll Be My Jaan*, will be out in 2024. When she's not writing, she enjoys taking her rowdy rescue dog on walks, rewatching *Gilmore Girls* on a loop, and shopping at H-E-B.



A Liveable Future is Possible

Noam Chomsky and C. J. Polychroniou

January 2025

ISBN: 9781405974233

B Format

£10.99

Paperback

224 pages



A series of interviews with Noam Chomsky, the world's greatest living public intellectual, about the pressing issues of our time

In this illuminating collection of interviews, Noam Chomsky shares his insights on the pressing challenges facing humanity. *A Liveable Future is Possible* addresses artificial intelligence and the potential for such programs to surpass humans in cognitive awareness; what lies ahead for a world engulfed in a deadly climate crisis; the rise of neo-fascism internationally, and why we should organize across borders to confront it; and the striking similarities between Trump and Biden's foreign policies.

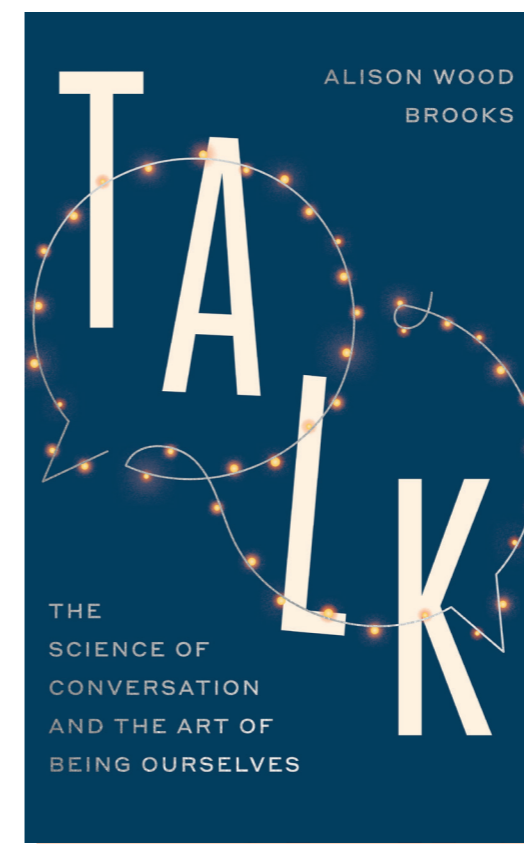
Noam Chomsky has been an incomparable model of moral clarity and intellectual courage during his many decades as a scholar, political activist and social critic. *A Liveable Future is Possible* is not only an urgent and informative book, it is a call-to-action for those hoping to help carry the torch of one of history's greatest minds.

Noam Chomsky is institute professor emeritus in the Department of Linguistics and Philosophy at the Massachusetts Institute of Technology, and laureate professor in the Agnes Nelms Haury Program in Environment and Social Justice at the University of Arizona. His work is widely credited with having revolutionized the field of modern linguistics, and he is equally renowned for his incisive writings on global affairs and US foreign policy. The single most cited and published living author, winner of numerous international awards, Chomsky has written over one hundred books, including the bestselling political works *Hegemony or Survival*, *Failed State* and *Who Rules the World?*

Praise for Noam Chomsky:

'One of the greatest, most radical public thinkers of our time' **Arundhati Roy**

'Chomsky is a global phenomenon . . . he may be the most widely read American voice on foreign policy on the planet' **The New York Times Book Review**



Talk

Alison Wood Brooks

The Science of Conversation and the Art of Being Ourselves

January 2025

ISBN: 9780241596272

Demy Octavo

£20.00

Hardback

320 pages



A Harvard professor shows how we can become better talkers – and why effective conversation will help us all thrive

Conversation is at the heart of our relationships and our decision-making. From meeting a colleague to saying goodnight to our loved ones, our days are filled with verbal communication – but the science of everyday conversation is little known. We may spend time thinking about difficult exchanges, but research shows that there's room to improve seemingly easy interactions too.

In *Talk* Harvard professor Alison Wood Brooks shows how simple changes in how we communicate can enhance our relationships, our performance at work and our lives; who we talk to affects our happiness; and how to talk across differences. Her original research, based on thousands of conversations from sales calls to speed-dating, provides fascinating insights – for instance, the way that certain questions affect dating success, and the role of jokes in reaching leadership positions.

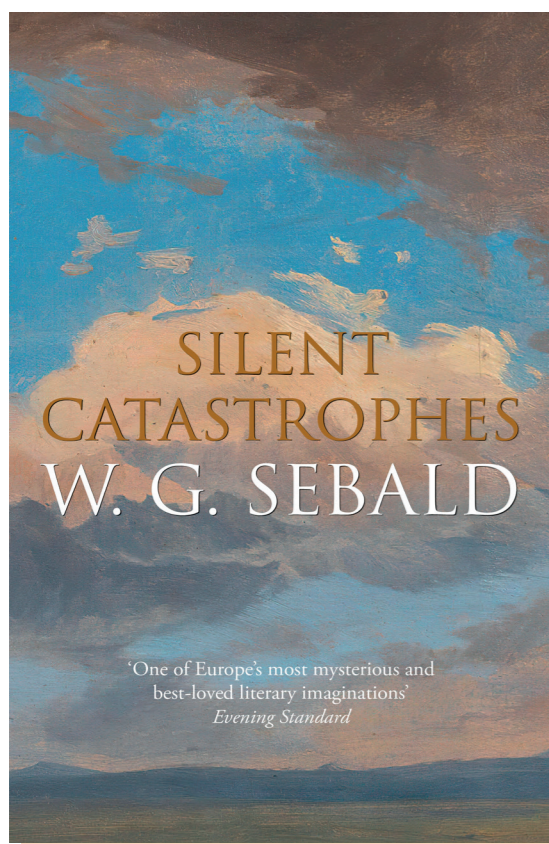
Learning to converse even a little more effectively can make a big difference. Through her original TALK framework – Topics, Asking, Levity and Kindness – Wood Brooks will give you the tools that her MBA students say transforms their lives. Bringing together psychology, linguistics, sociology and neuroscience, *Talk* will show how we can use science to help us enrich our lives, one conversation at a time.

Alison Wood Brooks is the O'Brien Associate Professor of Business Administration at Harvard Business School. Her oversubscribed course, 'How to Talk Gooder in Business and Life,' helps MBA students to hone their conversational skills, and her research has featured in two of the twenty most popular TED talks of all time. Named an American Psychological Society Rising Star in 2017, Alison serves as member of the Harvard Behavioral Insights Group and Faculty Recruiting Chair of the Negotiation, Organization, and Markets Unit.

Praise for Talk:

'The perfect combination of stories and science, maxims and examples' **Angela Duckworth**

'Read this book, and your life will improve' **Arthur C. Brooks**



Silent Catastrophes

W. G. Sebald

Essays in Austrian Literature

January 2025

ISBN: 9781405974233

B Format

£10.99

Paperback

224 pages



HAMISH HAMILTON

From acclaimed critic, novelist and academic W. G. Sebald, author of *Austerlitz* and *The Rings of Saturn*, a collection of essays on the Austrian writers who meant so much to him

Silent Catastrophes brings together for the first time in English the two books W.G. Sebald wrote on the Austrian writers who meant so much to him: *The Description of Misfortune* and *Strange Homeland*, published in Austria in 1985 and 1991.

As a German in self-chosen exile from his country of birth, Sebald found a particular affinity with these writers from a neighbouring nation. The traumatic evolution of Austria from vast empire to diminutive Alpine republic, followed by its annexation by Germany, meant that concepts such as 'home/land', 'borderland' and 'exile' occupy a prominent role in its literature, just as they would in Sebald's own.

Through a series of remarkable close readings of texts by Bernhard, Stifter, Kafka, Handke, Roth and more, Sebald charts both the pathologies that so often drove their work and the seismic historical forces that shaped them. This sequence of essays will be a revelation to Sebald's English-language readers, tracing as they do so many of the themes that animate his own literary writings, to which these essays form a kind of prelude.

W. G. Sebald (Author)

W. G. Sebald was born in Germany in 1944 and died in 2001. He is the author of *The Emigrants*, *The Rings of Saturn*, *Vertigo*, *Austerlitz*, *After Nature*, *On the Natural History of Destruction*, *Unrecounted*, *Campo Santo* and *Silent Catastrophes* among other publications.

Jo Catling (Translator)

Jo Catling taught German and European literature at the University of East Anglia where she worked closely with W.G. Sebald from 1993 until his death. Translator of Sebald's *A Place in the Country*, she is editor (with Richard Hibbitt) of *Saturn's Moons: W.G. Sebald - A Handbook* (Legenda, 2011) and has published widely on Sebald and on Rainer Maria Rilke.

Praise for W. G. Sebald:

'A writer whose life and work has become a wonderful vindication of literary culture in all its subtle and entrancing complexity' *Guardian*

'Sebald was probably the greatest intellect and voice of the late twentieth century' *The Times*



The Nazi Mind

Laurence Rees

12 Warnings From History

January 2025

ISBN: 9780241740811

Royal Octavo

£25.00

Hardback

448 pages



A propulsive narrative history of the motivation and mentality behind the Nazis and their supporters

How could the Nazis have committed the crimes they did? Why did commandants of concentration and death camps willingly – often enthusiastically – oversee mass murder? How could ordinary Germans have tolerated the removal of the Jews? In *The Nazi Mind*, bestselling author Laurence Rees combines history and the latest research in psychology to help answer some of the most perplexing questions surrounding the Second World War and the Holocaust.

Ultimately, he delves into the darkness to explain how and why these people were capable of committing the worst crime in the history of the world. Rees traces the rise and eventual fall of the Nazis through the lens of 'twelve warnings' – whilst also highlighting signs to look out for in present-day leaders who, for example, take control of the media, propound conspiracy theories, and talk about 'them' against 'us'.

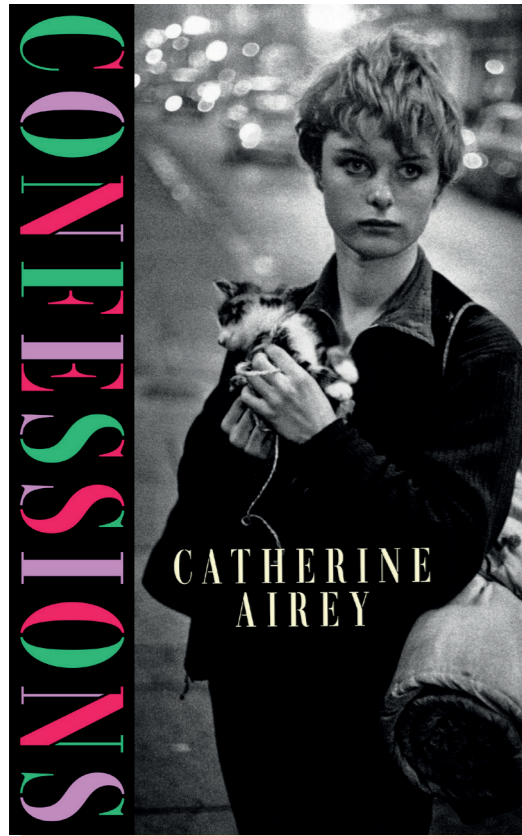
Rees uses previously unpublished testimony, unavailable to other scholars, from former Nazis and those who grew up in the Nazi system, and in-depth psychological insights including cutting-edge work on obedience, authority and the brain. *The Nazi Mind* is a revelatory new way of understanding how ordinary people committed the most appalling crime of the twentieth century.

Laurence Rees is the author of several acclaimed books on the Second World War and is a former Head of BBC TV History programmes. His work includes the television series and bestselling books *The Nazis: A Warning from History*, *Auschwitz: The Nazis and the 'Final Solution'*, *World War II: Behind Closed Doors*, *The Dark Charisma of Adolf Hitler* and *The Holocaust: A New History*, which was a *Sunday Times* bestseller. Rees holds honorary doctorates from the University of Sheffield and the Open University. His many and varied awards include a British Book Award, a BAFTA, a George Foster Peabody award, a Broadcasting Press Guild award, a Grierson award, a Broadcast award, two International Documentary awards and two Emmys.

Praise for *The Nazi Mind*:

'I will recommend to everyone . . . superbly researched and structured' *Alastair Campbell*

'Essential reading for anyone seeking answers to the haunting question of how and why Germany became consumed by Hitler's evil' *Julia Boyd*



Confessions

Catherine Airey

January 2025

ISBN: 9780241675182

Demy Octavo

£16.99

Hardback

480 pages



'I was at a time in my life where I got to thinking more about people's choices - how everything would be different if just the slightest decision changed...'

It is late September in 2001 and the walls of New York are papered over with photos of the missing. Cora Brady's father is there, the poster she made taped to columns and bridges. Her mother died long ago and now, orphaned on the cusp of adulthood, Cora is adrift and alone. Soon, a letter will arrive with the offer of a new life: far out on the ragged edge of Ireland, in the town where her parents were young, an estranged aunt can provide a home and fulfil a long-forgotten promise. There the story of Cora's family is hidden, and in her presence will begin to unspool . . .

An essential, immersive debut from an astonishing new voice, *Confessions* traces the arc of three generations of women as they experience in their own time the irresistible gravity of the past: its love and tragedy, its mystery and redemption, and, in all things intended and accidental, the beauty and terrible shade of the things we do.

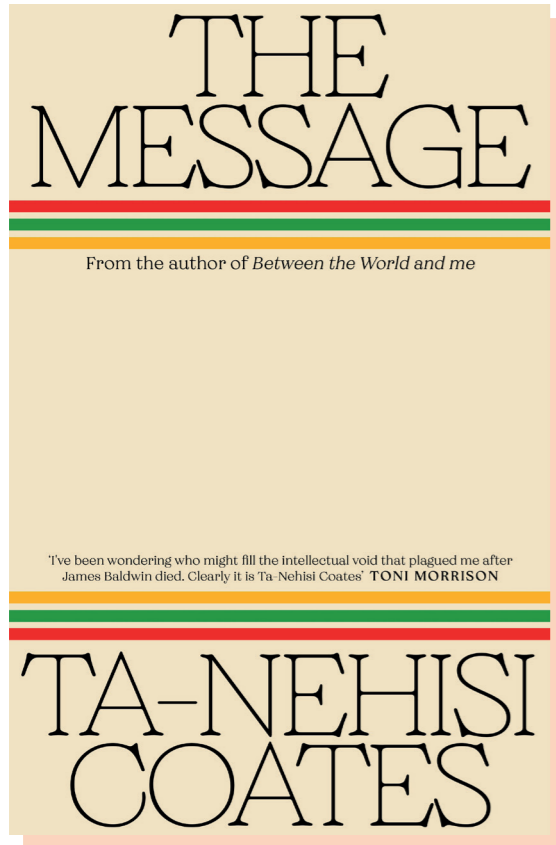
Catherine Airey grew up in England in a family of mixed English-Irish descent, and now lives between County Cork and Bristol. *Confessions* is her first novel.

Praise for *Confessions*:

'Confessions is a remarkable debut. A complex and compulsive read that unravels the intricate twists and revelations among three generations of women with elegance and urgency' [Miranda Cowley Heller](#)

'Confessions is a beating heart of a novel, intricate both in its weaving and its unspooling. An irresistible read' [Yael van der Wouden](#)

FEBRUARY 2025



The Message

Ta-Nehisi Coates

February 2025

ISBN: 9780241724187

Demy Octavo

£18.99

Hardback

240 pages



HAMISH HAMILTON

With his bestseller, *Between the World and Me*, Ta-Nehisi Coates established himself as a unique voice in his generation of American authors; a brilliant writer and thinker in the tradition of James Baldwin

In his keenly anticipated new book, *The Message*, he explores the urgent question of how our stories – our reporting, imaginative narratives and mythmaking – both expose and distort our realities. Travelling to three resonant sites of conflict, he illuminates how the stories we tell – as well as the ones we don't – work to shape us.

The first of the book's three main parts finds Coates on his inaugural trip to Africa – a journey to Dakar, where he finds himself in two places at once: a modern city in Senegal and the ghost-haunted country of his imagination. He then takes readers along with him to Columbia, South Carolina, where he reports on the banning of his own work and the deep roots of a false and fiercely protected American mythology – visibly on display in this capital of the confederacy, with statues of segregationists still looming over its public squares. Finally, in Palestine, Coates sees with devastating clarity the tragedy that grows in the clash between the stories we tell and reality on the ground.

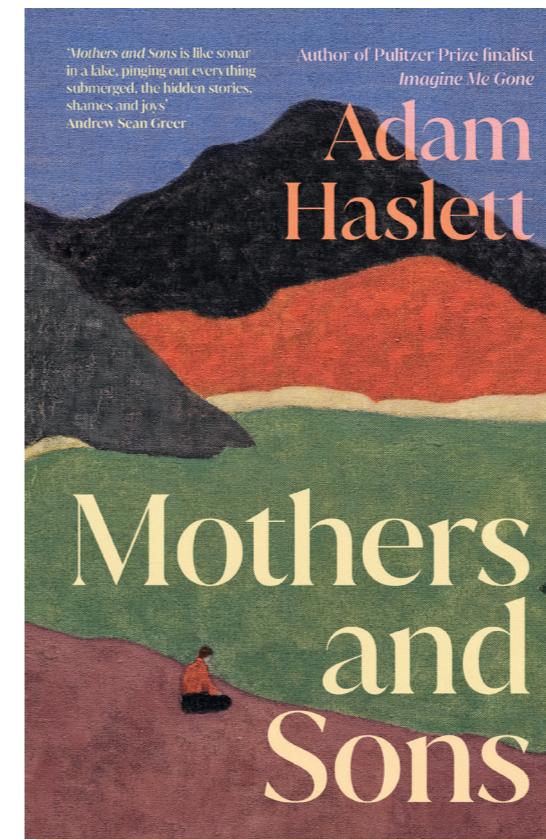
Written at a dramatic moment in American and global life, this work from one of the country's most important writers is about the urgent need to untangle ourselves from the destructive myths that shape our world – and our own souls – and embrace the liberating power of even the most difficult truths.

Ta-Nehisi Coates is the author of *The Beautiful Struggle*, *We Were Eight Years in Power*, *The Water Dancer* and *Between the World and Me*, which won the National Book Award in 2015. He is the recipient of a National Magazine Award and a MacArthur Fellowship. He is currently the Sterling Brown endowed chair at Howard University in the English department.

Praise for *The Message*:

'The Message charts Coates's reentry as a public intellectual . . . He is using his position of prominence and moral authority to draw attention to the plight of Palestinians' *The New York Times Book Review*

'A new book from Coates is not merely a literary event. It's a launch from Cape Canaveral. There's a lot of awe, heat, resistance' *New York Times*



Mothers and Sons

Adam Haslett

February 2025

ISBN: 9780241707517

Royal Octavo

£20.00

Hardback

288 pages



HAMISH HAMILTON

A mother and son, estranged but yearning for reunion, reckon at last with the secret that has kept them apart for decades in this highly anticipated novel by one of the most talented American writers of his generation

At forty, Peter, an asylum lawyer in New York City, is overworked and isolated. He spends his days immersed in the struggles of immigrants only to return to an empty apartment and occasional hook-ups with a man who wants more than Peter can give. But when the asylum case of a young gay man pierces Peter's numbness, the event that he has avoided for twenty years returns to haunt him.

Ann, his mother, who runs a women's retreat centre she founded after leaving his father, is wounded by the estrangement from Peter but cherishes the world she has built. She long ago banished from her mind the decision that divided her from her son. But as Peter's case plunges him further into the fraught memory of his first love and the night of violence that changed his life for ever, he and his mother must confront the secret that tore them apart.

With unsurpassed emotional depth, *Mothers and Sons* reveals all that is lost by looking away from the past and the love that might be restored by facing it. In his spellbinding new novel, Adam Haslett demonstrates yet again his mastery of 'a rich assortment of literary gifts' (*New York Times*).

Adam Haslett is the author of the story collection *You Are Not a Stranger Here* and the novels *Imagine Me Gone* and *Union Atlantic*. He has twice been a finalist for the Pulitzer Prize and the National Book Award and his books have been translated into over thirty languages. His journalism on culture and politics has appeared in the *Financial Times*, *Esquire*, *The New Yorker*, the *Guardian*, *Der Spiegel*, *The Nation* and *The Atlantic*, among others. He lives in New York City.

Praise for *Mothers and Sons*:

'Mothers and Sons is both moving and deeply compelling . . . a new book by Adam Haslett is always cause for celebration. He is one of our very best writers'

Ann Patchett

'Mothers and Sons is like sonar in a lake, pinging out everything submerged, the hidden stories, shames and joys . . . [Haslett] is everything you want in a writer'

Andrew Sean Greer



Old Soul

Susan Barker

February 2025

ISBN: 9780241682388
Royal Octavo
£16.99
Hardback
336 pages



The genre-bending audacity of *The Ministry of Time* meets the chilling horror of *The Leviathan* in the most mesmerizing and terrifying novel of 2025

When two grieving strangers meet by chance in Osaka airport they uncover a disturbing connection. Jake's best friend and Mariko's twin brother each died, 6,000 miles apart, in brutal and unfathomable circumstances.

Each encountered a mesmerizing, dark-haired woman in the days before their deaths. A woman who came looking for Mariko -and then disappeared.

Jake, who has carried his loss and guilt for a decade, finds himself compelled to follow the trail set by Mariko's revelations. It's a trail that weaves across continents and centuries, leading back to the many who have died - in strange and terrifying and eerily similar ways, and those they left behind: bewildered, disbelieved, yet resolutely sure of what they saw.

And, at the centre of it all, there is the same beguiling woman. Her name may have changed, but her purpose has never wavered, and as Jake races to discover who, or *what* she is, she has already made her next choice.

But will knowing her secret be enough to stop her?

Susan Barker is the author of four books. Her third novel, *The Incarnations*, was a *New York Times* Editors' Choice and Notable Book, a *Kirkus Reviews*' Top Ten Book of the Year and shortlisted for the *Kirkus Prize* for Fiction. An excerpt from her fourth novel, *Old Soul*, won a Northern Writers' Award for Fiction in 2020. Susan currently lives in Manchester, where she is a Senior Lecturer in Creative Writing at Manchester Metropolitan University.

Praise for *Old Soul*:

'Mysterious and gorgeously realised, *Old Soul* is as good on the horror and sublimity of love (and its shadow, loneliness) as it is on nerve-flaying visions of the vicious supernatural' **Kaliane Bradley**

'Sinister, unnerving and nightmarish. *Old Soul* will sneak into your dreams and haunt you' **Claire Fuller**



Ping

Andrew Brodsky

The Secrets of Successful Virtual Communication

February 2025

ISBN: 9780241746363
Royal Octavo
£16.99
Trade Paperback
288 pages



How to embrace virtual communication to be more productive, nurture relationships and thrive at work, from the leading global expert

Regardless of whether you work in an office, remotely, or hybrid, we are all virtual communicators. Learning how to choose the right communication mode, and use it effectively, won't just make you a better communicator, you'll become more productive, nurture relationships, and thrive at work.

Andrew Brodsky is here to explain that, yes, that meeting could have been an email. And that email? Maybe it should have been a voice memo. Your camera? It's okay to turn it off, sometimes even better. Many of us give far too little thought to our virtual communication, and end up feeling isolated, misunderstood and burnt out.

Ping distils Brodsky's cutting-edge social science research on remote communication tools. He helps us understand how we can interact most productively and authentically, how we can build relationships at a distance, the rules for making an impact online, and how we can increase inclusion and reduce conflict. With entertaining stories and interviews from top business leaders, Ping is an indispensable guide for today's modern workplace.

Andrew Brodsky is a management professor at McCombs School of Business at the University of Texas at Austin and CEO of Ping Group. He is an expert in workplace technology, communication and productivity. Andrew has received numerous research and teaching awards, including being chosen by *Poets&Quants* as one of the 'World's 40 Best Business School Professors Under 40.' He earned a PhD in organizational behavior from Harvard Business School and BS from The Wharton School. Brodsky has conducted research, led training and consulted with organizations around the world such as Amazon, PricewaterhouseCoopers, Dell Technologies and Novo Nordisk. His research has been covered in media outlets such as *The Economist*, *Harvard Business Review*, *The Wall Street Journal*, NPR and CNBC. He lives with his wife in Austin, Texas.



From the bestselling novelist, travel writer, and 'master of the short story' (NPR) comes a brilliant new collection

The stories in *The Vanishing Point* are both exotic and domestic, their settings ranging from Hawaii to Africa and New England. Each focuses on life's vanishing points – a moment when seemingly all lines running through one's life converge, and one can see no farther, yet must deal with the implications. With the insight, subtlety, and empathy that has long characterized his work, Theroux has written deeply moving stories about memory, longing, and the passing of time, reclaiming his status, once again, as a master of the form.

Paul Theroux has written many works of fiction and travel writing, including the modern classics *The Great Railway Bazaar*, *The Old Patagonian Express*, *My Secret History* and *The Mosquito Coast*. He won the Edward Stanford Award for Outstanding Contribution to Travel Writing 2020. Paul Theroux divides his time between Cape Cod and the Hawaiian islands.

The Vanishing Point

Paul Theroux

February 2025

ISBN: 9780241567753

Royal Octavo

£20.00

Hardback

368 pages



HAMISH HAMILTON

Praise for Paul Theroux:

'The most gifted, most prodigal writer of his generation'
Jonathan Raban

'Paul Theroux's writing is impeccable and thoughtfully entertaining. . . his artistry is individual, serene, yet also grainy with fierce truths'
The Times



A bold and electrifying story of a family in which three generations of gay men in India fight for love and dignity against the currents of their times, from the critically acclaimed author of *One Small Voice*

Vivaan, a teenager in India's silicon plateau, has discovered love on his smartphone. Intoxicating, boundary-breaking love. His parents know he is gay, and their support is something Vivaan can count on, but they don't know what exactly their son gets up to in the online world.

For his uncle, born thirty years earlier, things were very different. Mambro's life changed for ever when he fell for a male classmate at a time, and in a country, where the persecution of gay people was rife under a colonial-era law criminalizing homosexuality.

And before that was Mambro's uncle Sukumar, a young man hopelessly in love with another young man, but forced by social taboos to keep their relationship a secret at all costs. Sukumar would never live the life he yearned for, but his story would ignite and inspire his nephew and great-nephew after him.

Bold and bracing, intimate and heartbreaking, *Deviants* examines the histories we inherit and the legacies we leave behind.

Santanu Bhattacharya grew up in India, and studied at the University of Oxford and the National University of Singapore. He is the winner of the 2023 Desmond Elliott Prize Residency and the 2021 Mo Siewcharran Prize. His first novel, *One Small Voice*, was an Observer best debut novel of 2023, and was shortlisted for the Authors' Club Best First Novel Award and the Society of Authors' Gordon Bowker Volcano Prize. He now lives in London.

Praise for *Deviants*:

'Compulsive and wrenching . . . Bhattacharya has written the epic text for the South Asian queer community that the characters in this book long to find'
Sarvat Hasin

'It's magnificent: funny, melancholic, sharply true. The force of it crept up on me in a brilliantly subtle way'
James Cahill

Deviants

Santanu Bhattacharya

February 2025

ISBN: 9780241707234

Demy Octavo

£16.99

Hardback

352 pages



PENGUIN
FIG TREE



The Re-Write

Lizzie Damilola Blackburn

The new joyful second-chance romance from the author of *Yinka, Where is Your Husband?*

February 2025

ISBN: 9780241991923

B Format

£9.99

Paperback

352 pages



Two exes. One deadline. Can they make it to the end?

Temi and Wale meet in London. They flirt, date, meet each other's friends.

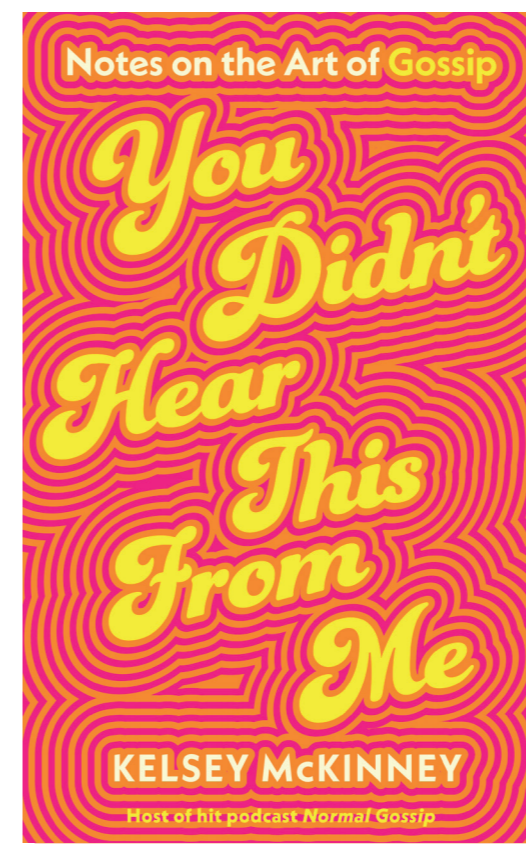
... Then Wale dumps Temi to go on *Love Villa*.

Instead of giving in to heartbreak, Temi throws herself into her dream: writing. She's within touching distance of a book deal that would solve all her problems. But publishers keep passing on her novel and bills still have to be paid. So, when the opportunity to ghost-write a celebrity autobiography arises, Temi finds herself accepting.

And, of course, the celebrity turns out to be Wale ...

Has too much time passed ... or just enough to spark a whole new kind of relationship?

Lizzie Damilola Blackburn is a British-Nigerian writer, born in Peckham, who wants to tell the stories that she and her friends have longed for but never seen – romcoms 'where Cinderella is Black and no one bats an eyelid'. In 2019 she won the Literary Consultancy Pen Factor Writing Competition with the early draft of *Yinka, Where is Your Husband?*, which she had been writing alongside juggling her job at Carers UK. She has been at the receiving end of the question in the title of her novel many times, and now lives with her husband in Milton Keynes.



You Didn't Hear This From Me

Kelsey McKinney

Notes on the Art of Gossip

February 2025

ISBN: 9780241741191

Demy Octavo

£18.99

Hardback

304 pages



A deliciously insightful exploration of why we are so obsessed with gossip, and what it can tell us about humans and their search for truth

Can you keep a secret? It's harder than it seems – after all, it's only human to thirst after the juicy updates, jaw-dropping stories and idle chatter that we typically collect over drinks with friends. No one knows this better than journalist Kelsey McKinney, whose *Normal Gossip* podcast has accrued a listenership of millions.

In *You Didn't Hear This From Me*, McKinney explores the murkiness of everyday storytelling. What even is gossip, and why is it considered a sin? Why are we obsessed with the details of celebrity drama and tabloid headlines? How do we use and abuse gossip – and why do we want to do it at all? McKinney dives deep into a range of cultural cornerstones – from the Epic of Gilgamesh as told by chatbots, to the head-spinning betrayals in *The Traitors* – and captures the heart of gossiping: how enchanting and fun it can be to lean over and whisper something a little salacious into your friend's ear.

With wit and honesty, McKinney unmasks what we're actually searching for when we demand to know the truth – and how much the truth really matters in the first place.

Kelsey McKinney is a reporter and writer who lives in Philadelphia. She is the host of *Normal Gossip*, as well as a co-owner and features writer at *Defector.com*. She has worked as a staff writer at *Deadspin*, *Fusion* and *Vox*, and her reporting and essays have appeared in the *New York Times*, *New York Magazine*, *GQ*, *Vogue*, *Cosmopolitan*, *Vanity Fair* and many others. Her first novel, *God Spare the Girls*, was published in the summer of 2021 by William Morrow.

DR JACKSON KATZ
WORLD-LEADING EDUCATOR ON GENDER VIOLENCE

EVERY MAN

WHY
VIOLENCE
AGAINST WOMEN
IS A MEN'S ISSUE
AND HOW
YOU CAN
MAKE A DIFFERENCE



Every Man

Dr Jackson Katz

Why Violence Against Women is a Men's Issue, and How You Can Make a Difference

February 2025

ISBN: 9780241672662

B Format

£10.99

Paperback

208 pages



The paradigm-shifting book about men's violence against women, how it affects us all, and how men are the only ones that can stop it

Why have we failed so badly to end men's violence against women?

What can we actually do about it?

This insightful, provocative and practical handbook suggests a bold solution. Expert scholar and activist, Jackson Katz has spent the last thirty years educating people around the world on male violence against women and advocates that to make society safer, we need more men to care and to stand up for women.

In this galvanizing book, Jackson reveals indispensable everyday tools that will help men from all walks of life become part of the solution to gender-based violence. Find out how to respond when a friend or colleague makes a misogynistic comment; learn how to intervene in incidents that may seem small but can lead to violence; and discover how you can become a role model for boys and men who need positive leadership in their lives.

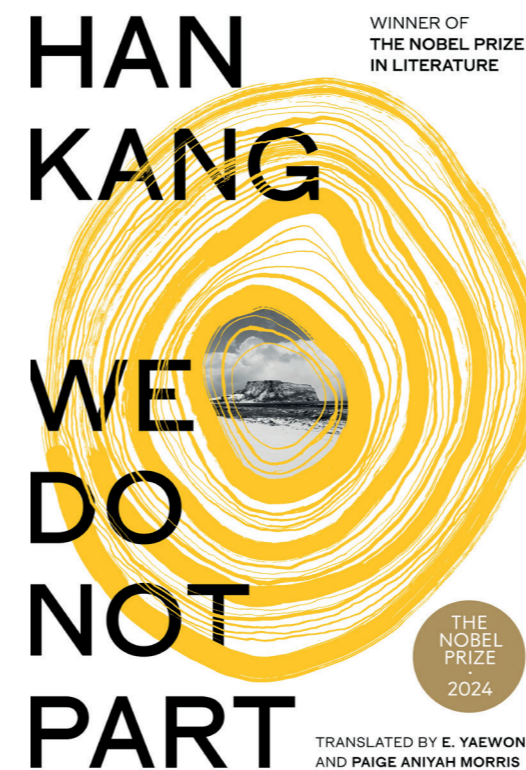
This is essential reading for every man who wants to make society safe for us all.

Dr Jackson Katz is an American educator, speaker and writer who is internationally renowned for his groundbreaking work on issues of gender, race and violence. His TEDx Talk 'Violence against women - it's a men's issue' has been watched over 5.5 million times. He co-founded the pioneering gender violence prevention programme, Mentors in Violence Prevention (MVP), which was the first large-scale prevention initiative in sports culture and all branches of the US military, and has been rolled out in schools across the US and parts of the UK. Every Man is his first book for a general reader.

Praise for Every Man:

'Unflinchingly honest, Every Man equips men with the tools to become true allies. This is the handbook our culture so desperately needs' [Jameela Jamil](#)

'Bold but deeply rooted in compassion, Katz's writing offers us a roadmap too compelling to ignore' [Gina Martin](#)



We Do Not Part

Han Kang

February 2025

ISBN: 9780241600269

Demy Octavo

£16.99

Hardback

240 pages



Like a long winter's dream, this haunting and visionary new novel from 2024 Nobel Prize winner Han Kang takes us on a journey from contemporary South Korea into its painful history

One morning in December, Kyungha receives a message from her friend Inseon saying she has been hospitalized in Seoul and asking that Kyungha join her urgently. The two women have last seen each other over a year before, on Jeju Island, where Inseon lives and where, two days before this reunion, she has injured herself chopping wood. Airlifted to Seoul for an operation, Inseon has had to leave behind her pet bird, which will quickly die unless it receives food. Bedridden, she begs Kyungha to take the first plane to Jeju to save the animal.

Unfortunately, a snowstorm hits the island when Kyungha arrives. She must reach Inseon's house at all costs, but the icy wind and snow squalls slow her down as night begins to fall. She wonders if she will arrive in time to save Inseon's bird - or even survive the terrible cold that envelops her with every step. Lost in a world of snow, she doesn't yet suspect the vertiginous plunge into the darkness which awaits her at her friend's house.

There, the long-buried story of Inseon's family surges into light, in dreams and memories passed from mother to daughter, and in the archive painstakingly assembled at the house, documenting a terrible massacre on the island of 30,000 civilians, murdered in 1948-9.

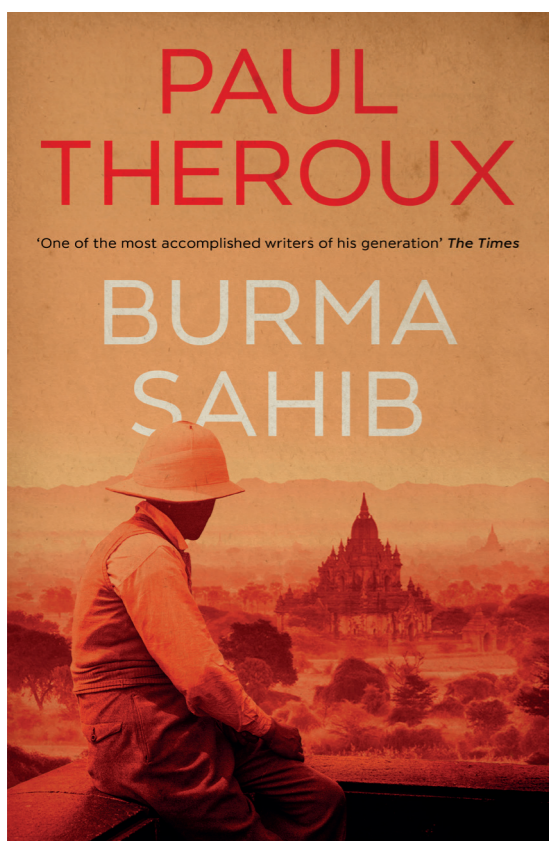
We Do Not Part is a hymn to friendship, a eulogy to the imagination, and above all a powerful indictment against forgetting. These beautiful pages form much more than a novel - they illuminate a traumatic memory, buried for decades, that still resonates today.

Han Kang was born in 1970 in South Korea. In 1993 she made her literary debut as a poet and was first published as a novelist in 1994. Han Kang won the Man Booker International Prize for *The Vegetarian* and was shortlisted for *The White Book*, alongside her translator, Deborah Smith. Han has also won the Yi Sang Literary Prize, the Today's Young Artist Award and the Manhae Literary Prize. In 2024, Han Kang was awarded the Nobel Prize in Literature 'for her intense poetic prose that confronts historical traumas and exposes the fragility of human life'. She taught in the department of creative writing at the Seoul Institute of the Arts for eleven years before leaving in 2018 to focus on writing.

Praise for Han Kang:

'One of the most profound and skilled writers working on the contemporary world stage' [Deborah Levy](#)

'A vital voice and a writer of extraordinary humanity. Her work is a gift to us all' [Max Porter](#)



Burma Sahib

Paul Theroux

February 2025

ISBN: 9780241998953
B Format
£10.99
Paperback
304 pages



From renowned author Paul Theroux comes a fascinating, atmospheric novel inspired by George Orwell's years in Burma

'There is a short period in everyone's life when his character is fixed forever . . .' George Orwell

Eric Blair stood out amongst his fellow police trainees in 1920s Burma. Nineteen years old, unusually tall, a diffident loner fresh from Eton, after five years spent in the narrow colonial world of the Raj – a decaying system steeped in overt racism and petty class-conflict – he would emerge as the George Orwell we know.

Drawing on all his powers of observation and imagination, Paul Theroux brings Orwell's Burma years to radiant life, tracing the development of the young man's consciousness as he confronts the social, racial and class politics and the reality of Burma beyond. Through one writer, we come to understand another – and see how what Orwell called 'five boring years within the sound of bugles' were in fact the years that made him.

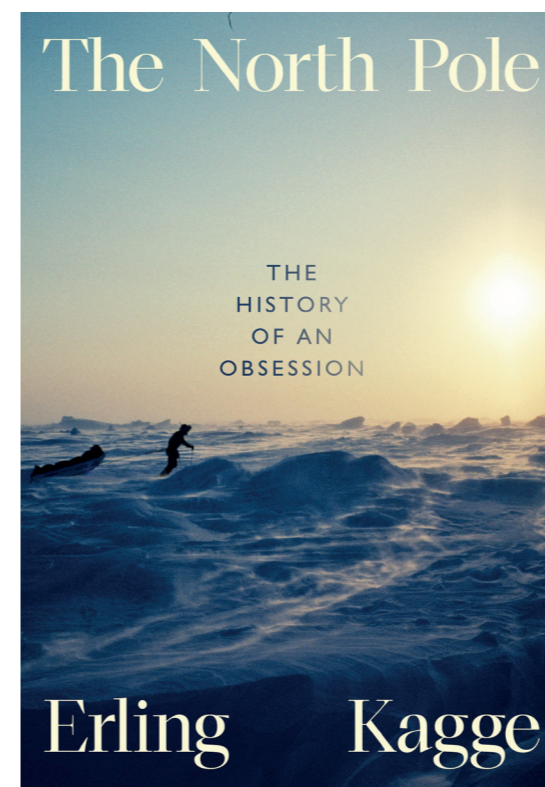
Paul Theroux has written many works of fiction and travel writing, including the modern classics *The Great Railway Bazaar*, *The Old Patagonian Express*, *My Secret History* and *The Mosquito Coast*. He won the Edward Stanford Award for Outstanding Contribution to Travel Writing 2020. Paul Theroux divides his time between Cape Cod and the Hawaiian islands.

Praise for *Burma Sahib*:

'This novel is one of his finest in a long and redoubtable oeuvre' *New York Times*

'Thoroughly enjoyable . . . [Theroux's] approach is like that of a skilful, subtle barrister who patiently lays out his evidence, gradually ensnaring the reader'

Times Literary Supplement



The North Pole

Erling Kagge

The History of an Obsession

February 2025

ISBN: 9780241645833
Other
£18.99
Hardback
304 pages



The epic, multi-millennia story of humanity's obsession with the North Pole, from Norwegian explorer Erling Kagge who travelled there in 1990

Throughout recorded human time, few places on Earth have inspired as much fascination as the North Pole. This is an otherworldly place with no latitude and no longitude, a place where the sun rises and stays aloft for six months before setting, plunging the expanse of ice and water into darkness for half a year.

Long before we ever journeyed to the North Pole, human beings have wondered what the northernmost point of our planet might be like. It became densely mythologized by writers, thinkers, historians and philosophers across civilizations. Perhaps it was the actual garden of Eden? Or the sunny land of the Hyperboreans, as Herodotus surmised? Only recently did we get to the North Pole – fending off scurvy, polar bears and frostbite – to report on its strange wonders.

Norwegian adventurer, philosopher and acclaimed author Erling Kagge ventured to the North Pole in 1990. Blending memoir from that intrepid journey, along with history, philosophy and a stark warning about melting ice, comes a profound meditation about nature and our place within it. The North Pole is for anyone who's gazed out at the horizon – and wondered what happens if you keep walking.

Erling Kagge is a Norwegian explorer who was the first in history to reach the 'three poles' – North, South and the summit of Everest. He now lives in Oslo where he runs a publishing house. He is the author of multiple books, including *Silence*, which is published in thirty-eight languages, and *Walking*.

Praise for *The North Pole*:

'An extraordinary book that defies genre: an elegant travel account, a learned history and a psychological thriller wrapped in one' *Anne Applebaum*

'Erling Kagge is a deeply thoughtful writer . . . *The North Pole* proves to be the perfect subject for him' *Michael Palin*



A powerful debut novel charting the faultlines that open in a farming family in North Wales as they wait for their son to return from the Iraq War

It is autumn 2004 and in a farmhouse on the hills outside Llandudno, a family endures the agonizing wait for their son to return from Iraq. His decision to join up has left them reeling, yet there are other pressing concerns to be met at home: the working of the farmland that has been theirs for generations and what to do with their troubled younger son.

Catrin's childhood sweetheart comes back to their small town, giving the boys' doting mother a glimpse into the life she could have had. And John, their father, falls once more into his gambling habit, even as the farm sits on the brink of bankruptcy.

As each member of the family grasps at their own tenuous lifeline, they drift further from one another – until, on a cold winter evening, there is a fateful knock at the door.

Written in luminous, exquisitely calibrated prose, *Cloudless* is a masterful portrayal of the fragility and resilience of human connection.

Rupert Dastur is a writer, editor and publisher. His writing has been shortlisted for the Bath Short Story Award and the Fish Short Story Prize, and won the Federation of Scottish Writers Award in 2018. He is the founder of TSS Publishing and director of The Cambridge Prizes for Short Fiction, and he runs writing workshops across the UK and abroad. He read English at Cambridge University and lives in London. *Cloudless* is his debut novel.

Praise for *Cloudless*:

'A story about love and war, family and nation, addiction and recovery, told with intelligence, sensitivity and a huge heart. A must-read' **Paul McVeigh**

'Elegant and quietly devastating . . . Dastur affords his characters such grace and complexity that they transcend fiction to become people you feel that you know and care for deeply' **Melissa Fu**

Cloudless

Rupert Dastur

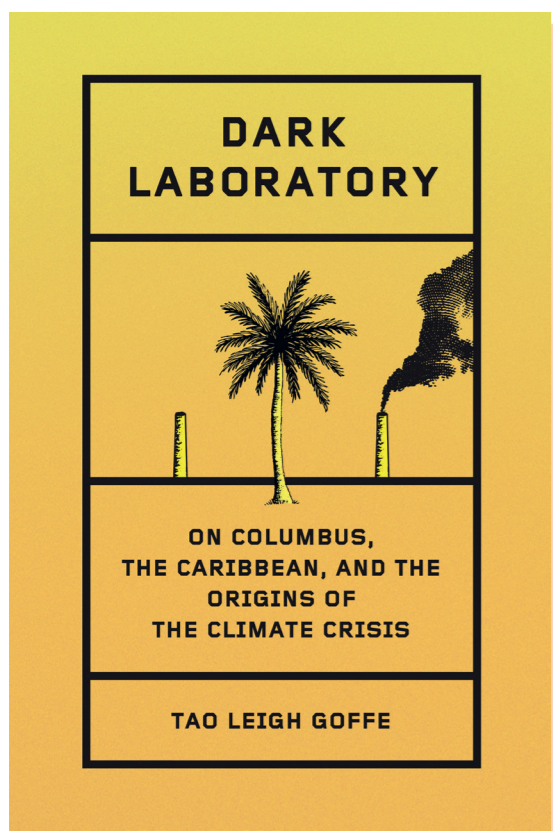
February 2025

ISBN: 9780241654705
Demy Octavo
£14.99
Hardback
336 pages



MARCH

2025



Dark Laboratory

Tao Leigh Goffe

On Columbus, the Caribbean, and the Origins of the Climate Crisis

March 2025

ISBN: 9780241628553

Royal Octavo

£20.00

Hardback

272 pages



HAMISH HAMILTON

From award-winning writer and theorist Tao Leigh Goffe, an urgent investigation into the intertwined history of colonialism and the climate crisis – and the lessons we can learn to fight for a better world

Our planet is on the precipice of dramatic ecological breakdown and climate despair is at an all-time high. But there are many communities who have survived beyond the environmental destruction wrought on them by colonialism – and they hold the solutions for climate repair.

Using the Caribbean as a case study, Tao Leigh Goffe traces the vibrant and complex history of the islands back to 1492 and the arrival of Christopher Columbus when the Caribbean became the subject of Western exploitation. Charting the human and ecological forces that have shaped the islands, Goffe examines the legacy of fierce warrior Queen Nanny of the Maroons, engages in pressing cultural debate about stolen artefacts and human remains which are kept hidden in museum archives, and visits Indigenous farming cooperatives who are using ancestral knowledge to rebuild their communities.

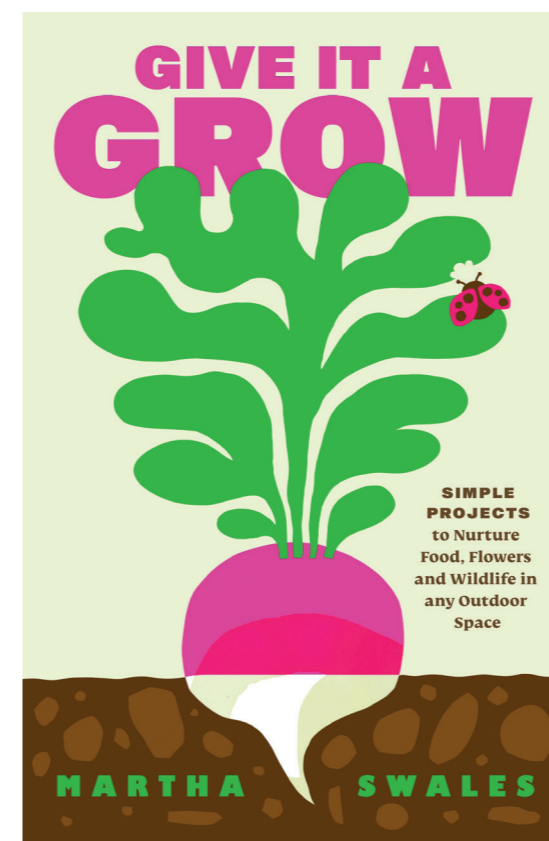
Using the Caribbean as a both a warning and a guide, *Dark Laboratory* takes hopeful and galvanizing teachings from the islands communities to offer illuminating solutions to the ecological crisis. From guano to sugarcane, coral bleaching to invasive mongoose populations, *Dark Laboratory* is a lyrical, vibrant and urgent investigation into the greatest threat facing humanity.

Tao Leigh Goffe is a London-born, Black British award-winning writer, theorist and artist who grew up between the UK and New York. She is an associate professor of literary history and cultural theory at Hunter College, City University of New York.

Praise for *Dark Laboratory*:

'A necessary, utterly unique cri de coeur, a thoroughly compelling book about the climate crisis and the Caribbean region . . . Every page is mixed with heart and conviction' [Monique Roffey](#)

'*Dark Laboratory* does the gargantuan, soulful work for slowing down the velocity, scope and impact of American and European exploitation of the Caribbean . . . The book is absolutely foundational, and just so good' [Kiese Laymon](#)



Give it a Grow

Martha Swales

Simple Projects to Nurture Food, Flowers and Wildlife in any Outdoor Space

March 2025

ISBN: 9780241710364

Demy Octavo

£18.99

Hardback

256 pages



The go-to book for novice gardeners, full of easy projects complete with illustrations on how to grow (and eat) your own food, fruit and flowers, and feel more connected to nature

The first book from amateur gardener and viral sensation Martha Swales, this is a beginner's guide that shows how fun and easy it can be to grow your own slice of nature.

With chapters on veg, fruit, herbs, flowers and wildlife, this book brings together over forty of Martha's favourite projects to make the most of your garden, patio or balcony (plus recipes for how to cook with your produce, too!):

- Grow garlic greens on your windowsill (and use them to make tasty garlic flatbreads)
- Fill your garden with wild strawberries
- Build a pond to bring wildlife to your garden
- Make a bulb lasagne for a changing display of flowers throughout spring

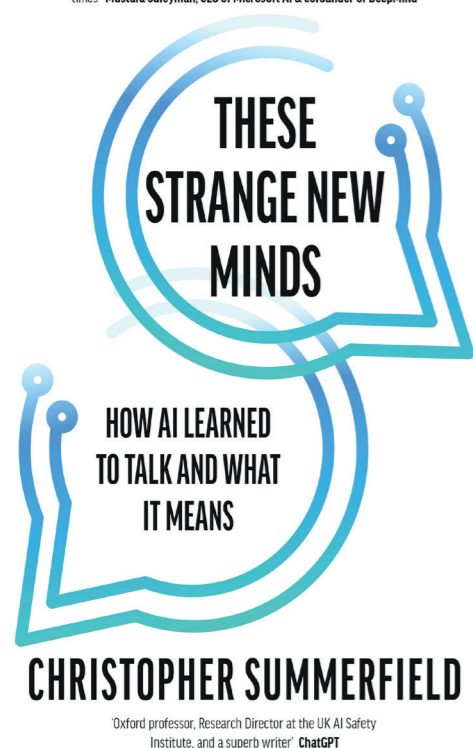
Offering a fresh alternative to the over-complicated gardening books on the market, this book is perfect for urban readers in their thirties and forties and shows just how fun gardening can be when you Give it a Grow.

Martha Swales is a TV Producer and Director from London who has worked on shows such as *Masterchef* and *Nigella Lawson's Cook, Eat, Repeat*. She has been growing her own produce for over twelve years and since sharing her gardening insights on social media has amassed over 1 million followers, and many of her posts have gone viral, reaching millions of people around the world. She lives in south east London with her housemate Charlie and their rescue cat Mo. *Give it a Grow* is her first book.

Praise for *Give it a Grow*:

'You don't have to be naturally green fingered to love this book. It's friendly, easy to read and even easier to understand. But most of all it will make you want to get into the garden' [Nadiya Hussain](#)

Engaging, insightful, panoramic. A brilliant guide to the most important technology of our times' **Mustafa Suleyman, CEO of Microsoft AI & cofounder of DeepMind**



These Strange New Minds

Christopher Summerfield

How AI Learned to Talk and What It Means

March 2025

ISBN: 9780241694657
Royal Octavo
£22.00
Hardback
320 pages



How the technology that is revolutionizing our world actually works, and what that means, from the Research Director at the UK government's AI Safety Institute

Stunning advances in digital technology have given us a new wave of disarmingly human-like AI systems. The march of this new technology is set to upturn our economies, challenge our democracies and refashion society in unpredictable ways. We can expect these AI systems to soon be making autonomous decisions on the user's behalf, with transformative impact on everything we do. It is vital we understand how they work.

Can AI systems 'think', 'know' and 'understand'? Could they manipulate or deceive you, and if so, what might they make you do? Whose interests do they ultimately represent? And when will they be able to move beyond words and take actions for themselves in the real world? Ultimately, can we look forward to a technological utopia, or are we in the process of writing ourselves out of history?

Christopher Summerfield has one foot in the field of neuroscience – studying the brains of humans, as Professor of Cognitive Neuroscience at the University of Oxford – and the other in AI research, as Research Director at the UK AI Safety Institute. Previously, he built intelligent systems at the pioneering Google DeepMind. He has won several awards, including the prestigious Cognitive Neuroscience Society Young Investigator Award in 2015. He is regularly invited to give keynote talks across the world. Christopher has published over 100 peer-reviewed articles, reviews and book chapters and his academic book, *Natural General Intelligence: How Understanding the Brain Can Help Us Build AI*, was widely acclaimed. This is his first book for a general readership.



Hunchback

Saou Ichikawa

March 2025

ISBN: 9780241700785
B Format
£10.99
Paperback
112 pages



The award-winning, bestselling Japanese phenomenon. An extraordinary, thrilling novel about sex, disability and power

'Without mud, the lotus could not survive.'

Born with a congenital muscle disorder, Shaka Isawa has severe spine curvature and uses an electric wheelchair and ventilator. Within the limits of her care home, her life is lived online: she studies, she tweets indignantly, she posts outrageous stories on an erotica website. One day, a new male carer reveals he has read it all – the sex, the provocation, the dirt. Her response? An indecent proposal . . .

Written by the first disabled author to win Japan's most prestigious literary award and acclaimed instantly as one of the most important Japanese novels of the twenty-first century, *Hunchback* is an extraordinary, thrilling glimpse into the desire and darkness of a woman placed at humanity's edge.

Saou Ichikawa was born in 1971, and graduated from the School of Human Sciences, Waseda University. Her bestselling debut novel *Hunchback* won the 128th Bungakukai Prize for New Writers and the 169th Akutagawa Prize. She is the first author with a physical disability to receive the Akutagawa Prize, Japan's premier literary award. She has congenital myopathy, and uses a ventilator and an electric wheelchair.

Praise for *Hunchback*:

'Uproariously funny, unflinching, and merciless'

Mariana Enriquez

'Unforgettable' Sayaka Murata



Maternity Service

Emma Barnett

A Love Letter to Mothers from the Front Line of Maternity Leave

March 2025

ISBN: 9780241696392

B Format

£12.99

Hardback

112 pages



A heartfelt, reassuring and bracingly honest book about what it actually feels like to be on maternity leave, from award-winning Radio 4 Today programme broadcaster, Emma Barnett

The essential companion for every mother embarking on maternity leave

'In one important sense maternity leave is a misnomer, as it involves no actual leave. You are constantly on, even when your offspring is having a nap. There is nothing restful about it. In another sense maternity leave is aptly named, because it's a period of leave from all you know: taking leave of one's mind, body, job, and relationships.'

When Emma Barnett began her second maternity leave, she realized that, despite having been there before, as soon as her first leave finished the rose-tinted lenses had descended and she immediately forgot what the experience was *actually* like when you're in it. This collective forgetting, which leads to well-meaning comments such as 'enjoy every minute' and 'treasure this special time', is doing a disservice to women, leaving them unprepared for the more complicated reality.

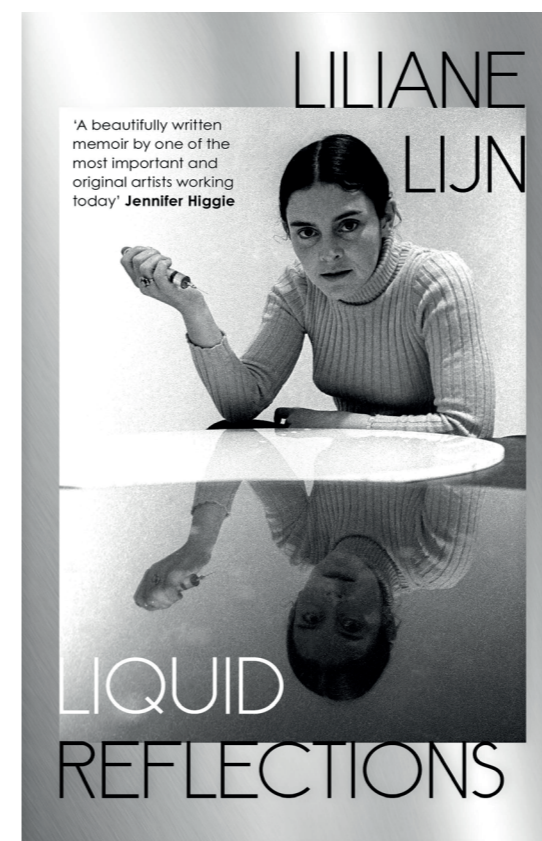
In *Maternity Service*, Emma sets out to capture this reality, in real time. She isn't offering advice on sleep-training or weaning or helping your baby reach milestones. Instead, this book is a celebration and acknowledgement of the work of being on maternity leave, with its soaring highs and challenging lows, and its impact on how women feel about themselves and their purpose.

Emma Barnett is an award-winning broadcaster and journalist. She was named Interviewer of the Year for 2022 at the British Journalism awards and is a presenter on BBC Radio 4's flagship Today programme, as well as hosting TV interviews and documentaries across the BBC. She has presented programmes that include *Woman's Hour* on BBC Radio 4 and *Newsnight*. She also presented a global interviews programme on Bloomberg TV, interviewing international figures from across the world of politics, sport, entertainment and technology.

Praise for *Maternity Service*:

'An absolute jewel of a book. Kind, funny, smart, soothing, and radical . . . A true gift for mothers, and an act of service in itself. This book will change lives' Lucy Jones

'Women need to be prepared for motherhood, in body and in soul, and I hope Emma's book will inspire mothers to talk about their "maternity service"' Naomi Stadlen



Liquid Reflections

Liliane Lijn

March 2025

ISBN: 9780241703960

Demy Octavo

£18.99

Hardback

240 pages



A sparkling memoir and portrait of trailblazing artist Liliane Lijn as a young woman

'I wrote Liquid Reflections because I wanted to take my readers on the journey I made to become an artist. It's the story of an idealistic, inspired young woman who refuses to accept the prejudices of her time. Becoming an artist was also a search for my own identity . . .' Liliane Lijn

In 1958, talented and fearless and eighteen years old, Liliane Lijn left her family home and moved to Paris alone to become an artist. Once there, she found an art world filled with the wild energy of creative revolution – peopled and controlled almost entirely by men.

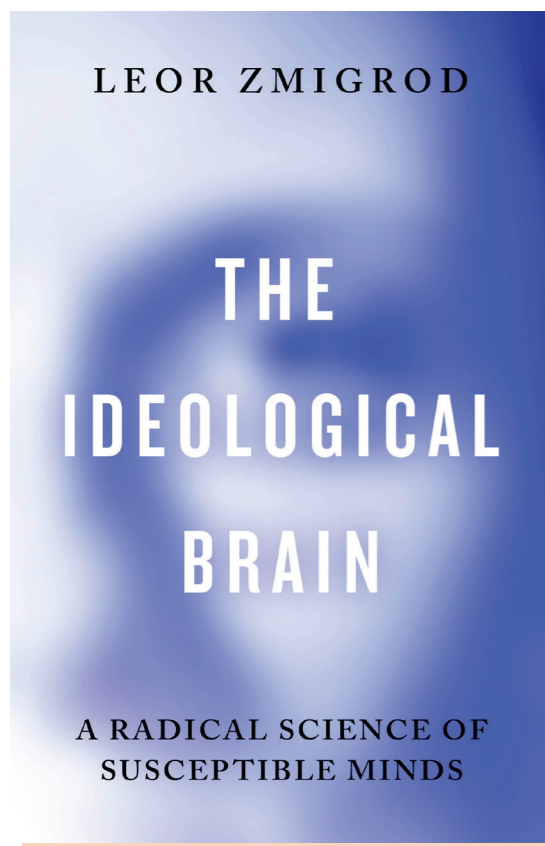
In the years that followed, Lijn built a life for herself in the city. She embraced the hectic bohemian spirit of the Left Bank. She befriended artists, painters, poets, gallerists and revolutionaries, as the late Surrealists gave way to a burgeoning Pop Art movement. She had disastrous love affairs with difficult men. She experimented boldly, creating ground-breaking sculptures with light, text and movement. And as her profile steadily grew, she was told again and again that there are no great women artists: *'There never have been.'*

Liquid Reflections is her memoir of these years of experiment and adventure – years when Lijn was constantly in motion, from Paris to New York to Venice to Athens, from paper and canvas to wax and Perspex to oil and water. In love, she became pregnant but rebelled against the idea that a woman could not be both a great artist and a mother.

And she sought – and found – radical pleasure in the act of creative expression and in the living, sensuous world around her.

Based on personal diaries from the time, this is a riveting and revelatory account of a singular coming of age: a glittering portrait of the artist as a young woman.

Liliane Lijn is an artist and writer. From text-based kinetic sculptures to large animated installations, inspired by science, mythology and eastern philosophies, Lijn combines industrial materials with artistic processes to reimagine the female body.



The Ideological Brain

Leor Zmigrod

A Radical Science of Susceptible Minds

March 2025

ISBN: 9780241741214

Royal Octavo

£22.00

Hardback

320 pages



Discover the hidden forces shaping our beliefs, behaviours – and even changing our brains

Why do some people become radicalized?

Who is most susceptible to ideological thinking?

Can we unchain our minds from toxic dogmas?

Drawing on her groundbreaking research, Dr Leor Zmigrod uncovers the hidden mechanisms driving our beliefs and behaviours. She uses the powerful tools of neuroscience to show that our political beliefs are not transient thoughts in our minds, divorced from our bodies – ideologies actually change our neural architecture, our cells. For instance, she demonstrates how a simple card-sorting game can reveal your entire approach to life. Cognitive rigidity in such tasks – struggling to adapt to new rules – mirrors the rigidity with which you cling to social and political ideologies. While some individuals are more susceptible to dogmatic thinking than others, all of us can strive to be more flexible.

The Ideological Brain is essential reading in today's polarized and polarizing world. To foster a more informed, resilient and freer society, we need to zoom into the processes happening inside each of us and learn to spot rigid thinking in ourselves and others. We need to learn to avoid black-and-white thinking and embrace ambiguity. We need to recognize our ability to resist irrational rules and authority. Regardless of your political stance, this book will challenge you to reassess your convictions – and what they are doing to your brain.

Dr Leor Zmigrod is a prize-winning scientist and pioneer in the field of 'political neuroscience'. She studied at Cambridge University as a Gates Scholar before winning a Junior Research Fellowship at Churchill College, Cambridge. Zmigrod has published over thirty peer-reviewed papers and has held visiting fellowships at Stanford, Harvard, and both the Berlin and Paris Institutes for Advanced Study. She was listed on 'Forbes 30 Under 30' in Science and has won numerous prizes, including the Women of the Future Science Award and the Glushko Prize. She has spoken at the Hay Festival and TEDx, and her research has been featured widely in the media, including in the *New York Times*, the *Guardian*, *Financial Times* and *New Scientist*. Zmigrod advises policymakers at the United Nations, the UK and US governments, and other international organizations. This is her first book.



The Next Conversation

Jefferson Fisher

Argue Less, Talk More

March 2025

ISBN: 9780241719886

Royal Octavo

£16.99

Trade Paperback

320 pages



Jefferson Fisher's unique framework for how to communicate in three simple steps

When working with a new client, communications expert Jefferson Fisher trains them in his three-step system of communication, Predicting Positive. It's a revolutionary and individually customizable framework he built on the premise that by mastering three fundamental skillsets, we can reasonably predict the positive outcomes we hope to achieve when communicating with others.

Now, in *The Next Conversation*, his groundbreaking first book, Fisher draws upon his experiences in the courtroom, behavioural sciences and historical case studies to teach readers how to communicate to connect. Fisher has created not just a guidebook, but a philosophy that will enable you to approach conversations with openness and curiosity, and in the process, change lives.

By embracing Fisher's system, you will learn to speak more confidently, express yourself clearly, and seek understanding rather than victory. This transformative approach will not only change how we engage in conversations but also pave the way for a more harmonious and empathetic society.

Jefferson Fisher is a trial lawyer, writer, and speaker whose work to help people communicate during life's everyday arguments and conversations, with his practical videos and authentic presence, has gained millions of followers around the world, including celebrities and global leaders. He is a sought-after speaker on communication at Fortune 500 companies and governmental agencies, and hundreds of thousands of people subscribe to his actionable email newsletter and podcast. Fisher is a Texas board-certified personal injury attorney and the founder of Fisher Firm, where he helps people all over the United States connect to trusted legal services. He lives with his wife and two children near Beaumont, Texas.



I Want To Go Home But I'm Already There

Róisín Lanigan

March 2025

ISBN: 9780241668535
Demy Octavo
£16.99
Hardback
288 pages



A novel about the horrors of renting, presenting a wonderfully clear-eyed portrait of loneliness, loss and what it means to feel at home.

Renting is a nightmare . . .

Áine should be feeling happy with her life. She's just moved in with Elliot. Their new flat is in an affluent neighbourhood, surrounded by bakeries, yoga studios and organic vegetable shops. They even have a garden. And yet, from the moment they move in, Áine can't shake the sense that there's something not quite right about the place . . .

It's not just the humourless estate agent and nameless landlord: it's the chill that seeps through the draughty windows; the damp spreading from the cellar door; the way the organic fruit and veg never lasts as long as it should. And most of all, it's the upstairs neighbours, whose very existence makes peaceful coexistence very difficult indeed.

The longer Áine spends inside the flat – pretending to work from home; dissecting messages from the friends whose lives seem to have moved on without her – the less it feels like home. And as Áine fixates on the cracks in the ceiling, it becomes harder to ignore the cracks in her relationship with Elliott . . .

Róisín Lanigan is an editor and writer based in London and Belfast. Her work has appeared in *i-D*, *VICE*, *The Atlantic*, *New Statesman*, *The Fence* and *Prospect*, amongst other publications. She was longlisted for the Curtis Brown First Novel Prize in 2019, and won the Blue Pencil Agency First Novel Award in 2020. *I Want to Go Home But I'm Already There* is her first novel.

Praise for *I Want To Go Home But I'm Already There*:

'One of the best things I've read on the psychological horrors of private renting, and what damp, overpriced flats can do to our emotional lives. Hilarious, horrifying, truly original. I loved it' **Oisín McKenna**

'Smart, funny and, occasionally, terrifying . . . With rare skill and eerie precision, Lanigan captures the small joys and mundane horrors of the current moment. Beautifully written, frequently hilarious, and maddeningly real' **Séamas O'Reilly**



Stories of Ireland

Brian Friel

March 2025

ISBN: 9781405972239
B Format
£12.99
Paperback
176 pages



A collection of delightful short stories from one of Ireland's greatest-ever writers, Brian Friel

'A fake! A quack! A charlatan! Get a grip on yourself, woman! We'll say another rosary and then I'll leave you home.'

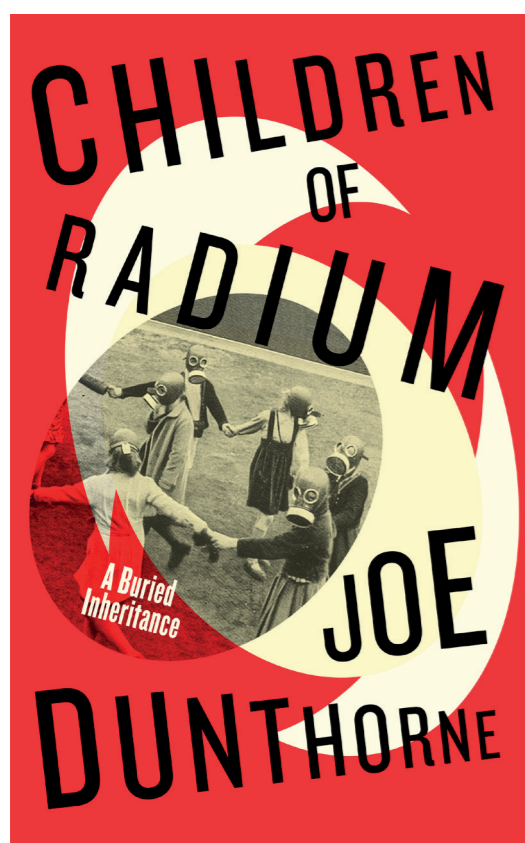
Stories of Ireland is a brilliant, colourful compendium of mid-century Irish experience from one of Ireland's greatest-ever writers, Brian Friel. Demonstrating all of Friel's peerless instinct for voice, scene, and the uncanny mystery found in the everyday, these tales tell of beauty, struggle and discovery: from the drowning of a man in the bog-black waters of Lough Keeragh, to the camaraderie of teenage potato gathers in County Tyrone, and from the careful work of the German War Graves Commission in Glenn na fuisseog, to trawlermen's talk of sunken gold off the coast of Donegal.

Brian Friel (1929–2015) is one of Ireland's greatest-ever playwrights. Over a career of more than fifty years, he published twenty-four plays including *Faith Healer*, *Translations* and *Dancing at Lughnasa*, all of which are now defining documents of Irish literature. Globally, he is one of the most beloved and frequently performed dramatists of the twentieth century. Friel was also an acclaimed short story writer, publishing two renowned collections in his lifetime. He died in 2015 at home in Donegal.

Praise for *Stories of Ireland*:

Some of the best stories ever written. They are everything short stories should be – deft, skilfully written, funny and quite often breathlessly sad' **Edna O'Brien**

'The funny stories are a complete joy. The serious stories are concerned with the subtlest nuances of human emotions and relations which can neither be described nor directly expressed' **Irish Times**



Wry, off-beat and subversive – a Jewish family memoir like no other, from the author of the cult classic novel *Submarine*

Joe Dunthorne's great-grandfather was a family legend: the eccentric pre-war inventor of radioactive toothpaste and the Jewish refugee from the Nazis who returned to Germany under cover of the Berlin Olympics to pull off a heist on his own home.

Joe always knew he would write a book about this one day. The only problem was that the old man had already written the book of his life – an unpublished memoir so dense and rambling that none of his living descendants had attempted to read it. And, as it turned out when Joe finally cracked open the manuscript, it told a very different story from the one he thought he knew . . .

Joe Dunthorne was born and brought up in Swansea. He is the author of three novels and one collection of poetry, including *Submarine*, which has been translated into fifteen languages and made into an acclaimed film directed by Richard Ayoade, and *Wild Abandon*, which won the 2012 Encore Award. *Children of Radium* is his first work of non-fiction. He lives in London.

www.joedunthorne.com

Children of Radium

Joe Dunthorne

March 2025

ISBN: 9780241517468

Demy Octavo

£16.99

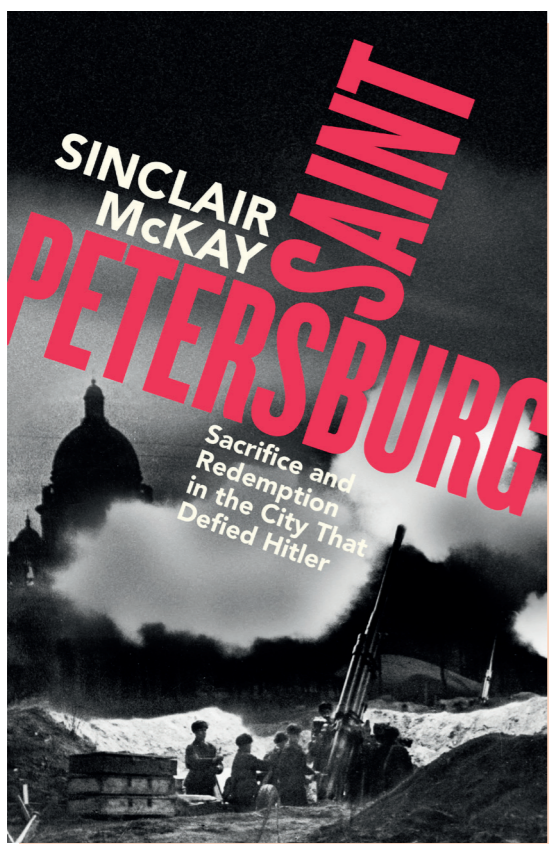
Hardback

220 pages



HAMISH HAMILTON

APRIL 2025



Saint Petersburg

Sinclair McKay

Sacrifice and Redemption in the City That Defied Hitler

April 2025

ISBN: 9780241741313

Royal Octavo

£25.00:

Hardback

400 pages



From Peter the Great to Putin, a biography of the city Hitler tried to wipe off the map

Built by slave labour in the early years of the eighteenth century, St Petersburg was Peter the Great's so-called 'window on to Europe', a city that would outdo all of Europe in its splendour. But a window works both ways, and as bestselling historian Sinclair McKay writes, St Petersburg has always been a city that has drawn Westerners who wanted to see into Russia. It is also a city where much has happened. It was St Petersburg until 1917, Petrograd after the revolution, Leningrad after Lenin's death in 1924, and St Petersburg once again from 1991.

This biography of a city stretches from Peter the Great to Vladimir Putin, who was born and made in St Petersburg. The story centres on the '900 days and nights' of the Siege of Leningrad, 1941–44. Unlike Paris or Prague, the Nazis weren't trying to take over, they wanted to wipe it off the map. According to some, this siege of 1.5 million people – including Putin's mother – was an attempted genocide. Based on first-hand and many unpublished accounts from figures from all walks of life – irascible authors, factory workers, bakers, furriers, dancers, sailors, grandparents, children – this masterpiece reveals the central importance of St Petersburg over the centuries. This is the story of the city told from the perspective of the people who lived there.

Sinclair McKay is the *Sunday Times* bestselling author of *Meeting Churchill*, *Berlin*, *Dresden*, *The Secret Life of Bletchley Park*, *The Secret Listeners*, *Bletchley Park Brainteasers* and *Secret Service Brainteasers*. He is a literary critic for the *Telegraph* and the *Spectator* and lives in London.



The Eights

Joanna Miller

April 2025

ISBN: 9780241662434

Demy Octavo

£14.99

Hardback

352 pages



Following the unlikely friendship of four of the first ever women to study at Oxford University: a captivating debut novel about sisterhood, self-determination, courage, and what it means to come of age in a world that has changed for ever

They knew they were changing history. They didn't know they would change each other.

Oxford, 1920. For the first time in its 1,000-year history, the world's most famous university has admitted female students. Giddy with dreams of equality, education and emancipation, four young women move into neighbouring rooms on Corridor Eight. They have come here from all walks of life, and they are thrown into an unlikely, life-affirming friendship.

Dora was never meant to go to university, but, after losing both her brother and her fiancé on the battlefield, has arrived in their place. Beatrice, politically-minded daughter of a famous suffragette, sees Oxford as a chance to make her own way – and her own friends – for the first time. Socialite Otto fills her room with extravagant luxuries but fears they won't be enough to distract her from her memories of the war years. And quiet, clever Marianne, the daughter of a village vicar, arrives bearing a secret she must hide from everyone – even *The Eights* – if she is to succeed.

But Oxford's dreaming spires cast a dark shadow: in 1920, misogyny is still rife, influenza is still a threat, and the ghosts of the Great War are still very real indeed. And as the group navigate this tumultuous moment in time, their friendship will become more important than ever.

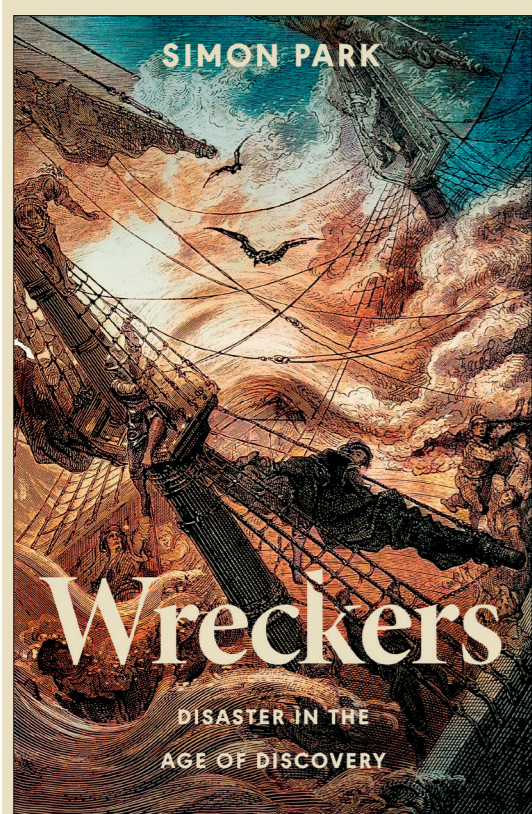
Joanna Miller studied English at Exeter College, Oxford and later returned to complete a PGCE in Secondary English at The Department of Educational Studies. After ten years as a teacher and literacy adviser, she set up an award-winning poetry gift business with celebrity clients. Joanna's rhyming verse has been filmed twice by the BBC and in 2015 she won The Poetry Prize, run by Bloomsbury Publishing and the National Literacy Trust. In 2021, Joanna graduated from the Faber Academy, after which she was accepted on the Escalator Talent Development Scheme at The National Centre for Writing. She has recently returned to Oxford to study part-time for a diploma in creative writing.

Praise for *The Eights*:

Entertaining and moving . . . I came to love these four women as though they were my sisters' **Tracy Chevalier**

'My book of the year. The writing is wonderful, the subject fascinating and the storylines utterly absorbing. I'm so sad I've finished it. I loved everything about this book.

I ADORED it' **Jill Mansell**



Wreckers

Simon Park

Disaster in the Age
of Discovery

April 2025

ISBN: 9780241741320

Royal Octavo

£25.00

Hardback

368 pages



A gripping new history of the shipwrecks and other failed voyages at the dawn of imperialism (15th-16th century)

Wreckers sinks the old narrative of imperialism. In place of swashbuckling adventurers bringing home great riches, we see a series of failures on the part of the Europeans. Christopher Columbus suffers several shipwrecks and dies trying to persuade the world that America was, in fact, China. Vasco de Gama, known as the first European to reach India by sea, was in fact guided across the Indian Ocean by a Gujrati pilot.

Wreckers taps into a thirst for stories of the sea and throws myths we have long been told about European empire-building overboard, transporting readers instead on voyages tragically cut short and introducing them to new characters whose lives illuminate dark spots of a foundational period in world history. By looking at the disasters rather than the accomplishments we get a new and exciting take on history.

Simon Park is Associate Professor of Medieval and Renaissance Portuguese at the University of Oxford and Tutorial Fellow at St Anne's College, Oxford. He is an expert in the literature and material culture of the early modern world, particularly from Portugal and its vast global empire. This is his first book for a general reader.



Back in the Day

Oliver Lovrenski

April 2025

ISBN: 9780241705834

B Format

£14.99

Hardback

240 pages



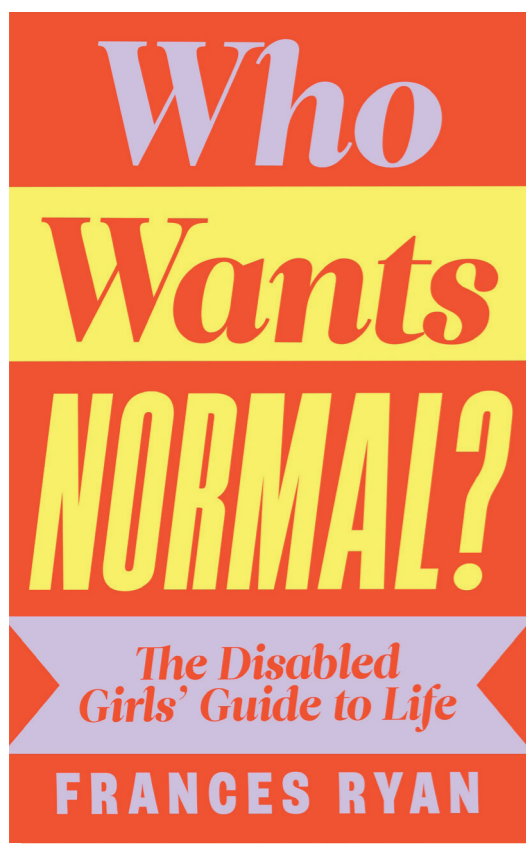
Taut, lyrical and utterly gripping – a headrush of a debut novel about four boys coming of age on the deprived outskirts of Oslo

Last night i got woke up by marco ringing, and he was crying, he said, he died ivor, he died, and i didnt need to hear who to know, i just hung up.

Ivor and Marco have been getting high since they were thirteen, started dealing at fourteen, by fifteen they were carrying knives. At sixteen years old, they hurtle from one trip to the next, one fight to the next, always watching their backs. Ivor dreams of getting out – finishing school, becoming a lawyer, marrying the girl he loves from the corner shop – but the path he's on only leads one way.

In flashes of firecracker prose, shot through with rare empathy, irrepressible wit and gut-punch pathos, Oliver Lovrenski gives voice to young men growing up in a brutal and chaotic world.

Oliver Lovrenski has a Croatian background and he grew up in Norway. His debut novel, *Back in the Day*, was an instant number-one bestseller when it was published in Norway in 2023. It won the Oslo City Artist Prize, Norwegian Bookseller Prize (making Lovrenski the youngest winner in the prize's seventy-five-year history) and was shortlisted for the Brage Award and the Tarjei Vesaas Debut Prize. The Norwegian edition is now in its eighth print run.



Who Wants Normal?

Frances Ryan

The Disabled Girls' Guide to Life

April 2025

ISBN: 9780241629437

Demy Octavo

£18.99

Hardback

320 pages



PENGUIN
LIFE

A groundbreaking, essential and electrifying blend of memoir, handbook, celebration and call to action, from the acclaimed journalist and author

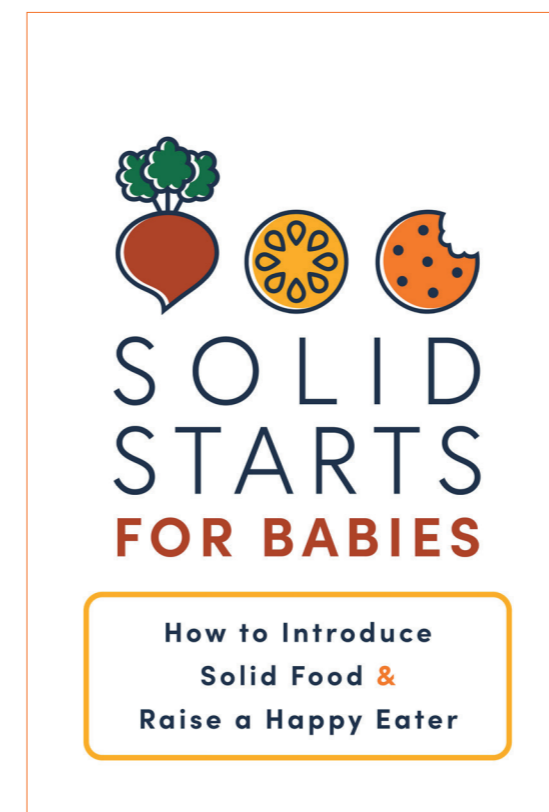
'No one really talks about it. No one really talks about what it is to be a disabled woman, especially a young one. To go a bit mad. To experience pain or exhaustion or feel 92. To navigate all the standard parts of life – exams, careers, dating – but with a body that is different than everyone else's.'

Exploring six facets of life: education, careers, health, body image, relationships and representation, as well as how to survive life's bumps in the road, *Who Wants Normal?* is a game-changing take on disability and feminism.

Part memoir, part manifesto, and full of Frances Ryan's trademark warmth, humour and honesty (as well as hard-hitting statistics, it draws on her own experience as well as from interviews with over forty of the world's leading women and non-binary people with mental and physical health conditions, including Jameela Jamil, Sophie Morgan, Ruth Madeley, Sinead Burke, Rosie Jones, Fearne Cotton, Emma Barnett, Ellie Goldstein and Jillian Mercado.

Who Wants Normal? lifts the lid off a subject that is too often shrouded in awkwardness and silence. It offers support, inspiration and a sense of solidarity to the many, many women with disabilities and long-term health issues – as well as opening the eyes of anyone wanting to better understand the many facets of living with a disability.

Frances Ryan is an award-winning journalist, author and broadcaster. She is a columnist and reporter for the Guardian and was made a Fellow of the Royal Society of Literature in 2022. Named the UK's sixth most influential disabled person by the Shaw Trust in 2021, her work has been featured in lecture halls, the Women of the World Festival, the House of Commons, the National Trust, BBC Radio 4's *Woman's Hour* and *The World Tonight*, BBC Radio 2's *Jeremy Vine Show*, Channel 4 News and more. Her debut book, *Crippled* (2019, Verso), was shortlisted for the Bread and Roses Award 2020, and made into the drama *Hen Night* for the BBC in 2021.



Solid Starts for Babies

Solid Starts

How to Introduce Solid Food and Raise a Happy Eater

April 2025

ISBN: 9780241709962

Royal Octavo

£16.99

Trade Paperback

256 pages



PENGUIN
LIFE

The guide to stress-free feeding and healthy eating habits for your baby

Introducing solid foods can be both exciting and intimidating, especially for first-time parents. Navigating the teething stage while introducing solid foods often leads to stress and confusion during mealtimes.

Meet *Solid Starts for Babies* – your ultimate guide to overcoming the challenges of feeding your baby. This comprehensive book combines the latest medical research with practical advice on safety, allergy considerations and much more. Learn how to introduce new flavours and textures, minimize choking risks and create a positive mealtime environment for your little one.

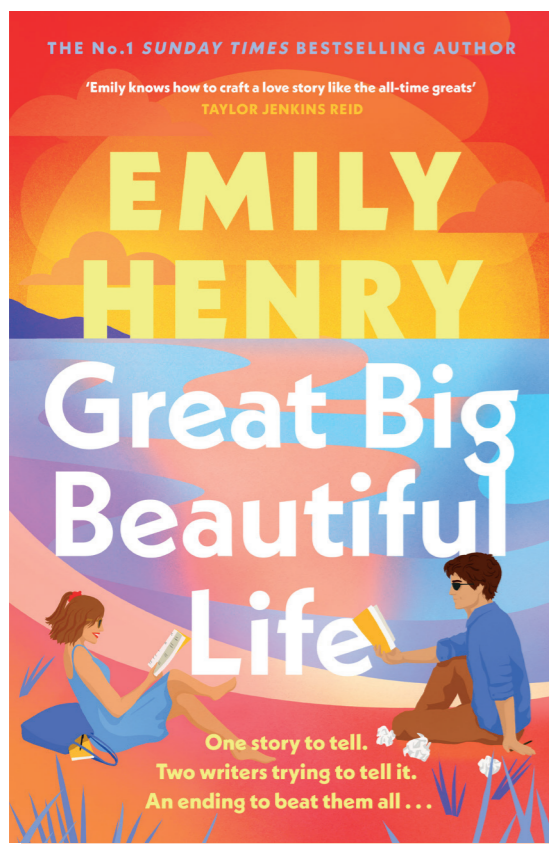
Empower yourself with the knowledge and confidence you need to share family meals and foster healthy eating habits that will benefit your child for years to come. Whether you're dealing with teething troubles or simply looking to enhance your baby's culinary journey, *Solid Starts for Babies* is your go-to resource for a smooth transition to solid foods.

Solid Starts is a comprehensive multidisciplinary team in the baby food and feeding space. The team consists of feeding therapists, swallowing specialists, pediatricians, an allergist, pediatric dietitians, lactation consultants and a brilliant nutritionist. With a passion for introducing and nurturing healthy eating habits from the very beginning, *Solid Starts* is transforming the way families approach feeding their little ones.

Praise for *Solid Starts for Babies*:

'Solid Starts has built its business by trying to answer every possible question or concern a parent might have about baby-led weaning. There are other resources for people curious about the practice, but none are as exhaustive' *New York Times*

'It's a wonderful way to educate parents and caregivers and I don't make a move without it' *Hilary Swank*



Great Big Beautiful Life

Emily Henry

April 2025

ISBN: 9780241739860

Royal Octavo

£20.00

Hardback

384 pages



A dazzling and sweeping new novel from number-one *Sunday Times* bestselling author Emily Henry!

When Margaret Ives, the famously reclusive heiress, invites eternal optimist Alice Scott to the balmy Little Crescent Island, Alice knows this is it: her big break. And even more rare: a chance to impress her family with a Serious Publication.

The catch? Pulitzer-prize winning human thundercloud, Hayden Anderson, is sure of the same thing.

The proposal? A one-month trial period to unearth the truth behind one of the most scandalous families of the 20th Century, after which she'll choose who'll tell her story.

The problem? Margaret is only giving each of them tantalising pieces. Pieces they can't put together because of an ironclad NDA and an inconvenient yearning pulsing between them every time they're in the same room.

And it's becoming abundantly clear that their story – just like the tale Margaret's spinning – could be a mystery, tragedy, or love ballad ... depending on who's telling it.

Emily Henry is the *New York Times* and *Sunday Times* bestselling author of the butterfly-inducing romantic comedies *Beach Read*, *You & Me on Vacation*, *Book Lovers*, *Happy Place* and *Funny Story*. She studied creative writing at Hope College and now lives and writes in the American Midwest. *Great Big Beautiful Life* is her sixth novel.



Sister Europe

Nell Zink

April 2025

ISBN: 9780241740804

B Format

£14.99

Hardback

240 pages



One wild, exhilarating night in Berlin: a brilliant new novel by one of the most acclaimed writers of our time

As night draws in on Berlin, a ragtag group congregates at the Hotel Interconti to celebrate an elderly author's venerable career (all under the resolute assurance that their wealthy host will provide a free and fancy dinner. Inevitably, of course, boredom, hunger and horniness set in, and the gang – a young trans teen and her father; an ageing publisher and his flakey date; a dog, a troubled heiress and an Arabic prince – soon find themselves flung out on an exhilarating odyssey through the city's shadow and light.

Sophisticated, sexy and exquisitely moving, *Sister Europe* is a vivid tale of a scene all at sea, and a continent whorled with charm, caprice and the aches of history.

Nell Zink is the author of six acclaimed novels including her debut, *The Wallcreeper*, described by the *Sunday Times* as 'a slim, strange masterpiece', the National Book Award-longlisted *Mislaid*, a *New York Times* Book of the Year *Doxology*, and, most recently, *Avalon*. She has been praised by Jonathan Franzen as 'a writer of extraordinary talent and range'. She had previously worked as a secretary, with stints in masonry, technical writing and translating. Her other writing has appeared in *n+1*, *Granta* and *Harper's Magazine*. She lives in Berlin.

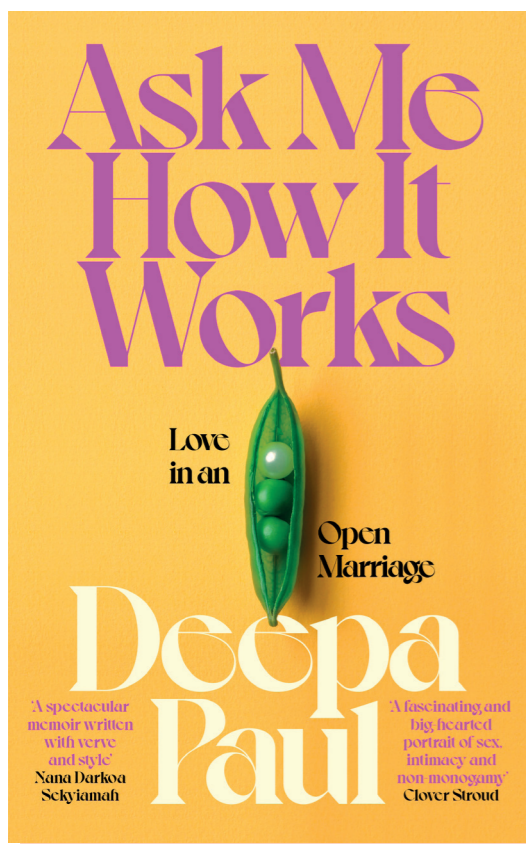
Praise for Nell Zink:

'A writer of extraordinary talent and range'

Jonathan Franzen

'A talent that is as rare and strange as a kestrel on Oxford Street' *Sunday Times*

MAY
2025



Ask Me How It Works

Deepa Paul

Love in an Open Marriage

May 2025

ISBN: 9780241698396

Demy Octavo

£18.99

Hardback

368 pages



A beautiful, vibrant and surprising memoir about love, desire and marriage . . . one question at a time

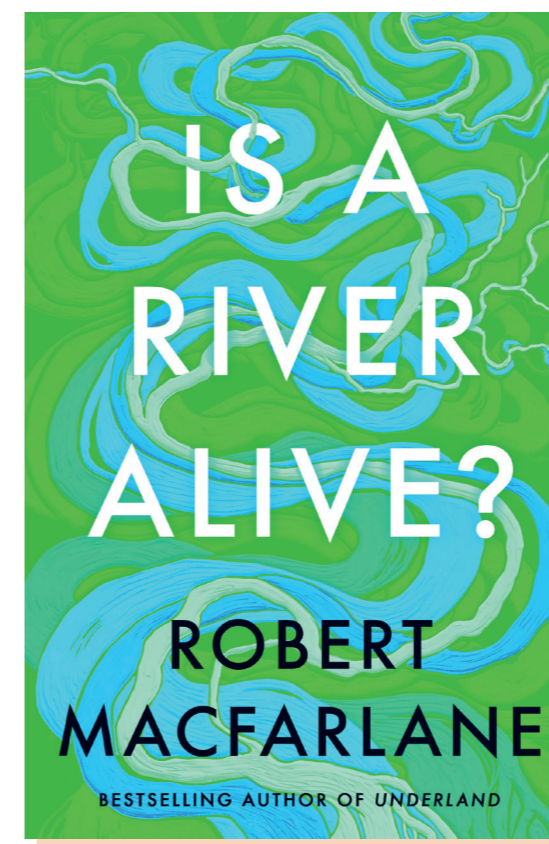
In the early hours of dawn in Amsterdam, Deepa Paul rises from her boyfriend's bed. She gets dressed, slips away with a kiss and cycles home, where she is welcomed into the arms of her husband, whose contentment is mellow alongside her own. There isn't a glimmer of shame, deception or guilt, only the honesty and compassion needed to make this kind of life possible – even if it wasn't always this easy.

You might have questions. Whose idea was it? What are the rules? Are you ever jealous? In this memoir, Deepa offers her answers openly and tenderly, as she explores the truth to questions of her own. Can I ask for what I want, and still honour the life I have chosen? Do I deserve it? Is it worth it?

Unexpectedly relatable, at times raw and vulnerable, and joyfully vibrant, this is one woman's story of discovering her own desires and how to liberate them, of shifting identities from mother to lover and back again, and of finding the courage to ask for the marriage she wanted, beyond the marriage she had.

One question at a time.

Deepa Paul is a Filipina-Indian author living in Amsterdam. Her writing explores the balance between being a mother, wife, girlfriend, daughter, adventurer, and herself – all at the same time.



Is a River Alive?

Robert Macfarlane

May 2025

ISBN: 9780241624814

Royal Octavo

£25.00

Hardback

384 pages



From the celebrated writer and observer Robert Macfarlane comes this brilliant, perspective-shifting new book – which answers a resounding yes to the question of its title

At its heart is a single, transformative idea: that rivers are not mere matter for human use, but living beings – who should be recognized as such in both imagination and law. Inspired by the activists, artists and lawmakers of the young 'Rights of Nature' movement, Macfarlane takes the reader on an exhilarating exploration of the past, present and futures of this ancient, urgent concept.

Is a River Alive? flows like water from the mountains to the sea, over three major journeys:

The first is to northern Ecuador, where a miraculous cloud-forest and its rivers are threatened with destruction by gold-mining.

The second is to the wounded rivers, creeks and lagoons of southern India, where a desperate battle to save the lives of these waterbodies is under way.

The third is to north-eastern Quebec, where a spectacular wild river – the Mutehekau or Magpie – is being defended from death by damming in a river-rights campaign.

Braiding these journeys is the life story of the fragile chalk stream who rises a mile from Macfarlane's house, and flows through his own years and days.

Passionate, immersive and revelatory, *Is a River Alive?* is at once Macfarlane's most personal and most political book to date. It is a book that will open hearts, spark debates and challenge perspectives. Lit throughout by other minds and voices, it invites us radically to reimagine not only rivers but also life itself. At the centre of this vital, beautiful book is the recognition that our fate flows with that of rivers – and always has.

Robert Macfarlane is internationally renowned for his writing on nature, people and place. His bestselling books include *Underland*, *Landmarks*, *The Old Ways*, *The Wild Places* and *Mountains of the Mind*, as well as a book-length prose-poem, *Ness*. His work has been translated into more than thirty languages, won prizes around the world, and been widely adapted for film, music, theatre, radio and dance. He has also written operas, plays, and films including *River and Mountain*, both narrated by Willem Dafoe.

Praise for Robert Macfarlane:

'Robert Macfarlane is the great nature writer, and nature poet, of this generation' *Wall Street Journal*

FAVOURITE



DAUGHTER



MORGAN DICK

Favourite Daughter

Morgan Dick

May 2025

ISBN: 9780241740248

Royal Octavo

£16.99

Hardback

368 pages



Two estranged sisters are unknowingly thrown together by their father's dying wish in this darkly comic and heartfelt debut

'To my daughter, I leave a sum of five and a half million dollars, to be held until she has completed seven psychotherapy sessions.'

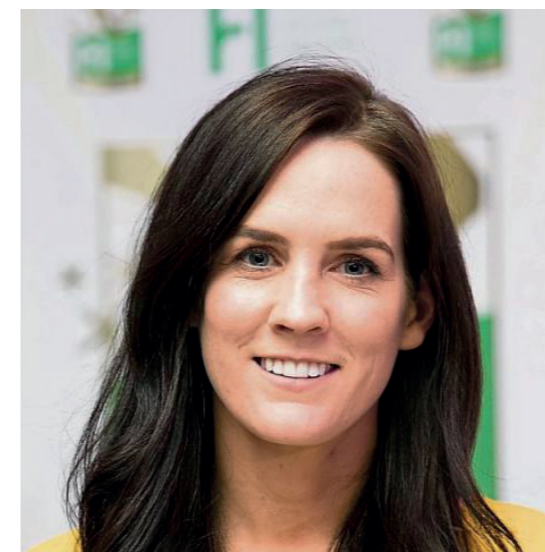
After he left them for his new family, Mickey resolved never to think of her father again. She's fine without him; yes, she drinks, but only sometimes and, really, she can't not.

But with only \$181 to her name, she's not above attending some mandated therapy to access her inheritance. She'll kneel at the Kleenex altar and soon be bingeing *Bridgerton* with a bottle of Russian Standard, 5 million dollars richer.

Her therapist, Arlo, has more issues than most of her clients. She adored her father - his laughter, his charm, the smell of his cologne. She thought he adored her, too, but now he's given his inheritance to a daughter no one knows, and Arlo is at a loss.

As patient meets therapist, two sisters are unknowingly thrown together for the first time. It's crazy and unethical, just like their father. But could it be the perfect solution?

Morgan Dick is a writer from Calgary, Canada, whose short fiction has earned her a Pushcart Prize nomination. She can usually be found hiking in the Rocky Mountains, flailing about on cross-country skis, or making up stories with her niece and nephews, the best writers of all.



A wildly fun story for 9 to 10-year-olds from horse-riding sensation, Rachael Blackmore

Rachael has had the best, most amazing, incredible idea! She's going to make her granny's dream of being a jockey in a race come true . . . and what could possibly go wrong?

Spending the Easter holidays at Granny and Grandad's house is always the most fun ever. Rachael's BFF Frankie and crazy cousin Tom come around every day to ride the horses and get into mischief. But this year, Rachael's cousin David is visiting from New York. Rachael and Frankie are worried - will David be good fun with the horses, Bubble and G-Pip, or will he be a city boy who hates the country and the farm and ruin all their fun? When Rachael has her amazing idea, the gang must come together for OPERATION GRANNY NATIONAL.

Can the four friends make Granny's dreams of being a jockey in a race come true? And what will happen when everyone finds out what they've done? There could be big, BIG trouble ahead!

Rachael Blackmore MBE is an Irish jockey who competes in National Hunt and flat racing. In 2021, she became the first female jockey to win the Grand National in the 182-year history of the race.

Granny National

Rachael Blackmore

May 2025

ISBN: 9781844886456

B Format

£12.99

Hardback

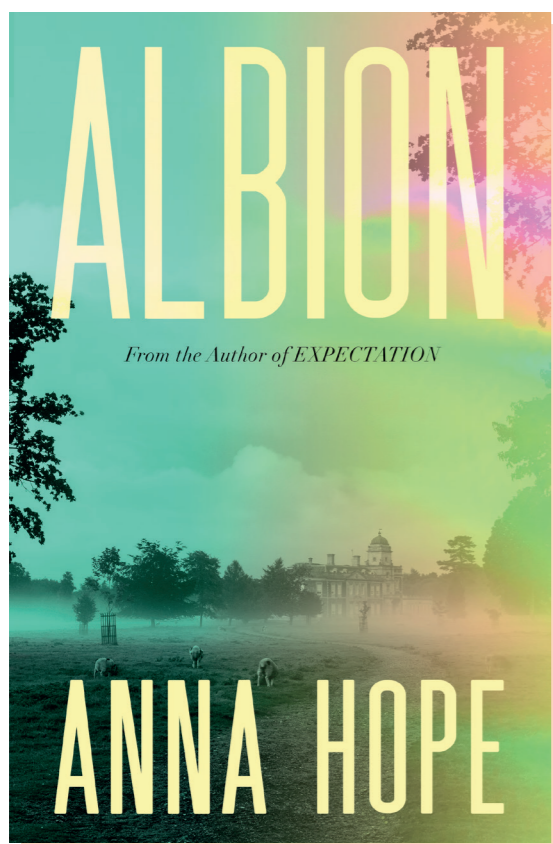
432 pages



Praise for *Granny National*:

'Superwoman wouldn't hold a candle to Rachael Blackmore . . . shattering yet another glass ceiling en route to a sensational Grand National success'

Irish Independent



Albion

Anna Hope

May 2025

ISBN: 9780241698426
Demy Octavo
£16.99
Hardback
288 pages



Albion shakes the country-house novel to its foundations, in a story of family, inheritance and accountability

The Brookes are gathering in their eighteenth-century ancestral home – twenty bedrooms of carved Sussex sandstone – to bury Philip, the head of the family – the blinding sun around which they have all orbited for as long as they can remember.

Frannie, inheritor of a thousand acres of English countryside, has dreams of rewilding and returning the estate to nature: a last line of defence against the coming climate catastrophe. Milo envisages a treetop haven for the super-rich where under the influence of psychedelic drugs a new ruling class will be reborn. Each believes their father has given them his blessing and are set on a collision course with the other.

Isa has long suspected that her father thought only of himself, and only hopes to seek out her childhood love, who still lives on the estate, to discover whether it is her feelings for him that are creating the fault lines in her marriage.

And then there is Clara, who arrives in their midst from America, shrouded in secrets and bearing a truth that will fracture all the dreams on which they've built their lives.

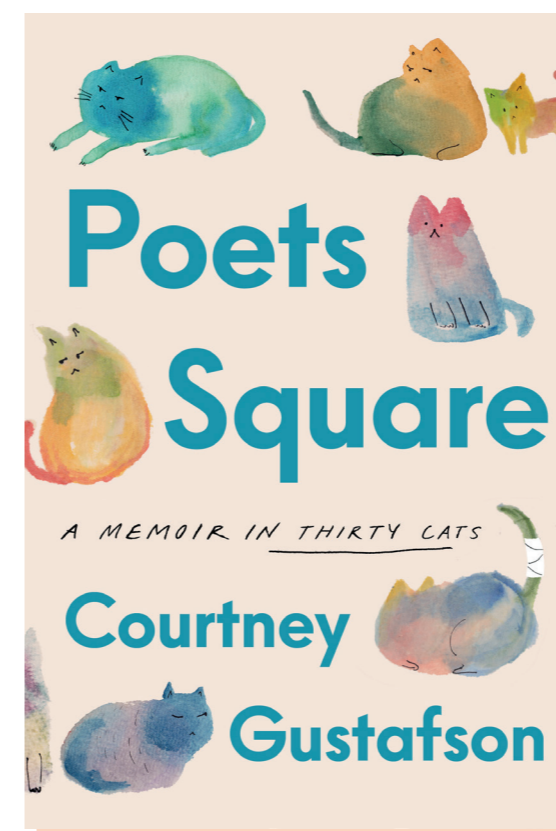
Anna Hope is the internationally prizewinning and bestselling author of *Wake*, *The Ballroom*, *Expectation* and *The White Rock*. She studied at Oxford University and RADA and her novels have been translated into over twenty languages. *Expectation* is currently being adapted for the screen by Clémence Poésy and Haut et Court films in Paris. She lives in Sussex with her family.

Praise for Albion:

'Superb . . . Hope engages, head-on, with some of the most urgent and challenging issues facing the world today, and transforms them into spellbinding family drama' **Jonathan Coe**

'Beautiful . . . Explores the complexities of family, trauma, nature, human nature, landscape and escape in language that is as provocative as it is tender'

Miranda Cowley Heller



Poets Square

Courtney Gustafson

A Memoir in Thirty Cats

May 2025

ISBN: 9780241650745
Demy Octavo
£16.99
Hardback
160 pages



A beautifully written memoir-in-essays about accidentally rescuing a colony of feral cats, and what cats can teach us about creating community and giving care

The morning after Courtney Gustafson moved into an old house in the Poets Square neighbourhood of Tucson, Arizona, she noticed tiny pawprints all over her driveway. They were the first evidence of a colony of feral cats who would, in time, become part of her family, expand her world spectacularly, and help pierce a personal darkness she'd wrestled with for much of her life.

Beebs was the first cat to appear, allowing herself to be petted in the driveway. And then came so many others. There was Monkey, the hissing, dark-blotched calico, and Reverse Monkey, her timid, white-blotched opposite. There were Sad Boy and Lola, the inseparable pair who made their way across the internet and into strangers' wedding vows. There was the sweet, serene Dr Big Butt, who brought lessons about grief. And there was Goldie: sick, skinny, but completely unafraid. The tiny king of Poets Square.

Poets Square is a love letter to community in a broken society, told through the cats Courtney meets in dark alleys, neglected homes and her own driveway; cats she cherishes and must sometimes let go. Above all, she explores what her encounters with feral cats have taught her about care, connectedness and the power of hope.

Courtney Gustafson is the creator of @PoetsSquareCats on TikTok (918k) and Instagram (61k). Before she had thirty cats, she completed a masters degree and PhD coursework in rhetoric and composition at the University of Massachusetts Amherst, where her interests included community literacies and literacy within incarcerated populations. She taught first-year writing at UMass before leaving academia to work in nonprofit communications. Most recently she's worked for a large regional food bank, managing social media strategy, storytelling, fundraising and crisis communications. She has continued to teach creative writing and adult basic literacy as a volunteer in prisons and in refugee communities in Tucson, Arizona, and volunteers as a mentor to incarcerated writers with PEN America's Prison and Justice Writing Program.

Praise for Poets Square:

'Gustafson writes with uncommon grace about the castoff, the abandoned, the invisible. This book should be read and treasured for its ability to make the reader more human and humane' **Lauren Slater**



A Sharp Scratch

Heather Darwent

May 2025

ISBN: 9780241740453

Royal Octavo

£16.99

Hardback

384 pages



From the *Sunday Times* bestselling author comes an atmospheric psychological thriller about what it means to be chronically unwell in a society obsessed with wellness

We can fix you.

It's a promise that Betsy has heard far too many times. From the child psychologist, from her husband, and from the wellness trends that scream at her from her screen.

So far, it's been a lie.

But this time, she believes it. Because Betsy has been offered a place at Carn – a luxurious, unorthodox retreat, where healing really is possible. At Carn, she discovers that her imperfections make her unique, not weak. She isn't broken, just special.

All Betsy has to do is follow the rules . . .

Heather Darwent is based just outside Edinburgh, the setting for her *Sunday Times* bestselling debut *The Things We Do To Our Friends*. Originally from Yorkshire, she came to Scotland to study History of Art at the University of Edinburgh and ended up never quite leaving. When she's not writing, you'll find her reading chaotic non-fiction about Silicon Valley and swimming in the sea . . . or being unbearably boring in conversation about swimming in the sea. *A Sharp Scratch* is her second novel.

Praise for Heather Darwent:

'Darwent has a great career as a thriller writer ahead of her' *The Sunday Times*

'Darwent's incisive gaze shows her to be a promising young writer' *The Irish Examiner*

THE EPISODE

A True Story of Loss, Madness and Healing

MARY ANN KENNY

Uncorrected Proof

The Episode

Mary Ann Kenny

Surviving Loss, Depression and Madness: A Memoir

May 2025

ISBN: 9781844886869

Demy Octavo

£18.99

Hardback

288 pages



A gripping memoir of a woman's descent into madness and her journey back again

One fine April day, Mary Ann Kenny's husband died suddenly while jogging near their family home. In the months that followed, Mary Ann – who had no history of mental illness – began suffering from depression, and then from a terrifying succession of physical and psychological symptoms, including the delusion that her young children had been harmed by her medications.

In this gripping memoir, Mary Ann details her descent into psychosis, her hospitalization, and her inspiring journey back to health and happiness. Drawing on her detailed medical files and on her own recollections, she has created a day-by-day account of what it is like to lose touch with reality while living in the dreadful knowledge that everything you care about in life is under threat. And *The Episode* tells the inspiring story of how Mary Ann recovered from her illness, came to terms with her trauma, and spoke truth to the health service about the limitations of medical psychiatry. It reminds us that anyone could end up in Mary Ann's situation, while also showing that recovery and happiness are possible even after severe mental illness.

Written with the pace of a thriller and the insight of a great psychological novel, *The Episode* is a brilliant act of personal reclamation and an essential read for anyone who is interested in the workings of the mind.

Mary Ann Kenny is an academic. She lives in Dublin with her children.

Praise for *The Episode*:

'A deeply moving, often terrifying account of grief, illness, and recovery, this vivid memoir carries the reader so close to its unfolding events that it quickens the breath'

Doireann Ní Ghríofa

The background of the entire page is an abstract, painterly composition. It features thick, expressive brushstrokes in various shades of blue and green, swirling and looping together to create a sense of movement and depth. The colors range from a vibrant, almost neon green to a deep, rich blue. The overall effect is reminiscent of a topographical map or a stylized representation of water and land.

Fig Tree

Hamish
Hamilton

Penguin Life

Sandycove

Viking
