

Spring wreath



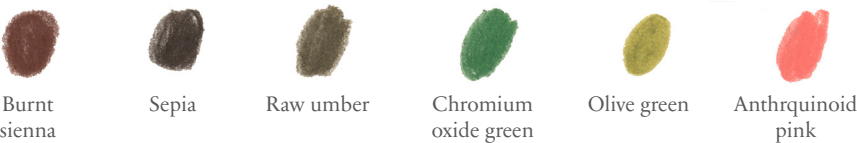
CORE GOUACHE PAINTS



MIXED COLOURS



COLOURED PENCILS



TIP

Any brown, dark and light green, pink and white colour pencils can be used, but here are the specific colours if it is helpful.

Spring flowers



Lily of the valley

CORE GOUACHE PAINTS

						
Myosotis blue	Naples yellow deep	Olive green	Sepia	Grey no.2	Indigo	Permanent white

MIXED COLOURS

			
Grey no.2 + sepia	Myosotis blue + Naples yellow deep	Olive green + indigo	Olive green + indigo + sepia

Nest, eggs and blossom



CORE GOUACHE PAINTS



MIXED COLOURS



WATERCOLOUR PENCILS



TIP

Any light to dark brown and pale blue pencils can be used, but here are the specific colours if it is helpful.

Painting readymade wooden eggs



Geese

ACRYLIC GOUACHE PAINTS



Raw
umber



Neutral
grey
no.1



Raw sienna
(optional/alternate
to yellow ochre
or raw umber or
can be added in
to either to add
warmth)



Ash blue



Sepia



Ochre

Spring window scene



CORE GOUACHE PAINTS



MIXED COLOURS



These are the colours that I have used to create the Spring Window scene. It is completely possible to use a smaller selection of paints, simply mix the colours that you have to match to the swatches if you want to remain close to this colour palette.

COLOUR PENCILS



TIP

Any brown, dark brown, white, dark green, light green, raw umber, pink-white, pink, red, orange, yellow, blue, indigo, and violet colour pencils can be used, but here are the specific colours if it is helpful.

Summer flowers



CORE GOUACHE PAINTS



MIXED COLOURS



Moonlight moths



CORE GOUACHE PAINTS



MIXED COLOURS



LIQUID WATERCOLOUR



WATERCOLOUR PENCIL



COLOURED PENCIL



Midsummer moon



CORE ACRYLIC GOUACHE PAINTS



MIXED COLOURS



Shells and seaweed



CORE GOUACHE PAINTS



MIXED COLOURS



COLOURED PENCILS



Sea views



CORE GOUACHE PAINTS

Cerulean	Indigo	Permanent white	Burnt umber	Ochre	Jaune brilliant	Pale coral	Olive green	Venetian red	Geranium	Grey no.2	Naples yellow	Dark green

MIXED COLOURS

Cerulean + white	Cerulean + indigo + white (varying ratios)	Burnt umber + grey	Burnt umber + ochre	Burnt umber + jaune brilliant	Burnt umber + pale coral (varying ratios)	Burnt umber + sepia	Burnt umber + geranium	Venetian red + Naples yellow

White + pale coral + jaune brilliant (varying ratios)

COLOURED PENCILS

Dark green	Burgundy (carmine lake)	Brown (burnt sienna)	White	Grey (French grey)	Raw sienna	Raw umber	Peach (warm earth)

Mini mushroom matchbox paintings

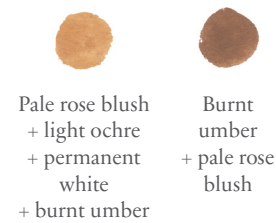


CORE GOUACHE PAINTS



Pale rose blush Permanent white Venetian red Light ochre Burnt umber

MIXED COLOURS



Pale rose blush + light ochre + permanent white + burnt umber Burnt umber + pale rose blush

COLOURED PENCILS



French grey White

Autumn leaves, nuts and seeds



CORE GOUACHE PAINTS



MIXED COLOURS



LIQUID WATERCOLOUR



COLOURED PENCILS



You may also find it useful to have some mid brown pencils

WATERCOLOUR PENCIL



Autumn fruits sketchbook study



CORE GOUACHE PAINTS



MIXED COLOURS



LIQUID WATERCOLOUR



CORE WATERCOLOUR PENCIL



French grey

Use French grey or another green of your choice to get subtle tones with the green

Barn owl and stars

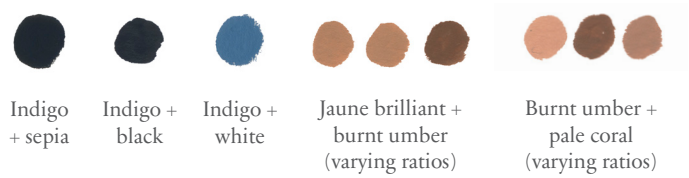
Barn Owl



CORE GOUACHE PAINTS



MIXED COLOURS



LIQUID WATERCOLOUR



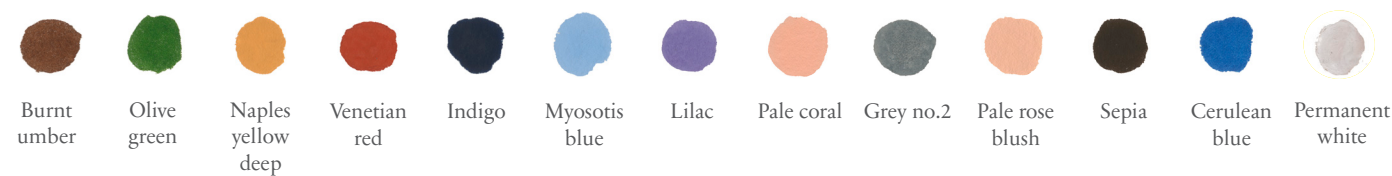
COLOURED PENCILS



Autumn window scene



CORE GOUACHE PAINTS



MIXED COLOURS



COLOURED PENCILS



WATERCOLOUR PENCIL



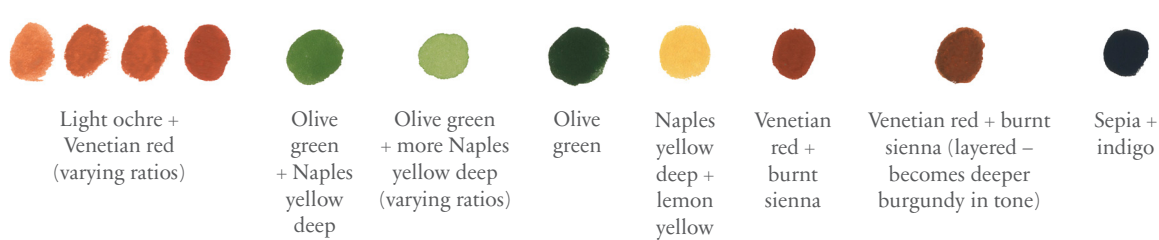
Winter wreath



CORE GOUACHE PAINTS



MIXED COLOURS



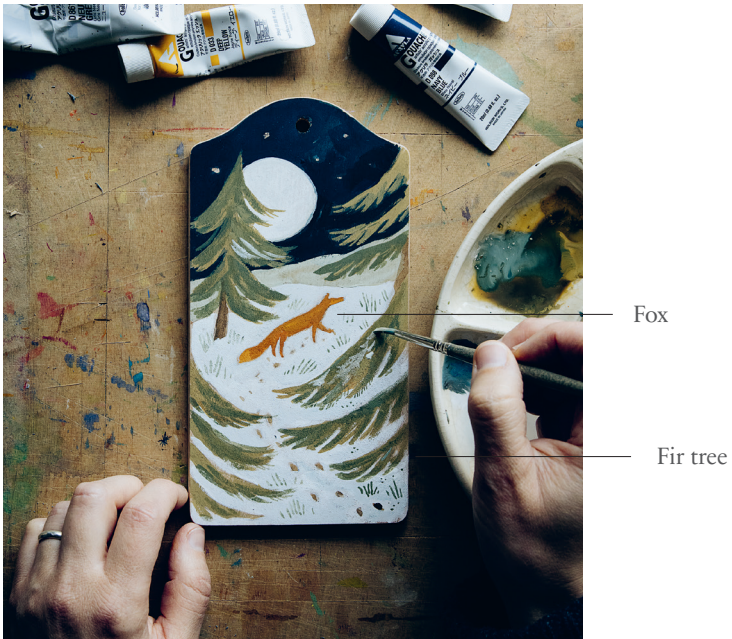
COLOURED PENCILS



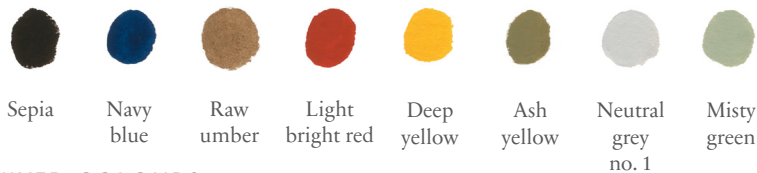
TIP

If your greens feel too saturated you can tone them down by adding a little grey into your mix.

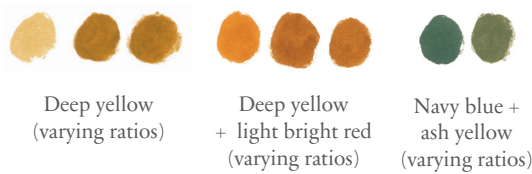
Fox in the moonlight



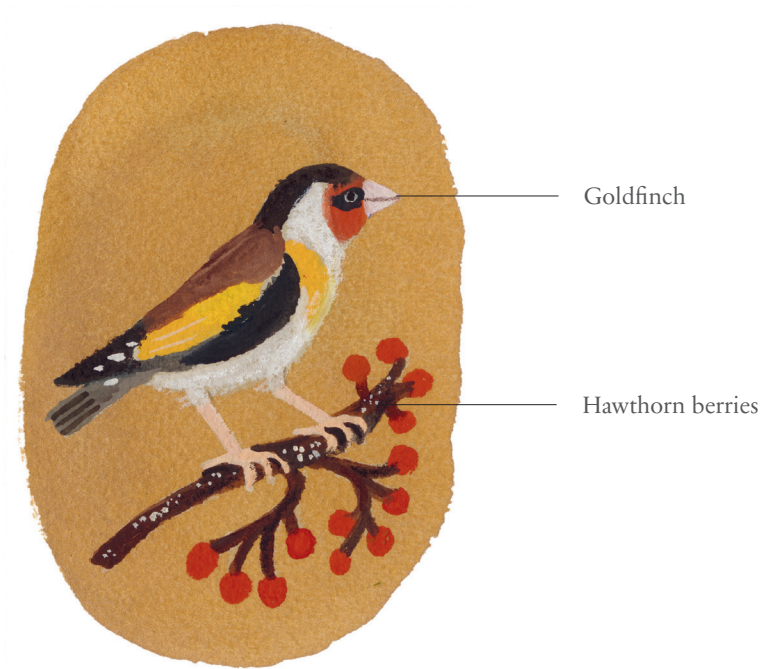
ACRYLIC GOUACHE PAINTS



MIXED COLOURS



Goldfinch



CORE GOUACHE PAINTS



MIXED COLOURS



COLOURED PENCILS

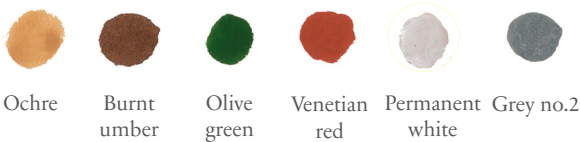


Winter window scene



Hyacinths

CORE GOUACHE PAINTS



MIXED COLOURS



LIQUID WATERCOLOURS



COLOURED PENCILS



WATERCOLOUR PENCIL



WATER SOLUBLE PASTEL



Further reading

You may also enjoy the following books to go deeper into drawing, creativity, folk history and nature.

Addison, J., *The Illustrated Plant Lore: A Unique Pot-pourri of History, Folklore and Practical Advice* (Salem House Publishers, 1985)

Cameron, J., *The Sound of Paper* (Penguin Books, 2004)

Coulthard, S., *The Wildlife Year* (Quadrille, 2024)

Edwards, B., *The New Drawing on the Right Side of the Brain: A Comprehensive Drawing Guide to Unleash Your Artistic Potential* (Harper Collins, 2001)

Ford, J., *The Art of Gouache: An Inspiring and Practical Guide to Painting with this Exciting Medium* (Search Press, 2019)

Galton, J, Harris, N, Lidzey, J, Mirza, J., *The Art of Colour Mixing Using Watercolours, Acrylics and Oils* (Herbert Press, 2002)

Hole, C., *A Dictionary of British Folk Customs* (Paladin, 1978)

Nagoski, A and Nagoski, E., *Burnout: The secret to solving the stress cycle* (Vermilion, 2019)

Pressfield, Stephen., *The Artist's Journey: The Wake of the Hero's Journey and the Lifelong Pursuit of Meaning* (Black Irish Entertainment LLC, 2018)

Salisbury, M., *Drawing for Illustration* (Thames and Hudson, 2022)

Willberg, K., *Draw Stronger, Self Care for Cartoonists & Visual Artists* (Uncivilised Books, 2018)